



## Dear Parents/Carers

### Year 3 Gymnastics Final

This week children from Year 3 have been to the gymnastics county final following our team's first place win in the semi-finals. Whilst they didn't snatch the gold medal this time, we were still incredibly impressed by their performance - they did themselves and the school proud! Well done to all those who took part.

### Miss Machiko and Her Cheerleaders



Miss Machiko and her Cheerleaders impressed parents on Monday this week with their performance. We are always so amazed by the children's enthusiasm and talent during these displays!

When the children perform in front of the other classes, it certainly creates excitement and interest in this club. Without a doubt, Miss Machiko's skill and ability to teach incredibly difficult skills to children is so impressive and we are very lucky to have her as a member of our staff.

### Year 6 Oak Class Arrangements

Year 6 Oak parents have been sent a letter today about the arrangements for teaching for after the half term break. We want to send our thanks to parents for their patience and understanding as we resolved this maternity cover. We thank Mrs Baylis for the cover and continuity already provided and welcome Mrs Connelly to our team.



### Our New Learning Behaviour Reward System

Today children in Year 2 to Year 6 have had an assembly on our new learning behaviour reward system. A letter has been sent to parents to explain more about this. Hopefully parents and children will agree that this system will provide a sound understanding of our classroom expectations, encourage great learning and provide even greater motivation for our children.

### No Jewellery in School

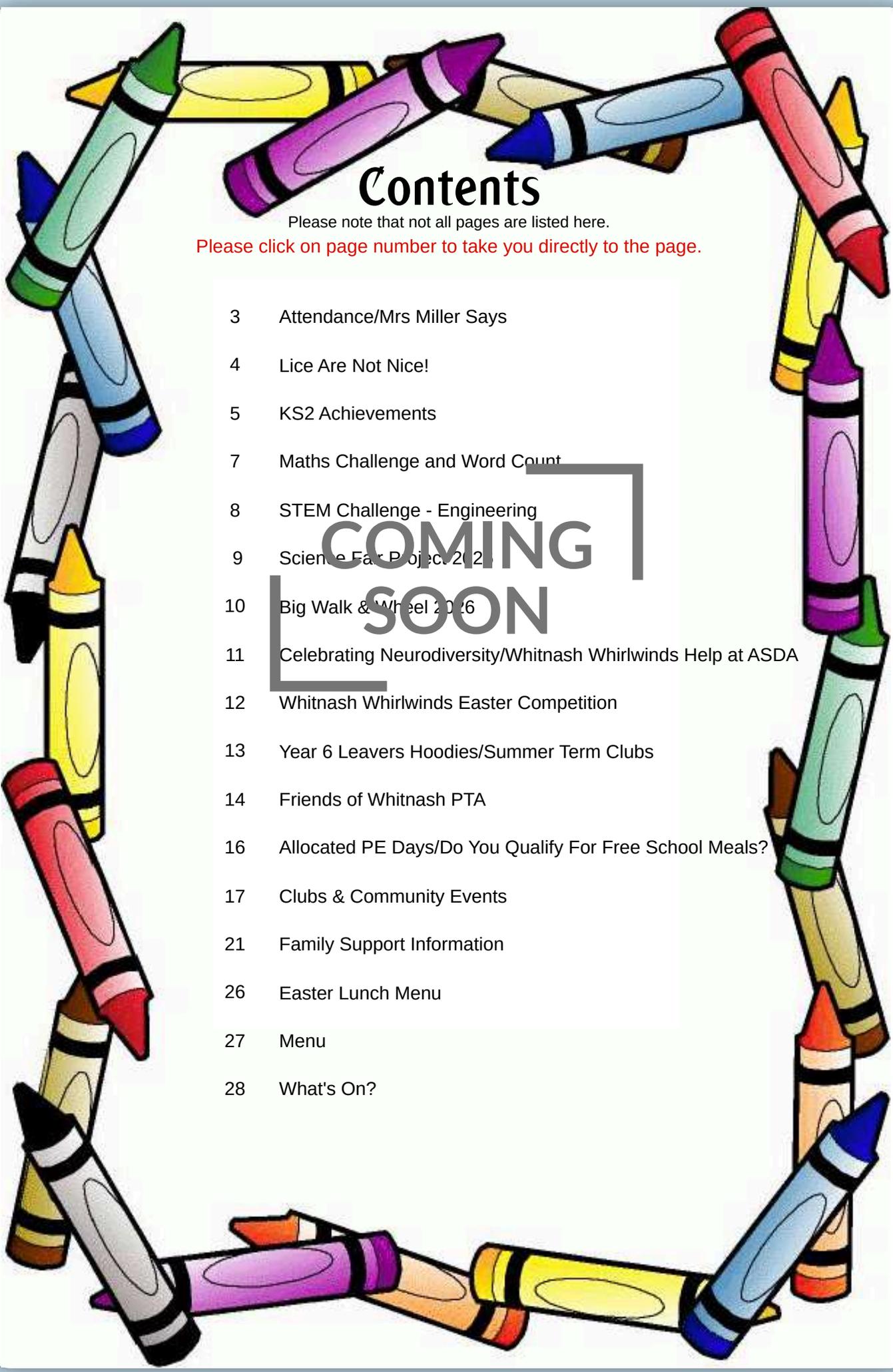
Please remember that children are not permitted to wear jewellery to school. The only exceptions are religious bracelets, basic stud earrings and normal watches (no Smart watches permitted). We have noticed an increase in children wearing jewellery to school and this can pose as a safety risk when children are running around and children are upset when they get lost. For these reasons all schools have a similar policy. We thank you for your support.

### Don't forget - Clocks go forward on Sunday morning



Wishing you all a fabulous Easter break - Mrs Donna Ellison - Headteacher





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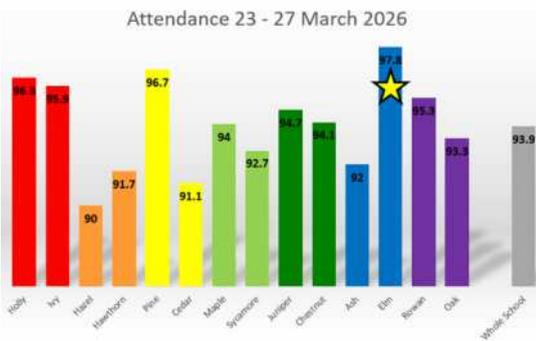
Please note that not all pages are listed here.

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# Attendance

## Well Done Elm



We want to remind parents and carers of the importance of getting children to school on time, so that they do not miss their learning.

We would also like to remind parents and carers that you need to call the absence line each morning that your child is absent, before 9am with their symptoms or reason for absence. You can also email [admin2324@welearn365.com](mailto:admin2324@welearn365.com)

Thank you for your co-operation.

Miss Emma Lindon  
Attendance Champion



Children MUST be in the school building before 9.00am for registration. Doors will be closed at this time and if children have missed this, they will need to be brought to the office by parents/carers to ensure that we have them marked as present in school and to make sure they have their lunches ordered. If this does not happen, it runs the risk of the office not knowing children are in class and they will not be ordered a lunch.

