



DANCE
4838 Southpointe Pkwy
Fredericksburg, VA 22408
540-898-0100

www.creativemovement.dance
CMDanceCompany2025@gmail.com

2025-2026 Dance Season
Fri, Aug 8, 2025 10:40 PM

Monday	Tuesday	Wednesd	Thursday	Friday	Saturday
7:00 PM - 8:00 PM Adult Ballet Ages 18+ Ms. Meredith	4:30 PM - 5:15 PM Hip Hop II Ages 9-12 Ms. Destinei	4:30 PM - 5:15 PM Petites/Juniors Tap Ages 9+ Ms. Sam	4:30 PM - 5:15 PM Minis Company Ballet Ages 5+ Ms. Melissa	4:30 PM - 5:15 PM Hip Hop I Ages 6-8 Ms. Claryssa	9:30 AM - 10:15 AM Princess Ballet Ages 3-5 Ms. Melissa
	4:30 PM - 5:15 PM Petites/Juniors Company Technique Ages 9+ Ms. Ms. Jenn	4:30 PM - 5:15 PM Tap I Ages 6+ Ms. Cherish	4:30 PM - 5:15 PM Musical Theater IV Ages 14+ Ms. Cherish	4:30 PM - 5:00 PM Company Fierce & Flexible Ages 9+ Ms. Melissa	10:15 AM - 11:00 AM Ballet/Tap Ages 5-7 Ms. Melissa
	4:30 PM - 5:15 PM Minis Company Technique Ages 5+ Ms. Melissa	4:30 PM - 5:15 PM Tiny Tots (Ballet/Tap) Ages 3-5 Ms. Melissa	5:15 PM - 6:00 PM Contemporary IV Ages 14+ Ms. Cherish	5:00 PM - 5:30 PM Company Conditioning Ages + Ms. Melissa	
	5:15 PM - 6:00 PM Petites/Junior Company Hip-Hop Ages 9+ Ms. Destinei	5:15 PM - 6:00 PM Ballet/Jazz Ages 5-7 Ms. Melissa	5:15 PM - 5:45 PM Minis Company Fierce & Flexible Ages 5+ Ms. Melissa	5:15 PM - 6:00 PM Acro II/III (See Prerequisites) Ages 9+ Ms. Claryssa	
	5:15 PM - 5:45 PM Minis Choreography Ages 5+ Ms. Melissa	5:15 PM - 6:00 PM Musical Theater I Ages 6+ Ms. Cherish	5:45 PM - 6:30 PM Jazz II Ages 9+ Ms. Melissa	6:00 PM - 6:45 PM Advanced Acro II (See Prerequisites) Ages 9+ Ms. Claryssa	
	5:15 PM - 6:00 PM Teens/Seniors Company Technique Ages 13+ Ms. Jenn	5:15 PM - 6:00 PM Petites/Juniors Company Musical Theater Ages 9+ Ms. Sam	6:00 PM - 6:45 PM Primary Ballet Ages 8+ Ms. Cherish	6:45 PM - 7:30 PM Advanced Acro I (See Prerequisites) Ages 9+ Ms. Claryssa	
	5:45 PM - 6:30 PM Hip Hop I Ages 6-8 Ms. Melissa	6:00 PM - 6:45 PM Tap II Ages 9+ Ms. Cherish	6:45 PM - 7:30 PM Contemporary I Ages 7+ Ms. Cherish		
	6:30 PM - 7:15 PM Pre-Ballet Ages 6+ Ms. Melissa	6:00 PM - 6:45 PM Jazz I Ages 7+ Ms. Melissa	6:30 PM - 7:15 PM Teens/Seniors Company Jazz Ages 13+ Mr. Diontey		
	7:00 PM - 7:45 PM Advanced Hip Hop Ages 13+ Mr. Jordan	6:00 PM - 6:45 PM Petites/Juniors Choreography Ages 8+ Ms. Sam	7:30 PM - 8:15 PM Musical Theater III Ages 12+ Ms. Cherish		
	7:15 PM - 8:00 PM Lyrical II - Requires Ballet Enrollment Ages 9+ Ms. Melissa	6:45 PM - 7:15 PM Lyrical I - Requires Ballet Enrollment Ages 6+ Ms. Melissa	7:15 PM - 8:00 PM Petites/Juniors Company Jazz Ages 9+ Mr. Diontey		
	8:00 PM - 8:45 PM Lyrical III Ages 13+ Ms. Jenn	6:45 PM - 7:30 PM Musical Theater II Ages 9+ Ms. Cherish	8:15 PM - 9:00 PM Tap III Ages 12+ Ms. Cherish		
	8:45 PM - 9:30 PM Jazz IV Ages 13+ Ms. Jenn	6:45 PM - 7:30 PM Teens/Seniors Company Musical Theater Ages 14+ Ms. Sam			
		7:30 PM - 8:15 PM Contemporary II/III Ages 10+ Ms. Cherish			
		7:15 PM - 8:00 PM Jazz III Ages 11+ Ms. Melissa			
		7:30 PM - 8:15 PM Teens/Seniors Company Tap Ages 13+ Ms. Sam			
		8:15 PM - 9:00 PM Adult Tap Ages 18+ Ms. Cherish			
		8:15 PM - 9:00 PM Teens/Seniors Company Choreography Ages 13+ Ms. Sam			



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2025-2026 Ballet Season

Mon, Aug 11, 2025 10:50 PM

Monday	Tuesday	Wednesday	Thursday
4:30 PM - 5:00 PM Strength (Intermediate II) Ages 10+ Ms. Meredith	6:00 PM - 8:00 PM Intermediate II/III Ages 10+ Ms. Jenn		4:30 PM - 5:00 PM Strength - Thursday (Intermediate III) Ages 10+ Ms. Missie
5:00 PM - 6:30 PM Intermediate II Ages 10+ Ms. Meredith			5:00 PM - 6:30 PM Intermediate III Ages 10+ Ms. Missie
6:30 PM - 7:00 PM Pointe (Intermediate II) Ages 10+ Ms. Meredith			6:30 PM - 7:00 PM Pointe (Intermediate III) Ages 10+ Ms. Missie
5:30 PM - 6:00 PM P.B.T. (Progressing Ballet Technique) - Advanced Ballet Ages 10+ Ms. Christin			7:15 PM - 8:45 PM Advanced Ballet - Thursday Ages 10+ Ms. Missie
6:00 PM - 7:30 PM Advanced Ballet Ages 10+ Mr. Diontey			8:45 PM - 9:15 PM Pointe (Advanced Ballet - Thursday) Ages 10+ Ms. Missie
7:30 PM - 8:00 PM Pointe (Advanced Ballet) Ages 10+ Mr. Diontey			
6:00 PM - 7:30 PM Intermediate I Ages 10+ Ms. Christin			
7:30 PM - 8:00 PM Pointe (Intermediate I) Ages 10+ Ms. Christin			

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