



Senior Nutrition Program

April Menu 2026

Monday	Tuesday	Wednesday	Thursday	Notes
<i>All menu items are subject to change based on availability</i>		1 Swedish Meatballs w/Gravy Noodles Brussels Sprouts Squash Apricots	2 Tuna Salad Red Beets 3 Bean Salad Mandarin Oranges Bun	<p><i>Please let us know, in advance, if you will <u>not</u> be home on a scheduled delivery day, so we can minimize food waste.</i></p> <p>All meals include choice of bread (white or wheat), milk (2%, skim, or buttermilk) or fruit juice.</p> <p>You may request an alternative entrée or side (Cook's Choice) for any meal by providing at least one week's notice to the kitchen.</p> <p>Please refrigerate your meal if it will not be consumed upon delivery. If your meal is not consumed within 2 days of delivery, please discard.</p>
6 Chicken Patty Tater Tots Carrots Fruit Cocktail Bread	7 Pizza Burger Potato Wedges Asian Vegetables Applesauce Bun	8 Spaghetti & Meatballs Italian Vegetables Side Salad Peaches Italian Bread	9 Cobb Salad Turkey, Cheese, Lettuce, Onions, Tomatoes 100% Juice Crackers & Cookie	
13 Hot Dog Sauer Kraut Mashed Potatoes Pears Bun	14 Chicken Nuggets French Fries Green Beans Mandarin Oranges Bread	15 Mac & Cheese Stewed Tomatoes Peas Jello w/Fruit	16 Beef Stew Cucumber & Tomato Salad Cole Slaw 100% Juice Corn Bread	
20 Fish Prince William Vegetables Potato Wedge Tropical Fruit Bun	21 Ribette California Blend Vegetables Pork & Beans Pineapple Bread	22 Cook's Choice	23 Chili Side Salad 100% Fruit Juice Corn Bread	
27 Cheeseburger Sweet Potato Fries Brussels Sprouts Apricots Bun	28 Egg & Sausage Potato Triangle Tomato Juice Applesauce Biscuit	29 Cream Chicken Mashed Potatoes German Cut Veggies Fruit Cocktail Bun	30 Turkey Salad Red Beets Potato Salad 100% Fruit Juice Bun	

Contact Us: Central Kitchen at 740-922-6347 or the Nutrition Administrative Office at 740-922-6880