**LATE CHILDREN MUST BE ACCOMPANIED BY THEIR PARENT/CARER SO THEY CAN SIGN THEM IN AND NOT LEFT TO ENTER ON THEIR OWN.**

## Mrs Miller Says ...

### Year 6

Please remember to order your child's leavers hoodie. All orders and payments must be in before 21st May. Any orders that have not been paid for by this date will not be placed.

### All classes

The weather is still very changeable, please ensure that all children have a named coat in school with them every day.

Can we please remind parents that children with long hair (boys and girls) must have it tied back whilst they are at school.

Reminder that all children in years 3-6 should bring a snack from home to eat at break time. This must be a healthy snack such as a piece of fruit or vegetable. All children in KS2 receive a free snack.

### Urgent reminder to all parents

Can we please ask all parents to keep any balances on Parent Pay as minimal as possible. These really do put schools under unnecessary financial pressure. If you have a balance outstanding, please make regular payments to clear them.

Reminder that if your child is late to school for any reason and require a school lunch, this must be emailed or called through to the school office before 9.30am



## We are a NUT FREE school

As we have several pupils with severe nut allergies, please do not send your child in with ANY nuts, or products containing nuts. **This does include sesame seeds.**

Please clearly label all cardigans, jumpers, PE kit, hoodies and coats.



# This Term's Achievements - KS1

## Holly

**Duru**

Duru has a fantastic attitude to her learning. She is a polite and well-mannered girl who shows great enthusiasm and interest in everything she does. Duru is making lovely progress, which is a result of her hard work and positive approach.  
Very well done, Duru!

Isabel is a ray of sunshine in our class. She is enthusiastic and always gives her best in all her learning. Isabel is a confident communicator who enjoys interacting with a wide range of classmates, sharing imaginative ideas in her play. Thank you for all your wonderful contributions, Isabel!

**Isabelle**

## Ivy

**Chaarvi**

A huge well done to Chaarvi, our wonderfully confident superstar! Chaarvi shines each day in Reception, she tackles every challenge with incredible perseverance, and is making fantastic progress across every area of her learning. Your determination and positivity inspire us all!

Freddie is consistently kind, helpful and a delight to be around each day. His caring nature truly brightens our classroom! Freddie is making excellent progress across all areas of learning, embracing new challenges with curiosity and growing confidence. We are so proud of you, Freddie! Well done.

**Freddie**

## Hazel

**Mason**

Mason has blown me away this term across the board. He has been reflective in his maths work and has persevered really well in his writing. Mason has been trying really hard in all of our learning and it hasn't gone unnoticed! Mason is always a super listener and is fantastic at following instructions. Well done Mason!

Aruna has been exceptional in her learning this term. She loves her work and is always looking for an extra challenge and to push herself. Aruna has been working very hard on persevering in her writing and managing her distractions. She has created some fantastic work this term that she can be very proud of. Aruna is always so helpful and kind to all her friends. Keep it up Aruna!

**Aruna**

## Hawthorn

**Logan**

Logan has been growing in confidence throughout this term to work with increasing independence. He is working incredibly hard across the curriculum, especially with his written work. It has been wonderful to see how Logan perseveres with his learning and asks for help when needed. Logan is thoughtful, kind and sensible in the classroom and we are really pleased when he shares his ideas in our discussions. Keep up the hard work Logan, you can do it!

Cerys is a diligent, focused and thoughtful member of the class who always works hard to put her best foot forward in everything she does. Cerys approaches all of her learning tasks with careful consideration and has strengths as a good team leader when collaborating with others. She has made brilliant progress this term and we appreciate her careful contributions to our class discussions. Cerys is a kind friend who is on the lookout to support and help others. Keep it up Cerys!

**Cerys**

## Pine

**Amelia**

Amelia is a wonderful role model to have in class. She consistently settles down to her work quickly, works her hardest and is impeccably behaved. She is someone you can rely on to complete tasks and special jobs and her confidence has developed over the year. Well done Amelia!

I have been so impressed with how Rion has improved over the year. He settles to his work quickly, he joins in with discussions and he is working super hard to become more independent. His work during Shape Coding sessions is wonderful and he is really improving in his handwriting. What a super year he is having! Well done Rion.

**Rion**

## Cedar

**Sonia**

Sonia has worked tirelessly this term, challenging herself in every subject, asking insightful questions and giving detailed, thoughtful answers. Keep up the great work Sonia!

Esmé is an enthusiastic, curious member of the class and it has been wonderful to see her confidence grow over the last term. Esmé has been engaging well in class discussions and has been working hard in every subject. Keep up the great work Esmé!

**Esmé**



# This Term's Achievements - KS2

## Maple

**Ollie**

Well Done, Ollie! You put your all into every single task and have been working so hard with all your learning. We are especially proud of you for your efforts in phonics and reading—they have really shone through! You are kind, caring, a great friend, and a wonderful member of our class. Keep up the fantastic work—we are so proud of you!

Well Done, Marta! You have been working brilliantly with your phonics and are doing a fantastic job applying your knowledge to your spelling and independent writing. You are always trying your best and show so much determination and resilience, never giving up even when things feel challenging. We are so proud of you.

**Marta**

## Sycamore

**Ela**

Ela works incredibly hard in every lesson. She applies her learning and understanding at every opportunity. She challenges herself, particularly in English. She is very kind and helpful with her friends. Thank you for being wonderful Ela!

Maanvi is a maths superstar! She is currently working on her Diamond award which shows how hard she works in Maths (and in other subjects too!) She can answer any question given to her in the lesson and always challenges herself. You are amazing Maanvi!

**Maanvi**

## Juniper

**Siyar**

Siyar you have had a fantastic term, showing outstanding resilience and a brilliant attitude to learning. You have put in a great deal of effort into everything you have done and should be very proud of the excellent progress you have made. Keep up the hard work, Siyar—you are a true star!

Harper you have had a fantastic term, showing outstanding resilience and a brilliant attitude to learning. You have put in a great deal of effort into everything you have done and should be very proud of the excellent progress you have made. Keep up the hard work, Harper—you are a true star!

**Harper**

## Chestnut

**Kira**

Congratulations, Kira, on an amazing term! You have shown an outstanding attitude to learning and consistently model so many excellent learning behaviours every day. You are hardworking, kind, and considerate, and always willing to help others—happily working with anyone in the classroom. You are a real joy to have in the classroom. Keep shining—you are destined for great things!

Congratulations Doruk, on an amazing term! You have shown an outstanding attitude to learning and consistently model so many excellent learning behaviours every day. You are hardworking, kind, and considerate, and always willing to help others—happily working with anyone in the classroom. You are a real joy to have in the classroom. Keep shining—you are destined for great things!

**Doruk**

## Ash

**Beth**

Beth, you are a superstar. I have chosen you because of your hard work, consistency, and reliability. No matter the challenge, lesson or activity, you approach everything with determination and focus. You hold yourself accountable in every piece of work and never settle for 'that will do' instead you always strive for your very best. You are consistent in everything you do, from your handwriting to your focus, your ability to follow instructions and the way you support others in the classroom. Although I could say so much more, you are incredibly reliable. I can always count on you to help others, assist around the classroom and meet deadlines for your spellings and homework. Keep up the fantastic work!

