

Health Care for the Whole Person

At the heart of whole-person healthcare

is an interconnected approach
that considers physical, behavioral,
social, and environmental factors.
Integrated healthcare treats not only
individual symptoms but
overall well-being.

Whole-person healthcare prioritizes patient-centered care, creating personalized plans based on a person's unique values, needs, and goals.

Primary practices of whole-person healthcare include integrating mental and physical health, recognizing the impact of social determinants of health, and incorporating self-care and lifestyle interventions to reinforce lifelong health maintenance.





MESSAGE FROM THE PRESIDENT & CEO

Dear Friends,

It's hard to believe that 2025 is already coming to a close...and what a year it has been! We have worked tirelessly to help our community become healthier in so many ways. Not only do we address the physical health needs of the people we serve, we support people by providing personalized, integrated care that also considers social, cultural, and environmental factors. We are beyond proud of the demonstrated positive results that this approach to healthcare brings to our patients. Healthcare for the whole person is working!

InterCommunity made great strides this year in reshaping and expanding our services in incredibly innovative ways. With unwelcome mandates forced upon us, we remained steadfast in our mission and commitment to make quality healthcare available to all people. I am happy to report that over 7,700 adults and children received quality, compassionate care in our clinics, school-based health centers, residential programs, and directly in the community. This number confirms that the need for our services is growing; we can and will do even more.



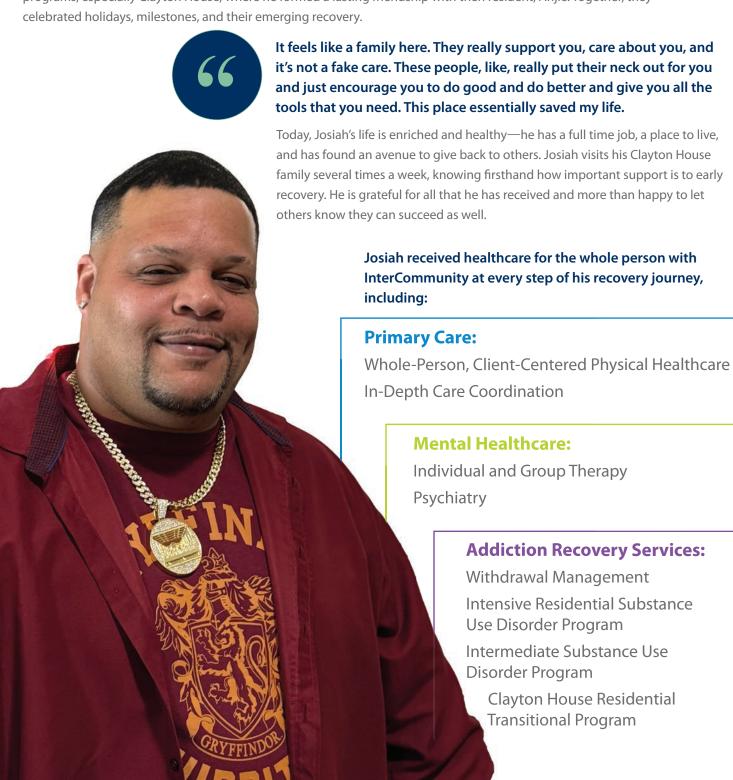
InterCommunity is fortunate to be supported, year after year, by an inspirational board of directors, a gifted leadership team, a skilled and compassionate staff, and a host of generous donors and sponsors. With your contributions and guidance, InterCommunity thrives. We find ourselves financially stable and well poised for the year ahead; our future looks bright. I cannot thank you enough for believing in us and our mission.

I have been privileged to lead this groundbreaking organization for the last 22 years. From our modest beginnings in a church basement, we have blossomed into a well-respected, highly regarded healthcare agency of over 400 staff. I am proud of where we find ourselves today and the ways in which I have contributed to this success. I am now certain that the time has come for me to step aside, and begin a new chapter in my own life. I will retire as your President and CEO on April 1, 2026. I can state with utmost confidence that InterCommunity will continue to grow, innovate, and remain a champion of community healthcare.

