

ENGAGE, EQUIP, EMPOWER

STUDENT LEADERSHIP PLAYBOOK

Engage



Equip

Empower

FELLOWSHIP OF CHRISTIAN ATHLETES



BIBLICAL FOUNDATION



FCA IS COMMITTED TO A BIBLICAL FOUNDATION FOR EVERYTHING WE DO.

We want to make sure you understand the biblical framework that holds *The E3 Playbook* together before we dive into the principles of disciple-making.

A biblical foundation is crucial to understand three things: God's purposes, the mission of the Church, and our mission to all nations, tribes, peoples, and languages.

The Bible is God's great story in which we all play a part. The biblical narrative includes the following four key parts:



BIBLICAL FOUNDATION

Creation

The story begins. God creates everything and it is good. He creates mankind in Adam and Eve, and they enjoy a perfect relationship together.

1

Fall

Sadly, this relationship is broken. Adam and Eve sinned against God. All of creation falls under the destruction and condemnation of sin.

2

Redemption

But God makes a way to redeem His creation from the condemnation of sin. He sends His Son, Jesus Christ, to live a perfect, sinless life. Jesus takes on all the condemnation of sin on the cross, so that we can be forgiven. He dies but rises again to claim victory over sin and death forever.

3

Restoration

Through faith in the Son of God, Jesus Christ, we are forgiven of our sin and our relationship with God is restored. Eventually, God will restore all things. Until then, He is working in the world through His Church to proclaim the saving message of Jesus Christ to all people and all nations.


4

GOD INVITES US TO PARTICIPATE IN THE UNFOLDING OF HIS GREAT STORY OF REDEMPTION AND RESTORATION.



STATEMENT OF FAITH

FCA's Statement of Faith helps us keep Christ at the center of our ministry with a clear understanding of what we believe. As a ministry, we focus on what we agree, not on what we disagree. FCA does not deal with doctrinal differences such as the gifts of the Spirit and baptism. This allows us to be inter-denominational while keeping Christ at the core of our ministry. It is up to the individual if they can agree to beliefs, conditions and guidelines.

- We believe the Bible to be the only inspired, trustworthy and true, without error, Word of God. (2 Timothy 3:16-17)
 - We believe there is only one God who eternally exists in three persons: Father, Son and Holy Spirit. (Matthew 28:19)
 - We believe Jesus Christ is God, in His virgin birth, in His sinless life, in His miracles, in His death that paid for our sin through His shed blood, in His bodily resurrection, in His ascension/rising up to the right hand of the Father and in His personal return in power and glory. (John 1:1; Matthew 1:18,25; Hebrews 4:15; Hebrews 9:15-22; 1 Corinthians 15:1-8; Acts 1:9-11; Hebrews 9:27-28)
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- We believe that acceptance of Jesus Christ and the corresponding renewal of the Holy Spirit is the only path to salvation for lost/sinful men and women. (John 3:16; John 5:24; Titus 3:3-7)
 - We believe in the present ministry of the Holy Spirit, who lives within and guides Christians so they are enabled to live godly lives. (John 14:15-26; John 16:5-16; Ephesians 1:13-14)



STATEMENT OF FAITH

- We believe in eternal life, and that through belief in Jesus Christ as the Son of God, we spend eternity with the Lord in Heaven. We believe that in rejecting Jesus Christ as Lord and Savior, we receive eternal suffering in hell. (Matthew 25:31-46; 1 Thessalonians 4:13-18)
- We believe in the spiritual unity of believers in our Lord Jesus Christ, that all believers are members of His body, the Church. (Philippians 2:1-4; 1 Corinthians 12:27)
- We believe God's design for sexual intimacy is to be expressed only within the context of marriage, that God created man and woman to complement and complete each other. God instituted marriage between one man and one woman as the foundation of the family and the basic structure of human society. For this reason, we believe that marriage is exclusively the union of one man and one woman. (Genesis 2:24; Matthew 19:5-6; Mark 10:6-9; Romans 1:26-27; 1 Corinthians 6:9)
- We believe that God created all human beings in His image. Therefore, we believe that human life is sacred from conception to its natural end; that we must honor the physical and spiritual needs of all people; following Christ's example, we believe that every person should be treated with love, dignity and respect. (Psalm 139:13; Isaiah 49:1; Jeremiah 1:5; Matthew 22:37-39; Romans 12:20-21; Galatians 6:10)

WE BELIEVE





ENGAGE, EQUIP, EMPOWER

WELCOME TO THE PLAYBOOK

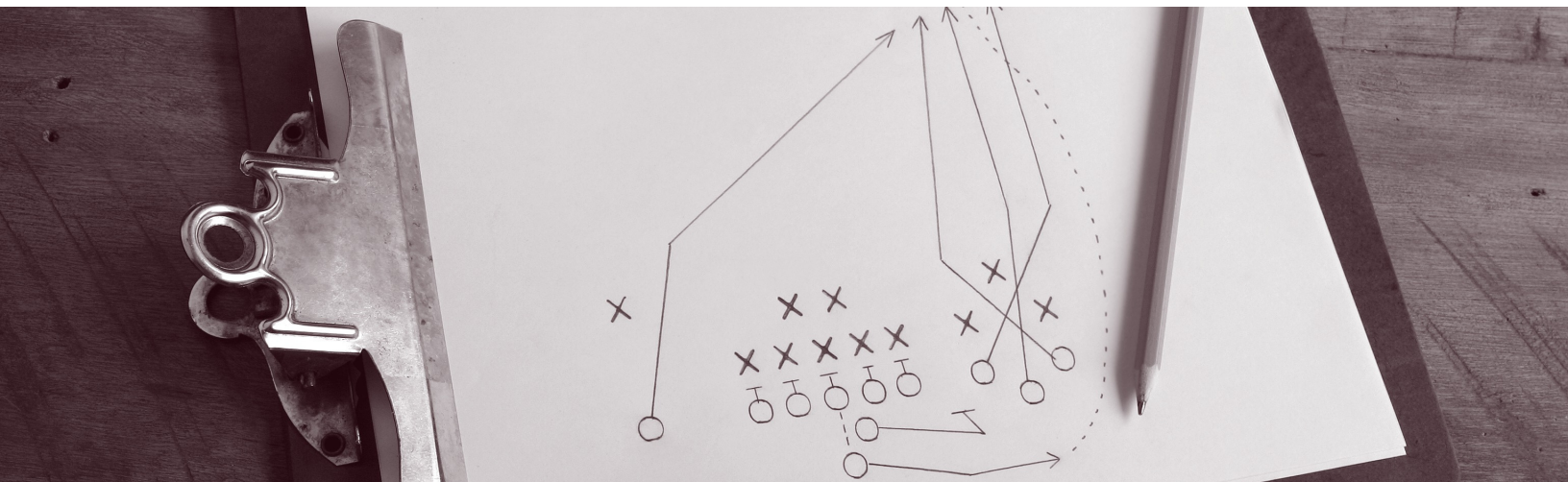
Why the E3 Student Leadership Playbook

FCA's vision is to see the world transformed by Jesus Christ through the influence of people who are in a growing relationship with Him and His church.

In Matthew chapter 28, Jesus says "All authority in heaven and on earth has been given to Me. Therefore, go and make disciples of all the nations, baptizing them in the name of the Father and the Son and the Holy Spirit. Teach them to obey all the commands I have given you. And be sure of this: I am with you always, even to the end of the age."

Jesus gives a clear command: His disciples are to make more disciples. The command gives direction along with the power necessary to fulfill the task. We call this discipleship multiplication. We define discipleship in two parts: personal transformation and public multiplication.

The E3 journey will Engage, Equip, and Empower you with principles for both personal transformation and public multiplication. This is how the vision is carried out. You weren't created just to sit and receive. You were created to go and make disciples!





ENGAGE, EQUIP, EMPOWER

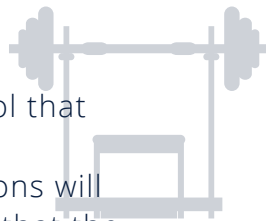
WHAT IS THE E3 STUDENT LEADERSHIP PLAYBOOK?

The E3 Student Leadership Playbook is a guide to help you and those around you accomplish Jesus's commission. By God's grace, it will both Equip you to follow Jesus and help you to Equip others to do the same by giving you helpful Tools to use in your walk with Jesus Christ. It will also Empower you to live out the truths of Scriptures, challenging you and whomever you are discipling to Take Action each week using the Tools introduced.

The hope is that this guide will be self-explanatory and easy to follow, with clearly given directions throughout. That being said, it might be helpful to introduce some common headings and their aims.

Tool

This is the ministry Tool that the session is built to introduce. Some sessions will have a separate sheet that the Tool is on. When this heading shows up, you will want to hand your disciple that sheet.



Take Action

Sometimes the best way to learn is to just try something. In this section, the Tool introduced is put into practice immediately.



Plan to Take Action

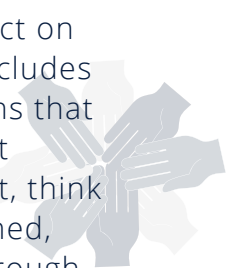
Come up with a **SMART** plan of action for how to use the Tool during the week.

SMART – Specific, Measurable, Attainable, Relevant, Time-bound



Huddle Up

Regroup and talk through how executing the Plan to Take Action went. First, Reflect on what happened. This includes talking through emotions that came up as well as what actually happened. Next, think through what you Learned, before finally talking through Next Steps.





ENGAGE, EQUIP, EMPOWER

WHO IS THE E3 STUDENT LEADERSHIP PLAYBOOK FOR?

The E3 Leadership Playbook is for anyone who wants to be a leader in FCA. It is designed for student leaders to come alongside other students who are faithful, available, and teachable and give them helpful tools to lead a successful FCA huddle and to reach their campus for the kingdom of God. More broadly, it is for anyone who wants to be equipped to make disciples of Jesus Christ.

WHAT IS THE BEST WAY TO USE THE E3 STUDENT LEADERSHIP PLAYBOOK?

The best way to use the E3 Student Leadership Playbook is in the context of life together. Put another way, you should love the person you are discipling: pray for them, try to spend time with them outside of your meetings if it's possible, ask them about their life and share yours with them. In his first letter to the church in Thessalonica, Paul tells the church, "because we loved you so much, we were delighted share with you not only the gospel of God but our lives as well." These words reflect God's heart for His people and should be our aim as we seek to walk alongside people in the Christian life.



That being said, time is a valuable commodity in our society, so proper planning is important. There are twelve E3 Training Sessions. Generally, you should plan on doing one session a week and each session take around an hour to complete. For the first session, plan for an hour and a half to be able to go over the Biblical Foundations and Statement of Faith with the person you are discipling and discuss any questions they might have, in addition to going through the first session.

As a leader, you should also take time to prepare for each week. Look over the upcoming session in detail and print out a copy for each of you. Try to anticipate any questions that you can look up beforehand. Take time to pray on your own for your session and for the person you are discipling before you meet. Do your best to do your Plan to Take Action; don't let the person you are discipling be the only one executing the Plan each week.

Finally, it will be helpful to note the overarching flow of the E3 Playbook. The Playbook is broken up into three sections: Engage, Equip, and Empower.

ENGAGE | We Engage relationally with others in many environments by building genuine trust, sharing our lives, and sharing the Gospel. We strive to connect with others where they are at on their spiritual journey.

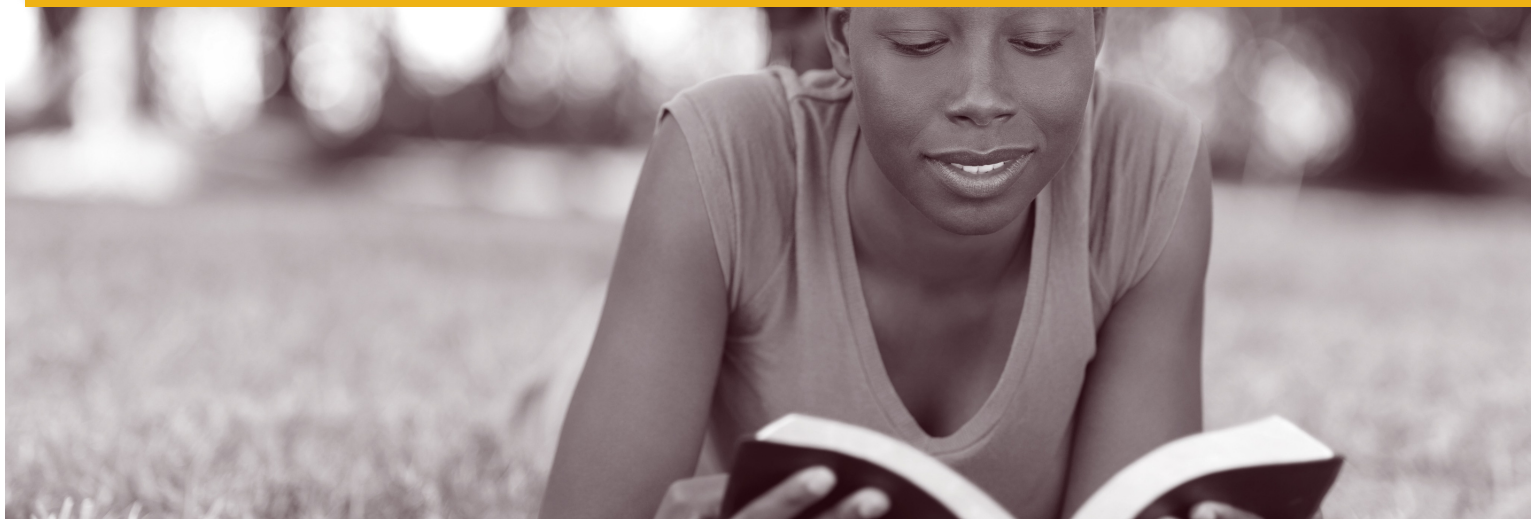
EQUIP | After cultivating relationships, and once people come to faith in Christ, we want to Equip them with Christ-centered training, tools, and ongoing support. We desire to Equip them with God's Word so they can grow in Christ and help others know and grow in Him. While the idea is to Engage people with the Gospel until they submit to Jesus as their Lord and Savior and then to Equip them as a new believer, it is not necessary for the person being Equipped to be a believer. In fact, it may be the means by which the Lord saves them! For example, the section 'Equip with Scripture' challenges your disciple to invite someone to study the Bible with them. In this case, it does not matter whether the person they invite is a believer or not because the Word of God is both the means of salvation and sanctification.

