



# WOMEN'S ADVENTURES NZ



## Japan Itinerary

**2<sup>nd</sup> – 18<sup>th</sup> November 2027**

**\$6,185 per person**

Embark on an unforgettable adventure through Japan, the Land of the Rising Sun where ancient traditions meet futuristic cityscapes. This carefully curated adventure offers an unforgettable journey through serene temples, neon-lit metropolises, and breathtaking nature, all connected by arguably the world's most efficient rail network.

This itinerary includes a rich tapestry of experiences, from exploring the contrasts between old and new in cities such as Tokyo, Kamakura, and Kanazawa, to immersing yourself in the UNESCO World Heritage site of Shirakawa-go. You'll also have the chance to savour Japanese cuisine, take part in creative workshops in pottery, ceramics or origami, hike the Nakasendo Trail, visit the poignant Peace Memorial Park in Hiroshima, and relax in traditional ryokans and onsens.

Throughout your travels, you will experience a captivating mix of cultural history, breathtaking natural landscapes, and contemporary art, as well as the renowned hospitality that Japan is famous for.

|                                 | <b>Japan Itinerary<br/>Flights</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | <b>Cost</b>                                                                                                                                                                                                            |
|---------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                 | At the time of writing the best flights for cost and timing were with Air New Zealand at approx. \$2,200 per person return. We will confirm flight details once bookings are open for November 2027.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | <b>Flights own cost.</b>                                                                                                                                                                                               |
| <b>Tues 2<sup>nd</sup> Nov</b>  | <b>Day One - Arrival<br/>Tokyo, Japan</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                        |
| 5:00pm                          | <p>Arrive in Tokyo (Narita Airport) and travel via train into the city to our accommodation for 3 nights:</p> <p>Shinjuku Washington Hotel, twin share.</p> <p>Explore the nearby streets for an easy dinner and then head up to the observatory atop the Tokyo Metropolitan Government Building to take in panoramic views of Tokyo (just a 4-min walk away from our accommodation).</p>                                                                                                                                                                                                                                                                                                                        | <p>Train travel paid.</p> <p>Accom included.</p> <p><b>Dinner own cost.</b><br/>Observatory entrance free.</p>                                                                                                         |
| <b>Wed 3<sup>rd</sup> Nov</b>   | <b>Day Two<br/>Tokyo Arts and Crafts</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                        |
|                                 | <p>Plenty on offer today! Perhaps join a Kuge Crafts Workshop known for its ceramics studio preserving 15th-century techniques. Or learn the art of repairing pottery with gold lacquer at a Kintsugi Workshop. Or maybe participate in an origami workshop.</p> <p>Tonight we make our way to Omoide Yokocho and experience nostalgic alleyway dining with yakitori and other street foods in Shinjuku's historic district.</p> <p>We finish the day at TeamLab Planets to experience their changing art installations. This art museum houses multi-sensory art displays that combine, touch, sight, and sound for a full-body immersive art experience.</p> <p>Overnight Shinjuku Washington Hotel, Tokyo</p> | <p><b>Workshops own cost.</b></p> <p><b>All meals today are own cost.</b></p> <p>TeamLab Planets ticket included.</p>                                                                                                  |
| <b>Thurs 4<sup>th</sup> Nov</b> | <b>Day Three<br/>Kamakura Day Trip</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                        |
|                                 | <p>An early start today to catch the train to Kamakura - a picturesque town with an ocean view, old shrines and temples, hiking trails and delicious local food. It is the perfect getaway to escape the busy streets of Tokyo and enjoy the quaintness of this historic little town.</p> <p>After exploring Kamakura including a couple of the short hiking trails we train back to Tokyo for our last night here.</p> <p>Overnight Shinjuku Washington Hotel, Tokyo</p>                                                                                                                                                                                                                                        | <p>Train travel included.</p> <p><b>All meals today are own cost.</b></p>                                                                                                                                              |
| <b>Fri 5<sup>th</sup> Nov</b>   | <b>Day Four and Five<br/>Nakasendo Trail – 2-day hike</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                        |
|                                 | <p>Today we depart Tokyo to start our 2-day hike of the Nakasendo Trail <a href="https://en.visitkiso.com/nakasendo">https://en.visitkiso.com/nakasendo</a></p> <p>Day 4: Travel by train from Tokyo to Magome, start our hike and walk to Tsumago (9km – 3-4 hours). We stay overnight in a ryokan (traditional Japanese inn).</p> <p>Day 5: Walk from Tsumago to Nojiri (18km – 6hours) then hop on a train and travel just 30 mins to Kiso-Fukushima. We overnight in Kiso and experience an Edo-period post town.</p>                                                                                                                                                                                        | <p><b>Breakfast and lunch own cost.</b></p> <p>Train included.<br/>Dinner included (day 4).<br/>Accom incl.<br/>Breakfast incl. (day 5).<br/>Train included.<br/>Accom incl.<br/><b>Lunch and dinner own cost.</b></p> |

