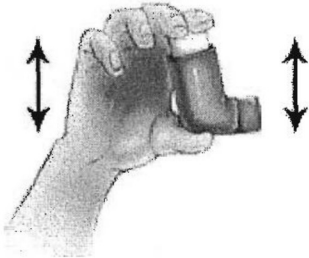
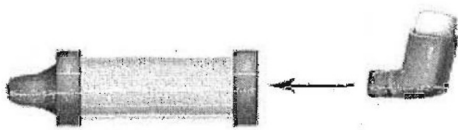


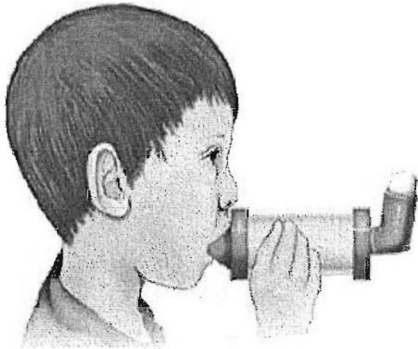
Proper Use of Inhaler (MDI) with Aerochamber (For Big Kids)



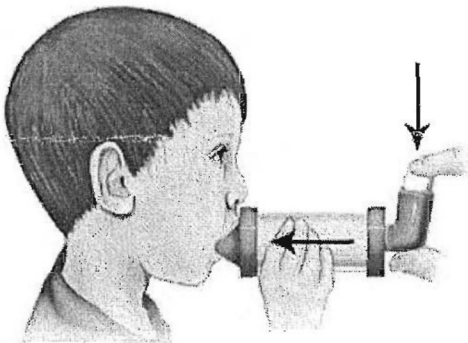
1. Shake Inhaler



2. Place inhaler in aerochamber (spacer)



3. Place unit in mouth while maintaining a good seal with the lips and instruct the patient to take 2 deep breathes in and out, in and out (while inhaler unit in mouth)
→ Hold before next breath.



4. Press down on MDI canister. Have the patient inhale slowly to full inspiration, then hold breath for 10 seconds.
→ Next exhale into the chamber to full expiration
→ Then inhale again slowly to full inspiration and hold breath again for 10 seconds.
→ Remove the aerochamber from the mouth.

For a new Aerochamber, prime the unit with one puff of medication prior to first use of Albuterol, steroids, or both.

- If Albuterol is being used wait 2-3 minutes prior to initiation of the next puff.
- If inhaled steroids are being used, there is no need to wait in between puffs.