EMPOWER | Once equipped, we Empower people to help others experience salvation in Jesus, grow in their faith, and share Him with others. We desire to Engage, Equip, and Empower others to make disciples who do then the same to others. Our hope is that, at the end of the E3 journey, the person you are discipling becomes an FCA leader by launching a new Huddle!

May the grace of our Lord Jesus Christ be with you as you strive to obey Him in the power of His Spirit.



#1 | ENGAGE GOD FIRST, PART 1



FCA's mission is to lead people into a growing relationship with Jesus Christ and His church.

Discuss: What makes for a growing relationship? What comes to mind when you think of being in a relationship with God?

Read together: One of the primary ways relationships grow is time spent together. We are invited to spend time with Jesus because He loves us, and He wants us to know him better. We are also invited to spend time with Jesus because we draw everything that we need from Him. As we better understand Jesus' love for us and how in that love, He meets all our needs, we will be transformed and better able to love others. We are fallen humans and have a limited capacity to love others well. Our leadership must overflow from a place of intimacy with God.

Compete! Pause and see who can hold their breathe the longest (and not pass out!)

Read together: Time spent with God through reading the Bible and praying is the foundation of a faithful Christian life. Reading and praying are like breathing: the Word is breathed in; prayers are breathed out. Like in the competition, you can go without breathing for a little while, but you won't last long without it. In this session we're going to talk about Engaging God through reading the Bible.



#1 | ENGAGE GOD FIRST, PART 1

Reflect: Take 5 minutes to read the following passage on your own. What do you notice about the one who is blessed?

Psalm 1 (NIV)

1 Blessed is the one
 who does not walk in step with the wicked
 or stand in the way that sinners take
 or sit in the company of mockers,
 2 but whose delight is in the law of the LORD,
 and who meditates on his law day and night.
 3 That person is like a tree planted by streams of water,
 which yields its fruit in season
 and whose leaf does not wither—
 whatever they do prospers.
 4 Not so the wicked!
 They are like chaff
 that the wind blows away.
 5 Therefore the wicked will not stand in the judgment,
 nor sinners in the assembly of the righteous.
 6 For the LORD watches over the way of the righteous,
 but the way of the wicked leads to destruction.

Discuss:

- Why do you think the one who is blessed meditates (chews on something in their mind) on the law of God (which here refers to the first 5 books of the Bible, but now would be the whole Bible)?
- Why do you think meditating on the Bible makes one blessed?
- Why do you think the wicked are compared to chaff (think dead leaves)?
- What does this tell us about God?
- What does this tell us about mankind?
- Psalm 1 says that the one who prioritized meditating on the Bible was blessed.
 - What other things are you tempted to trust for blessing instead of God?
 - What does your time alone with God look like?
 - What keeps you from prioritizing meditating on the Bible?



#1 | ENGAGE GOD FIRST, PART 1

Tool: Inductive Bible Study

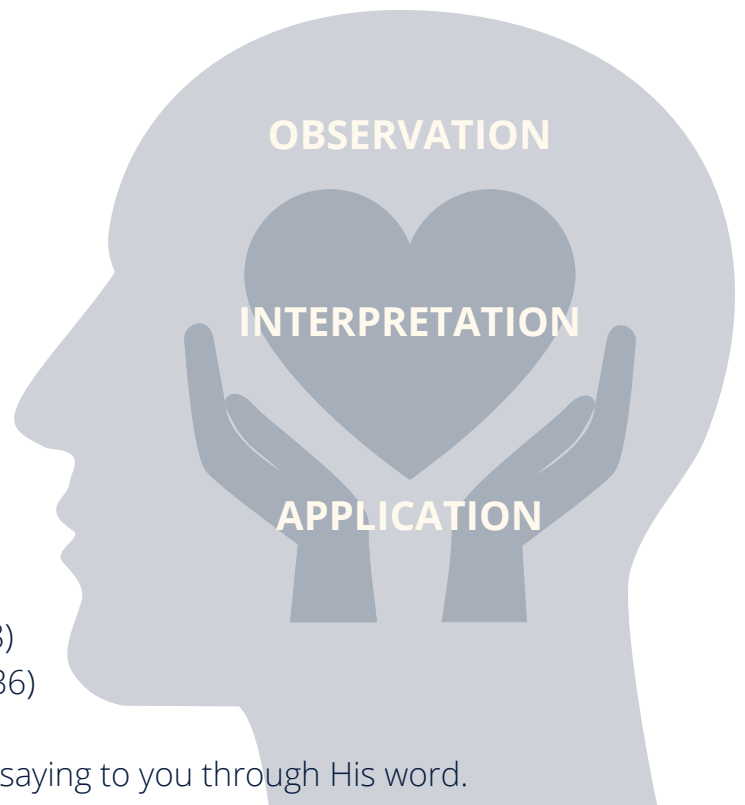
Read together: The Bible is God’s revelation of Himself to mankind. By it He tells us who He is, who we are, and leads us into the blessed life described in Psalm 1, one in loving relationship with Him. As the psalmist says, “Your word is a lamp for my feet and a light for my path” (Psalm 119:105). However, sometimes the Bible can be tough to understand. That’s why tools like Inductive Bible Study can be helpful; by them we can come to a correct understanding of the Bible and so rightly know God.*

The inductive method has three steps:

- 1. Observation** | What does it say?
- 2. Interpretation** | What does it mean?
- 3. Application** | What do I do?

Plan to Take Action:

- Choose a short book of the Bible (like Ephesians, Philippians, Colossians, etc.) to study this week in your time with the Lord.
 - Pray and ask God to:
 - Open your eyes to see (Psalm 119:18)
 - Incline you heart to Him (Psalm 119:36)
 - Satisfy you (Psalm 90:14)
 - Take a few of notes of what God may be saying to you through His word.
- Look at your calendar and schedule a time each day (set a reminder on your phone!) that you can be with God and read Scripture.
- Share with each other what book you will study and when your scheduled time will be.

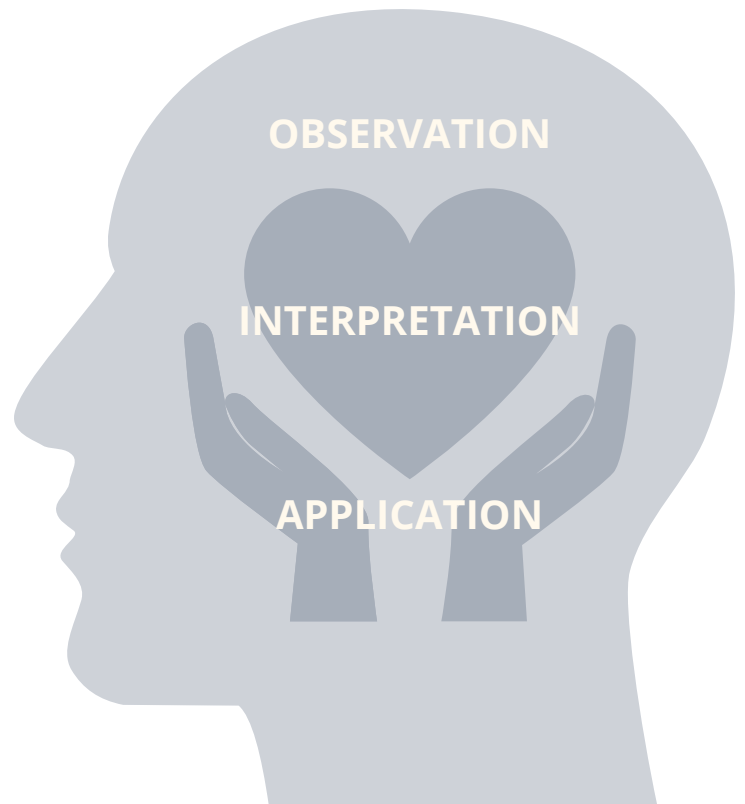


*Personal study and interpretation of the Bible are good and necessary parts of the Christian life. However, it is important to remember we are not the first people to think about these things. Christians for the last 2000+ years have worked hard to come to a consensus on what the Bible says is true and have laid out boundaries to keep us from drifting away from that truth. These boundaries are called orthodoxy. All our personal interpretations of Scripture must be shaped by a healthy local church that we are a member of and historic understandings of orthodox Christianity.



#1 | ENGAGE GOD FIRST, PART 1

NOTES:





#2 | ENGAGE GOD FIRST, PART 2



FCA's mission is to lead people into a growing relationship with Jesus Christ and His church.

Huddle Up:

- What was helpful and/or challenging about prioritizing prayer and reading scripture last week?
- In what ways did you hear from God through this practice?
- Why do you think this is an important practice for spiritual leaders?
- What would it look like to form a daily habit of prayer and meditating on scripture until the end of the E3 Student Leadership Playbook? What are the biggest barriers to making that a reality?

Read together: At all times, we must depend upon God in prayer. The Holy Spirit is the one who Engages. The Holy Spirit is the one who Equips. He is the one who Empowers us to carry out every good thing God has called us to. He is the One who begins the work, and He is the one who will carry it to completion. We must pray for others as we seek to equip them. While we have an important part to play, it is God who ultimately causes the growth (1 Corinthians 3:6).

Reflect: Take a few minutes to think over the following passage on your own. How do you think this relates to prayer?

2 Timothy 3:16-17 "All Scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness, that the man of God may be complete, equipped for every good work."



#2 | ENGAGE GOD FIRST, PART 2

Discuss:

- What stands out to you about Paul's description of Scripture?
- Because Scripture is "breathed out by God" it is entirely truthful and without error, communicating everything necessary for normal, everyday life and godliness. Does this challenge or confirm your understanding of the Bible?
- If prayer is a good work, how does this passage help equip us to pray?

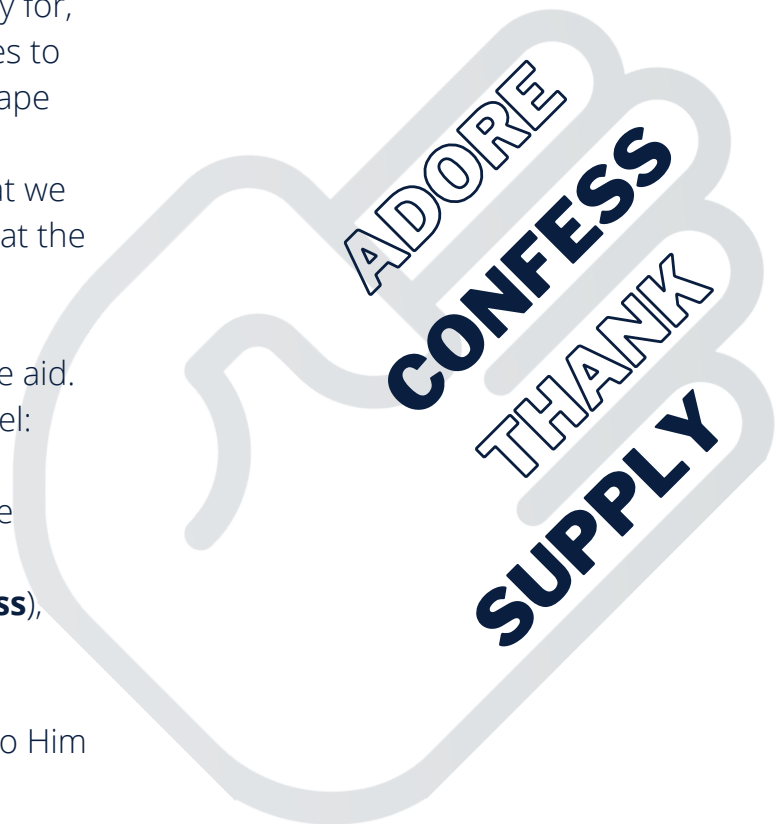
Tool: ACTS (Adore, Confess, Thank, and Supply) Prayer

Read Together: Seeing prayer as a good work means that Scripture equips us to pray. At the very least, it teaches us what we should pray for, it gives us words to pray, it gives us promises to pray in light of, it gives us frameworks to shape our prayers. What's more, prayer works the truths of God's Word into our hearts, so that we know more and more in our experience what the Bible declares to be true.

Here, the ACTS prayer guide aims to provide aid. It helps us shape our prayers with the gospel:

- seeing God as He declares Himself to be (**Adore**),
- humbling ourselves before Him (**Confess**),
- thanking Him for all that He has done (**Thank**),
- and praying in light of our relationship to Him as children if we are in Christ (**Supply**).

It also helps us to remember to pray for more than what we see with our eyes, and so work the truths of the faith into our hearts.





#2 | ENGAGE GOD FIRST, PART 2

Take Action!

