

EMPOWERING STUDENTS: STRATEGIES FOR EXECUTIVE FUNCTION DEVELOPMENT K-12

Designed to equip K-12 educators (both general education and special education) with knowledge, strategies, and practical tools to effectively teach and support executive functioning skills in their students, promoting academic success and personal development.



CONVENIENT HYBRID SERIES BEGINS SEPT. 24TH

SCHEDULE

- Sept. 23, Natick (3-6pm)
- Oct. 7, Zoom (3-5pm)
- Oct. 14, Zoom (3-5pm)
- Oct. 21, Zoom (3-5pm)
- Nov. 4, Natick (3-6pm)

**JUST
\$525/SEAT**

REGISTER



Meet your Instructor Erin Banty

With over 13 years of experience in K-8 administration and special education, Erin currently serves as a Dean of Students, where she oversees school-wide discipline, student support services, and therapeutic programming. Her work focuses on restructuring school discipline systems by replacing punitive measures with PBIS and Restorative Practices, while integrating Social-Emotional Learning (SEL) and Trauma-Informed care into core academic structures. As a CPI Certified Trainer and Trauma Certified professional, Erin works closely with teachers in behavioral support coaching, specializing in executive function skills and differentiated instruction for neurodiverse students. See Erin's full bio: <https://www.athenak12.com/consultant--erin-banty>

ON THE AGENDA

Session 1: Intro to Executive Functioning (EF) Skills

- What is Executive Functioning?
- EF and its impact on students
- The Role of the Educator

Session 2: Developing Working Memory in the Classroom

- Understanding Working Memory
- Common Challenges
- Classroom Strategies to Support Working Memory

Session 3: Cognitive Flexibility and Problem-Solving

- What is Cognitive Flexibility?
- Supporting Flexibility in the Classroom
- Practical Techniques

Session 4: Enhancing Inhibitory Control and Self-Regulation

- What is Inhibitory Control?
- Classroom Strategies for Building Inhibitory Control
- Managing Emotional Regulation

Session 5: Creating a Holistic Approach to Supporting EF Skills

- Integrating EF Support into Curriculum
- Individualized Supports for Students with Diverse Needs
- Promoting Long-Term EF Development

**See
more
details**

<https://tinyurl.com/AK12ExecFunctioningCourse>