

Physical Education

Intent

At Whitnash Primary School, we aim to provide a set of PE experiences and a curriculum that pupils from Reception to Year 6 not only for enjoyment but to experience a range of activities that help them to develop their health, fitness and wellbeing.

We intend to offer a high-quality physical education curriculum that inspires all pupils to succeed and excel in competitive sport and other physically demanding activities. We aim to provide opportunities for pupils to become physically confident in a way which supports their health and fitness. We aim to provide opportunities to compete in sport and other activities to build character and help to embed our school learning behaviours such as imagination and creativity, negotiation and collaboration, strategic thinking and organisation, perseverance and resilience, independence and responsibility, engagement and motivation.

Implementation

Our school curriculum teaches core skills and builds on these, allowing children to apply their knowledge in competitive sport (both in and out of school) and evaluate their performance, including termly fitness assessments.

We provide many opportunities over the course of an extended school day for pupils to be physical and active in a way which supports their health and fitness and helps to embed our school learning behaviours further.

Through the targeted use of Sports Premium funding, our aim is to improve sports provision, develop children's interest and engagement in physical activity and staff confidence with delivering high-quality lessons to our pupils. Whitnash uses material from a bespoke programme, Get Set 4 PE, to support the teachers' planning and delivery. Premier Education are a company supporting Whitnash with these key objectives. We hope that through this high-quality support, this provision will be sustainable for the future.

Forest school is also an important part of learning and activity outside.

In Year 6, pupils travel to North Wales for a week-long Outdoor Education Residential. Participating in activities such as orienteering, rock climbing, kayaking and team challenges.

Pupils in Year 4 participate in weekly swimming lessons, taught by experienced swimming teacher at a local swimming pool, during which we aim to ensure that all pupils can swim 10 metres unaided.

Our school is also committed to curriculum enrichment by involving external sports providers e.g. Premier Education, Leamington Football Club and Fiery Feet Dance Studios as well as sports clubs delivered by teaching staff. We offer an enriched extra-curricular provision which includes a range of sports including Football, Dance, Cheerleading, Multi-sports, Basketball, Dodgeball, Netball and Athletics. We are currently developing the 'Outdoor Play and Learning' (OPAL) as an addition to this provision.

The school curriculum is further enhanced by participation in sporting tournaments with other schools in the area.

Whitnash are active participants in the 'School Games Mark' competitions. We are working towards the gold award.

Whitnash Primary School is fortunate to have extensive grounds within which to provide the curriculum. The school has field space for three full size football pitches, a 400 metre running track, rounders diamonds and multiple smaller pitches suitable for small sided games. The school has three playgrounds including games walls, a netball court, timber trails and playground games. The school hall is used for gymnastics and dance lessons.

Impact

By the end of each key stage, pupils are expected to know, apply and understand the content, skills and processes specified in the relevant programme of study. We use summative assessment to determine children's understanding and inform teachers' planning.

Final end-of-year assessments are made using assessment criteria that have been developed in line with the national curriculum, Get Set 4 PE and Sonar Assessment. Thus, identifying the level at which the child is working at.