Billy, you are a super helper. Not only do you help keep the classroom organised and tidy but you are always one of the first to offer support to others without hesitation. You thrive on helping your peers and teachers and this does not go unnoticed. Like everyone, you have days when you feel your best and days when things can be more challenging. However, you always find a way to manage your feelings during lessons and channel your emotions into positive actions, whether that's focusing on your work or helping others. Keep up the great work!

**Billy**

## Elm

**Rose**

For the super progress she has made in her attitude towards learning. She has worked so hard, become increasingly independent and shown such resilience by always having a go, even when things feel challenging. I am so proud of her effort and newfound maturity that she shows every day - you have truly impressed me this term!

She has made such wonderful progress in becoming a more independent learner. Her longer pieces of work show her growing confidence and her determination to succeed really shines through. Particularly in Maths, I am especially proud of how she keeps going with challenges but asks for help when needed.

**Immy**

## Oak

**Ewan**

Ewan is a dedicated pupil who has maintained a positive learning attitude in the face of a new challenge. Not only has he shown maturity and excellent manners, he has proven himself as a role model within his class. Ewan has an excellent attitude towards learning new things, which has been demonstrated by his recent success in the F1 club. He worked well in a team and remained dedicated to the project even when things felt a little tough. Keep up the good work Ewan

Grace is a student who is noticed by many members of staff for being brilliant! Mrs Minns was always so pleased with Grace's work ethic and attitude towards all areas of the curriculum. On the residential trip, Grace threw herself into every activity and did her best to encourage and support her peers too. Mrs Middleton has also been impressed with Grace's dedication to the F1 club. Well done Grace!

**Grace**

## Rowan

**Jonah**

This young man has made the most incredible amount of academic progress this term! This is due to his dedication and resilience towards his learning. Hard work isn't always easy but, as Jonah has experienced recently, it is definitely worth it! Jonah has been working hard within the classroom, outside of school and also attending booster sessions to secure his knowledge and support him in preparation for the SATs test and secondary school. Well done Jonah.

Jonny is always such an outstanding role model not only within the classroom but for our school. Jonny's writing showcases his ability to apply previous learning to achieve the most successful outcome. His writing is a "pleasure to read" - a comment made by external professionals as well! Jonny takes the pressure of Year 6 in his stride but his hard working and dedicated personality always shines through. Well done Jonny!

**Jonny**



# TIMES TABLES ROCKSTARS

The most accurate class		CHESTNUT
The most active class		JUNIPER
The most active pupils:	Class	Average minutes per day
Doruk	Chestnut	19:34
Hudhaifah	Maple	8:42
Joel	Rowan	5:41



## 100 Club Challenge

x2	x5	x10	Number Bonds 5	Number Bonds 10	Number Bonds 20	10
Sara Vivaswath Lucas Cerys Oliver Gabriela Ari Freddie Matthew					Mason Elizabeth Agastya	
20	30	40	50	60	70	80
		Emy	Emy	Emy	Emy	Emy Ansh
90	Bronze	Silver	Gold	Platinum	Diamond	Pearl
Ryan	Madeleine Max	Harper Siyar Charlie	Angel Brooke Harper	Jagoda		

## Word Count



Class	Words Read	Total	Quizzes passed this week	Total number of quizzes passed	Weekly Boom Reader Total
Holly	N/A	N/A	N/A	N/A	14
Ivy	N/A	N/A	N/A	N/A	11
Hawthorn	N/A	N/A	N/A	N/A	17
Hazel	N/A	N/A	N/A	N/A	46
Cedar	14,175	372,815	21	345	5
Pine	14,985	463,864	16	175	17
Maple	56,924	1,705,507	38	793	12
Sycamore	57,755	1,029,088	33	767	14
Chestnut	815,130	6,217,588	35	766	10
Juniper	118,597	1,503,477	53	562	3
Ash	133,537	4,573,740	14	261	0
Elm	225,937	6,109,297	17	469	21
Rowan	181,061	12,399,624	9	695	2
Oak	417,200	14,092,043	11	578	65
Totals	2,035,301	48,467,043	247	5,411	237

Word Count Winners  
**CHESTNUT**

Top Quizzes  
**JUNIPER**

Boomreaders of the week  
**OAK**

We say congratulations to SYCAMORE for achieving their 1 million words, CHESTNUT and ELM for achieving their 6 million words, OAK for achieving their 14 million words, and to Artharv and Alex, both in Chestnut, for achieving their 1 million words.

Certificates will be with you shortly.





# Science, Technology, Engineering & Maths

Do you enjoy solving problems, spotting patterns, experimenting, or creating new things? This week's STEM challenge is designed to get you thinking like a scientist, technologist, engineer or mathematician!

Take on the challenge, test your skills, and have fun exploring the world of STEM. Don't forget to document your work - snap pictures, record your answers and add them to your learning log. You can also email them to the class email address to share your discoveries.

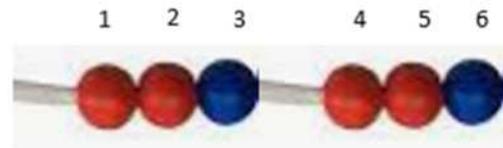
Spring 2 - 27.03.26  
Maths Challenge

## Key Stage 1

It's Sophie's mum's birthday soon and she wants to make her a necklace.

Sophie has 2 different coloured beads, but she has lots more red beads than she does blue.

She decides to use 30 beads altogether and make a pattern like this:



Can you draw the necklace Sophie makes and work out how many red beads she uses and how many blue beads?

## Key Stage 2

This timeline shows how long each pharaoh ruled in Ancient Egypt between the years of 1334 BCE and 1213 BCE. However, the gaps to show the length of time aren't correct. Some gaps are only 1 year but the space is really long and some gaps are over 50 years and are short.



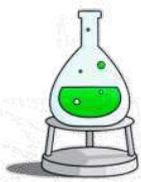
Use the years (not the length of the gap) to work out the following:

- Which pharaoh had the longest reign?
- Which pharaoh ruled for the least amount of time?
- How long did Ramesses II reign?
- If Tutankhamun came to the throne aged 9, how old was he when he died?

Answers in the next newsletter



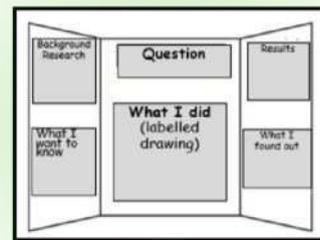
# Science Fair Project 2026



As part of this year's STEM learning month we are excited to announce the launch of our annual Science Fair Project competition. This is an exciting opportunity for children to work together with their families to investigate an area of science that interests them and share their findings with the school community.

Children are invited to pose a **science based question**, then research, experiment and present what they find out. For example; Does my hamster have a good memory? How can I make cress seeds germinate quicker? Which liquid makes a surface the most slippery?

