SERMON NOTES

REJOICE, REFLECT AND REST IN HIS PRESENCE

BY VALERIE SURRETT, ASSOCIATE PASTOR & WORSHIP LEADER

1. Rejoice in the Lord Always - Philippians 4:4-7 (NIV)

- In the Bad Times
 - **Habakkuk 3:17–19** Even when everything seems to fail, rejoice in the Lord.
 - **Exodus 10:22–23** Light in Goshen. Even in darkness, God's people dwell in His light.
 - **Psalm 27:5** The Lord is our refuge and hiding place in times of trouble.
- In the Good Times
 - **Deuteronomy 8:10–11, 17** Remember to bless the Lord for His goodness.

2. Retain Your Reputation - Matthew 5:13-16

- We are the salt and light of the world. Our lives should draw others to glorify God.
- **Ephesians 4:25, 29** Speak the truth in love. Let your words build up, not tear down.

3. Reverse Procrastination - we don't have time to waste!

- **John 4:35** The fields are ripe for harvest—don't delay in doing what God has called you to do.
- Matthew 24:42-44 Be watchful and ready for the Lord's return; time is short.
- Matthew 25 -procrastination leads to missed opportunities and spiritual unpreparedness.

4. Reject Anxiety

- It Is Not Your Job to Worry
 - Matthew 6:31–34 Do not worry about daily needs—God provides. Seek ye first His kingdom.
- But It Is Your Job to Prepare
 - **Proverbs 31:21, 25** Be wise, diligent, and ready. Clothe yourself with strength and dignity.

5. Pray About Everything

- Psalm 55:16-18 Call upon the Lord continually—morning, noon, and night.
- Psalm 55:22 Cast your cares on the Lord; He will sustain you and keep you unshaken.

6. Be Grateful to God

• **Psalm 100** - Enter His presence with thanksgiving and praise. Serve Him with gladness.

7. Request What You Need from God

• Matthew 7:7–11 - Ask, seek, and knock—your heavenly Father delights in giving good gifts to His children.

8. Rest in Him

- **Psalm 18:1–2** The Lord is your strength, your fortress, and your deliverer.
- **Isaiah 32:17–18** The fruit of righteousness is peace—quietness, confidence, and rest in the secure dwelling of His presence.