- Pray through the attached ACTS Prayer guide
 - Pray through each section of the ACTS Prayer Guide.
 - Pick a passage of Scripture to read, whether one that is listed or different one and pray about whatever comes to mind as you read it that fits into whichever section you are in. (for instance, you may in the “Thank” section and read James 1:17. While reading it, you might think of some good thing and thank God for it; or maybe you read that God doesn’t change and thank God for never changing His mind about you.)
 - For this exercise, try to be disciplined and stay in the section.
 - Consider setting a timer for each section in order to stay on track and leave a few minutes to Huddle Up at the end.

Huddle Up & Plan to Take Action (After praying through the ACTS Prayer Guide together):

- How did it feel to use the ACTS prayer method?
 - What was challenging?
 - What did you enjoy?
- What do you think the Lord is teaching you?
- What would it look like to use the ACTS prayer method this week? **Take time to plan!**

Adore

Passages to meditate on:

- Exodus 34:5-8
- Isaiah 6:1-7
- Jeremiah 9:23-24

Praise God for His character traits.

Confess

Passages to meditate on:

- Romans 2:1-4
- Psalm 51:1-6
- 1 Corinthians 6:9-10

Tell God what's affecting your relationship with Him.

Thank

Passages to meditate on:

- Isaiah 53:4-6
- 1 John 1:9
- James 1:17

Praise God for what He has done.

Supply

Passages to meditate on:

- Philippians 4:19
- James 4:2-3
- Isaiah 41:10

Ask God to provide and meet your needs and desires.



#2 | ENGAGE GOD FIRST, PART 2

Notes:





#2 | ENGAGE GOD FIRST, PART 2

Scripture for ACTS Prayer

ADORE

Exodus 34:5-8

5 Then the LORD came down in the cloud and stood there with him and proclaimed his name, the LORD. 6 And he passed in front of Moses, proclaiming, "The LORD, the LORD, the compassionate and gracious God, slow to anger, abounding in love and faithfulness, 7 maintaining love to thousands, and forgiving wickedness, rebellion and sin. Yet he does not leave the guilty unpunished; he punishes the children and their children for the sin of the parents to the third and fourth generation."

8 Moses bowed to the ground at once and worshiped.

Isaiah 6:1-7

6 In the year that King Uzziah died, I saw the Lord, high and exalted, seated on a throne; and the train of his robe filled the temple. 2 Above him were seraphim, each with six wings: With two wings they covered their faces, with two they covered their feet, and with two they were flying. 3 And they were calling to one another:

"Holy, holy, holy is the LORD Almighty;
the whole earth is full of his glory."

4 At the sound of their voices the doorposts and thresholds shook and the temple was filled with smoke.

5 "Woe to me!" I cried. "I am ruined! For I am a man of unclean lips, and I live among a people of unclean lips, and my eyes have seen the King, the LORD Almighty."

6 Then one of the seraphim flew to me with a live coal in his hand, which he had taken with tongs from the altar. 7 With it he touched my mouth and said, "See, this has touched your lips; your guilt is taken away and your sin atoned for."



#2 | ENGAGE GOD FIRST, PART 2

Scripture for ACTS Prayer

Jeremiah 9:23-24

23 This is what the LORD says:

“Let not the wise boast of their wisdom
 or the strong boast of their strength
 or the rich boast of their riches,
 24 but let the one who boasts boast about this:
 that they have the understanding to know me,
 that I am the LORD, who exercises kindness,
 justice and righteousness on earth,
 for in these I delight,”
 declares the LORD.

CONFESS

Romans 2:1-4

2 You, therefore, have no excuse, you who pass judgment on someone else, for at whatever point you judge another, you are condemning yourself, because you who pass judgment do the same things. 2 Now we know that God’s judgment against those who do such things is based on truth. 3 So when you, a mere human being, pass judgment on them and yet do the same things, do you think you will escape God’s judgment? 4 Or do you show contempt for the riches of his kindness, forbearance and patience, not realizing that God’s kindness is intended to lead you to repentance?

Psalm 51:1-6

1 Have mercy on me, O God,
 according to your unfailing love;
 according to your great compassion
 blot out my transgressions.
 2 Wash away all my iniquity



#2 | ENGAGE GOD FIRST, PART 2

Scripture for ACTS Prayer

and cleanse me from my sin.

3 For I know my transgressions,
and my sin is always before me.

4 Against you, you only, have I sinned
and done what is evil in your sight;
so you are right in your verdict
and justified when you judge.

5 Surely I was sinful at birth,
sinful from the time my mother conceived me.

6 Yet you desired faithfulness even in the womb;
you taught me wisdom in that secret place.

1 Corinthians 6:9-10

9 Or do you not know that wrongdoers will not inherit the kingdom of God? Do not be deceived: Neither the sexually immoral nor idolaters nor adulterers nor men who have sex with men 10 nor thieves nor the greedy nor drunkards nor slanderers nor swindlers will inherit the kingdom of God.

THANK

Isaiah 53:4-6

4 Surely he took up our pain
and bore our suffering,
yet we considered him punished by God,
stricken by him, and afflicted.

5 But he was pierced for our transgressions,
he was crushed for our iniquities;
the punishment that brought us peace was on him,
and by his wounds we are healed.

6 We all, like sheep, have gone astray, each of us has turned to our own way;
and the LORD has laid on him the iniquity of us all.



#2 | ENGAGE GOD FIRST, PART 2

Scripture for ACTS Prayer

1 John 1:9

9 If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.

James 1:17

17 Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows.

SUPPLY

Philippians 4:19

19 And my God will meet all your needs according to the riches of his glory in Christ Jesus.

James 4:2-3

2 You desire but do not have, so you kill. You covet but you cannot get what you want, so you quarrel and fight. You do not have because you do not ask God. 3 When you ask, you do not receive, because you ask with wrong motives, that you may spend what you get on your pleasures.

Isaiah 41:10

10 So do not fear, for I am with you;
do not be dismayed, for I am your God.
I will strengthen you and help you;
I will uphold you with my righteous right hand.



#3 | ENGAGE TO MULTIPLY



FCA's mission is to lead people into a growing relationship with Jesus Christ and His church.

Huddle Up:

- How did it feel to do ACTS prayer throughout the week?
 - What was challenging?
 - What was a blessing?
- What did you learn?
 - About God?
 - About yourself?
- What would it look like for you to keep practicing ACTS prayer?

Discuss: How did you come to know the Lord? Who do you remember sharing the good news of Jesus Christ with you?

Reflect: Take a few minutes to read the following passage on your own. What do you notice about how the characters interact with each other?

John 1:35-50 (NIV)

35 The next day John was there again with two of his disciples. 36 When he saw Jesus passing by, he said, "Look, the Lamb of God!"

37 When the two disciples heard him say this, they followed Jesus. 38 Turning around, Jesus saw them following and asked, "What do you want?" They said, "Rabbi" (which means "Teacher"), "where are you staying?"

39 "Come," he replied, "and you will see." So they went and saw where he was staying, and they spent that day with him. It was about four in the afternoon.



#3 | ENGAGE TO MULTIPLY

40 Andrew, Simon Peter's brother, was one of the two who heard what John had said and who had followed Jesus. 41 The first thing Andrew did was to find his brother Simon and tell him, "We have found the Messiah" (that is, the Christ). 42 And he brought him to Jesus.

Jesus looked at him and said, "You are Simon son of John. You will be called Cephas" (which, when translated, is Peter).

43 The next day Jesus decided to leave for Galilee. Finding Philip, he said to him, "Follow me."

44 Philip, like Andrew and Peter, was from the town of Bethsaida. 45 Philip found Nathanael and told him, "We have found the one Moses wrote about in the Law, and about whom the prophets also wrote—Jesus of Nazareth, the son of Joseph."

46 "Nazareth! Can anything good come from there?" Nathanael asked.

"Come and see," said Philip.

47 When Jesus saw Nathanael approaching, he said of him, "Here truly is an Israelite in whom there is no deceit."

48 "How do you know me?" Nathanael asked.

Jesus answered, "I saw you while you were still under the fig tree before Philip called you."

49 Then Nathanael declared, "Rabbi, you are the Son of God; you are the king of Israel."

50 Jesus said, "You believe because I told you I saw you under the fig tree. You will see greater things than that." 51 He then added, "Very truly I tell you, you will see 'heaven open, and the angels of God ascending and descending on' the Son of Man."

Discuss:

- What networks of relationships do you see in this passage?
- What do you notice about how Andrew, Simon, Philip, and Nathanael start following Jesus?
- What do you think is, in part, the significance of this story?

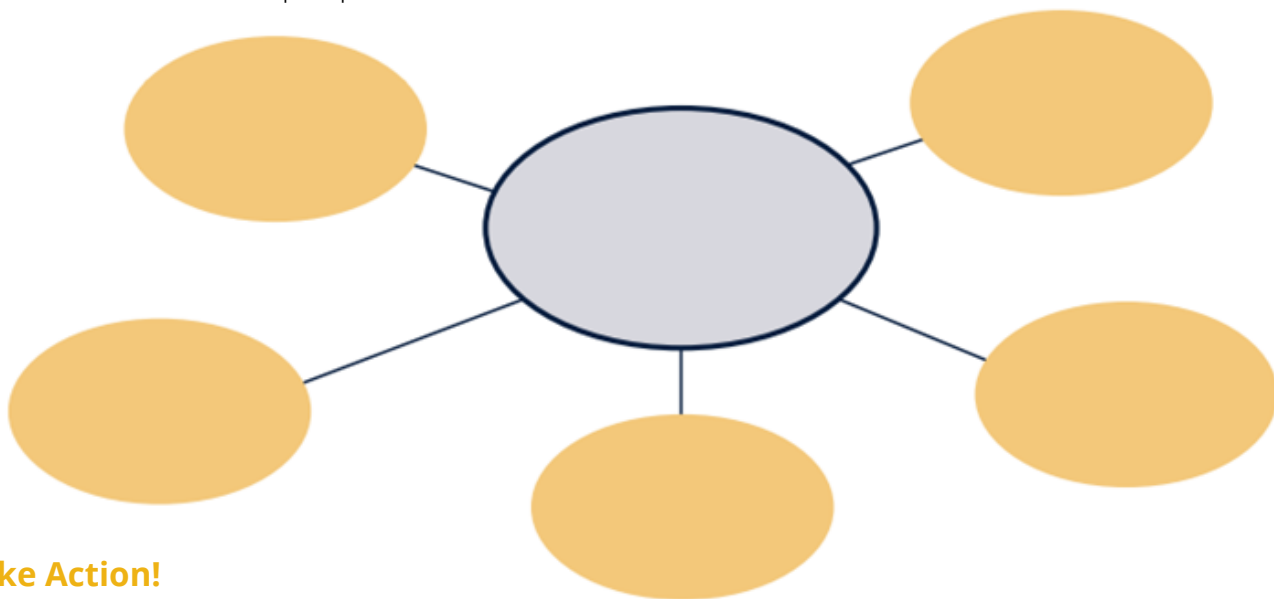


#3 | ENGAGE TO MULTIPLY

Read Together: Behind every believer is another faithful believer who engaged others to multiply the Kingdom. In Scripture, we see this process demonstrated repeatedly. Jesus engages individuals, but His invitation to follow Him is also extended into that person's circle of influence. He engages both the individual and the people they are in relationship with. When you Engage to Multiply, you don't just see individuals, you see networks of people that can be transformed by the Gospel.

Tool: E3 Map

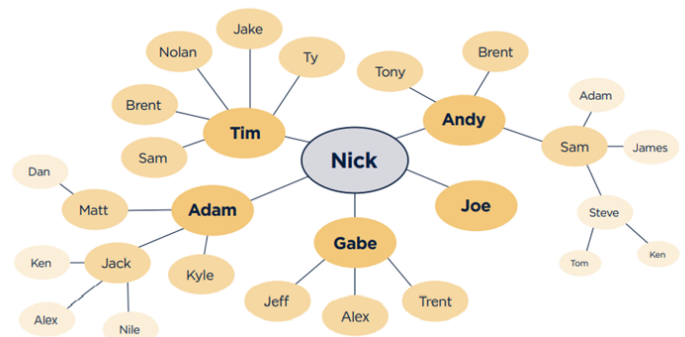
Read Together: One tool that illustrates this principle is the E3 Map. The E3 Map gives clarity and direction so that you can Engage to Multiply. Whether we are aware of it or not, God has connected us with various networks of people. E3 maps are meant to help us become aware of the networks and the people in them that God has connected us to.



Take Action!

- Make your own E3 Map.
 - In the diagram below, write your name in the middle circle.
 - In the outer circle, write the names of five people who are close to you relationally but far from God.
- Look at the sample map to see how your E3 Map might grow over time.

