



ADVANCED PEDIATRIC ASSOCIATES  
Hand in Hand for Healthy Kids

## Information for Parents about our Asthma Program

The providers at Advanced Pediatrics are committed to providing the most advanced care available for children with asthma. Our goals are to help your child maintain normal lung function and activity levels, prevent chronic symptoms and reduce acute attacks. Our asthma program includes:

### **Recommended Appointments (call 303-699-6200)**

1. **Well Care Exams:** APA recommends that all children have an annual well care exam. This is especially important for a child or adolescent with asthma. Asthma follow-ups will not normally be done during a well-care visit, as they require additional time to complete.
2. **Asthma Follow-Up:** If your child has been diagnosed with any form of asthma, we recommend asthma follow-up appointments at least every 3 to 6 months depending on the severity and control of your child's asthma. These visits will assess your child's asthma control, adjust medications, check medication technique, and provide education. Part of this visit will include completion of the Asthma Registry form, the Asthma Control Test, and a spirometry test that tells us how well the lungs are working. If your child is under the care of a specialist for his or her asthma, please have him or her send regular reports to APA.
3. **Flu shots:** Your child should receive a flu shot every year early in the fall.
4. **Acute/Sick Appointments:** If your child has an increase in asthma symptoms, we can schedule a same day sick appointment to evaluate your child.
5. **Nurse Advice:** When prescribed medications are not managing symptoms or your child is worsening, we would like you to call the APA nurse line to discuss your child's symptoms with one of our registered nurses and the need for a possible appointment.

### **Asthma Registry**

Advanced Pediatric Associates participates in an asthma registry that helps us coordinate your child's care. As part of this program we will be collecting information from you about your child's status and care at each visit. Please feel free to discuss any part of this program with your provider or our registered nurses.

### **Medication Refills (call 720-870-0244)**

We normally will provide you with a three to six month supply of medications at your asthma follow-up. If you need a refill, please call our central refill request line at 720-870-0244. Your refill request will be reviewed and filled based on the child's last asthma check-up and well care visit. If your child is due for a well care or asthma check-up, you will be asked to schedule that appointment.

### **Education**

We encourage you to ask questions at your appointments and help establish an asthma plan for your child. We have excellent handouts we would be happy to provide you. A nurse is also available 24 hours/day to answer your questions and discuss your particular needs. Visit us on the web at [www.AdvancedPediatricAssociates.com](http://www.AdvancedPediatricAssociates.com) for up-to-date asthma information and links.