Children need to present their project on a 3 part notice board that can sit on a table top (see an example here). A cut up supermarket cardboard box, taped together and covered in wrapping paper is ideal. Any models made need to fit in the space in the middle of the board.



Projects must be submitted to school by:

## Thursday 16th April 2026

This allows 5 weeks homework and the Easter holiday for preparation.

Judging and showcasing of entries will take place the following day.

The projects will be judged on their Content, Visual Display and the children's ability to communicate their findings (5 points maximum for each). Each entry will be judged by a visiting Scientist. All entries get a celebratory certificate of excellence, and the overall winners will get a medal and get go to Winners Event in the summer term. Projects can be completed individually or as a family group. Siblings may enjoy working together.



*Ask your children about the exciting assembly they saw this week where Whitnash's amazing Science Ambassadors made Elephant's Toothpaste that spewed out the top of the measuring cylinder! They inspired all children to come up with questions ready to take part in this year's Science Fair.*



To help you with ideas, there are lots of websites full of fun ideas such as:

<https://www.sciencebuddies.org/science-fair-projects/science-projects>

<https://sciencebob.com/science-fair-ideas/ideas/>



**Please use this QR code to see the power point with details and more ideas.**

We hope that this exciting opportunity will inspire lots of families to enjoy investigating and have lots of science fun together. If you have any questions or would like any more ideas, please get in touch via the Science email address

[sciencewpr@welearn365.com](mailto:sciencewpr@welearn365.com)



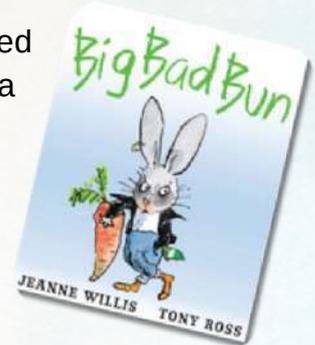
# Year 2's Spring Craft Event



Pine and Cedar classes held their Spring Craft event this week. Parents and carers were invited in to share an afternoon of spring fun with their children.

We read the story 'Big Bad Bun,' and then completed two activities where we made bunny portraits and a spring gate.

A lovely time was had by all and the crafts produced were beautiful.



# Let's Go Whitnash!

On Thursday afternoon, our Year 3 gymnastics team represented the school in the county final. Teams from across Warwickshire, Coventry and Solihull had qualified for this final by winning the regional competitions in February.

Our ten gymnasts, ably supported by the unfortunately injured Balaj - who stepped into the role of head cheerleader, travelled to Solihull to perform their much practiced floor and vault routines in front of the judges and also took part in some more low pressure activities on the beams, bars and trampolines.



Unfortunately, the team didn't make it onto the podium this time but represented the school with great enthusiasm and pride, whilst also putting on a great display of gymnastic skill. We thank them for representing the school so well and to Miss Michiko for all of her coaching and "pointy toes" encouragement.



## Whitnash Whirlwinds Easter Competitions Results

Competition 1 (KS1): Easter Egg Colouring

**Saahria**

Competition 2 (KS2): Design Your Own Boiled Egg

**Pradnya**

Competition 3 (Whole School): Guess the Number  
of Mini Eggs in the Jar

**Daisy**

Gussed 239, actual number 238





### Our last School Council Question ...

How do you think our school best helps children who learn in different ways?

### Question Options ~

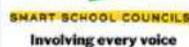
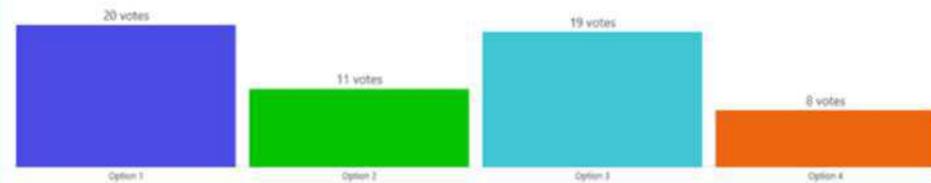
1. Teachers know children's strengths and challenges
2. Teachers listen
3. Extra help in lessons
4. Time out



### Our last School Council Question ...

How do you think our school best helps children who learn in different ways?

### The Results ~



### Pupil comments

Maple class agreed that extra adults are really important to help us learn.

Chestnut class said that option 1 would be better because if somebody had autism or ADHD the teacher would understand if you did something wrong your teacher would know why.

Elm class identified that some people need help more than others.

Newsletter  
update by  
The Coms  
Team

### Actions

None~ this is just pupil voice where all pupils have had time to consider Neurodiversity and have their voice heard.



# Year 3 Build Pneumatic Dumper Trucks

This term, our Year 3 classes have been busy designing and building their very own pneumatic dumper trucks as part of their DT lessons.

On Tuesday, eight pupils had the exciting opportunity to attend a celebration event at Warwick University, led by Baxi Solutions Academy. During the event, the children were interviewed by engineers about their designs and then tested their trucks to see how far they could travel down a ramp.

The children had a fantastic day and represented our school brilliantly as excellent role models. We are especially proud to share that one of the teams won the award for Best Communicator!

Well done, Year 3!



# Year 6 Leavers Hoodies

It is hard to believe we are at this point in the year already, but we are starting to organise the Year 6 leavers hoodies.



## Each hoodie will have:

- Whitnash Primary School and 2026 on the front.
- Names of Year 6 pupils on the back in the number '26'.
- Own name above the '26'.
- All hoodies will be blue with white writing.

You will need to pay for the hoodie via Parent Pay. Once payment has been made, please fill in and return the form attached to the letter send home, or email [admin2324@welearn365.com](mailto:admin2324@welearn365.com) with the following details:

- Name on back.
- Authorisation to put your child's name on every hoodie inside the big '26'.
- Size required, here are the options:

Size (Child 11-13) £17.50 Chest 32-34"

Size (Adult XS) £21.80 Chest 36-38"

Size (Adult S) £21.80 Chest 38-40"

Payment must be made via Parent Pay by **Friday 22nd May 2026**, otherwise you will not be able to purchase a hoodie.

## Summer Term After School Clubs

Please find below a list of after school clubs for the Summer term. A letter is being sent home soon. All clubs run from 3.15pm – 4.15pm.

We always try, where possible, to refrain from increasing our prices and after school clubs have remained at £2.10 for several years. However, due to price increases from our providers, we have had to make an increase of 40p per session. Therefore the cost of each session is now £2.50.

Day	Club	Year Group	Cost	Places Available	Dates Running	Weeks Comencing
Monday	Cheerleading*	Years 3-6	£30.00	20	13/04/26 - 13/07/26	12 weeks
Tuesday	Music Makers	Years 3 & 4	£32.50	10	14/04/26 - 14/07/26	13 weeks
Tuesday	Mixed Football	Years 5 & 6	£30.00	15	14/04/26 - 07/07/26	12 weeks
Wednesday	Rock Band	Years 5 & 6	£32.50	12	15/04/26 - 15/07/26	13 weeks
Wednesday	Multi - Sports	Years 1-3	£30.00	15	15/04/26 - 08/07/26	12 weeks
Wednesday	KAPLA	Years 2 & 3	£15.00	20	15/04/26 - 20/05/26	6 weeks
Thursday	Gardening	Years 3-6	£32.50	15	16/03/26 - 16/07/26	13 weeks
Thursday	Football	Years 1-3	£32.50	20	16/03/26 - 16/07/26	13 weeks
Friday	Athletics	Years 3-6	£32.50	20	17/03/26 - 17/07/26	13 weeks

\*Please note that with Cheerleading this term, we are hoping that there may be opportunities for the children to travel to local schools to showcase their talents.

