

Volunteer Request List April 24, 2023

If you can assist in any of the following requests, please reach out to Pam Moon at (802) 748-5182.

Home Delivered Meals Drivers Needed - Mileage is Reimbursed - Background Checks are Required

URGENTLY NEEDED - We are recruiting for home-delivered meals drivers for the Darling Inn meals site in Lyndonville for Thursday and Friday delivery. Thursdays for the short route, and Fridays for the long route. The driver must be here at about 10:15 am and usually returns by 1:30 at the latest. The short route is about 28 miles, and the long route is approximately 62 miles. Mileage is reimbursed.

Home delivered meals <u>substitute</u> drivers are needed for the Cornucopia/Umbrella meal site in Derby, the Darling Inn in Lyndonville, and the Junction Restaurant in Troy. Mileage is reimbursed.

The Gilman Senior Meal Site is looking for home-delivered meals drivers and help in the kitchen. The meal delivery commitment is every Tuesday and Thursday for about two hours per day. Mileage is reimbursed.

The Groton Lunches with Friends meal site needs home-delivered meals drivers. The route is every Thursday, and the time commitment is from 11 - 2. Mileage is reimbursed.

Barnet

A female client needs support with picking up and dropping off groceries from Price Chopper to her home.

Barton

A female client in Barton needs someone to help her get groceries during the wintertime.

A male client in Barton needs someone to get groceries and get meds at the pharmacy. The client has cancer.

A female client needs help with moving items to a storage unit.

A female client and her sister need a ride from their temporary lodging at the Newport Motel to their home in Bradford to gather personal items. They are displaced from their apartment due to structural failures. Client does use a walker.

Brownington

A female client needs someone to help with transporting a box spring and some electronic equipment to the recycling center in Derby.

Danville

A male client is looking for a young adult to assist with raking. Only a couple of hours is needed.

Derby

A female client is looking for someone to help clean up her yard in the spring. General raking and mowing. She enjoys yard work and would love to share that passion with someone.

A female client is looking for help with to do basic raking and spring clean-up for her lawn.

Gilman

A meal client in Gilman needs Items in a storage unit in Derby moved to another storage unit at the same site. He also needs someone to take some of those items to his residence in Gilman.

We are actively working to recruit volunteers to support the Gilman Senior Meal Site. If you have an interest in serving as a home-delivered meals driver, meal set up/clean up helper, or kitchen helper, please call Pam Moon (802) 751-0438.

Kirby

A male client is looking for a flexible, patient and understanding person to assist with getting groceries and medications.

Lyndon

A female in Lyndon Center needs someone to help declutter her home and fold up boxes for her. This is a one-time job.

A female client in Lyndonville is looking for a companion who might take her out for coffee or shopping once or twice a month.

A female client needs help moving a mattress from St J to Lyndon. A truck will be provided.

Morgan

A female client in Morgan needs someone to help her get her groceries until other services get set up. The client is homebound.

North Troy

A female client needs someone to pick up and deliver food items (once per month).

St. Johnsbury

Male client in St Johnsbury is looking for female to do grocery shopping 2 times a month.

A female client needs someone to assist her with getting groceries. The client would like to have the volunteer go with her while she shops. Client uses a mechanical wheelchair. The volunteer can either help transport her and her wheelchair to the store or meet the client at the store and assist her.

Do you have a passion for wellness? Become a wellness leader! We offer free training and support to become a certified Arthritis Foundation Exercise Program leader. Classes are held at the Good Living Center in St. J.

A female needs help to reorganize her apartment. Not a long-time commitment needed. Just a few hours.

Troy

A male client is looking for someone to assist him with sorting clothing and taking them for donation.

Are you retired and interested in technology or may have skills with using technology? We are looking for volunteers to work with Neil Glassman, our Tech for Today Coordinator, to support the needs of area elders with technology support and training. Please call Neil directly (802) 745-2284.

Are you also interested in serving as a wellness leader or volunteer to provide wellness activities in clients' homes? Training is provided in Fall Prevention Tai Chi and the Arthritis Foundation Exercise Program. Questions? Contact Brooke Brown (802) 751-0428.

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Thank you!