



BIO

Dr. Mika White

Dr. Nika White is an international speaker, published author, and management consultant firm founder who helps people and organizations maximize their effectiveness, potential, and capacity. Her work is rooted in organizational development—systematically operationalizing strategic, intentional efforts that empower leaders, transform cultures, and humanize how we work and live.

Dr. White's systems-thinking and holistic approach centers on every organization's most essential asset: its people. At the heart of her work is the intersection of emotional regulation and resilience, storytelling, and belonging—moving individuals and organizations toward lasting, transformative change.

An award-winning consultant, keynote speaker, and executive practitioner, Dr. White has partnered with Fortune 500 companies, government agencies, and mission-driven organizations to spark innovation and belonging through real-world frameworks and immersive learning experiences.

Recognized by Forbes as one of the Top 10 D&I Trailblazers, her keynotes, executive workshops, and high-impact programs guide teams in building equitable systems, cultivating future-ready leaders, and sustaining healthy workplace cultures. She teaches leaders to master emotional awareness and resilience—harnessing calm, clarity, and self-inquiry to lead with purpose, empathy, and grounded confidence.

Through dynamic keynotes, high-impact communities of practice, and tailored consulting, Dr. White inspires organizations to move from intention to action—creating systems and cultures where everyone can thrive.

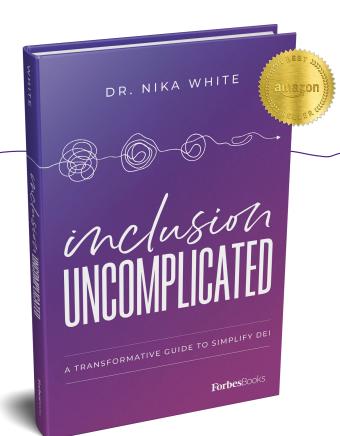
Emotional Regulation

Storytelling Facilitator

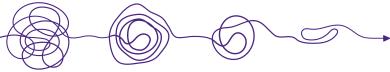
& Resilience Strategist

BOOKS from Dr. White





Unravel the knot that binds humanity together.



At a moment in history when institutions are collapsing, violence and injustice are skyrocketing, and the outcomes of systemic oppression go viral on a daily basis, Dr. White's, "Inclusion Uncomplicated" has arrived at the perfect time.

From real-life, workplace scenarios, to the latest research on what works and what doesn't, to strategies for untangling the gnarled threads of bias – readers will find everything they need to become DEI allies, changemakers, and inclusive leaders, no matter where they are on the DEI journey.

What People Are Saying:

"Inclusion Uncomplicated is more than just a book...
it's a roadmap. As a business owner with a multicultural team
serving multicultural communities, I had to add this to my
library. This book is a MUST read for anyone who is interested in
becoming a more well-rounded and conscious leader."

"Inclusion Uncomplicated is written in the form of a guide.
It unravels the complexity of diversity, equity, and inclusion,
teases out root causes of systemic oppression, and delivers
simple, actionable tools for real change. It is right now
when we need this the most."









Including Graphic Summaries for Each Chapter!

MORE BOOKS FROM DR. NIKA WHITE



For leaders experienced in fostering diversity, equity and inclusion, and others who consider this work part of their leadership journey, now is the time for new skills and ideas. "Next-Level Inclusionist: Transform Your Work and Yourself for Diversity, Equity, and Inclusion Success" explores crucial concepts and offers copious practical steps for increasing your impact.



"The Intentional Inclusionist®" is for leaders who want to grow as inclusion-minded individuals and exercise their leadership to enhance the workplace, build communities, and have a positive impact on any circle of influence to which they belong.





COMMUNITIES OF PRACTICE

Curating high-impact learning experiences that empower leaders and transform cultures and systems.

DIVERSITY, EQUITY & INCLUSION STRATEGY

Moving organizations from intention to impact through tailored frameworks that disrupt bias and drive sustainable outcomes.

CULTURE BUILDING

Inspiring organizations to embrace belonging as a competitive advantage, boosting collaboration and innovation.

LEADERSHIP EMPOWERMENT

Equipping leaders—especially women and underrepresented groups—to advocate for themselves, practice radical self-care, and lead boldly.

CHANGE MANAGEMENT

Guiding organizations through transformative restructuring with clarity, compassion, and communication strategies that unify and energize.

EMOTIONAL REGULATION & EMBODIMENT

Helping leaders and teams cultivate self-awareness and emotional resilience, unlocking the capacity to respond—not react—to challenges and fostering grounded, inclusive leadership.

COMMUNICATION

Designing and delivering powerful narratives that shift perspectives and inspire meaningful action.

EDUCATION & ENGAGEMENT

Creating dynamic learning experiences, keynotes, and resources that connect, challenge, and activate change.

SOCIAL IMPACT

Integrating purpose and service to amplify opportunities for underrepresented communities.