SAMPLE E3 MAP

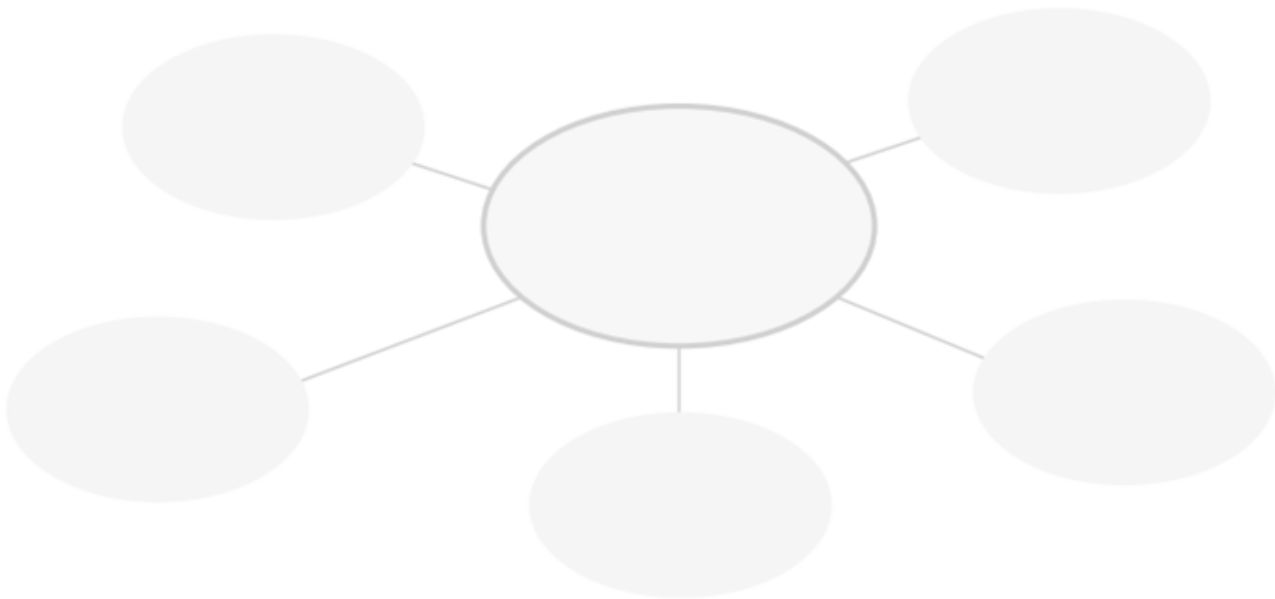




#3 | ENGAGE TO MULTIPLY

- As you think about taking steps to reach out to your friends with the gospel, what fear and concerns do you need to bring to Jesus?

Notes:





#4 | ENGAGE THE HEART



FCA's mission is to lead people into a growing relationship with Jesus Christ and His church.

Discuss: What has been your experience with spiritual conversations, whether starting them or just being a part of them?

Reflect: Read the following passage on your own. What do you notice about how Jesus describes the different soils?

Luke 8:4-15 (NIV) 4 While a large crowd was gathering and people were coming to Jesus from town after town, he told this parable: 5 "A farmer went out to sow his seed. As he was scattering the seed, some fell along the path; it was trampled on, and the birds ate it up. 6 Some fell on rocky ground, and when it came up, the plants withered because they had no moisture. 7 Other seed fell among thorns, which grew up with it and choked the plants. 8 Still other seed fell on good soil. It came up and yielded a crop, a hundred times more than was sown."

When he said this, he called out, "Whoever has ears to hear, let them hear."

9 His disciples asked him what this parable meant. 10 He said, "The knowledge of the secrets of the kingdom of God has been given to you, but to others I speak in parables,

so that, "though seeing, they may not see; though hearing, they may not understand."

11 "This is the meaning of the parable: The seed is the word of God. 12 Those along the path are the ones who hear, and then the devil comes and takes away the word from their hearts, so that they may not believe and be saved. 13 Those on the rocky ground are the ones who receive the word with joy when they hear it, but they have no root. They believe for a while, but in the time of testing they fall away. 14 The seed that fell among thorns stands for those who hear, but as they go on their way they are choked by life's worries, riches and pleasures, and they do not mature. 15 But the seed on good soil stands for those with a noble and good heart, who hear the word, retain it, and by persevering produce a crop."

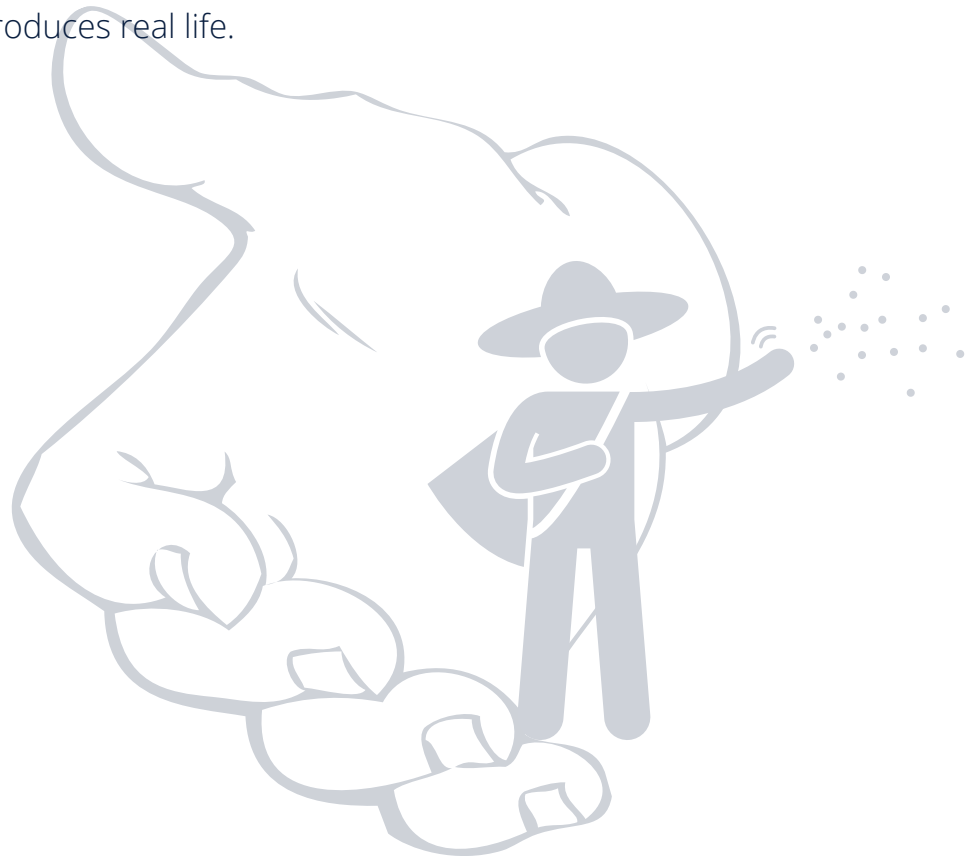


#4 | ENGAGE THE HEART

Discuss:

- What do you notice about the farmer?
- What characterizes/distinguishes the different soils?
- What do you think Jesus is trying to teach His disciples?

Read Together: There are at least a few important things to note about the story that relate to starting spiritual conversations. Notice that the farmer scattered seed wherever he went, on hard soil, on tilled soil, and everything in between. That's because the only surefire way to know whether the soil is going to bear fruit is to scatter seeds in it. Remember that while we have a necessary role to play, it is God who brings the growth. Also, it is important to recognize that the seed is the word of God. We must be careful not to scatter anything other than the word of God, because nothing else produces real life.



Tool: Jesus in Everyday Conversations

Read Together: It is the word of God by the Spirit of God that does the work in people, so sharing the word of God in interesting, relevant ways is important for introducing our friends to Jesus or encouraging other Christians in their walk with Christ.



#4 | ENGAGE THE HEART

Practice!

1. Think of some topics that come up whenever you are with your friends.
2. What does Jesus have to say that relates to these topics in the Gospels?
 - Worry: Luke 12:22-34
 - Career/success/the good life: Mark 8:36
 - Religion/Life is difficult: Matthew 11:28-30
 - Spiritual pride/Self-satisfaction: Mark 2:17
 - Politics: Matthew 7:1-5
3. How has Jesus's teaching on this topic affected you?
4. Practice delivering it in this structure. Note three distinct parts to using this in conversation:
 - "Jesus said something interesting about that..."
 - "Here's how it affects me..."
 - "What do you think about that?"

Huddle Up:

- How was practicing that?
 - What was challenging?
 - What was exciting?
- How are you feeling after practicing?
- How could you see the Lord using this?
- What questions do you still have?

Read Together:

The greatest conversation starter is a good question. Jesus was the master at asking pointed questions to Engage the heart. A good question invites someone to open up about the important things in their life. It creates space to discuss deeper truths that point to Jesus. Pointed questions reveal a person's receptivity to the Gospel.

3 Keys to Good Questions:

1. Pray – Remember that you are dependent on God.
2. Listen – Listen to learn more about people and to start spiritual conversations.
3. Be Curious – Care about people's lives and what they have to say. No need to assume you know where they are coming from, just invite them to share more, "Tell me more about that!"

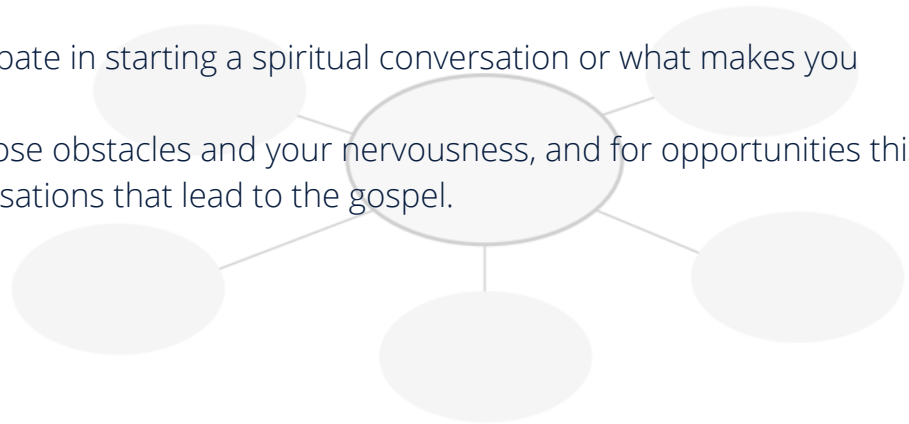


#4 | ENGAGE THE HEART

Plan to Take Action:

- Look over your E3 Map. What would it look like for you to start a spiritual conversation with someone on your Map?
- What obstacles do you anticipate in starting a spiritual conversation or what makes you nervous about it?
- Pray for each other about those obstacles and your nervousness, and for opportunities this week to start spiritual conversations that lead to the gospel.

Notes:





#5 | ENGAGE WITH THE GOSPEL



FCA's mission is to lead people into a growing relationship with Jesus Christ and His church.

Huddle Up:

- What happened when you started a spiritual conversation with your non-Christian friends?
- What was difficult and/or exciting about the conversation?
- Why do you think this is an important practice for spiritual leaders?

Discuss: The word "Gospel" means "Good News". What about the Gospel is Good News?

Read Together: There are many places in the New Testament that summarize the Gospel. One place is in 1 Corinthians 15:3-5, which says "that Christ died for our sins according to the Scriptures, 4 that he was buried, that he was raised on the third day according to the Scriptures, 5 and that he appeared to Cephas [the apostle Peter], and then to the Twelve [apostles]." Paul is saying that Christ died for the sins* of His people because the cost of sin is death, and someone must pay the bill. He was buried because He, the God of the universe, was actually dead. He was raised from the dead, never to die again, to display His power and

*Sin is a broad topic, but it is most basically breaking God's commands in thought, word, or action.



#5 | ENGAGE WITH THE GOSPEL

victory over sin and death. He appeared to others to show that His payment for sin was accepted and so legitimized all that He promised. He alone holds the keys to eternal life free from the destruction sin and death bring. He alone offers the blessed life to whoever would receive it, to be experienced in this life in part, and in fullness in the next for all of eternity.

Reflect: Take a few minutes to read the following passage on your own. What do you notice about the connection between proclaiming (preaching) the good news and belief?

Romans 10:8-17 (NIV)

8 But what does it say? "The word is near you; it is in your mouth and in your heart," that is, the message concerning faith that we proclaim: 9 If you declare with your mouth, "Jesus is Lord," and believe in your heart that God raised him from the dead, you will be saved. 10 For it is with your heart that you believe and are justified, and it is with your mouth that you profess your faith and are saved. 11 As Scripture says, "Anyone who believes in him will never be put to shame." 12 For there is no difference between Jew and Gentile—the same Lord is Lord of all and richly blesses all who call on him, 13 for, "Everyone who calls on the name of the Lord will be saved."

14 How, then, can they call on the one they have not believed in? And how can they believe in the one of whom they have not heard? And how can they hear without someone preaching to them? 15 And how can anyone preach unless they are sent? As it is written: "How beautiful are the feet of those who bring good news!" 16 But not all the Israelites accepted the good news. For Isaiah says, "Lord, who has believed our message?" 17 Consequently, faith comes from hearing the message, and the message is heard through the word about Christ.

Discuss:

- According to Paul, what is necessary for someone to be saved from sin and death?
- Why is it necessary to confess that Jesus is Lord and to believe in your heart that God raised Him from the dead?
- What is the connection that you see between proclaiming the good news and belief?

Read Together: We Engage the hearts of others so that we can Engage them with the Gospel. It's an amazing reality that God works through us to fulfill His Great Commission (Matthew 28:18- 20). The most vital step in becoming a disciple of Jesus Christ is the decision to respond to the Gospel and trust Jesus as Lord and Savior. To help you Engage others with the Gospel, FCA created a tool called 'The FOUR'. It's a simple, repeatable way to clearly communicate the Gospel using Scripture and visual icons.



#5 | ENGAGE WITH THE GOSPEL

Tool: The FOUR



GOD LOVES YOU

God made you and loves you! His love is boundless and unconditional. God is real, and He wants you to personally experience His love and discover His purpose for your life through a relationship with Him.

Genesis 1:27, John 3:16



SIN SEPARATES YOU

Sin damages your relationships with other people and with God. It keeps us from experiencing the fulfilling life that God intends for us. The result: you are eternally separated from God and the life He planned for you.

