



# WOMEN'S ADVENTURES NZ



## Best of Bali Itinerary

12<sup>th</sup> to 25<sup>th</sup> October 2026

**\$3765.00 per person**

**Deposit of \$765.00 required**

Bali....just the mere word conjures up a mosaic of unique, exotic, colourful, cultural experiences like no other. From its mountainous interior, through villages full of temples and sweet wafting incense past its vibrant green rice paddies to its long coastal beaches of frothing white surf, Bali delights the eye and totally wows the senses.

This adventure is a smorgasbord of activities; you'll be rafting, cycling, trekking, snorkelling, swimming, surfing, doing a Balinese cooking course and yet also have plenty of time for relaxation by the pool or on the beach, getting luxurious spa treatments, shopping and exploring. We'll be staying in gorgeous, double (as in the room to yourself) or twin share accommodation with breakfast included at 4 different locations. We'll have our own transport and driver and get to see the best of Bali and the island of Nusa Lembongan.

	Best of Bali Itinerary	
Monday 12 <sup>th</sup> October	Day One Flights and Arrival	Cost
9:00am	Be at the Auckland International Airport 3 hrs before our flight. Flight NZ290 leaving Auckland (AKL) at 12.10pm, arriving in Denpasar Bali (DPS) at 4.20pm - (unless you live somewhere else in NZ and can organise your flight from your airport.) At this stage the return flight (see the last day of this itinerary for the return flight details) is around \$1298.00 but that could change depending on when you book your flights.	Flights own cost.

Transport	Get picked up by our drivers at the airport and taken to our beachside accommodation in the heart of Sanur. If you are arriving at a different time you will need to get a taxi. This is very easy to do. There is a taxi desk in the arrivals area as you come out with the prices to the different areas and you pay there, get a receipt and are taken to your taxi. Hopefully most of us will be on the same flight though.	Own cost if getting a taxi. (approx. IDR 350000 - \$38 NZ approx.)
Accommodation	Parigata Resorts and Spa, Sanur - twin share rooms with air con and fan, breakfast included, swimming pool, near shops, restaurants and beach.	Paid.
Activities	By the time we arrive and get to our accommodation and settle in, there may only be time for a nice walk along the beach waterfront area, find somewhere for dinner, have a look around, a swim in the pool maybe and then bed.	Own cost.
Meals	Depending on what time you arrive you will either have your meals on your flight or in Sanur. Evening meal in Sanur – lots of restaurants for us to choose from.	Own cost.
<b>Tuesday 13<sup>th</sup> October</b>	<b>Day Two Sanur</b>	
Activities	Explore Sanur by hired bicycle (approx. \$10NZ). There is a lovely long cycle-path along the beachfront and lots of little lanes and streets to explore by bike. Swim and enjoy the beach, shopping, relax and unwind. Later in the day (at approx. 3pm) our driver will take us to Uluwatu to watch the sunset. Uluwatu is the site of a sacred Hindu temple located high on the cliff top overlooking some of the biggest surf waves in Bali. It is a spectacular spot to watch the sunset. From here we will go to dinner at Jimbaran Beach - famous for their fresh seafood restaurants situated right on the beach.	Own cost.  Transport & Entrance Paid.  Dinner own cost.
Accommodation	Parigata Resorts and Spa, Sanur	Paid.
Meals	Breakfast included at our accommodation, Lunch own choice, Dinner at Jimbaran Beach on our way back from Uluwatu.	Lunch - dinner own cost.
<b>Wednesday 14<sup>th</sup> October</b>	<b>Day Three Sanur to Ubud</b>	
	Our driver will pick us up at approx. 9.30am. Our first stop is at a coffee plantation for a tasting tour. From there we will go to our rafting location on the Ayung River near Ubud. After our 2hr rafting trip we will be given a buffet lunch and then we head off to Ubud, the cultural centre of Bali, arriving there mid-afternoon. There is so much to see and do in and around Ubud which is why we are there for 4 nights. Once you have settled into our accommodation right in the heart of Ubud, you have free time to explore Ubud, go shopping, have a spa treatment, swim in the pool, hire a bicycle, check out Monkey Forest or head off for a walk to the nearby rice fields. After dinner we will go to a Kecak performance at a local temple. This performance features a group of up to 80 men sitting chanting in a circle and accompanies the dance reenactment from the Hindu epic Ramayana. It is a not to be forgotten performance!	Transport paid. Tasting tour – free. Rafting trip paid.  Kecak performance paid.
Accommodation	The Tunjung Ubud Retreat, Ubud. This guesthouse is in a quiet and peaceful location yet very close to the heart of Ubud with its busy shops, restaurants, bars and markets. You'll have your own room. There are two swimming pools to choose from, and wellness packages are available. Because we have activities that include breakfast we have opted not to include breakfast at our accommodation while we are in Ubud.	Paid.