| Sun 7 <sup>th</sup> Nov    | Day Six and Seven<br>Takayama                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                                                                                                             |
|----------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|
|                            | <p>After breakfast we travel onto Takayama (via Nagoya) where we stay for 2 nights:</p> <p>Takayama Showa no yado, whole house.</p> <p>We spend our days here exploring the historic old town of Takayama, the morning markets, and Hida Folk Village. We also visit Shirakawa-go, the UNESCO World Heritage site known for its gassho-zukuri farmhouses.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | <p>Train included.</p> <p>Accom incl.<br/>Breakfast included (day 6).<br/><b>All other meals own cost.</b></p>              |
| Tues 9 <sup>th</sup> Nov   | Day Eight<br>Kanazawa                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                             |
|                            | <p>Today we hop on a train to Kanazawa (about a 2 hour trip) and head to our accommodation for the next 2 nights:</p> <p>Kenrokutei Oyado, Kanazawa, whole house.</p> <p>During the Edo period (between 1603 and 1868) Kanazawa was the seat of the second most powerful feudal clan and was the town of great cultural achievements, rivalling Tokyo and Kyoto. During WWII much of it escaped destruction from air raids so the castle, the samurai and the geisha districts have all survived in good condition.</p> <p>Our accommodation is very close to the famous Kenroku-en Gardens where we will enjoy a traditional tea ceremony.<br/>Additional sights from Kanazawa include the 21st Century Museum of Contemporary Art, explore historic geisha houses and tea shops in the Higashi Chaya District, and visit Omicho Market.</p> | <p>Train included.</p> <p>Accom incl.</p> <p><b>Meals own cost.</b></p> <p>Gardens entry fee and tea ceremony included.</p> |
| Wed 10 <sup>th</sup> Nov   | Day Nine<br>Awara Onsen                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                             |
|                            | <p>On our second day in Kanazawa we catch the train to Awara Onsen (approx. 35min trip). A short walk from Awara Onsen Station are five ashinoyu foot baths, all of which are free to use. The popular footbaths have varying water qualities and temperatures and are ideal for resting our feet after a day of exploring the sights. We then head to the glowing red lanterns right by the foot baths where we'll find a warren of nostalgic food stalls known as Yukemuri Yokocho, meaning 'Hot Spring Steam Alley'. Each small eatery here has room for only around nine seats. Enjoy the likes of kushikatsu skewers or meat, seafood and vegetables; ramen; soba; and gyoza dumplings.</p> <p>Overnight Kenrokutei Oyado, Kanazawa.</p>                                                                                                 | <p>Train included.<br/><b>Meals own cost.</b></p>                                                                           |
| Thurs 11 <sup>th</sup> Nov | Day Ten<br>Kyoto                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                                                                                                                             |
|                            | <p>This morning, we catch the bus to the Higashi-Chaya-gai district. This is the old geisha area which is a must-see before we leave Kanazawa. We can leave our bags at our accommodation and pick them up when we get the bus back. We then take a taxi (shared cost) to the train station where we catch the train to Kyoto, a 2 1/4 hour trip. We are based in Kyoto for 3 nights:</p> <p>Hotel Elcient Kyoto, twin share</p>                                                                                                                                                                                                                                                                                                                                                                                                              | <p><b>Bus own cost.</b><br/>Train included.<br/><b>Meals own cost.</b></p> <p>Accom incl.</p>                               |
| Fri 12 <sup>th</sup> Nov   | Day Eleven<br>Kyoto Bike Tour                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                                                                                                             |
|                            | <p>An early breakfast today to be ready for our 8am Bike Tour. We'll be guided on standard bikes (e-bikes available at extra cost) through the Bamboo Forest, the Togetsukyo Bridge, the World Heritage Tenryuji Zen Temple Gardens as well as several favourite secret spots.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | <p>Breakfast included.<br/>Cycle Tour included.</p>                                                                         |