As I write here for the last time, please know that my heart is filled with gratitude for the gift of being your President and CEO for these many years. I am humbled by your loyalty, friendship, and generosity. I thank you for accompanying and supporting me on this journey; it has been an honor to have you by my side. You and InterCommunity are and always will be a part of me.

Most sincerely,

Kimberly L. Beauregard, LCSW President and CEO InterCommunity Health Care JOSIAH'S SUCCESS STORY began at InterCommunity's Withdrawal Management program in early 2023. Upon entering, he was admittedly frightened, yet determined to start a new life free from substance use. As he progressed through several InterCommunity recovery programs, he quickly realized that he would receive care that addressed *all* of his health. Taking advantage of primary care and mental healthcare services that were offered, Josiah built a new life for himself. He credits his success to the care he received in all of InterCommunity's programs, especially Clayton House, where he formed a lasting friendship with then resident, Anjie. Together, they celebrated holidays, milestones, and their emerging recovery.



TREATING THE WHOLE PERSON IN RECOVERY



Anjie began her recovery journey with InterCommunity in 2023. She self-admitted to InterCommunity's Withdrawal Management program, where she met her good friend Josiah. Anjie completed that program successfully, and has never looked back. With gentle guidance and thorough care, Anjie and Josiah would follow the same path to recovery.

Anjie was dedicated to her recovery and made good use of all that InterCommunity could offer her after withdrawal management: Intensive Residential Substance Use Disorder Recovery Program, Intermediate Substance Use Disorder Recovery Program, and the opportunity to reside at InterCommunity's Clayton House, a sober group living residence.

Anjie beams when speaking about the integrated care she received as a Clayton House resident, stating,

"They were able to help me get on the right medications. That really helped me, in my recovery. They helped give me the tools that I needed to stay on the medications, take them as I'm supposed to. The doctors were great. And I felt comfortable with my doctor. She was amazing. I still see her to this day."

Anjie is proud of her success and credits much of it to the opportunities made available to her from InterCommunity. Reaping the benefits of healthcare for the whole person, her complete health, well-being, and happiness are dramatically improved.

Anjie's belief in the recovery programs at InterCommunity is so strong, she completed training to become a Residential Support Specialist and now works at Clayton House.

Anjie, along with Josiah and many other Clayton House alumni, are a tremendous support to people learning to live a life free of substance use. Having walked a similar path and achieving tremendous success, Anjie and Josiah are compassionate and understanding allies to everyone they encounter.

Pictured at right, InterCommunity clients and staff working together to support recovery

CARING FOR THE WHOLE PERSON...

InterCommunity's commitment to providing compassionate care that meets all of a person's healthcare needs is evident in the broad advancements and improvements implemented in fiscal year 2024-2025. By expanding services, strengthening community outreach, and hiring staff who deeply care about the people we serve, InterCommunity is making quality, whole-person healthcare accessible to more individuals than ever before.





The expansion of our 40 Coventry Street facilities, made possible by \$1.8 million in congressionally directed funding secured in 2023, significantly enhances services for people living in Hartford's North End. A ribbon cutting, grand re-opening, and guided tours took place on March 3, 2025, with Senator Richard Blumenthal and Hartford Mayor Arunan Arulampalam in attendance.



InterCommunity School-Based Health Centers, in conjunction with our partners at ShopRite of East Hartford, participated in East Hartford Lions Club Community Supermarket Sweep. Teams shopped to stock the shelves of the East Hartford Food Pantry in an effort to fight food insecurity in our community.



In late 2024, InterCommunity's Withdrawal Management program became first in the region to offer people in early stages of recovery Low-Dose Buprenorphine Induction (LDBI). Buprenorphine is a medicine that helps people stop or cut down on opioids, making cravings and withdrawal symptoms easier to handle.



Holidays can be a difficult time for people in our residential recovery programs. InterCommunity goes above and beyond to make holidays meaningful and bright for our residents. Even Santa helped out with a visit to Coventry House, complete with gifts for residents and their children!



