

# WEDNESDAY STUDY JOURNAL

SERMON NOTES OF THE HIGHLAND CHURCH

## FORGET NOT ALL HIS BENEFITS

Subash Cherian, Senior Pastor, Highland Church

### 1. The Call to Remember

- **Psalm 103:2** — David commands his soul to “*forget not all His benefits.*” Remembering keeps our hearts grateful and our faith strong.
- **Genesis 40:23** — The chief butler forgot Joseph, reminding us that people may forget, but God never does.

### 2. Biblical Examples of Remembering & Forgetting

- **Jacob – Grief and Hope**
  - **Genesis 37:34–35** — Jacob mourned deeply for Joseph, convinced he was gone. His sorrow shows how pain can overshadow God’s promises—but God was still working behind the scenes.
- **David – Worship in Loss**
  - **2 Samuel 12:21–23** — After losing his child, David worshiped, remembering God’s sovereignty instead of becoming bitter.
- **Job – Faith in Trauma**
  - **Job 1:20** — Job mourned, yet he worshiped. He remembered who God is even in unimaginable loss.

### 3. What Scripture Commands Us to Remember

#### 1. God Himself

- **Ecclesiastes 12:1** — Remember your Creator early in life and before hardship hardens the heart.

#### 2. Christ and His Sacrifice

- **1 Corinthians 11:24** — “*Do this in remembrance of Me.*”
- **1 Corinthians 15:3–4** — Remember the gospel: Christ died, was buried, and rose again.

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## 3. Salvation

- **1 Peter 1:18–20** — We were redeemed not with silver or gold, but with the precious blood of Christ. Never forget what it cost.

## 4. God's Promises

- **Joshua 1:8** — Meditate on the Word; remembering fuels obedience and success.
- **2 Peter 1:4** — His great and precious promises help us escape corruption and live godly.

## 5. People Whom God Has Placed in Our Lives

- **2 Timothy 4:10–11** — Paul remembered both those who deserted him and those who stayed faithful.
- Remembering people helps us stay grounded, grateful, and discerning.

## 6. The Call to Gratitude

- **Romans 1:21** — Forgetting God leads to ungratefulness and spiritual darkness.
- **2 Timothy 3:2** — In the last days, people will be unthankful—forgetting God's benefits.
- **Jude 1:17–18** — Believers must remember what the apostles foretold so they are not deceived.
- **1 Timothy 4:6** — A good minister reminds others of sound doctrine.

## 7. Blessed to Give

- **Acts 20:35** — *“Remember... it is more blessed to give than to receive.”*
- Generosity is a benefit we share, not just one we receive.

## 4. God's Promise to Remember

- **Psalms 45:17** — God causes His people to be remembered from generation to generation. When we remember Him, He establishes our legacy.