



May 2025

From Womens Support <womenssupport@ellingtonacchurch.org>
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To Womens Support <womenssupport@ellingtonacchurch.org>

Women's Newsletter

"Being confident of this very thing, that he which hath begun a good work in you will perform it until the day of Jesus Christ." Philippians 1:6



Join Us

- [Women's Breakfast: Saturday, May 17th](#)
- [Big Hearts Little Hearts](#)
- [Women's Bible Study](#)
- [Vacation Bible School](#)

Transitions & Reflections

Spring has sprung. As we look out our windows, we see once dormant trees bursting to life, flowers emerging from the cold, once lifeless ground, and an increase in birds and wildlife as they return from the long winter that now lies behind us. These beautiful signs of life serve as a vivid reminder of the importance and power God places on transition and rebirth.

In the spirit of this, let us pause and reflect on our own personal seasons of transformation. As nature awakens around us, we're invited to consider the growth and change we've experienced in recent months, how we've been shaped, renewed, or even stretched through the seasons of our lives.

Season of Growth

Over the past year, Women's Support has truly flourished, with outreach and participation growing in exciting and meaningful ways. We've seen incredible engagement across a variety of events and programs—each one a testament to the vibrant, faith-filled community we're blessed to be part of.

Highlights include:

- **The Basic Counseling Skills Course**, which a number of women completed with dedication and insight
- **Mentor/Mentee pairings**, launched with guidance from ACCFS to help us build strong, supportive relationships
- Special gatherings like the **Empathy Event, Spiritual Gifts Event**, and our **Women's Breakfast Morning**.
- Our **Annual Spring Women's Day Event**, which continues to be a cherished time of connection and encouragement

In addition to these events, both the traditional small/private **Women's Bible Studies** and our newer, open-format **Tuesday Bible Study** continue to provide spiritual nourishment and fellowship.

We're also thankful for the abundance of resources available—be sure to explore the **[Women's Support page](#)** on our website: ellingtonacchurch.org/women, and keep a look out for this newsletter for updates and see the bottom for resources.

As we reflect on all that's unfolded, we are filled with gratitude and a sense of expectancy. Where is God leading you in this season?

What new areas has He already called you into? Whether you're stepping into something new or growing deeper roots where you already are, know that God is ever refining and turning our lives for His glory.

Before the busyness of summer hits us, let us as a body stop, pause, and reflect on where God is speaking to your heart. Some have been through deep valleys, and some have been on mountaintops or maybe you've experienced a bit of both. Regardless, together we can uplift, strengthen, and encourage one another, as we are uniquely and wonderfully made in the image of God.



Women's Groups

The regrouping of Women's Groups has been done and communicated. If you have questions or would like to be added to a waitlist, let Naomi Walder know.

For facilitators seeking guidance, here's a helpful resource on group structure and support.

Link: [ACCFS Resource](#)

Mentoring

Interested in *having* a mentor? Interested in *being* a mentor? Click on [Mentor/Mentee Sign-Up](#) and fill out a survey. We will then be in contact with you soon, to discuss your survey and work with you to connect you to a mentor/mentee. You can also submit or resubmit your mentor survey below. Please check the boxes for the areas where you are willing to mentor someone. You do not need to be an expert or have personal experience in those areas to be a mentor; you just need to be willing to learn more about the topic and walk alongside someone.

Mentor/Mentee Sign-Up

Resources

Websites:

- [ACCFS Website](#)
- [Ellington AC Church](#)
- [Ellington Church Calendar](#)
- [Weekly Church Announcements Sign-Up](#)

ACCFS Events:

- [Marriage Retreat](#)
- [Upcoming Webinars](#)
- [Discipleship Conferences](#)

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