Romans 3:23, Romans 6:23, Isaiah 59:2



JESUS RESCUES YOU

Jesus died, but He rose to life again. Jesus offers you peace with God and a personal relationship with Him. Through faith in Jesus, you can experience God's love daily, discover your purpose and have eternal life after death.

1 Peter 3:18, 1 Corinthians 15:3-8, Romans 5:8



WILL YOU TRUST JESUS?

You choose to trust Jesus when you believe and confess that Jesus is Lord and surrender your life to Him. Are you ready to place your trust in Jesus?

Romans 10:9-10, John 1:12, Rev. 3:20, Ephesians 2:8-9

Take Action!

- Familiarize yourself with 'The FOUR' worksheet. Look at the verses listed with each simple truth (full verses on the next page) and discuss how they inform the simple truth.
- Practice sharing the Gospel with each other using 'The FOUR' as an outline. (Level Up: Try not to look at the outline when you share.)

Plan to Take Action:

- Look at your E3 Map from week three. Take a moment to pray together about who you could share the Gospel with this week.
- Who is someone on your E3 Map who is not a Christian? Maybe the person who you started a spiritual conversation with last week?
- When will you be with them this week? What would it look like to share the Gospel with them?
- If they choose not to submit to Christ as their Savior and Lord, ask them, "What keeps you from following Jesus?"



#5 | ENGAGE WITH THE GOSPEL

Discuss: Imagine what God could do through you sharing the Gospel using 'The FOUR' with the person listed above. What excites you? What makes you feel fearful?

Pray: Jesus said, "No one can come to me unless the Father who sent me draws them, and I will raise them up at the last day" (John 6:44). It is not on your shoulders how your friend(s) responds to the Gospel. You participate in a spiritual battle happening for your friend's life, especially when you meet with God in prayer on their behalf. Only God can draw people to faith in Jesus. Pray that He would soften their hearts to receive what you share, and that you would be bold to do so.

God Loves You

Genesis 1:27 So God created mankind in his own image, in the image of God he created them; male and female he created them.

John 3:16 16 For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.

Jesus Rescues You

1 Peter 3:18 18 For Christ also suffered once for sins, the righteous for the unrighteous, to bring you to God. He was put to death in the body but made alive in the Spirit.

1 Corinthians 15:3-8 3 For what I received I passed on to you as of first importance]; that Christ died for our sins according to the Scriptures, 4 that he was buried, that he was raised on the third day according to the Scriptures, 5 and that he appeared to Cephas, and then to the Twelve. 6 After that, he appeared to more than five hundred of the brothers and sisters at the same time, most of whom are still living, though some have fallen asleep. 7 Then he appeared to James, then to all the apostles, 8 and last of all he appeared to me also, as to one abnormally born.

Romans 5:8 8 But God demonstrates his own love for us in this: While we were still sinners, Christ died for us.

Sin Separates You

Romans 3:23 23 for all have sinned and fall short of the glory of God,

Romans 6:23 23 For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.

Isaiah 59:2 But your iniquities have separated you from your God; your sins have hidden his face from you, so that he will not hear.

Will You Trust Jesus?

Romans 10:9-10 If you declare with your mouth, "Jesus is Lord," and believe in your heart that God raised him from the dead, you will be saved. 10 For it is with your heart that you believe and are justified, and it is with your mouth that you profess your faith and are saved.

John 1:12 12 Yet to all who did receive him, to those who believed in his name, he gave the right to become children of God—

Revelation 3:20 20 Here I am! I stand at the door and knock. If anyone hears my voice and opens the door, I will come in and eat with that person, and they with me.

Ephesians 2:8-9 8 For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God— 9 not by works, so that no one can boast.



#6 | EQUIP WITH PRAYER



FCA's mission is to lead people into a growing relationship with Jesus Christ and His church.

Huddle Up:

- What happened when you shared the Gospel using The FOUR with your non-Christian friends?
- What was difficult and/or exciting about the conversation?
- Why do you think this is an important practice for spiritual leaders?

Take Action!

Take a few minutes and pray for the people that you had a spiritual conversation with and/or shared The FOUR with. If they choose not to submit to Christ as their Savior and Lord, one way to pray for them would be reading through Ezekiel 11:19-20 and praying through the ACTS prayer model in light of that passage. If they did, praise God! Pray through Colossians 1:9-14 for them.

Read Together: The Bible says some literally awesome things about prayer. For starters, if you are a Christian, the God who made heaven and earth, who is actively, constantly sustaining everything in it, who makes grass grow and planets spin and fire hot, listens to your prayers. More than that, He delights in them, and He delights to answer them,



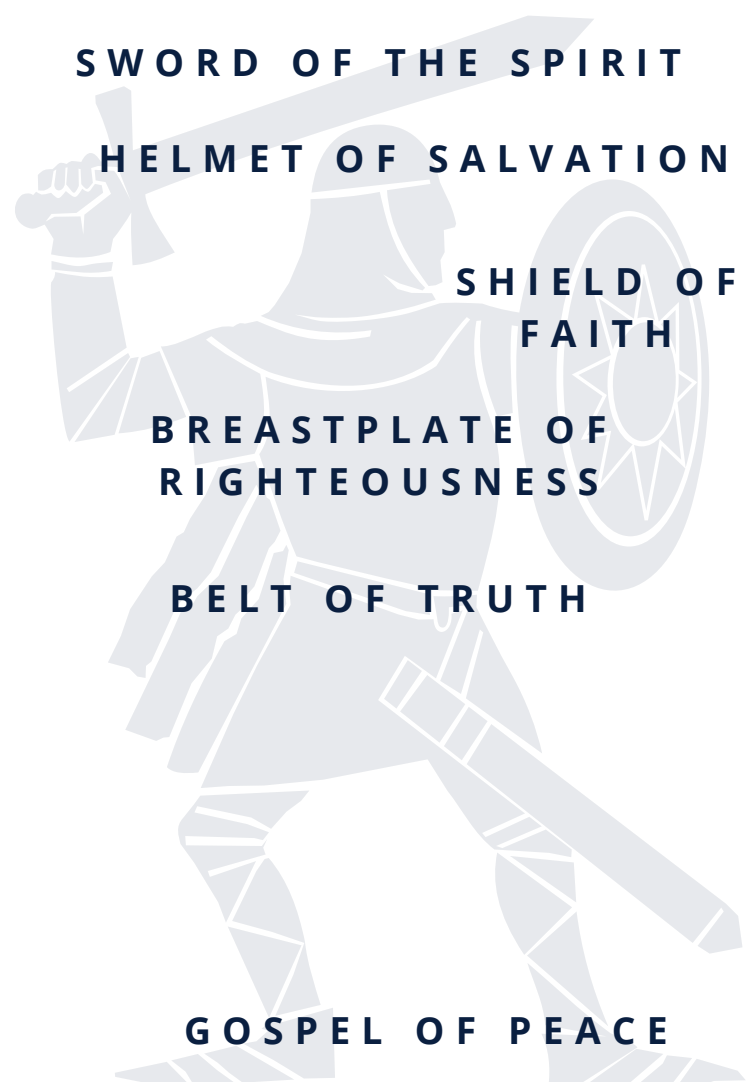
#6 | EQUIP WITH PRAYER

specifically when they are prayed according to what He has revealed in His Word. Essentially, God actually does things through our prayers because He loves us! When we pray, things happen! Think about it, the One who knows all things and rules all things according to what He thinks is best, has chosen to accomplish those things through your prayers! Prayer moves the hand that moves the world!

Reflect: Take a few minutes to read through the following passage on your own. How do you think this passage connects prayer and the Christian life?

Ephesians 6:10-20 (NIV)

10 Finally, be strong in the Lord and in his mighty power. 11 Put on the full armor of God, so that you can take your stand against the devil's schemes. 12 For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. 13 Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. 14 Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, 15 and with your feet fitted with the readiness that comes from the gospel of peace. 16 In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. 17 Take the helmet of salvation and the sword of the Spirit, which is the word of God. 18 And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people. 19 Pray also for me, that whenever I speak, words may be given me so that I will fearlessly make known the mystery of the gospel, 20 for which I am an ambassador in chains. Pray that I may declare it fearlessly, as I should.





#6 | EQUIP WITH PRAYER

Discuss:

- What do you notice about each piece of armor? Why do you think each piece is important?
- Why do you think Paul says things like “be strong” and “stand firm”? What do you think he’s saying about people?
- According to God, Christians fight against spiritual forces, whether we acknowledge it or not. How should this shape our view of the Christian life?
- How does prayer fit into God’s depiction of the Christian life?

Read Together: It is important to set the context for prayer. The world that we live in is broken and plagued by sin and death that humanity brought into the world. Earlier in Ephesians, Paul says that everyone who does not follow Jesus follows Satan, and they do so gladly, totally seduced by their ungodly desires and thoughts. God in His love came on a rescue mission to make all things new by waging war against sin and death; decisively defeating them through the death, resurrection, and ascension of His Son. However, until God the Son comes back to finish what He started, there is still a war going on. According to Ephesians 6, prayer is like our wartime walkie-talkie. It’s how we get what we need for the battle at hand, and the primary way we give aid to our brothers in arms while they fight alongside us. In that context, prayer is not about getting what we want, per se. James 4:2-3 tell us, “You do not have because you do not ask God. 3When you ask, you do not receive, because you ask with wrong motives, that you may spend what you get on your pleasures.” Prayer is about getting what we need for ourselves and others in order to glorify God as we prepare for the final victory of Christ’s return.

Tool: Prayer Walk

Read Together: Perhaps the best way to begin engaging in God’s mission on your campus is by praying. One way to do that is by prayer walking. Basically, this is when you intentionally walk around somewhere and pray for that place and the people in it. While you walk, it is important to be open to pray for the things that you see, and for the people that you come across.

PRAYER WALK





#6 | EQUIP WITH PRAYER

Plan to Take Action:

- Plan a time this week to take a prayer walk together.
- Who from your E3 Map can you invite to come with you on the prayer walk? Invite them now!
- Think through some things that you want to pray for as you walk. Some options could be:
 - Your peers: classmates and friends
 - That God's presence would fill the school and that His kingdom would expand there.
 - That God would stir a curiosity in students and give them a desire to learn about Him.
- Write down some passages of Scripture that you want to pray through while you walk.
- Come up with two or three places that you want to spend a lot of time prayer in. Maybe a classroom or field or hangout space.

Huddle Up (after your prayer walk):

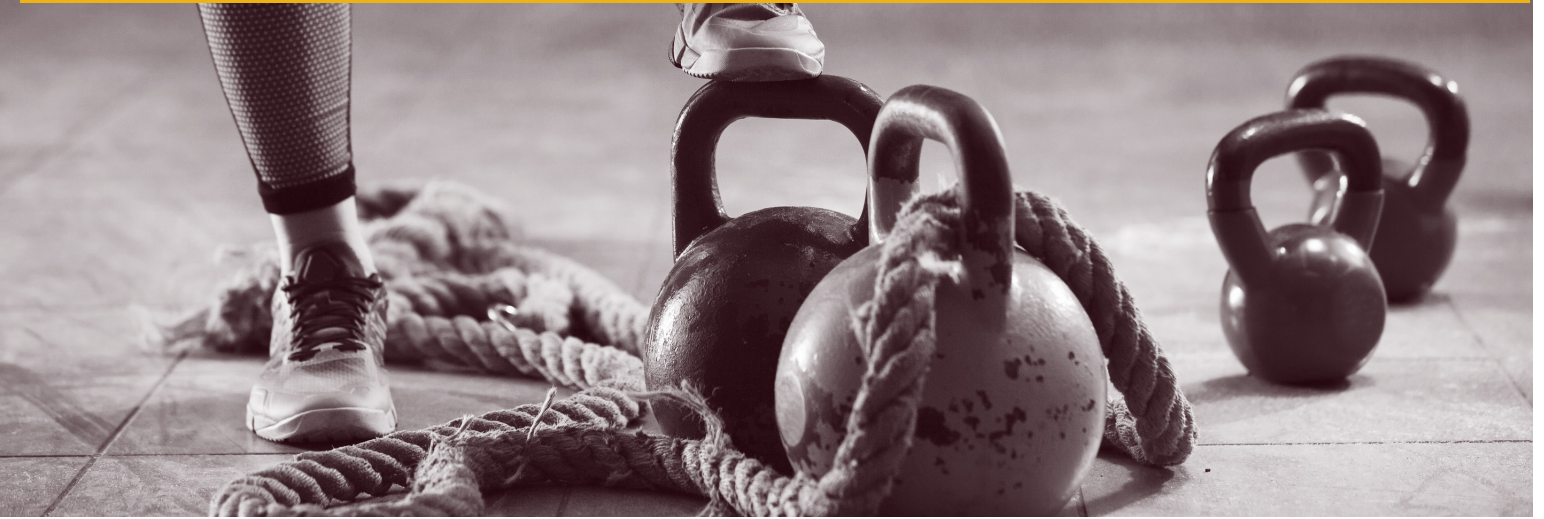
- How was that experience for you?
- What was challenging about it? What was exciting?
- What do you feel like God is teaching you?
- What would it look like to continue to pray for your school?

Notes:





#7 | EQUIP WITH SCRIPTURE



FCA's mission is to lead people into a growing relationship with Jesus Christ and His church.

Discuss: How has spending time with God through the Bible been since this E3 Student Leadership Training started? What has been a challenge/blessing? What has God been teaching you?

Reflect: Take a few minutes a read over the following passage by yourself. What do you notice about how God chooses to accomplish His work?