Meals	Breakfast at our accommodation in Sanur, Lunch on rafting trip, Dinner in Ubud.	B'fast - lunch paid. Dinner own cost.
<b>Thursday 15<sup>th</sup> October</b>	<b>Day Four Ubud Cooking Class</b>	
	A lovely lazy start today before we head off to our cooking class at 11:30am at the famous Café Wayan. Lunch included.  The afternoon is free for us to spend at leisure.	Cooking class with lunch included. Breakfast and dinner own cost.
Accommodation	The Tunjung Ubud Retreat, Ubud	Paid.
<b>Friday 16<sup>th</sup> October</b>	<b>Day Five Ubud – Sunrise Trek up Mt Batur</b>	
Activities	We are picked up at around 2.00am at our accommodation. First stop is a pancake breakfast near the start of our trek. At 4am we will start our 2 hour ascent of Mt Batur (1717m). At the top we will be served a packed breakfast including eggs that are cooked in the volcanic steam while we watch the sunrise. We then make our way back down the mountain before heading to Batur Hot Spring to soak in the thermal pools, returning to Ubud at about midday. The rest of the day is your free time.	Tour paid. Includes 2 breakfasts, water, light snack.
Accommodation	The Tunjung Ubud Retreat, Ubud	Paid.
Meals	Breakfast before and during our sunrise trek. Dinner at a local restaurant in Ubud - we are spoilt for choice!	Breakfast x 2 paid. Dinner own cost.
<b>Saturday 17<sup>th</sup> October</b>	<b>Day Six Ubud – Cycle Tour</b>	
Activities	We are picked up at our accommodation at 8.00am and taken by shuttle van up to the village of Kintamani. After a pancake breakfast stop at Kintamani we head off cycling for 3 hrs mostly downhill through many villages and rice fields. On our way back we stop for lunch at a local restaurant. This is a wonderful experience and a great way to see so many lovely little villages. We arrive back at about 3pm and have the rest of the afternoon to relax, swim in the pool, have a spa.....	Cycle Tour paid - includes breakfast and lunch.  Dinner own cost.
Accommodation	The Tunjung Ubud Retreat, Ubud	Paid.
Meals	Breakfast and lunch provided on the cycle tour. Evening meal at a restaurant in Ubud.	
<b>Sunday 18<sup>th</sup> October</b>	<b>Day Seven Ubud to Sidemen</b>	
	Today we leave for Sidemen, known for its stunning rice terraces and lush green landscapes. It's a great place to escape the hustle and bustle of the more touristy south and get a glimpse of real Balinese life. 9.30am: Our driver picks us up after breakfast and takes us from the centre of the island towards the coast. On the way we stop at Goa Lawah - the bat temple and from there we will go to Padang Bai to go snorkelling at Blue Lagoon Beach. After a couple of hours we then head to our accommodation at Sidemen, one of Bali's most beautiful river valleys.	Transport paid, temple entrance fees and snorkelling gear hire paid.  Breakfast, lunch and dinner own cost.