Transportation to and from medical appointments can hinder some people from maintaining their health. InterCommnunity's Regional Transportation program provided patients and clients with 1,997 rides totaling 160,705 miles. This service truly demonstrates how we care for all of a person's healthcare needs.

THE ART OF HEALING

Opened in December 2023, InterCommunity Gallery hosts four juried art exhibitions each year, offering visitors a welcoming space to relax, reflect, and experience the proven health benefits of art. In developing the Gallery, InterCommunity furthers its commitment to provide health care for the whole person by offering this unique healing experience.



Located within our 287 Main Street, East Hartford, CT office building, the Gallery is filled with the works of recognized local and regional artists, as well as many emerging artists' works. Visitors can enjoy the peaceful, inspirational space while reaping significant health benefits, including:

- Strengthened immune system
- Elevated mood
- Lower blood pressure
- Reduced feelings of anxiety and isolation

In no time at all, the Gallery has gained great interest from exhibitors and visitors alike. We look forward to growing this unique healing experience for everyone.

For more information please contact TheGallery@InterCommunityCT.org, or visit our website at www.intercommunityct.org

All are welcome at The Gallery and admission is always FREE.







STATEMENT OF ACTIVITIES

June 30, 2025

	2025
DMHAS Grant	\$ 13.127,074
Other Grants	\$ 4,204,397
Client Fees	\$ 24,215,449
Contributions	\$ 36,639
Special Events	\$ 99,162
Other Revenue	\$ 2,356,465
	\$ 44,039,186
Operating Expenses	\$ 42,347,206
Change in Operating Net Assets	\$ 1,691,980
Other Changes in Net Assets	\$ (552,662)
Change in Net Assets	\$ 1,139,318

FISCAL YEAR 2025 REVENUE BY SOURCE

Client

Fees

29.8%

DMHAS Grant

Contributions

9.5%

Other Grants

55.0%

5.4%

Other

Revenue

CLIENTS SERVED IN FISCAL YEAR 2025







With Gratitude

WE HUMBLY ACKNOWLEDGE THE CONTRIBUTIONS OF **OUR DONORS AND SPONSORS.**

YOU INSPIRE AND MOTIVATE US TO CONCEIVE AND IMPLEMENT NEW HEALTHCARE ALTERNATIVES THAT TREAT THE WHOLE PERSON.

Access Health CT Alicia Reid-Sterling Alicja Karnas Aneta Godlewski

Annunciation Women's Guild

Anthony Grant Arielle Harrison

Connecticut Health Foundation

Austin Perkins

Beayanka Pinckney Naraine

Bee's Vending Inc.

Berkshire Bank Foundation, Inc.

Bernice Malachi Brenda Watson Brian Cutino **Brian Mulroy** Brian O'Reilly **Brian Peterson Buster Jenkins** Chad McDonald Christopher Peck Christopher Wisneski Connecticut Community for Addiction Recovery

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Recovery Rosaira Perez Rose-Marie Marotta Ryan MacDonough Samantha Caffrey Sara Garofalo Shannon Barrett Shannon O'Neal Shawn Frick

Sid Sahni

South Congregational Church

of East Hartford C. Steven Wolf

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TD Bank N.A. The Cloud Company Town of Newington Town of Wethersfield Tracey Decker Tricia Orozco

Trinity Health of New England Tyler and Jennifer Booth United Way of Central & Northeastern Connecticut

Urban Alliance, Inc Venton and Monica Forbes

Whittlesey PC Wildalyz Torres William Farley William Young World Vision

We are deeply grateful to be supported by the generosity of so many individuals and businesses who believe, as we do, that access to quality healthcare is a human right, not a privilege reserved for those with insurance or wealth.

To learn more about InterCommunity Health Care and how you can support our mission, please visit our website at www.intercommunityct.org or scan the QR code here.



DEAR FRIENDS,

Thank you for your generous support and confidence in InterCommunity's mission to provide high-quality, compassionate, accessible, and affordable care to everyone in our community. Your partnership sustains the work we do and ensures we remain a vital resource for individuals and families who rely on us.

