

*Lindquist Mortuaries & Cemeteries invites you to attend our  
Grief Support Groups...*

## **Finding Your New Normal Life After Loss**

There are few events in life that are as painful as the death of a loved one. Returning to regular life after the death of a loved one can also be an emotional challenge. Our weekly meetings with a trained facilitator can help you along your journey of finding a new normal, and to learn about life after loss. For more information please contact: ([natalie@lindquismortuary.com](mailto:natalie@lindquismortuary.com) or Natalie Peace 801-726-4619)

Every Tuesday from 3-5 P.M.  
*Lindquist's Roy Mortuary*  
3333 W. 5600 S.  
Roy, UT 84067

Every Thursday from 7-9 P.M.  
*Lindquist's Layton Mortuary*  
1867 N. Fairfield Rd.  
Layton, UT 84041

*For those who have experienced the loss of a loved one from suicide...*

### **Suicide Bereavement Support Class**

Losing a loved one to suicide produces a particular kind of grief, and healing requires a specialized form of support. Many, who've experienced such a loss, find that sharing openly with fellow suicide loss survivors; can greatly help with the healing process. If you have experienced the suicide death of someone close to you, we invite you to join an upcoming support class facilitated by caring professionals experienced in this area of grief management.

Please call to be included in our next session...

*Suicide Bereavement Support Class*  
For more information and to register, please call  
Natalie Peace at (801) 726-4619.