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|                                  | <p>We'll finish our bike tour by about midday so the rest of the day is yours to enjoy at your leisure.</p> <p>Hotel Elcient Kyoto, twin share</p>                                                                                                                                                                                                                                                                                                                        | Lunch and dinner own cost.                                                                                                                                         |
| <b>Sat 13<sup>th</sup> Nov</b>   | <p><b>Day Twelve</b></p> <p><b>Kyoto Arts and Crafts</b></p>                                                                                                                                                                                                                                                                                                                                                                                                              |                                                                                                                                                                    |
|                                  | <p>Another day of creative inspiration! Perhaps participate in a Kiyomizuyaki pottery workshop in the Gojo district known for its fine stoneware or visit the Nishijin district renowned for its textile production and explore traditional machiya townhouses.</p> <p>Hotel Elcient Kyoto, twin share</p>                                                                                                                                                                | <p>Breakfast included.</p> <p>Workshops own cost.</p> <p>Lunch and dinner own cost.</p>                                                                            |
| <b>Sun 14<sup>th</sup> Nov</b>   | <p><b>Day Thirteen</b></p> <p><b>Hiroshima</b></p>                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                    |
|                                  | <p>Today we depart Kyoto and take the train down the coast (approx. 2 hours) to Hiroshima where we stay for 2 nights:</p> <p>Hiroshima Washington Hotel</p> <p>After settling into our accommodation, we'll take some time to visit the Peace Memorial Park &amp; Museum and reflect on history at this poignant site. As well as enjoy a peaceful stroll through the historic Shukkeien Garden.</p>                                                                      | <p>Breakfast included.</p> <p>Train included.</p> <p>Accom incl.</p> <p>Museum entry included.</p> <p>Garden entry included.</p> <p>Lunch and dinner own cost.</p> |
| <b>Mon 15<sup>th</sup> Nov</b>   | <p><b>Day Fourteen</b></p> <p><b>Miyajima Day Trip</b></p>                                                                                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                    |
|                                  | <p>Today we take a short ferry ride across to Miyajima (officially Itsukushima), a scenic island near Hiroshima famous for its iconic "floating" vermilion Torii gate and the UNESCO-listed Itsukushima Shrine built over water.</p> <p>We then take a hike or take the ropeway (extra cost) up Mount Misen for panoramic views, see ancient temples and maybe even spot some free-roaming and friendly deer!</p> <p>Overnight Hiroshima Washington Hotel, Hiroshima.</p> | <p>Shrine and Treasure Hall entrance incl.</p> <p>Meals own cost.</p>                                                                                              |
| <b>Tues 16<sup>th</sup> Nov</b>  | <p><b>Day Fifteen</b></p> <p><b>Osaka</b></p>                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                    |
|                                  | <p>We hop back on the train and leave for Osaka today (about a 1 hour trip) arriving in Osaka just in time to experience the iconic street foods and vibrant nightlife of Dotonbori.</p> <p>Osaka Riverside Hotel, Osaka, twin share.</p>                                                                                                                                                                                                                                 | <p>Train travel included.</p> <p>Accom incl.</p> <p>Meals own cost.</p>                                                                                            |
| <b>Wed 17<sup>th</sup> Nov</b>   | <p><b>Day Sixteen</b></p> <p><b>Osaka</b></p>                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                    |
|                                  | <p>Free day today. Perhaps visit the Umeda Sky Building and take in the city views from the Floating Garden Observatory.</p> <p>Gather together for our last night to raise a glass to Japan and our amazing adventure!</p> <p>Osaka Riverside Hotel, Osaka, twin share.</p>                                                                                                                                                                                              | <p>Meals and free day activities own cost.</p> <p>Accom incl.</p>                                                                                                  |
| <b>Thurs 18<sup>th</sup> Nov</b> | <p><b>Day Seventeen</b></p> <p><b>Departure</b></p>                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                    |
|                                  | <p>After breakfast we have time for some last-minute shopping before making our way to the airport to begin our journey home.</p> <p>2:05pm Flight leaves from Osaka Itami Airport (see recommended flight details below).</p>                                                                                                                                                                                                                                            | <p>Breakfast included.</p> <p>Flight own cost.</p>                                                                                                                 |

**Price includes:** All accommodation including 6 breakfasts, and 1 dinner, **Tours/Sites** including Teamlab in Tokyo, Kenroku-en Gardens entrance and tea ceremony, Bike tour in Kyoto, Hiroshima Museum entry, Shukkeien Garden entry, Itsukushima Shrine and Treasure Hall entry, **Transport** on all trains to all locations we are staying at and included activities.

**Price excludes:** Airfares, most meals, local buses, Taxis (these are shared cost), any transport that you choose to use outside of what is taken in our itinerary, entry fees to temples/sites other than those detailed in our itinerary, e-bike upgrade, workshops.

**A note on workshops:** options will become available closer to travel and you will be given the choice of which workshop you would like to participate in (Tokyo and Kyoto). We will make the booking for you and invoice you for the prepayment. Prices vary from NZD\$100 to NZD\$500 and workshops will be chosen as close to our accommodation as possible. Workshops are not compulsory and you may choose free time as an alternative.

## Important:

\*Itinerary is subject to change

\*A gear list will be sent out

\*Please read our accompanying Booking Terms and Conditions that form part of this itinerary

\*Flight information (subject to change):

## AIR NEW ZEALAND - ECONOMY

|                                                                                                        | Date         | Flight No | Airline                  | Depart   | from                       | Arrive                  | at                         | Duration |
|--------------------------------------------------------------------------------------------------------|--------------|-----------|--------------------------|----------|----------------------------|-------------------------|----------------------------|----------|
| <br>AIR NEW ZEALAND | Tue 2 Nov    | 99        | Air New Zealand          | 10:05 am | Auckland Airport (AKL)     | 5:00 pm                 | Tokyo Narita Airport (NRT) | 10h 55m  |
| <br>AIR NEW ZEALAND | Thurs 18 Nov | 4104      | All Nippon Airways (ANA) | 2:05 pm  | Osaka Itami Airport (ITM)  | 3:30 pm                 | Tokyo Narita Airport (NRT) | 1h 25m   |
| <br>AIR NEW ZEALAND | Thurs 18 Nov | 90        | Air New Zealand          | 6:45 pm  | Tokyo Narita Airport (NRT) | 9:15 am (on the 21 Nov) | Auckland Airport (AKL)     | 10h 30m  |