All clubs run from 3.15pm – 4.15pm.



# Friends of Whitnash PTA



## The £20.26 Easter Challenge

This Easter, we are inviting you to join us in a special challenge: each child to raise £20.26 for our school! Whether children fly solo or team up as a family, every penny helps us reach our target.

### What is the challenge?

Over the Easter holidays, we are asking children to get creative and raise funds from friends and family. There is no set task—just have fun with it!

### Some ideas to get you started:

- Helpful Hands: Earn 50p per chore (tidying, washing the car).
- Sponsored Silence: Can you keep quiet for an hour (or more!)?
- The Bunny Hop: A sponsored hop or skip around the garden.
- Reading Marathon: Get sponsored for every book finished.
- Put on a mini show or talent performance for your family.
- Go on a sponsored bike ride or walk.
- Hold a toy or book sale at home.
- Host a family games or quiz night with donations to join.



### The golden rules:

- **Safety First:** Only ask for donations from family and friends. No door-to-door or strangers, please!
- **Consent:** All activities must be agreed upon with a parent or guardian.
- **Flexibility:** £20.26 each is our target, but don't worry if you don't reach that. Every contribution is appreciated!

If you would like to share your photos of what you did to fundraise for this challenge in the newsletter, please send in photos to [friendsofwhitnash@gmail.com](mailto:friendsofwhitnash@gmail.com).

**PLEASE NOTE: In sending your photos in, you are giving permission for them to appear in the newsletter, which is also published on our website and on Facebook.**

Once the challenge is complete, please pay the total via ParentPay by 17th April.



## Happy fundraising and happy Easter!



P.S – Save the date – The sponsored Splashathon is in going to be 2nd July 2026! We're looking for volunteers for as little as 1 hour on the day to help with tasks such as set up and manning stations (getting the children wet as they run past!) and pack down. If you can help please email [friendsofwhitnash@gmail.com](mailto:friendsofwhitnash@gmail.com).



**Friends of Whitnash PTA**

# **YEAR 6 CAKE SALE**

**Friday 24<sup>th</sup> April | 3.15 - 3.45pm**

**Join us in the playground after school,  
for a selection of sweet treats baked  
and donated by year 6.**

**Every donation will help our PTA raise  
funds for educationally enhancing  
resources and play equipment  
that will benefit all students**

**Suggested donation of £1 per portion**

**VARIOUS SELECTION OF CAKES,  
VEGAN AND GLUTEN FREE  
OPTIONS AVAILABLE**



# Lice Are Not Nice



But anyone can get them!

**1**

Head lice are small insects, up to 3mm long. They can be difficult to spot in your hair. Head lice eggs (nits) are brown or white and attached to the hair.

It is more common to see nits in children's hair rather than louse, unless it is a really bad case.

**2**

If you get lice, you may not be able to see them. But you will feel them ... because they make your head **itch**.

**3**

Lots of children get lice because they spread very easily even though they can't jump or fly.

So don't let your child try on their friends' hats, scarves or other clothing, or borrow their combs or brushes.

**4**

If your child feels their head itching a lot, they must tell their teacher straight away so we can let you know. We can then inform other parents/carers in the same class, so they can check their child's hair.

**5**

The only way to be sure someone has head lice is by finding live lice. You can do this by combing their hair with a special fine-toothed comb (detection comb). You can buy these online or at pharmacies.

**6**

There's no need to keep your child off school if they have head lice.

You do not need to wash your laundry on a hot wash.

**7**

**How to get rid of head lice**

- Treat head lice as soon as you spot them. You can treat head lice without seeing a GP.
- Check everyone you live with, or have close contact with, and start treating anyone who has head lice on the same day.

**8**

**Wet Combing**

- Wash hair with ordinary shampoo.
- Apply lots of conditioner (any conditioner will do).
- Using the detection comb, comb the whole head of hair, from the roots to the ends.

It usually takes about 10 minutes to comb short hair, and 20 to 30 minutes for long, frizzy or curly hair. When you've finished combing the hair, comb through all the hair again for a second time.

Do wet combing on days 1, 5, 9 and 13 to catch any newly hatched head lice. Check again that everyone's hair is free of lice on day 17.

**9**

**Medicated lotions and sprays**

If wet combing has not worked or is not suitable, you could try a medicated lotion or spray. These kill head lice in all types of hair, and you can buy them from pharmacies, supermarkets or online.

Head lice should die within a day. Some lotions and sprays come with a comb to remove dead lice and eggs. Some treatments need to be repeated after a week to kill any newly hatched lice. Check the pack to see if they're OK for you or your child to use, and how to use them. If lotions or sprays do not work, speak to a pharmacist about other treatments.

**10**

**Treatments that are not recommended for head lice**

Some treatments are not recommended because they're unlikely to work. For example:

- Products containing permethrin.
- Head lice "repellents".
- Electric combs for head lice.
- Plant oil treatments, such as tea tree oil, eucalyptus oil and lavender oil herbal remedies

## You cannot prevent head lice

You can help stop them spreading by wet combing regularly, using a detection comb, to catch them early.

Do not use medicated lotions and sprays to **prevent** head lice, only to treat. They can irritate the scalp.



# Little Sips BIG ADVENTURES

Dear parent/guardian,

As you may be aware your child's school has a milk scheme, administered by Cool Milk. Mid-morning milk provides a much-needed nutritional boost and keeps children hydrated between breakfast and lunch. Children receive free milk until the age of 5. After that, they can continue to reap the benefits of fresh mid-morning milk at a subsidised\* cost.

If you'd like to opt in and have not already done so, simply register your child at [www.coolmilk.com/register](http://www.coolmilk.com/register). Your child(ren) will continue to receive free milk whilst under the age of 5 and Cool Milk will get in touch with further information by email shortly before their 5<sup>th</sup> birthday.

For children who are already over 5, it's not too late – our scheme is flexible! As well as being able to register and make payment straight away, you can join and cancel the scheme at any time. We offer yearly, termly and half termly payment periods and a recurring payment option to give you one less thing to remember.

If you already have an online Cool Milk account for a sibling, you can manage your account, make payment and add extra children by logging in at [www.coolmilk.com/parents](http://www.coolmilk.com/parents).

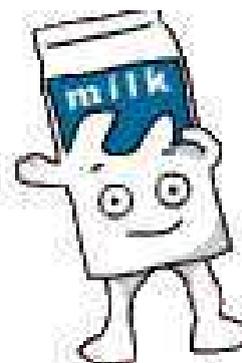
Should you have any questions or need any help, send us a message at [www.coolmilk.com/contact](http://www.coolmilk.com/contact) or give us a call on the number listed below – we're here to help!

