

## CLASSES & GROUPS AT WOOLASTON MEMORIAL HALL [updated Sept 2025]

THURS	<b>Zumba</b>	9:30 – 10:30 am	An aerobic fitness class to music.	White Lotus Michelle: 07790 025743 <a href="mailto:whitelotusuk@aol.com">whitelotusuk@aol.com</a>
	<b>Pilates</b>	6:00pm – 7:15pm	Pilates is a holistic exercise system to build overall strength, improve flexibility and balance, and enhance posture and body awareness	Siân Jones <a href="mailto:sianameliajones@live.co.uk">sianameliajones@live.co.uk</a>  07794850876
	<b>Woolaston Amateur Garden Society</b>	Monthly on 1 <sup>st</sup> Thursday Starts at 7:30 pm.	WAGS - An opportunity for a social chat about all things gardening plus enjoy a monthly speaker.	The Secretary <a href="mailto:enquiries.wags@gmail.com">enquiries.wags@gmail.com</a>
	<b>Parish Council Meetings</b>	Monthly on 2 <sup>nd</sup> Thursday Starts at 8:00 pm.	Serving the Community	<a href="mailto:clerk@woolastonparishcouncil.gov.uk">clerk@woolastonparishcouncil.gov.uk</a>
FRI	<b>Dru Yoga</b>	10am – 11:15 am	Please bring a mat, blankets, cushions and any other support.	Bonnie Jones 07775721602 01594 529717
SAT	<b>Woolaston Football Club</b>	Saturday afternoons during the football season. Some weekdays.	New Players Welcome! We have our own Club House.	Martin Rose  07789 934452

If you would like to book the hall for a regular class or group, we can offer you a reduced hourly rate.

Check out our Calendar on our website to see availability and contact us.

[www.woolastonmh.org.uk](http://www.woolastonmh.org.uk)