



WOMEN'S ADVENTURES NZ



Niue Escape

Tuesday 27th July – Tuesday 3rd August 2027

\$3925 per person

Niue is a Pacific Island paradise like no other - one of the smallest countries and one of the largest raised coral atolls on earth.

Water babies will love this adventure with ample opportunity to snorkel the crystal-clear waters exploring caverns, caves, and pristine coral walls. We will also be heading out to (hopefully) swim with humpback whales! This is the ideal time to see them as they migrate past Niue and very few places in the world offer this once-in-a-lifetime experience.

Plus, there are tracks, walks and caves to explore, tropical island dining, culture and shopping to enjoy on this perfect mid-winter break!

Tuesday 27th July	DAY ONE	COST
8:25am	NZ0936 Departs Auckland at 8:25am and arrives in Niue at 12:50pm on Monday 26 th July (local time).	Flights own cost.
Monday 26th July	Pick up our rental vehicle from the airport and stock up on our food supplies for the week (for breakfasts and snacks).	Transport included. Food shared cost.
	Head to Scenic Matavai Hotel to check in to our accommodation at the Scenic Matavai Apartments (1.5km away from the hotel). Settle into our apartments before heading back to the hotel.	Accommodation included.
4:00pm	Island orientation and gathering at Scenic Matavai Hotel where we learn a bit about the island, their protocols and discover what is on that week. Schedules on the island change and we will need to be flexible based on that as well as the tides. Then maybe enjoy a swim and/or drink at the pool.	
6:00pm	Head out for dinner possibly to Manuiz.	Own cost.
Tuesday 27th July	DAY TWO	COST
8:00am	Breakfast - we can make our own and have this at our apartment.	Shared cost.
9:00am	We have the option to join the island orientation tour – 4 hours.	
1:00pm	Let's explore! Depending on the tides, we stop at one or two snorkelling spots such as: Avaiki Cave – a beautiful natural rockpool accessed by a climb down a coral ravine; Limu Pools - beautiful swimming and snorkelling areas; Matapa Chasm - Fresh cool water from a stream made this chasm a favourite swimming place for the kings of Niue; Talava Cave/Arches - two spectacular limestone arches form a bridge over a large cavern. *Some places will require a bit of walking/climbing to access. We can either enjoy lunch along the way (maybe at Fana Café) or buy some local produce and take a picnic lunch – we can decide on the day.	Included. Lunch own cost.
4:00pm	Back to our accommodation to freshen up and regroup for drinks and nibbles before dinner.	Shared cost.
6:00pm	Head out for dinner – perhaps to Vanilla Café & Bar.	Own cost.
Wednesday 28th July	DAY THREE	COST
8:00am	Enjoy breakfast together at our apartment.	Shared cost.
9:00am	This morning we can join one of the women's weaving groups to learn more about, and practice, this local craft.	

12:00pm	We head off down south this afternoon and drive towards the Hakupu conservation forest. We have the opportunity to walk through this magnificent forest for an hour before we make our way down to the Togo Chasm. This is a beautiful spot, nestled amongst rugged landscape. The last bit involves climbing down and back up a 48-step ladder which is steep, so good working shoes are strongly recommended (the ground is rugged and uneven at times too). We have lunch along the way and stop at various beaches and reserves to enjoy this beautiful island.	Included. Lunch own cost.
6:00pm	We head out for dinner, perhaps at Kai Ika and then to Malaga Bar for a bit of dancing!	Own cost.
Thursday 29th July	DAY FOUR	COST
8:00am	Enjoy breakfast together at our apartment.	Shared cost.
9:00am	Today you can choose to join an inland tour such as the vanilla tour (at own cost) or further explore the snorkelling spots we haven't covered, particularly: Avaiki Cave – a beautiful natural rockpool accessed by a climb down a coral ravine Limu Pools - beautiful swimming and snorkelling areas Matapa Chasm - Fresh cool water from a stream made this chasm a favourite swimming place for the kings of Niue Talava Cave/Arches - Two spectacular limestone arches form a bridge over a large cavern We can have lunch today at the gorgeous Hio Café.	Lunch own cost.
4:00pm	Back to our accommodation to relax, and maybe just hang out at the pool.	
6:00pm	Get the free hotel shuttle over to Scenic Matavai Hotel for Umu and Fiafia night – a full Niuean buffet and cultural performance.	Buffet included.
Friday 30th July	DAY FIVE	COST
7:00am	Enjoy an early breakfast together at our apartment.	Shared cost.
8:00am	We meet our boat and team from Dive Niue Blue who will take us out on this once in a lifetime whale swimming experience. Humpback whales pass through Niue as they breed and raise their calves annually between July and September. Right on the edge of this cetacean highway, Niue is one of the few places in the world where you are allowed to be in the water to swim and observe these gentle giants. Every interaction is different, but if the whales' behaviour is suitable, snorkellers can be just 20 metres away from these amazing creatures while they rest and play. Interactions from the boat can also be impressive, witnessing impressive full breaches, flukes, playful spy hops and fin slaps.	Tour included.

	This is a once in a lifetime experience while still adhering to the strict rules and regulations protecting these amazing animals.	
12:00pm	Back on land and make our way via a lunch stop back to our accommodation.	
2:00pm	We have the afternoon to relax and either swim and hang out at the pool, go down to the beach, or explore the surroundings. Or maybe book in for a spa treatment or massage at Maulu Spa. You may also choose to join a fishing charter or another dive trip.	Optional activities own cost.
6:00pm	We head out for dinner at Violoma Café.	Own cost.
Saturday 31st July	DAY SIX	COST
	A free day to choose our own activities. You may decide to join one of the island inland or water-based activities or we may do a bit of a tiki tour around the island. Or you may just want to relax next to the pool with a book – up to you!	Own cost.
6:00pm	Free evening – we can buy food to cook/BBQ at our apartments.	Shared cost.
Sunday 1st August	DAY SEVEN	COST
8:00am	Enjoy breakfast together at our apartment.	Shared cost.
10:00am	We join one of the local church services and listen to the beautiful singing before heading down south to Avatele where we enjoy lunch at Washaway Café. Then we check out Avatele beach and swim/snorkel depending on tides.	
6:00pm	Back at our accommodation we decide on where to have our final pre-dinner drinks and dinner.	Own cost.
Monday 2nd August	DAY EIGHT	COST
8:00am	Our last chance for a quick swim before packing up and checking out of our accommodation.	
9:00am	Head to the Crazy Uga Café for a beautiful breakfast and final farewell to the passing whales.	Own cost.
10:30am	Time to return our rental vehicle to the airport and check-in for our flight. We then have a bit of time to walk around Alofi – go to the shops for some last-minute souvenirs, visit the museum, or walk the sea tracks.	
2:00pm	NZ0937 departs Niue at 2:00pm and arrives in Auckland at 4:50pm on Tuesday 3 rd August.	Own cost.

*Flights subject to change

*A packing list will be sent out.