Kind regards,

**Cool Milk**

☎: 0800 321 3248

🌐: [www.coolmilk.com](http://www.coolmilk.com)



SCAN TO REGISTER

\*Milk for under-5s is fully funded by DHSC via the Nursery Milk Scheme. Milk for over-5s is subsidised by Defra via the School Milk Scheme.



## PE Days

Here are the days allocated to each class for PE. Please keep checking this list, as it can change, however, you will be notified via the class teacher if this happens.

Please ensure that children wear the correct PE kit, suitable for both indoor and outdoor lessons and playtimes.

White T-shirt with navy/black shorts. Navy/black tracksuit or joggers and sweatshirt/hoodie.

All PE kit should be plain or has the school badge on it. Brand logos are permitted but must be small. Other colours and football shirts may not be worn.

Please ensure that the correct swimming kit is brought into school on your child's allocated swimming day.



**Don't forget to put your child's name in their PE kit.**

Class	PE Day
Holly & Ivy	Wednesday
Hazel	Wednesday & Thursday
Hawthorn	Wednesday & Friday
Pine	Monday & Friday
Cedar	Monday & Friday
Maple	Monday & Wednesday
Sycamore	Wednesday & Thursday
Juniper	Tuesday (swimming) & Friday
Chestnut	Friday
Ash	Tuesday & Wednesday
Elm	Tuesday & Wednesday
Oak	Wednesday & Thursday
Rowan	Wednesday & Thursday

## Do you qualify for FREE SCHOOL MEALS?

### Reasons to apply

Even if your child is currently receiving free school meals because they are in Reception, Year 1 or Year 2, you should still apply for benefits-related FSM if you think you may be eligible.



Doing so means that our school will be given extra funding for six years, which can help to fund valuable teaching and learning support for the school.

Applying for benefits-related FSM also means you will be eligible to receive funding for the holiday periods from the Warwickshire Local Welfare Scheme.

You can apply for benefits-related FSM at any time online  
[warwickshire.gov.uk/education-learning/apply-free-school-meals](http://warwickshire.gov.uk/education-learning/apply-free-school-meals)





# Children's Clubs and



The following pages are filled with information of things to do, things to see for you and your children in and around Warwickshire.



**Easter**  
**Holiday**  
**Activities**

Fun, active and flexible  
holiday childcare  
for ages 5 - 11

At **Stratford School**  
and **Aylesford School**

**COURSE TIMES** 9.30am to 3.30pm

Early drop off and late pick up available +£3.50 each

NOW ONLY

**£18**

per day

4 days for **£68**

Childcare vouchers accepted

BOOK NOW AT [onsidecoaching.co.uk](http://onsidecoaching.co.uk)



**CREATE, CODE AND XPLORE**  
**THIS EASTER**

Give your child a head start in the digital world with  
**ComputerXplorers Holiday Camps.**

Children learn without even realising it as they build, design  
and experiment with technology. A brilliant mix of  
imagination, learning and confidence building



**Ages:**  
5-13



**From:**  
£30-£35 per session



**Location:**  
Kings High, Warwick, CV34 6YE



**Dates:**  
30<sup>th</sup> March - 2<sup>nd</sup> April  
7<sup>th</sup> April - 10<sup>th</sup> April  
9am - 3pm 14pm +£5



**THE ACTIVITIES**

We cover many  
subjects including:

- Coding
- Robotics
- Lego WeDo
- Game Making
- App Design
- Animation
- Web Design
- 3D Cad Design



**LIMITED SPACES**

book today - <https://tinyurl.com/mud6ndsu>  
or contact [warwickshire@computerexplorers.co.uk](mailto:warwickshire@computerexplorers.co.uk)

Preparing children for the future



**DANCE**  
**WORKSHOP**

**£25**

(per session)

**DAY**  
**8<sup>th</sup> April**

**£40**

(full day)

Disney 10am-1pm (ages 6+)

Six 2:30-5:30 (ages 9+)

The SYDNI Centre  
Cottage Square, Sydenham  
Leamington Spa,  
Warwickshire, CV31 IPT



Hosted by BGT's Bethan Marshall  
and West End's Tobias James

contact: 0770 200 3040  
[tobias\\_james@hotmail.co.uk](mailto:tobias_james@hotmail.co.uk)



Monday 30th March  
to Friday 10th April  
Reception to Yr 6

**Easter** **Holiday**  
**Childcare**

Bounce into Easter with Kids Club

from only  
**£24**  
per day

or 4 days for **£84**

Times 9.30am to 3.30pm  
Early Drop off 8:30 - 9:30am  
Late Pick up 3:30 - 4:30pm

+£3.50  
each

WE ACCEPT CHILDCARE VOUCHERS &  
TAX-FREE CHILDCARE search 'Onside Wraparound'

**Ofsted**  
Registered

to book visit [btkidsclub.onsidelive.co.uk](http://btkidsclub.onsidelive.co.uk)



# {JAM}CODING EASTER COMPUTING HOLIDAY CLUB!

LOCATION: LILLINGTON NURSERY & PRIMARY SCHOOL,  
CUBBINGTON RD, LEAMINGTON SPA  
CV32 7AG

Get your child active and turn their screen time into skill time this Easter Holiday Club!

From Minecraft coding to multi-sports, this club has something for every child.

## ACTIVITIES:

- Coding
- Animation
- Sports
- Design
- Crafts
- Puzzles

## DATES/TIME:

7th - 10th April 2026  
9am-2pm

BOOKING LINK  
CLICK ON DATES TO BOOK:

TUESDAY, 7th APRIL  
2026



THURSDAY, 9th APRIL  
2026



WED, 8th APRIL  
2026



FRIDAY, 10th APRIL  
2026



FLIP THE PAGE FOR MORE INFO

HAF  
CHILD  
FREE

BOOK A PLACE FOR HAF CHILD FREE

Scan the  
QR code  
below to  
book a  
place

Meal is free at breakfast/lunch  
time



BOOK A PLACE FOR PAID CHILD

Scan the QR  
code below  
to book a  
place

PAID  
CHILD  
£25 PER  
SESSION

Packed lunch is required  
for paid booking

BOOKING LINK  
CLICK ON DATES TO BOOK:

TUESDAY, 7th APRIL  
2026



THURSDAY, 9th APRIL  
2026



WED, 8th APRIL  
2026



FRIDAY, 10th APRIL  
2026



## WHAT OUR PARENTS SAY

- ★ "Jam Coding Club is a safe place where he can thrive, build social skills, and experience success in a way that feels both comfortable and exciting for him."
- ★ "My son genuinely loved the sessions and was absolutely buzzing each day when I collected him. The staff definitely further ignited a passion for coding/robotics and the sessions were so well put together."



