



## Information for Parents about ADHD Appointments, Medication Refills, and Medication Management

At Advanced Pediatric Associates, we follow the American Academy of Pediatrics' guidelines to ensure your child gets the proper care for ADHD. When your child is diagnosed with ADHD, follow-up and management of medication are important aspects of care. Our ADHD coordinators will assist you with all your paperwork and appointments.

### **ADHD Appointments (call 720-974-7188 or 303-699-6200 option #4):**

- 1) After the initial evaluation and diagnosis of ADHD, a **medication recheck visit** should be scheduled within **2-4 weeks** to help the provider determine how things are going on the current dose and review any immediate problems or concerns, this visit must be in the office. Additional office visits may be necessary every **2 -4 weeks** until we feel that your child is doing well on the medication prescribed.
- 2) After these initial visits, if your child is doing well and no significant changes in medication are made, your child should plan to return for an ADHD follow-up visit **every three months**. We require follow-up forms from parents and teachers **every six months**.
- 3) If changes in medication are made, the provider may want to see your child for a medication recheck visit as often as **every 2-4 weeks**.
- 4) **Telehealth visits may be scheduled 1-2 times time annually, at the discretion of the provider.**
- 5) An **annual well-care appointment is required** for all children on ADHD medications in addition to their every three-month follow-up visits. Your child's annual well- care exam and ADHD follow-up appointment may be scheduled as a combined visit. A combined visit is based on the provider's discretion, and your child must be stable on their current dose of ADHD medications. In order to continue ADHD medications, your child must be current on his or her well- care exams.
- 6) Our ADHD team members will reach out approximately one month before each three-month follow-up appointment regarding completing appropriate forms. You can reach them at 720-974-7188 or our main line 303-699-6200, option 4.

### **It is important that all paperwork and appointments are timely so prescription refills aren't delayed.**

- 1) Most medications prescribed for ADHD are considered "controlled" drugs. This means that they are regulated and monitored by the Drug Enforcement Administration.
- 2) Prescriptions for 90 days can be prescribed for **mail order** pharmacies or as three 30-day prescriptions at the time of the follow-up or well care visit if your child is on a stable dose. These medications can be electronically prescribed to the pharmacy on file. The 90-day option is often less expensive than three 30-day prescriptions, so be sure to check with your insurance about this option. Additionally, many drug companies will have a coupon on their website, so be sure to check before visiting the pharmacy.
- 3) Please call our office **at least 7-10 business days before** the supply of medication runs out to arrange for processing of paperwork and scheduling of an appointment. All refills will be given at follow-up appointments.
- 4) If a medication refill is requested and your child has **not had a follow-up ADHD visit** within the last three months, no refills will be given until seen. We ask that ADHD follow-up paperwork be completed prior to scheduling a visit.
- 5) If your child has been off medication for more than one year, they must be seen for a new ADHD evaluation before medication will be prescribed. Follow-up paperwork is required prior to scheduling of the appointment.
- 6) To sign up for MyChart, contact the office at 303-699-6200 or ask a receptionist the next time you are in the office.