Accommodation	Darmada Eco Resort - twin share, breakfast included, swimming pool, massages and yoga class available.	Massages, yoga etc. own cost.
Meals	All meals are own cost today.	
<b>Monday 19<sup>th</sup> October</b>	<b>Day Eight Sidemen - Exploring</b>	
	After breakfast we spend the morning on a walk exploring the beautiful rice fields and valleys in this area. The afternoon is your free time to continue exploring or just relaxing by the pool, having a massage, doing a yoga class, reading a book..... In the evening we have dinner in the restaurant at our accommodation.	Breakfast included.  Lunch and dinner own cost.
<b>Tuesday 20<sup>th</sup> October</b>	<b>Day Nine Sidemen</b>	
	Darmada Eco Resort - a free day to rest, relax, explore....	Breakfast included.  Lunch and dinner own cost.
<b>Wednesday 21<sup>st</sup> October</b>	<b>Day Ten Sidemen to Nusa Lembongan</b>	
Activities	Our driver picks us up after breakfast to drive to Sanur wharf and catch the ferry to Nusa Lembongan.  12:00pm: Our ferry departs from Sanur and arrives on Nusa Lembongan at approx 12.45pm.  Once we settle into our accommodation, we have free time to explore the island by bike, to go kayaking, stand up paddleboarding, learn to surf or just relax by the pool or on the beach. In the evening, we take a stroll along the beachfront and then choose one of the many restaurants for dinner.	Transport paid.    Activities own cost.
Accommodation	Nusa Indah Bungalow, Nusa Lembongan – twin share, pool, beachfront.	Paid.
Meals	Breakfast included at our Nusa Lembongan accommodation. Lunch and evening meal own choice.	Breakfast included. Lunch and dinner own cost.
<b>Thursday 22<sup>nd</sup> October</b>	<b>Day Eleven Nusa Lembongan – snorkelling trip</b>	
Activities	After breakfast, we are picked up and taken by traditional outrigger canoes to go snorkelling. The waters around the island are well known for their snorkelling and dive sites and I can guarantee you will see some amazing sites. You will be able to spend the afternoon having free time to do all the things you didn't get to do the day before!	Snorkelling trip paid.
Accommodation	Nusa Indah Bungalow, Nusa Lembongan – twin share, pool, beachfront.	Paid.
Meals	Breakfast included at our accommodation. Suggested places for meals are: Lunch at Bali Eco Deli and dinner at Lemongrass restaurant - or at any other places you'd prefer...	Lunch and dinner own cost.

<b>Friday 23<sup>rd</sup> October</b>	<b>Day Twelve Nusa Lembongan to Seminyak</b>	
Activities	We catch the 8.30am ferry over to Sanur and are picked up by our driver and taken to Seminyak where we enjoy the rest of the day exploring, swimming, learning to surf, catching up on the last bit of shopping (Seminyak is a shopping mecca) or just relaxing under the trees.	
Accommodation	Bali Agung Village – twin share room, swimming pool, air con/fan/ensuite and only a short stroll from the beach. Breakfast included.	Paid.
Meals	Breakfast included at our accommodation, lunch at one of the many restaurants in Seminyak. Dinner on the beach.	Lunch and dinner own cost.
<b>Saturday 24<sup>th</sup> October</b>	<b>Day Thirteen Seminyak</b>	
Activities	Free day - learn to surf, hire a bike and go cycling along the beachfront all the way to Kuta, do all that last minute shopping, rest, relax and enjoy the pool or the beach.... Our final evening will be spent on the beach, watching the sun slowly set into the ocean while relaxing on giant bean bags listening to chilled out music and sipping on a delicious cocktail...	Activities at own cost.
Accommodation	Bali Agung Village	Paid
Meals	Breakfast included at our accommodation, lunch at one of the many restaurants in Seminyak. Dinner on the beach.	Lunch and dinner own cost.
<b>Sunday 25<sup>th</sup> October</b>	<b>Day Fourteen Departure</b>	
	We get picked up at our accommodation at 2:00pm today so just enough time for some last-minute shopping or a final dip in the pool before we head to the airport and bid farewell to beautiful Bali.	
	Flight NZ291 leaving Denpasar (DPS) at 5.50pm, arriving in Auckland the following day (Monday 26 <sup>th</sup> October) at 6:30am.	

**\*A Packing List as well as visa information will be sent out**

**\*Please read our accompanying Booking Terms and Conditions that form part of this itinerary**