Established  
in 2014



Equipment  
Provided



Insured & DBS  
Checked



Prizes  
Awarded



Telephone  
07701080465



Website  
<https://jamcoding.com/holiday-clubs/>



Email  
coventry.am@jamcoding.co.uk



"Best Multi-Sport Holiday Camps  
Provider 2025 - Midlands" AI

# SPORTS CAMPS

IN RUGBY

EVERY SCHOOL HOLIDAY



**FREE DAY!**  
FOR NEW CUSTOMERS  
(turn over for details)

Princethorpe  
College

Ofsted  
Registered

Google  
4.9 (300+ reviews)

WWW.TEAMSUPERSPORTS.CO.UK

# HOLIDAY CAMPS in Rugby



Every School Holiday

October Half-Term | Christmas | February Half-Term | Easter | May Half-Term | Summer

Princethorpe College, Rugby, CV23 9PX

8am - 5pm

5yrs - 16yrs old



7 Sports | 6 Sessions

Children DESIGN their own camp - They CHOOSE a sport for each session!



**FREE DAY**

for all new customers

[www.teamsupersports.co.uk/new-Rugby](http://www.teamsupersports.co.uk/new-Rugby)

WE ACCEPT: ✓ Tax-Free Childcare  
✓ Childcare Vouchers

DISCOUNTS: 10% OFF Early Bird  
10% OFF Siblings  
20% OFF Full Week



info@teamsupersports.co.uk

01675 488494

[www.teamsupersports.co.uk/Rugby](http://www.teamsupersports.co.uk/Rugby)

@teamsupersports\_Rugby



# Easter Holiday Club

30th March - 10th April

Join Us at:  
7 Amazing Venues

**Activities:**  
Dance, Football, Little Laces,  
Multi Sports, Scooterbility, Trampolining

**Times:**  
9am-3:30pm  
8:30-9am - Early Drop Off  
3:30-4:30pm - Late Pick up

**Price:**  
From £12 per day

**TO BOOK, Visit:**  
[WWW.KITSACADEMY.COM](http://WWW.KITSACADEMY.COM)  
[bookings@kitsacademy.com](mailto:bookings@kitsacademy.com)  
07772 873271  
or scan QR Codes on the back!




Bedworth		Exhall Junior School CV7 9NS
Coventry		Hollyfast Primary School CV6 2AH
Nuneaton		Park Lane Primary School CV10 8NL <b>HAF</b>
Rugby		Rugby College CV21 1AR
Southam		St Marys Primary School CV47 1PS
Walsall		Whitehall Junior School WSL 3JY 
Warwick		Newburgh Primary School CV34 6LD




**OAKLEY GRANGE**  
CINNAMON LUXURY CARE

## EGG-CITING Easter Trail

If you're looking for something **FREE** and **FUN** to do over the Easter break, why not grab yourself a set of bunny ears and hop over to join us here at Oakley Grange for an Egg-citing Easter Trail? on Thursday 2nd April, 2pm - 4pm

Open to all children in our local community, who can look forward to following the clues left by the Easter Bunny as they embark on a fun-filled adventure and crack the hidden word, to claim their prize.

A selection of scrumptious complimentary cakes and bakes, along with hot and cold drinks will also be available throughout the afternoon. We look forward to welcoming you soon!

This is a free event, but booking is essential please call Viv or Judy on 01925 291 466 or email: [oakley.enquiries@cinnamoncc.com](mailto:oakley.enquiries@cinnamoncc.com) to let us know your are coming.



**TOP 20 CARE HOME GROUP**  
BY PROPERALIA

Luxury Care Home in Warwick  
Oakley Grange Care Home, Cox Gardens, Heathcote, Warwick CV34 7AT  
[www.cinnamoncc.com/oakleygrange](http://www.cinnamoncc.com/oakleygrange) Our What3Words location: **Ranked.Moved.Bath**



## Make the Easter holidays unforgettable!

The Strings Club and our multi award-winning, screen-free Holiday Camps return to your area this Easter - offering an **exciting mix of music, creativity and sport** for children aged 4-11!

With **20 venues** across London, Birmingham, and Warwickshire, finding school holiday childcare and **unforgettable activities** for families is not easy.

That's why we offer parents a range of ways to save - from the ability to **book one day** to the whole experience to **free hire of an instrument** to take home to **accepting all childcare vouchers** and tax free childcare.

We even offer a **FREE day of childcare** for both you and your friend if you recommend us! **Recommend us to 5 people** and that's a week of childcare sorted!

**Dates - Mon 30th March - Thu 2nd April  
Tue 7th April - Fri 10th April**

**Why Join The Strings Club?**

- Age specific activities for 4-7s/8-11s
- Sessions in guitar, violin or ukulele
- FREE to hire instrument - even to take home
  - Different theme every week
- Afternoon workshops from sport to art to drama
- One trained adult to 8 children - for all ages
- Daily Diaries and Newsletters - with access to gallery
  - Book 1 day to the whole experience
- Discounts including 10% sibling discount and tax free childcare
  - EYFS Ofsted registered

**10% off for New Customers**

New to us? Enjoy 10% off your first booking with us. Simply enter **NEWCUS10** at our online checkout.

Visit [www.thestringsclub.org](http://www.thestringsclub.org) or call our Head Office on 0121 296 9204.

We look forward to seeing you soon!  
Amy and The Strings Club team X



**Scale and Structure**

Children's Art & Sculpture Workshops

Children aged 6-12 years  
10am - 4pm  
(wraparound care available)  
Warwick Preparatory School  
Warwick, CV34 6PL

**Book online now!**  
Free and assisted places for those on low income

30 March - 1 April  
Easter Half-Term

PANGAEA SCULPTORS CENTRE

admin@pangaeasculptorscentre.com  
@pangaeascentre  
Pangaeasculptorscentre.com



## Tuesday 24 March 2026

This week's Family Information Service newsletter includes information about:

- World Oral Health Day
- Opening event for Warwick Castle UNBOXED exhibition
- Easter fire safety and much more!

[Click here for Newsletter](#)

**MyClothing**

**DON'T MISS OUT 15% OFF**

Don't forget, there's still time to save 15%\* on your MyClothing Order this week

Just use code **SPRING 15** at checkout

Get prepared for the term ahead!

\* offer excludes bundles, events hoodies and clearance items.

[Click here to order](#)

**FREE STAY AND PLAY WITH MESSYBEANZ**

MessyBeanz is a stay and play group exclusively for children with special needs and disabilities. We offer:

- Fun themed messyplay
- Sensory experiences
- A welcoming and supportive group for parents and caregivers

**28TH MARCH**

Our fantastic messy play session on March 28th 2025 will be completely free!

If you have been thinking about coming to a sensory play session with us, now is the perfect time!! Why not bring a friend and share the fun.

Booking this is required and everyone attending must have a ticket. Use code MESSYPLAY at the checkout for free tickets!

Follow us on Instagram...





# Family Support

The following pages contain lots of information for parent/family support.