Isaiah 55:9-11 (NIV)

9 "As the heavens are higher than the earth,
so are my ways higher than your ways
and my thoughts than your thoughts.
10 As the rain and the snow come down from heaven,
and do not return to it without watering the earth
and making it bud and flourish,
so that it yields seed for the sower and bread for the eater,
11 so is my word that goes out from my mouth:
It will not return to me empty,
but will accomplish what I desire
and achieve the purpose for which I sent it.



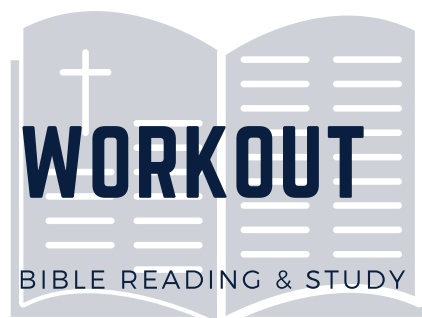
#6 | EQUIP WITH SCRIPTURE

Discuss:

What do you notice about the way that God works?

In the verses before this passage, is God telling Israel and the rest of the world that He will forgive them and bring them into His family; the only requirement is that they turn from their sinful ways and trust in Him instead of themselves. How does the context change the way you read this passage, if at all?

Tool: Discovery Bible Study



Read Together: How different God is from us! God promises to save people who are not worthy of saving if they would only recognize their need for it and turn to Him for life. We see in verse 11 the means by which God saves people is through His Word. His Word does the work! If we want God to work in our lives, we need to be immersed in it. To do so is to be like a tree planted by streams of water that bears fruit in its season (Psalm 1). What's more, if we want God to work in the lives of our friends, it will be through the Word. Thus, asking your friend, "Will you read the Bible with me?" can be one of the most important questions you ever ask them. The Word of God transforms lives! However, reading the Bible with others can be intimidating. To help you with that, FCA recommends using the Discovery Bible Study (DBS) method, because it builds off Inductive Bible Study (see Session 1 | Engage God First) and helps people discover truths of God and apply them to their lives.

Take Action! Carefully read through the "Discovery Bible Study Training" sheet.



#6 | EQUIP WITH SCRIPTURE

DISCOVERY BIBLE STUDY TRAINING

Use the model and information below to guide and lead your FCA Huddle.

WARM UP

Welcome and Quick Conversation Starters:

- What are you thankful for?
- What are you struggling with?

WORKOUT

Accountability from previous week (note, skip this if it is your first meeting):

- How did you obey last week? (“I will...” statement)
- Who did you share with?

Bible reading (choose a passage from the suggested story sets):

- Read the passage aloud, everyone follows along with their eyes.
- Read the passage a second time, but this time close your eyes and listen.
- Together, retell the story in as much detail as you can without looking at the Bible.

Bible study (reopen your Bibles and answer these questions verse by verse):

- What does this say about God?
- What does this say about people?

WRAP UP

Take Action:

- Consider the truths about God and people that you wrote down.
- Answer the following questions:
 - By God’s grace how will you obey God’s Word this week?
 - Pray and ask God what truth He wants you to focus on this week.
 - Write a one-sentence, “I will...” statement capturing this conviction.
 - Who will you share this scripture passage with this week?
 - Pray and ask God who needs to hear this.
 - Write down one name and be intentional about sharing with them.



#6 | EQUIP WITH SCRIPTURE

Read Together: It will be helpful to note how the DBS method builds from Inductive Bible Study and incorporates some elements of the E3 Student Leadership Training we've been going through. Notice that the first part of the Workout section on Accountability is similar to the Huddle Up section at the start of each E3 Training Session. The next part of the Workout section, Bible reading, is about helping facilitate Observation. Reading the passage aloud, listening to it be read, and trying to retell the story in detail from memory is all about observing the details of the passage and making sure you know what it's actually saying. The next section, Bible study, is about Interpretation. The whole Bible is God's telling us who He is and who we are. The goal here is to understand what God is telling us in this section of Scripture. Finally, the Wrap Up section is all about Application. All of these are to happen like this E3 Student Leadership Training, within the context of a relationship. That's what the first section, Warm Up, is all about: loving them so much that you delight to share the Word and your life with them. View DBS like bumpers at a bowling alley and use as much or as little as you want to get to the goal of studying the Word.

Discuss:

- Having looked over the DBS Training Sheet and read about DBS, what stands out to you?
- What do you like about the DBS method? What questions do you have?
- How could you see this being a helpful tool in a one-on-one Bible Study or a Huddle?

Plan to Take Action:

- Who on your E3 Map do you think would be willing to study the Bible with you?
- Look through the Discovery Bible Study Sets attached. Which one do you think would be helpful for your friend? When can we prepare for the study together?
- When will you invite them to study the Bible with you? Consider sending them a message right now! **By God's grace, you can do it!**

Discuss: As you think about studying the Bible with someone else, what excites you? What makes you nervous?

Pray: Take a few minutes and pray in light of Isaiah 55:9-11, that God would do a mighty work in your life and in the lives of your friends through His Word.



#6 | EQUIP WITH SCRIPTURE

EXTRA REPS

Sometimes getting better requires some Extra Reps after practice. If you have time remaining, try going through the Extra Reps Practice Plan below to get better at Observation, Interpretation, and Application while studying the Bible. If you don't have time today, consider scheduling time after a future session to get in the Extra Reps.

On Observation: "You see, but you do not observe." – Sherlock Holmes

Read Together: Generally, in communication, people have a reason for saying what they say; they want to communicate something specific. This is true of the Bible. "All Scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness, that the man of God may be complete, equipped for every good work." (2 Timothy 3:16-17) If every word is breathed out by God, then every word has intention and every word deserves our attention. What's more, there is a hearing that is supernatural; those in Christ have the Holy Spirit to teach us all things. Proper "hearing" is not merely seeing the Bible but observing it with Him. It involves coming not as a lawyer with a predetermined outcome but as a detective seeking to know what's true.

Discuss:

What stands out to you about this description of observation?

What does it look like to give every word of the Bible our attention?

Why do you think it is important to come to the Bible like a detective rather than a lawyer?

How does this challenge your understanding of good observation in reading the Bible?

On Application: "The only parts of the Bible you truly believe are the parts you put into practice." – Rick Warren

Read Together: Just like people generally have a reason for saying what they say, people generally have a response they desire that fits what they are saying. Perhaps there is some task they want accomplished, some truth they wish to be accepted, or some emotion they wish to be shared. The same is true with the Bible. The whole of the Bible is about God. Through it He communicates to humanity who He is and what He has done and requires a response. However, like all other communication, the response is not always action, sometimes it is simply to believe something is



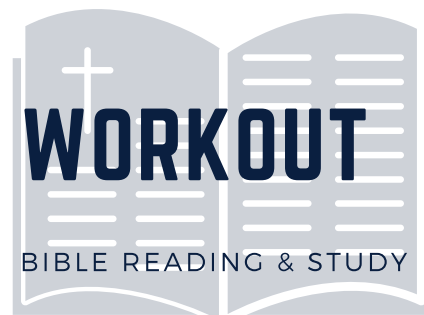
#6 | EQUIP WITH SCRIPTURE

EXTRA REPS

true or to pray in light of some command or promise. What's more, any action taken in response to God's word must always be rooted in what Christ has accomplished on the cross and is always empowered by the Holy Spirit. It is always first about right believing, out of which springs right action. First comes grace, then comes obedience fueled by that grace; to change this order is to fall into futility and despair.

Discuss:

- What stands out to you about this description of application?
- Why do you think it is so important that grace comes before obedience?
- Why do you think it is so important to remember that the Holy Spirit empowers our obedience?
- How does this challenge your understanding of good application?



Notes:



#6 | EQUIP WITH SCRIPTURE

EXTRA REPS

DISCOVERY BIBLE STUDY METHOD

TODAY'S STUDY

What are you thankful for?

What are you struggling with?

How did you obey last week?

Who did you share with last week?

TODAY'S SCRIPTURE

What does it say about God?

What does it say about people?

By God's grace, how will you obey?

Who will you share this Scripture with?



#6 | EQUIP WITH SCRIPTURE

EXTRA REPS

DISCOVERY BIBLE STUDY SETS

The tables below provide you with study methods, topics/stories, and verses that can guide you as you read through the Bible.

CREATION TO CHRIST				OVERFLOW	
1	Creation	God Created the World	Genesis 1:1-2:3	1	DBS Psalm 1
2	Creation	The Creation of Man	Genesis 2:4-25	2	ACTS - Adore, Confess, Thank, Supply Psalm 19
3	The Fall	First Sin	Genesis 3:1-24	3	DBS Colossians 1:1-20
4	The Fall	The Flood	Genesis 6:1-9:17	4	DBS Luke 10:38-42
5	Redemption	God's Promise to Abram	Genesis 12:1-8;15:1-6	5	DBS Proverbs 3:1-12
6	Redemption	The Promise of Passover	Exodus 12:1-28	6	DBS Mark 3:7-16; Acts 4:8-14
7	Redemption	The Ten Commandments	Exodus 20:1-21	7	ACTS - Adore, Confess, Thank, Supply Matthew 22:1-14
8	Redemption	The Sacrificial System	Leviticus 4:1-35	8	DBS Psalm 84
9	Redemption	King David and the Coming Messiah	Psalms 22 and 110	9	Pray Verse by Verse Psalm 16
10	Redemption	Isaiah Foreshadows the Coming Promise	Isaiah 52:13-53:12	10	DBS Deuteronomy 10:12-22
11	Redemption	Jesus' Baptism	Matthew 3; John 1:29-34	11	Any Method Psalm 27
12	Redemption	The Temptation of Christ	Matthew 4:1-11	12	Any Method Psalm 73
13	Redemption	Jesus Forgives and Heals	Luke 5:17-26	13	Any Method Psalm 86
14	Redemption	Jesus Calms the Storm	Mark 4:35-41		
15	Redemption	Jesus Casts Out Evil Spirits	Mark 5:1-20		
16	Redemption	Jesus Raises Lazarus from the Dead	John 11:1-44		
17	Redemption	Jesus Betrayed and Condemned	John 18:1-19:16		
18	Redemption	Jesus Crucified	Luke 23:32-56		
19	Redemption	Jesus Conquers Death	Luke 24:1-35		
20	Redemption	Jesus Appears and Ascends	Luke 24:36-53		

PARABLES		
1	The Good Shepherd	John 10:1-18
2	Great Value	Matthew 13:44-46
3	Debt Forgiven	Matthew 18:21-35
4	The Prodigal Son	Luke 15:11-32
5	Narrow Gate	Matthew 7:13-29
6	Four Soils	Mark 4:1-20
7	The Vineyard	Matthew 20:1-16
8	The Vine and Vinedresser	John 15:1-17
9	Physical and Spiritual Healing	Mark 2:1-12
10	Gerasene Demoniac	Mark 5:1-20
11	The Talents	Matthew 25:14-30
12	Woman at Well	John 4:4-26 or 4:4-45
13	Woman in Adultery	John 8:1-11
14	Rich Man and Lazarus	Luke 16:19-31
15	Two Responses	Matthew 21:23-32
16	Leased to You	Matthew 21:33-46

STORIES OF HOPE		
1	Sinful Woman	Luke 7:36-50
2	Who can come to God?	Luke 18:9-17
3	Who is your God?	Matthew 18:21-35
4	Who is your God?	Matthew 16:21 - 17:9
5	Jesus before Pilate and Herod	Luke 22:66 - 23:25; 23:32-43
6	Cost of following Christ	Luke 24:1-20, 36-50
7	Merciful King	Luke 15:11-32

OTHER SUGGESTIONS

- Choose a Book of the Bible and study one chapter per meeting (For example, the Book of John).
- Choose a reading plan from the Bible App. FCA has several that you can choose from.
- Visit www.fcaresources.com to access thousands of studies, devotionals, and other content.



#8 | EQUIP IN COMMUNITY



FCA's mission is to lead people into a growing relationship with Jesus Christ and His church.

Huddle Up:

- Did you study the Bible with a friend using the DBS method? How did it go?
- What did you enjoy about it? What discouraged you about it?
- What do you think God is teaching you? What has He been teaching you over the course of these training sessions?

Discuss: In what ways do you think the people around you — friends, family, classmates, coaches — are shaping you as a person and a Christian?

Reflect: Take a few minutes to read the Context and then read over the passage of Scripture by yourself. What do you notice about the community that forms?

Context: Jewish people from all over the world had come to Jerusalem to celebrate the feast of Pentecost, a Jewish holiday thanking God for the first fruits of the wheat harvest. The apostle Peter boldly proclaimed the Gospel to them, and 3000 people were added into the church! These new believers from all over the world were now staying in town longer than anticipated to learn everything they could about Jesus from the apostles before they went home.