Fiscal year 2025 brought major changes across the healthcare landscape, yet our progress shows what is possible when a community stands firmly behind its mission. Among our key accomplishments:

- We completed the \$1.8 million congressionally directed expansion of our primary and behavioral health facilities at 40 Coventry Street in Hartford's North End. This investment enables us to increase staffing and serve 2,000 more patients who might otherwise lack access to care.
- Our commitment to innovation positioned InterCommunity as the first agency in Connecticut to launch a fully online electronic referral platform for residential and outpatient substance-use treatment, allowing providers and patients to apply quickly and securely. We were also invited to serve on the statewide workgroup developing a similar system to expand access across all substance-use residential programs in Connecticut.
- Improving the safety, accessibility, and welcoming nature of our facilities remains a priority. With a \$99,706 Disparities Prevention Grant from the Connecticut Department of Public Health, we launched the Coventry Street Sidewalk Project with ADA-compliant ramps to help individuals using mobility aids move safely between the walkway and parking areas.

With your continued support in fiscal year 2026, we will further expand access to whole-person, high-quality healthcare for our community's most vulnerable members.

Forever grateful,

Kimberly Beauregard Venton Forbes

President & CEO Vice President Community Integration

& Impact











LEADERSHIP

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EXECUTIVE LEADERSHIP TEAM

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Vice President & Chief Operations Officer

Tom Walbridge

Chief Financial Officer

Dr. Chad McDonald **Chief Medical Officer**

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Vice President, Strategic Implementation

Venton Forbes

Vice President, Community Integration & Impact

Mission Statement:

InterCommunity inspires hope and promotes whole person health by providing high quality, affordable, compassionate health care for everyone.



Honoring Kimberly L. Beauregard, LCSW President & CEO of InterCommunity Health Care

ince taking the helm as President and CEO of InterCommunity in 2003, Kimberly L. Beauregard has guided the organization through a remarkable period of transformation and growth. When Kim first assumed leadership, InterCommunity was facing serious financial challenges, with fewer than 100 employees, three locations, and a budget under \$5 million. Today, InterCommunity is a thriving \$45 million organization employing more than 400 staff across 21 locations—including 11 school-based health centers—and providing integrated, whole-person care to nearly 10,000 individuals each year.





Under Kim's visionary leadership, InterCommunity evolved from a modest community mental health center into a nationally recognized Federally Qualified Health Center (FQHC), offering comprehensive primary care, behavioral health, and addiction recovery services. This integrated model ensures that every person who walks through our doors receives compassionate, coordinated, and life-changing care—because, as Kim often says, "We treat the whole person, not just the illness."

A licensed clinical social worker with more than 35 years of distinguished service, Kim has devoted her career to advancing behavioral health and improving lives. Before

becoming CEO, she worked extensively with adults experiencing chronic mental illness and substance use disorders. Her leadership during the opioid crisis and the COVID-19 pandemic demonstrated her resilience, adaptability, and unwavering dedication to those most in need.

As Kim Beauregard prepares to retire in 2026, the InterCommunity Board of Directors proudly celebrates her extraordinary legacy. Through her strategic vision, integrity, and deep humanity, Kim has not only strengthened InterCommunity—she has redefined what community healthcare can be. Because of her leadership, InterCommunity stands ready to meet the future with stability, compassion, and hope.

Our mission continues to reflect her enduring influence: to inspire hope and promote whole-person health by providing high-quality, affordable, compassionate healthcare for everyone. And our vision—of a community where every person is treated with dignity, respect, and care—remains her most lasting gift.

With heartfelt gratitude, we thank Kimberly L. Beauregard for more than two decades of exceptional leadership, unwavering commitment, and service to the health and well-being of our community.

InterCommunity Board of Directors



I am a whole person.

InterCommunity sees all of me, accepts me as I am, and treats me with kindness.

Everything I need to recover and get healthy is here.

– Jalania



