



## GOOD FAITH ESTIMATE NOTICE FOR SELF-PAY CLIENTS

You have the right to receive a “Good Faith Estimate” (GFE) explaining how much your mental health care will cost when you are uninsured or choose not to use your insurance (self-pay).

- If you are uninsured or choose to self-pay, you can ask for a Good Faith Estimate of the expected charges for non-emergency services.
- You will receive a written Good Faith Estimate before services are provided or within the timeframes required by federal law after you schedule an appointment or request an estimate.
- The Good Faith Estimate will include the expected costs of services we reasonably anticipate providing, such as evaluations, therapy sessions, and/or medication management visits.
- The estimate is not a contract and does not obligate you to receive services from our practice. Actual services, frequency, and costs may differ from the estimate depending on your needs and treatment decisions.
- If you receive a bill that is at least \$400 more than your Good Faith Estimate for the same services and time period, you may have the right to dispute the bill through the federal dispute resolution process.

For more information about your right to a Good Faith Estimate and how to dispute a bill, you can visit the Federal No Surprises Act information page, or call 1-800-985-3059.