#8 | EQUIP IN COMMUNITY

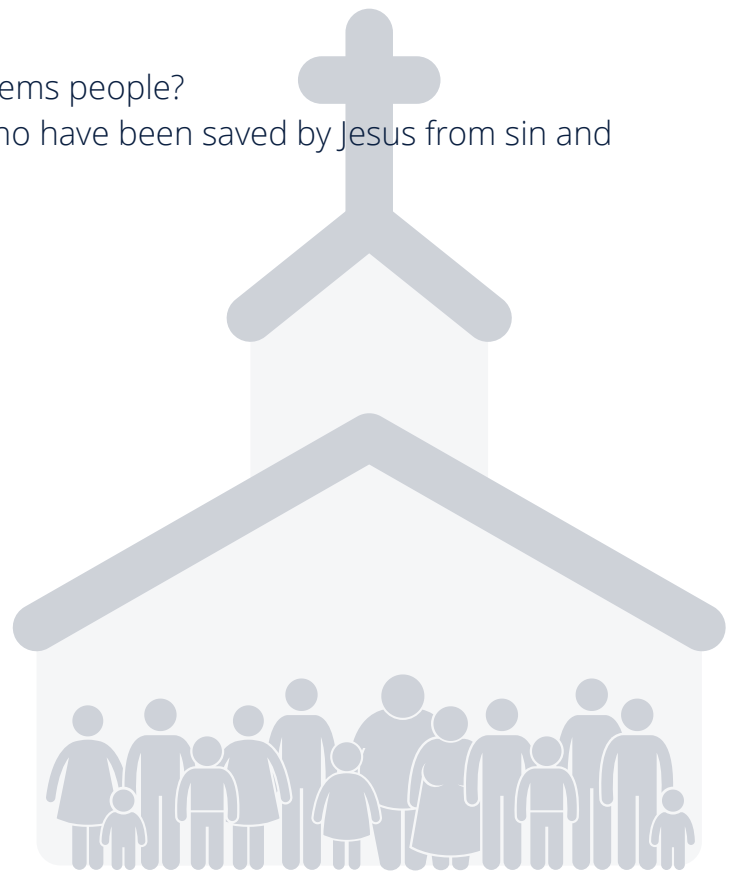
Acts 2:42-47 (NIV)

42 They devoted themselves to the apostles' teaching and to fellowship, to the breaking of bread and to prayer. 43 Everyone was filled with awe at the many wonders and signs performed by the apostles. 44 All the believers were together and had everything in common. 45 They sold property and possessions to give to anyone who had need. 46 Every day they continued to meet together in the temple courts. They broke bread in their homes and ate together with glad and sincere hearts, 47 praising God and enjoying the favor of all the people. And the Lord added to their number daily those who were being saved.

Discuss:

- What qualities mark the church in Acts?
- What does this passage tell us about God redeems people?
- What does this passage tell us about people who have been saved by Jesus from sin and death?
- What from this passage challenges you?
- What from this passage encourages you?

Read Together: From the beginning, God created mankind in community and declared it to be good. However, sin and death taint every aspect of life and destroy everything they touch. Community, though still good in principle, is not as it should be, because people are not as they should be. Yet now that Jesus has come to set us free from sin and death, we can more and more experience community as it was always meant to be. That is at the heart of Acts 2:42-47; this is a new community of people who have been made alive in Christ! And notice how this community



spends its time – together! The author of Hebrews elaborates on why this is important, saying that Christians are to “encourage one another daily, as long as it is called “Today,” so that none of you may be hardened by sin’s deceitfulness.” Even though we have been made alive in Christ, we are still susceptible to sin and prone to forget about how great God is and what following Him entails. We need each other to live the Christian life. Therefore “let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another”. The underlying reality is that the company we keep



#8 | EQUIP IN COMMUNITY

has a profound ability to shape who we are. Christians help us be like Christ! This should drive us to keep company with Jesus Christ and His people, especially in the context of the local church* . It should also drive us to invite our non-Christian friends into that community and to invite ourselves as Christians into the lives of our non-Christian friends. Finally, it should drive us to Engage, Equip, and Empower in community!

Discuss:

- What has been your experience with Christian community?
- What are some ways you could encourage others and be encouraged by others with Gospel truths on a “daily” basis?
- How do you try to obey the command to stir others up to love for God and others and to do good works?
- How is being a part of a local church important for Equipping in Community?
- Are you a member of a local church? If so, how has that been? If not, what are some churches that you could check out?
- What would it look like for you to Engage, Equip, and Empower in community?

Plan to Take Action:

- Think of the people on your E3 Map. What are some ways you can you Equip them in Community?

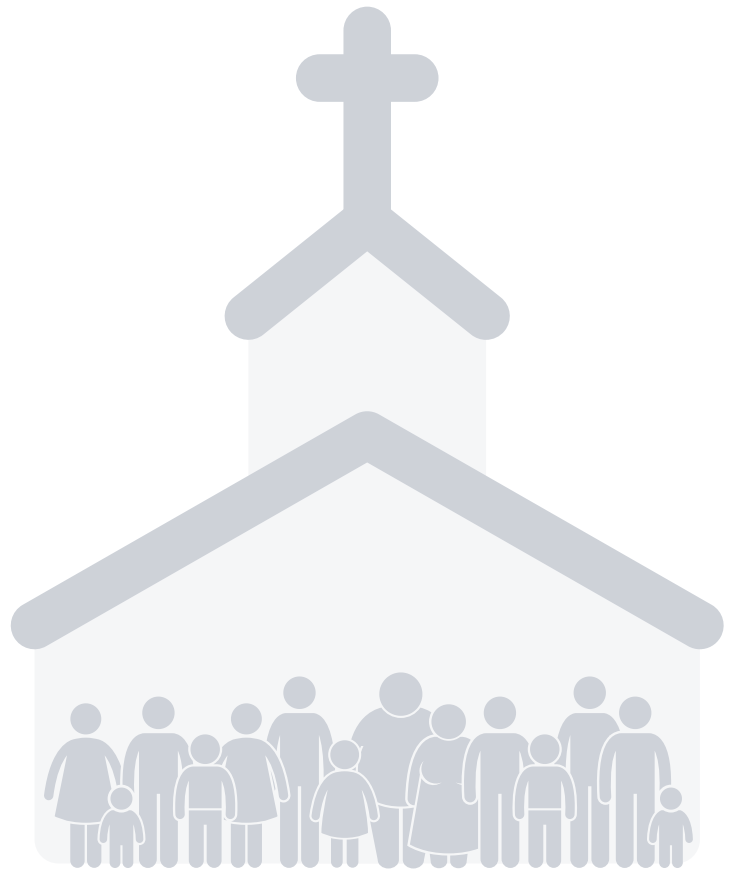
**ENCOURAGE
AND INVITE**





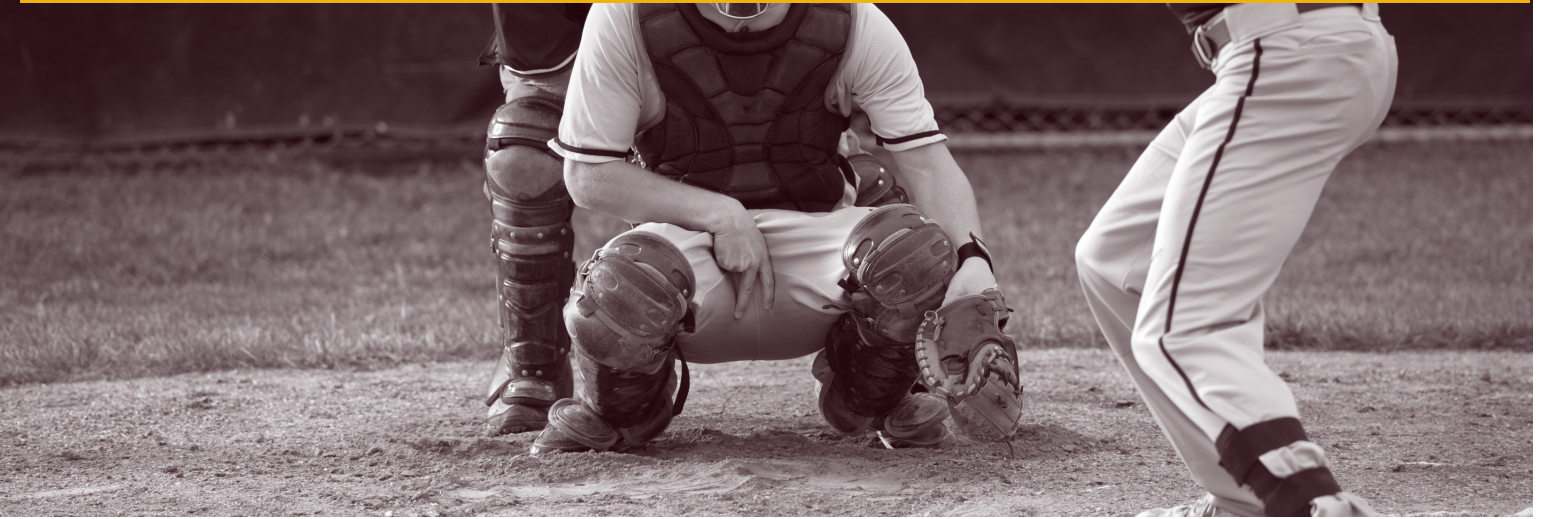
#8 | EQUIP IN COMMUNITY

Notes:





#9 | EQUIP WITH A PLAN



FCA's mission is to lead people into a growing relationship with Jesus Christ and His church.

Discuss: Are you someone who thrives with structure, or do you prefer to “go with the flow”? Why do you think that is? What benefit do you see in each?

Read Together and Discuss: Just like sports, discipleship has seasons. It can be beneficial to define and assess the discipleship process in increments. Do you think it is important to define healthy discipleship rhythms and routines? Why or why not?

Reflect: Take a few minutes and read over the following Proverbs on your own. What do you notice about the place of planning?

Discuss:

- What stands out to you from these verses?
- What do these verses teach us about God and how He relates to the plans we make?
- What do these verses teach us about humans plans?

Proverbs 16:3, 9

3 Commit to the LORD whatever you do,
and he will establish your plans.

9 In their hearts humans plan their course,
but the LORD establishes their steps.



#9 | EQUIP WITH A PLAN

Read Together: When reading Proverbs, it is important to remember they are principles, not promises. The reality is that God does not guarantee the success of every plan that you come up with. However, at the very least, what we learn from these verses is that God is in control and that plans are good. In particular, good plans are those that are made seeking to walk in step with the Holy Spirit (Galatians 5:25) and use the Word of God as a lamp for our feet, so we don't stumble, and a light for our path so we don't lose the way (Psalm 119:105). When we are discipling others, we should aim to have a good plan, especially if it's more formal, like a regular meeting. People want to know what they are committing to before starting something. Uncertainty can inhibit people from taking the next step forward. Establishing a baseline of expectations through planning can be an incredibly helpful way to invite others into intentional discipleship relationships. Plans are good and God is in control.

Discuss:

- In your experience, how have you seen plans be a good thing?
- What do you think it looks like to let the Word guide your plans as you seek to walk in step with the Spirit?
- How is it comforting to you to know that God is in control?

Read Together: Expectations are a big part of every relationship. Well communicated expectations can lead to peace and understanding, while uncommunicated expectations can lead to frustration, disappointment, and anger. It is important to communicate expectations so that everyone is on the same page. In a discipleship relationship, three things can help you define expectations:

- **Duration:** Invitations should define the duration of discipleship (for example, one semester) and the duration of each meeting (for example, 1 hour). After faithfully fulfilling expectations, you can always invite someone into another season of discipleship. Defining duration in these ways can help with commitment and productivity.
- **Frequency:** Consistency is key in developing relationships. Ensure that you define the frequency of meetings (for example, once a week) and the frequency of assessment (for example, once a month). Commit to meeting consistently and stay accountable to Gospel transformation and multiplication. Defining frequency in these ways shows your relationship has clear purpose.



#9 | EQUIP WITH A PLAN

- **Filter:** It is so easy to get sidetracked from what is most important in the discipleship process. A filter keeps your energy going in the right direction. It removes obstacles in decision making, and it holds you accountable to what is most important. Defining what will filter your time, energy, relationships, and resources is crucial. The Discipleship Filter attached can be a helpful resource to that end.

Plan to Take Action:

- Look at your E3 Map. Who is someone that is faithful, available, and teachable that you could start going through the E3 Student Leadership Playbook with to help them grow in their walk with Christ?
- **Make a plan!**
 - Filter your thoughts through the Discipleship Filter.
 - Think through the Duration and Frequency that you think would be best to meet with them.
- What obstacles do you anticipate as you think about starting the E3 Playbook with someone?
- What help do you think you'll need, if any?
- When and how do you plan on asking them to start?
- What makes you nervous about starting the E3 Playbook with your friend? What excites you?

Pray: In his final letter to Timothy, Paul commands him, and us, to “be strong in the grace that is in Christ Jesus. And the things you have heard me say in the presence of many witnesses entrust to reliable people who will also be qualified to teach others.” Pray for each other to be strong in the grace that is in Christ Jesus as you seek to disciple others and pray that they will eventually do likewise.

THE DISCIPLESHIP FILTER

When thinking about discipleship, how do you make decisions? Specifically, when it comes to making disciples, who, what, when, where, and how you Engage or Equip others can affect multiplication. The Discipleship Filter is a tool that helps you make decisions for discipleship. Filter where you invest your time and energy! Use the following filter to help you make decisions for discipleship multiplication:



#9 | EQUIP WITH A PLAN

THE DISCIPLESHIP FILTER



3 HOWS OF A PLAN

HOW LONG?

1

THIS DISCIPLESHIP STUDY WILL LAST _____ WEEKS/MONTHS.

HOW OFTEN?

2

THIS DISCIPLESHIP STUDY WILL HAPPEN _____ TIMES PER WEEK/MONTH.

HOW COME?

3

THIS DISCIPLESHIP STUDY MAKES _____ THE MOST IMPORTANT THING.

Notes:



#10 | EMPOWER BY MODELING



FCA's mission is to lead people into a growing relationship with Jesus Christ and His church.

Discuss: What has God been teaching you lately in your time with Him and with His church? What has He been teaching you as you've spent time with the people on your E3 Map?

