

## COUNSELING LIST - RHODE ISLAND

Butler Behavioral Health Express Care 844-401-0111  
345 Blackstone Blvd, Sawyer Building  
Providence, RI 02906  
*age 13+, Walk In, Mon-Fri 9:00 am - 7:30 pm*  
*takes RI Medicaid, most commercial insurance, Tricare*

Newport County Mental Health 401-846-1213  
127 Johnny Cake Hill Road  
Middletown, RI 02842

Portsmouth Counseling Center 401-683-6210  
244 East Main Road  
Portsmouth, MA 02871

Sakonnet Psychological Services 401-447-1544  
546 Main Road  
Tiverton, RI 02878

Tiverton Psychological Services 401-624-9972  
2128 Main Road  
Tiverton, RI 02878

Amy Murphy, LMHC 401-935-6192  
970 Hope Street  
Bristol, RI 02809

Vallee Associates in Psychology 401-253-0002  
970 Hope Street  
Bristol, RI 02809

Anchor Counseling Center 401-475-9979  
870 Waterman Ave  
East Providence, RI 02914

Lighthouse Counseling Associates 401-684-1787  
3047 East Main Road  
Portsmouth, RI 02840

Deborah Saboya, LICSW 401-324-0080  
73 Pelham Street  
Newport, RI 02840

Elizabeth Walshe, LICSW 401-499-4331  
rihomebasedcounseling@gmail.com  
telehealth, in person or in home counseling

Coastal Counseling 401-533-1567  
1016 East Main Road, Unit 1B  
Portsmouth, RI 02871

Rebecca Maguire, LICSW 401-324-9609  
telehealth only, licensed in RI and MA

Ocean State Behavioral 401-921-4825  
2733 Post Road  
Warwick, RI 02886

Braver 401-206-0304  
1275 Wampanoag Trail, Suite 3C  
Riverside, RI 02915  
*OCD treatment, <https://bebraver.com>*

Quality Behavioral Health 401-681-4274  
75 Lambert Lind Highway  
Warwick, RI 02886

Bradley Hospital Pediatric Anxiety Research Center (PARC) 401-432-1469  
1101 Veterans' Memorial Parkway  
Providence, RI 02915

### CRISIS RESOURCES

BHLink 401-414-LINK(5465)

Newport County Mental Health 24 Hour Emergency Services 401-846-1213  
127 Johnny Cake Hill Road  
Middletown, RI 02842

East Bay Mental Health 24 Hour Emergency Services 401-246-0700  
2 Old County Road  
Barrington, RI 02806

Bradley Hospital Access & Crisis Intervention  
KIDS' LINK RI 855-543-5465  
1101 Veterans' Memorial Parkway  
Providence, RI 02915

\*Call multiple agencies, get on multiple waitlists

\*Call the 1800# on your insurance card for a list of providers

\*Use [www.psychologytoday.com](http://www.psychologytoday.com) or [www.zencare.com](http://www.zencare.com)

\*You can reach our care coordinator, Jennifer, at 508-324-6800, x356 if you are still having difficulty connecting