



# BONUS SESSION

## BREAKDOWN

## SESSIONS WILL BEGIN AT 6PM

The additional training sessions will consist of technical, skill-oriented training, small sided games, and different activities to challenge the players while making sure they get as many touches as possible. While Bonus Sessions are not mandatory, we highly encourage players to attend.

Age Group	Date	Location	Coach
11U Boys	10/10, 10/19,10/24	10/10@MP / 10/19 @SJP / 10/24 @SJP	Lane W / Adam G / Ethan J
12U Boys	10/18 & 10/25	10/18 @SJP / 10/25 @MP	Adam Bonin / Woodall
13U Boys	10/10 & 10/23	10/10 @MP / 10/23@MP	Stephen / John P
14U Boys	10/16 & 10/23	10/16 @MP / 10/23@MP	John P
Age Group	Date	Location	Coach
11U Girls	10/19 & 10/26	10/19 at MP / 10/26@SJP	Erin Hebert / Ethan
12U Girls	Oct 18th & Oct 25th	10/18 @MP / 10/25 @SJP	Miles / John C
13U Girls	10/17 & 10/24	10/17 @MP / 10/24@MP	Jonathan Walsh
14U Girls	10/18 & 10/25	10/18 @MP / 10/25 @MP	Adam Bonin/Woodall