



ABIGAIL VICTORIA CLARE CASE STUDY

In their own words!



Family Overview

- I attended the 40:20:1 awards event in November 2023 and would attend future events
- No immediate plans to apply for future funding
- Overall rating of the Case Study process '5 Star'

Benefits one

Received a Crisis and Support Grant supported by INQUEST

Benefits two

Signposted to other support services and/or campaigns

Benefits three

Rated support received from NMPMFF staff / volunteers and from Assessment Partners (INQUEST and Friends of Mikey Powell) as 'Extremely helpful'

Application Request

We were approached at an extremely sad and difficult time for this family following the loss of their loved one, Abigail Victoria Clare.

Equipment and resources were needed in order for them to set up Abigail's Army; Daisy Fund, in honour of Abigail. The family also needed assistance to attend the 2-week inquest hearings.

Family Statement

"I lost my daughter in April 2020 and through INQUEST, was signposted to NMPMFF. I applied for a tablet and lanyards, and was offered an additional grant to assist me during Covid."

"In May 2022 I struggled to cover travel to and from the 2-week inquest for Abigail. I was given another support grant - NMPMFF threw me a lifeline during this extremely difficult time towards travelling, food and fuel costs."



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What happened to Abigail?



Abigail's Case

Abigail Clare was adored by everyone who knew her. Now one year after her tragic passing [on 25 April 2020], her mum Karen has revealed how she is doing all she can to support others struggling with their mental health.

This Sunday marks the one year anniversary of young Plymouth woman Abigail Clare's passing, and her mum Karen intends to mark it in a fitting way.

Abigail Clare, a former Chaddlewood and Hele's student, worked as a snowboarding instructor and loved the outdoors. Sadly she lost her battle with mental health on April 25, 2020.

Following her daughter's death, Karen received more than 500 messages of condolence and support. Karen said it seemed natural to honour Abi's memory by fundraising for the Cornish mental health charity Sea Sanctuary.

A subsequent fundraising group and supportive fund were created to improve mental health provision for young people, particularly in the form of early intervention.

Karen said: "Early intervention is crucial and treatment does not always have to be through medication. The innovative therapies Sea Sanctuary are using are testament to that, and I know Abi would approve."

Read more: www.plymouthherald.co.uk/news/plymouth-news