

“Placing the safety, support and well-being of people at the core of the process and decision-making.”

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Contact

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Education

- **SOCIAL WORK**
MASTER SOCIAL WORK
QUALIFYING [QUT]
- **COUNSELLING**
Bachelor of Counselling
[Sydney College] 2024
- **CERTIFICATE PALLIATIVE CARE**
Flinders University 2024
- **ART THERAPY**
Diploma Art Therapy
[CECAT] 2021

Skills

- Active listening
- Compassion
- Negotiation
- Critical Thinking
- Communication Skills
- Management skills
- Boundary settings
- Anti-oppressive Practice
- Creatives Expressions
- Building Rapport / Trust
- Micro Skills
- Theoretical & Practical Knowledge



Maria Antonieta Dubuc [Anto]

Master of Social Work (Qualifying) - 2025 SUMMARY

As a compassionate and empathetic individual, I have developed strong counselling skills, including active listening and person-centred practice, essential for supporting individuals during their journey. I have learned the importance of incorporating emancipatory and anti-oppression principles in social work to restore dignity to those who have been marginalised.

EXPERIENCES & EDUCATION

QUT UNIVERSITY [2025]

MASTER SOCIAL WORK (Qualifying)

This course addresses complex social issues, analyzing power structures, and empowering individuals and communities.

Student/ Placements at St. David's Neighbourhood Centre

The Stay and Play program provides a platform for children aged 0 to 5 and their parents to engage in play-based learning. I facilitated activities that encouraged social interaction, recognising the cultural diversity of each family. By incorporating values such as love, integrity, and justice, I created a nurturing environment where parents felt supported in their parenting journey. This experience highlighted the importance of community resources in fostering healthy development for children and parents.

In the Harmony Seniors program, I focused on creating a supportive environment for older adults, emphasising the importance of building rapport and trust. I applied client-centred approaches, ensuring each participant felt valued and heard, with self-agency and autonomy. By incorporating anti-oppressive practices, I aimed to empower seniors to share their life experiences and challenges, fostering a sense of community and belonging.

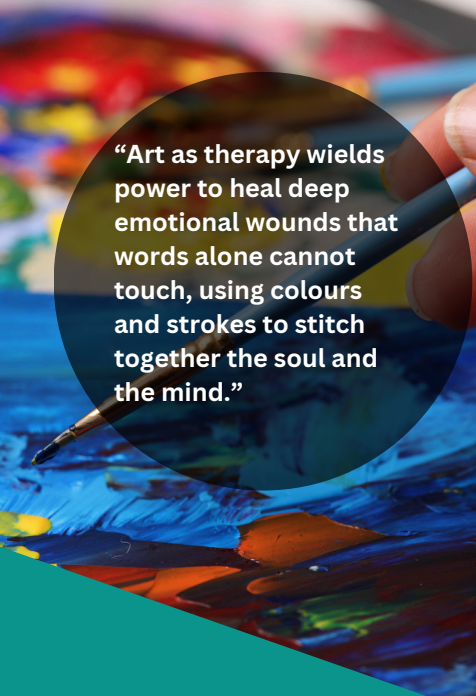
This program allowed me to witness the resilience of individuals from diverse backgrounds and the importance of inclusivity in promoting mental well-being.

Overall, my placement at St. David's Neighbourhood Centre allowed me to apply my counselling skills and theoretical knowledge in real-world settings, reinforcing my commitment to social justice and the empowerment of marginalised individuals.

FLINDERS UNIVERSITY [2024]

PALLIATIVE CARE CERTIFICATE

I have been studying the Graduate Diploma in Palliative and End-of-Life Care at Flinders University, and it has been an incredibly enriching experience. This program is designed for healthcare professionals like me who want to deepen their knowledge and skills in providing comprehensive care for patients with life-limiting illnesses. The course covers essential topics such as pain and symptom management, communication in complex situations, ethical considerations, and holistic care approaches.



“Art as therapy wields power to heal deep emotional wounds that words alone cannot touch, using colours and strokes to stitch together the soul and the mind.”



VALUES

I incorporate values such as radical love (bell hooks), transparency, risk management, determination of protective factors, and empowerment practices in partnership. I prioritize informed consent, collaborative decision-making, safety, privacy, and confidentiality. My approach is integral and holistic, emphasising honesty and authenticity, cultural humility, and cultural competence. I utilise an eclectic practice, uphold professional integrity, and maintain a non-judgmental and non-assumptive stance. I strive for equality and equity, seek justice, and advocate. I am committed to ongoing learning, being teachable, and practising self-reflection.



● SYDNEY COLLEGE OF DIVINITY / DIVINITY UNIVERSITY
/ACCLM [2021-2024]

BACHELOR OF COUNSELLING VOLUNTEER & PRIVATE PRACTICE

I have gained a comprehensive understanding of the theories and practices that underpin effective counselling. Throughout my studies, I delved into various theoretical frameworks, each offering unique insights into human behaviour and therapeutic processes. While a student in counselling, I engaged in private practice and volunteered; these hours counted towards my Bachelor of Counselling practical requirements. I possess strong counselling skills, including active listening and effective communication, which allow me to interpret information accurately and respond to clients' needs.

My theoretical knowledge encompasses Psychodynamic, Person-Centred Therapy, Humanistic Therapy, Existential Therapy, Cognitive Behavioural Therapy (CBT), Trauma-Informed, Narrative Therapy, Solution Focus and Strength-based Therapy, Family systems and Couple therapy (Goldem Method Level 1) and Trauma-Informed Care. I learned documentation, made assessments using evidence-based practice, made case notes with a strengths-based approach, and created a toolkit to address a wide array of client needs. I am confident in my ability to make a positive impact on the lives of those seeking counselling.

● CECAT [2019-2023]

DIPLOMA in ART AS THERAPY

Art therapy is a therapeutic practice that utilises the creative process of making art to improve and enhance the physical, mental, and emotional well-being of individuals. I have learned to use the creative process of painting, crafting, sand pit playing, writing and making art abstract or figurative to explore and express emotions, fostering healing and awareness.

● Freelancer and under contract [2000-2019]

GRAPHIC DESIGN

I have over 20 years of experience in graphic design and marketing, where I have successfully managed projects from concept to completion. My expertise allows me to create visually compelling and impactful designs that effectively communicate messages and engage audiences.

Additionally, I have lectured on graphic design principles and Photoshop at C3 College from 2013 to 2015, sharing my knowledge with aspiring designers. I have collaborated with a diverse range of clients across various sectors. This includes businesses seeking branding, marketing materials, and promotional content, as well as educational institutions for design-related projects.

● **CERT IV ACCOUNTING & BOOKKEEPING – TAFE** [2015]

My experience includes classifying records and maintaining accurate documentation. Additionally, I have experience in bookkeeping using software such as Xero and MYOB, which enhances my administrative capabilities.

● *References available on request.*