Reflect: Take a few minutes to read the passage below on your own. Follow the conjunctions (And, For, But, So, etc.) and see if you can trace Paul's reasoning.

Philippians 3:17-21 (NIV)

17 Join together in following my example, brothers and sisters, and just as you have us as a model, keep your eyes on those who live as we do. 18 For, as I have often told you before and now tell you again even with tears, many live as enemies of the cross of Christ. 19 Their destiny is destruction, their god is their stomach, and their glory is in their shame. Their mind is set on earthly things. 20 But our citizenship is in heaven. And we eagerly await a Savior from there, the Lord Jesus Christ, 21 who, by the power that enables him to bring everything under his control, will transform our lowly bodies so that they will be like his glorious body.



#10 | EMPOWER BY MODELING

Discuss:

- Why does Paul command the Philippians to follow his example?
- Why do you think Paul commands them to keep their eyes on those who live as he does?
- How do you think watching godly people helps to keep our eyes on Christ rather than on earthly things?

Read Together: Jesus' ministry revolved around twelve very ordinary young men called disciples. He called each of them by name with a simple invitation: "Follow Me." They had the privilege of being with Him constantly (Mark 3:14). For years they observed His way of life and His teachings until finally He sent them out to do what He had been doing. Paul's ministry was the same. Paul modeled what it looked like to live a life devoted to serving the Lord and was constantly surrounded by people whom he was training to do likewise. His constant guidance to them and to the churches that they planted together was, "Be imitators of me, as I am of Christ" (1 Corinthians 11:1). As Christians, we are called to do the same, to live lives that are totally submitted to God, and are devoted to knowing Him and gladly serving Him. We are called to live in such a way that we can look at the people we are discipling and say with Paul, "Follow my example as I follow Christ." Regardless of whether or not we actually say something like that, they are going to watch your life and say, "oh, that's what a Christian is supposed to look like." The command to make disciples is a weighty one, but it is nonetheless a command. We are certainly not strong enough or good enough to carry it out, but praise the Lord that God promises to provide whatever we need to obey His commands (Philippians 4:19)!





#10 | EMPOWER BY MODELING

Discuss:

- What comes to your mind as you read the paragraph above?
- What do you think about the call to live your Christian life in such a way that you can say to the people around you, "if you want to know how to follow Jesus, follow me"?
- What do you need to change in your life to live more in step with the life you are called to live as a Christian? What do you need to start doing? What do you need to stop doing? (Remember that the Word of God is the basis of our lives. As you think about these questions, be sure your answers are grounded in the Word, not your feelings.)
- What is comforting about God's promise to give you everything that you need to do what He commands you to do? (Philippians 4:19)



THE EVOLUTION OF A CHRIST FOLLOWER

Plan to Take Action:

- Think back over the first few sessions of the E3 Leadership Playbook (Engage... God First/to Multiply/the Heart/with the Gospel). How can you be modeling those sessions in the E3 Playbook for the person that you hope to start it with?
- This week we're going to invite people to the FCA huddle together.
 - What are some creative ways that we can Engage the people around us and personally invite them to FCA?
 - When are we going to do that?
 - How are we going to do it?
 - What is our goal/what would success look like?
 - Who is responsible for what?
 - Who can we invite to do this with us?



#10 | EMPOWER BY MODELING

Notes:



THE EVOLUTION OF A CHRIST FOLLOWER



#11 | EMPOWER BY ASSISTING



FCA's mission is to lead people into a growing relationship with Jesus Christ and His church.

Huddle Up:

- How did it feel starting conversations with people and inviting them to FCA?
- What happened that you felt was significant?
- What do you think God is teaching you through this experience?
- What would it look like to build off this?

Discuss: Are you someone who welcomes assistance or are you hesitant to ask for it or receive it? What are some ways that you have been blessed by the assistance of others?

Reflect: Take a few minutes to read over the following passage on your own. What stands out to you about Jesus' interaction with His disciples?



#11 | EMPOWER BY ASSISTING

Mark 6:34-44 (NIV)

34 When Jesus landed and saw a large crowd, he had compassion on them, because they were like sheep without a shepherd. So he began teaching them many things.

35 By this time it was late in the day, so his disciples came to him. "This is a remote place," they said, "and it's already very late. 36 Send the people away so that they can go to the surrounding countryside and villages and buy themselves something to eat."

37 But he answered, "You give them something to eat."

They said to him, "That would take more than half a year's wages! Are we to go and spend that much on bread and give it to them to eat?"

38 "How many loaves do you have?" he asked. "Go and see."

When they found out, they said, "Five—and two fish."

39 Then Jesus directed them to have all the people sit down in groups on the green grass. 40 So they sat down in groups of hundreds and fifties. 41 Taking the five loaves and the two fish and looking up to heaven, he gave thanks and broke the loaves. Then he gave them to his disciples to distribute to the people. He also divided the two fish among them all. 42 They all ate and were satisfied, 43 and the disciples picked up twelve basketfuls of broken pieces of bread and fish. 44 The number of the men who had eaten was five thousand.

Discuss:

- What do you notice about Jesus' interaction with His disciples?
- Why do you think Jesus invites the disciples to meet the need that they saw?
- What do you think Jesus is teaching the disciples?
- What do you think Jesus is trying to teach us through this?

Read Together: In Mark 6, Jesus is doing some amazing things. Here He feeds 5000 men, not including any women and children that were with them, from five loaves of bread and two fish! He is literally bringing new things into existence! Looking at the big picture, Jesus is obviously declaring Himself to be God by miraculously providing Israel with both spiritual and physical food in the desert, just like He did in the Old Testament. However, one significant difference is the means by which He does this. In the Old Testament, the Israelites miraculously received food from heaven. They would wake up every morning, find it all over the ground, and would gather enough for their family for that day. Here, Jesus miraculously provides for Israel through His



#11 | EMPOWER BY ASSISTING

disciples. He is the source, the One who provides, but they are the ones who hand out the loaves and fish. This is very similar to us today. God could miraculously accomplish everything that He wants to do, and in a very real sense He does, since salvation is giving life to dead people. However, He chooses to use everyday means and everyday people to accomplish His good purposes. He is the source, the One who provides, but we are the ones who go and make disciples. And just like Jesus' disciples feeding 5000 people, we need to seek God's assistance if we are going to do what He has commanded us to do.

Discuss:

- What do you think about God using people like you and me to accomplish the miracle of salvation and disciple making?
- How do you feel about needing to ask God for assistance? What do you think keeps you from asking God for His help in life, whether making disciples or anything else?
- What would it look like to practically trust God to give you what you need to make disciples?



Read Together: Just as we need to seek God's assistance in making disciples, we also need to give assistance to those we are discipling. This means that, as we Empower those that we have been Equipping, we need to begin to give away responsibilities and provide assistance along the way, rather than doing everything ourselves. Certainly, Jesus could have done a better job feeding the 5000 without the disciples, but He chose to give them the responsibility and provide them with assistance. As a result, they grew in their faith and were better equipped to make disciples themselves in the future.





#11 | EMPOWER BY ASSISTING

Discuss:

- How does Jesus' Empowering His disciples through assistance challenge you?
- How have you found giving away responsibilities and providing assistance challenging? How have you found it rewarding?
- What are some ways that you have been helped or challenged through assistance during your E3 discipleship journey?

Plan to Take Action:

- At some point in the coming weeks, you are going to facilitate the FCA Huddle with me. This means that we'll prep together and then we'll co-lead it. Take time to work out the details now!
- How do you feel about co-leading a Huddle? What makes you excited? What makes you nervous?
- Plan to have your final E3 Meeting after you facilitate a huddle together?

Notes:





#12 | EMPOWER BY LAUNCHING



FCA's mission is to lead people into a growing relationship with Jesus Christ and His church.

Huddle Up:

How was helping lead the FCA Huddle last week? What did you enjoy about the process? What did you find challenging?

Reflect: Take a few minutes to read over the following passage. What do you notice about the way Jesus commands the Great Commission?

Matthew 28:16-20 (NIV)

16 Then the eleven disciples went to Galilee, to the mountain where Jesus had told them to go. 17 When they saw him, they worshiped him; but some doubted. 18 Then Jesus came to them and said, "All authority in heaven and on earth has been given to me. 19 Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, 20 and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age."

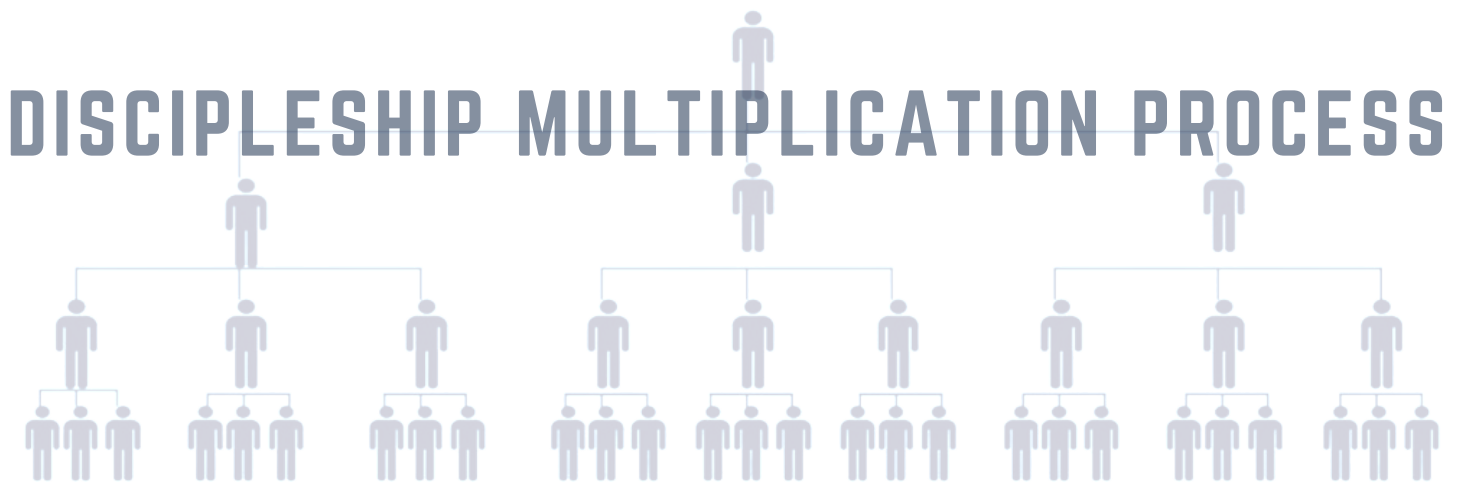


#12 | EMPOWER BY LAUNCHING

Discuss:

- Why is it important that Jesus has all authority in heaven and on earth if we are going to make disciples?
- Why is it significant that Jesus is with us always?
- How are these truths comforting to you as you think about the command to make disciples?

Read Together: In Matthew 4:19, Jesus helps us to know what a disciple is when He calls out to Peter and Andrew, saying, “Follow Me, and I will make you fishers of men.” (ESV) We learn that a disciple is someone who follows Jesus (“Follow Me”), who is becoming more like Jesus (“and I will make you”), and who is leading people closer to Jesus (“fishers of men”). In Matthew 28, after having taught them everything they needed to know, Jesus launches His disciples out into the world to fulfill the mission of the Kingdom through the multiplication of disciples. Similarly, as we come to the end of the E3 Leadership Training, we are launched into the world around us to fulfill Jesus’ command to make disciples who will make more disciples. And just like the first disciples, we have His Word, His Spirit, His power, and His presence. Basically, we have all that we need!



Discuss:

- FCA defines a Huddle as “a consistent small group of students designed to Engage, Equip, and Empower them to make disciples who make disciples.” Essentially, it is a way to fulfil Jesus’s Great Commission, whether on campus, on a sports team, in the community, or anywhere else! Is facilitating a Huddle using the Discovery Bible Study tools with people on your E3 Map or with some other group something that you would want to do? Why or why not?
- What excites you about leading a Huddle?
- Is there anything that would keep you from leading a Huddle? If so, why?



#12 | EMPOWER BY LAUNCHING

Plan to Take Action:

- If you would like to lead a Huddle, contact your FCA Staff person or Huddle coach about your next steps as an FCA leader!
- If you decide that FCA leadership isn't what God has for you in this season of life, what does it look like for you to continue to Engage, Equip, and Empower those around you for the glory of King Jesus?

Huddle Up:

- Let's take a few minutes to process the E3 discipleship training you just went through. Think about the training and tools, as well as some of the concepts that were new or maybe even challenging for you.
 - Which principles are easiest for you to implement?
 - Which principles are more challenging for you to implement?
 - What did God teach you about yourself?
 - Even if you don't choose to become a leader in FCA, every Christian is called to Engage, Equip, and Empower others for the glory of King Jesus. What excites you most about starting the E3 journey with someone else?

Who will you disciple? Who will they?

TRACK YOUR SPIRITUAL HERITAGE



YOU

NAME

NAME

NAME

NAME



#12 | EMPOWER BY LAUNCHING

Congratulations on completing The E3 Playbook! May God give you wisdom and understanding as you grow in your discipleship multiplication efforts. As you seek to make disciples, don't forget that Jesus, God Himself, is the ultimate prize. He is the One that will satisfy all your heart's longings. "

24 Now to him who is able to keep you from stumbling and to present you blameless before the presence of his glory with great joy, 25 to the only God, our Savior, through Jesus Christ our Lord, be glory, majesty, dominion, and authority, before all time and now and forever. Amen."

Jude 1:24-25

Grace and Peace