Signature Talks

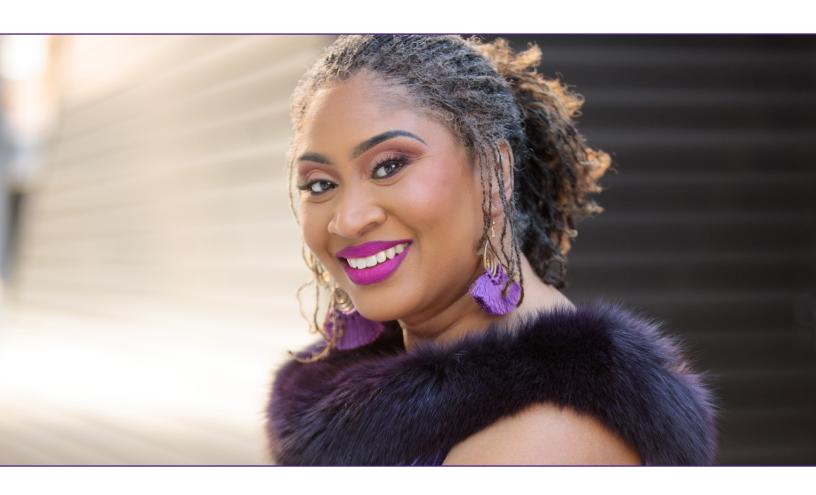


NOTE: This list features Dr. White's most-requested leadership talks and is not exhaustive. Known for her highly customized approach, she partners with clients to co-create learning experiences that align with specific objectives, drive desired behavioral shifts, and deliver an engaging, results-oriented activation.

- INCLUSION UNCOMPLICATED: Unravel the Knot that Binds Humanity
- THE POWER OF STORYTELLING: Building Bridges of Connection, Inclusion, and Change
- THE HUMAN CODE: Inclusive Innovation for AI-Driven Platforms
- FUTURE-PROOFED LEADER:
 Thriving Through Change with Purpose and Power
- THE POWER OF EMOTIONAL REGULATION: Building Resilience and Driving Impact

IN THE MEDIA





Dr. Mika White is honored to have been featured by the following:

Forbes

Entrepreneur FORTUNE

The New Hork Times









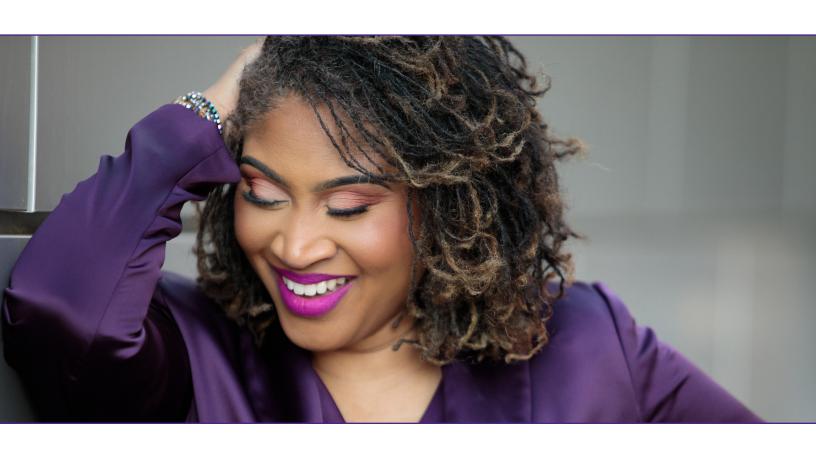




ENTERPRISE

CLIENTS





Below is a partial listing of brands Dr. Mika White is honored to have worked with:



















































TESTIMONIALS







"I think Dr. White did an amazing job talking to the crowd and making her message easy to understand with action items that all could leave and take on."

Dr. White created an environment that allowed us to grow as a team. That growth has had an outstanding impact on the company. We could not have gotten where we are without her insight, recommendations, and proficiency.

"I thought Dr. Nika White's presentation was phenomenal. I purchased her book immediately and it's just the tool I have been looking for in advancing a DEIB conversation in our office.

I am so thankful to Dr. White and her team for her incredible guidance and patience with our unique organization during so much time of change. From learning experiences on allyship, building leadership for BRGs, and how to create an effective DEI Council, we have become better for our employees, our communities, and our customers.

I'm grateful for the support, training, and advice Nika and her team brought to GCI to allow us to gain the expertise, tools, and confidence to bring us to where we are able to support our DEI efforts internally.

"I'm still reflecting on how incredibly inspiring Dr. Nika White was as a speaker at our recent EIG Summit and IDE Conference! Her ability to captivate the audience while diving deep into the intricacies of inclusive leadership, belonging, and driving equity was truly eye-opening. She challenged us to think differently, take meaningful action, and continue pushing boundaries in creating inclusive spaces where everyone can thrive.

Her insights were not only motivational but also practical, giving us the tools to transform how we approach diversity and equity in our organizations. I walked away from her sessions feeling inspired, empowered, and ready to make an even greater impact."

"Being inclusive should not be another item on the to-do list. To be inclusive is to be human. Dr. White's work helps us all understand our collective role in creating positive change."

"Instructional, concise and balanced would describe the keynote presentation Dr. Nika White delivered at the Minorities In Business Heritage Awards Banquet. Our audience of minority business leaders, elected officials and corporate CEOs all benefited from her timely message of Intentional Inclusion."

"We wanted to give our Employee Impact Group leaders an experience just for them! We wanted to uplift, inspire, encourage, develop, recognize, and reward them for all they do to make Allstate and the world better. That's no small order, but Dr. Nika White delivered on every ask and then brought a bit more!"

"Phenomenal job selecting the speaker. She was awesome and the agenda pushed people to talk about topics that are normally off the table to discuss. She pushed most of us out of our comfort zone and ensured we spoke about important items in a "safe" environment."

"It was absolutely wonderful to have you with us! The way you were so ready and willing to engage with us throughout the process was unheard of! And your keynote address left us with come cherished gems."

CONTACT





Websites

www.NikaWhiteSpeaks.com www.NikaWhite.com

- Phone (877) 686-3255
- eMail nika@nikawhite.com
- Facebook facebook.com/NikaCWhite
- Instagram
 Instagram.com/NikaCWhite
- LinkedIn
 Linkedin.com/in/nikawhite