CHILDREN  
& FAMILY  
SUPPORT



**Information, advice and one-to-one support for families with children and young people aged 0-25 across Warwickshire on issues including:**

Behaviour Management  
Parenting Worries or Concerns  
Sleep advice  
Health and Wellbeing advice

### **Telephone Support**

Speak directly with a family support worker by calling 01926 414 144, select option 1, then option 2  
Available Monday- Friday 9am - 4pm

### **Local Drop-In Sessions**

Kenilworth Library, Monday's 9.30am - 11.30am  
Kingsway Children & Family Centre, Tuesday's, 1pm- 3pm  
Lillington Children & Family Centre, Friday's 11.30am - 1.30pm

Scan the QR Code to view the list of Family Support drop-ins available in your area



## Easter Timetable

**30<sup>th</sup> March - 10<sup>th</sup> April 2026**

**Monday**  
30<sup>th</sup> March

**Lillington**  
Postnatal Fitness Class for families  
9.30-10.30am

**Stepping Stones**  
10.30-12pm

**Baby Chatter Matters** (for 5-12months)  
12.30-1.30pm  
*Booking is essential*

**NEW Family Yoga Time Together** for age 5-11 with parents - **SIBLINGS WELCOME**  
1-2pm & 2.30-3.30pm  
*Booking is essential*

**QUIET Home Education Parent Led Group**  
2.30-4pm  
*Booking is essential*

**Tuesday**  
31<sup>st</sup> March & 7<sup>th</sup> April

**Kingsway Stepping Stones**  
9.30-11am  
*Only on 31<sup>st</sup> March*

**Baby Chatter Matters** (for 5-12months)  
11.30-12.30pm  
*Booking is essential*

**Family Time**  
1.30-3pm

**Chapter House St Margaret's Church**  
Family Time  
10-11.30am  
*Only on 31<sup>st</sup> March*

**Lillington**  
Baby Time  
10-11.30am  
*Only on 31<sup>st</sup> March*

**Home Education Parent Led Group**  
1.30-3.30pm  
*Booking is essential*

**Wednesday**  
1<sup>st</sup> April

**Kingsway**  
Family Time  
10-11.30am

**Lillington**  
Family Time  
10-11.30am

**Westgate**  
Family Time  
9.30-11am

**Baby Time**  
10-11.30am

**Baby Chatter Matters** (for 5-12months)  
12-1pm  
*Booking is essential*

**NEW Leamington Library Tiny Tales** (from birth to on the go)  
Sensory story time  
12-1pm  
*Booking is essential*

**Thursday**  
2<sup>nd</sup> & 9<sup>th</sup> April

**Kingsway**  
Baby Time  
9.30-11am

**Westgate**  
Family Time  
10-11.30am

**Lillington**  
Family Time  
10-11.30am

**Lillington**  
Family game-Time Together for age 5-11 with parents - **SIBLINGS WELCOME**  
1-2.30pm & 3-4.30pm  
Drop In session

**Friday**  
10<sup>th</sup> April

**Lillington**  
Baby Time  
10-11.30am

**Kingsway**  
Stepping Stones  
12.30-2pm

**LOOK EGGS**

**We are closed on 3<sup>rd</sup> and 6<sup>th</sup> April**

**FREE**

**NO NEED TO BOOK** onto most of our Baby, Family Time and Stepping Stones. Please note our sessions do have limited spaces. When we are full we can not have any more families in the room for safety reasons. If there are any changes we will inform you on our Website and Facebook page.

**Speech Concern?**  
Please contact Helen on 07703 381764 or helen.keaney@barnardos.org.uk

**To book onto:**  
• Baby Chatter Matters  
• Tiny Tales, Family Yoga  
• Home Ed. Group  
Scan me:



**BARNARDOS**  
Changing childhoods. Changing lives.

## Barnardo's Warwickshire Children and Family Centres

A coordination of services for families with children and young people aged 0-19 and up to age 25 with SEND

To improve outcomes and life chances for all children, young people (pre-birth to 19 or 25 for those with Special Educational Needs and/or Disabilities) and their families with a particular focus on the 1001 critical days, from conception until age 2.

**Advice and Support**

Our staff are on hand to provide information and signposting on a wide range of issues for families, for example: Baby/Toddler, Sleep, Breastfeeding, Children's Behaviour, Speech and Language, Finance, Benefits, Debts, Housing and the Home environment, SEND and childcare funding.

Interested in **volunteering with us?**  
Please contact : sally.hesselworth@barnardos.org.uk

**Warwick District Children and Family Centres and Outreach Venues:**

<p><b>Chapter House St Margaret's Church</b> Church Close CV31 2HJ</p>	<p><b>Kenilworth Scout &amp; Guide Centre</b> Fishponds Road Kenilworth CV8 1EY</p>	<p><b>Kingsway C&amp;FC</b> Baker Avenue Leamington Spa CV31 3HB 01926 336793</p>
		<p><b>Presto Music Shop</b> 23-25 Regent Grove Royal Leamington Spa CV32 4NN</p>
		<p><b>Radford Semole Community Hub</b> 68 Lewis Rd. Royal Leamington Spa CV31 1UQ</p>

**NEW Library Tiny Tale sensory sessions - for addresses scan:**



**CHILDREN & FAMILY CENTRE**

**Partner & Agency Contact Details**

<p><b>Early Help Family Support</b></p> <p>Family Support Workers Call 01926 412412 www.warwickshire.gov.uk/childrenandfamilies</p>	<p><b>Warwickshire Child and Family Wellbeing Service (Health Visiting)</b></p> <p>For any enquires please call: 0300 2470072 Email: wcfw.contacts@hrcrgcaregroup.com www.warwickshire.gov.uk/warwickshirechildandfamily.co.uk ChatHealth text service: 07520 615293 9am-4.30pm, Monday to Friday</p>	<p><b>Midwifery</b></p> <p>Midwives - Bluebell Clinic @ Warwick Hospital 01926 495321 Ext: 6974 or 6977 <b>Early Breastfeeding Support Team</b> 01926 626529</p>
		<p><b>Health Visiting Drop In Clinics at C&amp;FC</b></p> <p><b>Kingsway CFC:</b> 2<sup>nd</sup> &amp; 4<sup>th</sup> Monday of the month 9.30-11.30am <b>Lillington CFC:</b> 1<sup>st</sup> &amp; 3<sup>rd</sup> Wednesday of the month 9-11am <b>Westgate CFC:</b> 2<sup>nd</sup> &amp; 4<sup>th</sup> Tuesday of the month 9.30-11am</p>

**Other Useful Contact Details**

**Act on Energy:** Email: advice@actonenergy.org.uk. Call: 0800 988 2881  
**Adult & Community Learning:** Email: adl@warwickshire.gov.uk. Call: 01926 736392  
**Citizens Advice:** Monday to Friday - 9am-5pm. Call 0808 250 5715  
**Refuge's Domestic Violence and Abuse Service Warwickshire:** Call: 0800 408 1552  
**Warwick District Foodbank:** Call: 07850 293383. www.warwickdistrict.foodbank.org.uk  
**SENDIASS:** Email: warwickshiresendiass@barnardos.org.uk Call: 01789 593 159

**Barnardo's Warwickshire  
Children and Family Centres**  
A coordination of services for families with children  
aged 0-19 and up to age 25 with SEND

**Kingsway Children & Family Centre**  
Baker Avenue  
CV31 3HB  
01926 336793

First Aid workshop for parents/carers who are  
ante-natal or in the first few months of birth



Please note: If your child is aged between 11 months to 11 years,  
please book on **Save a Child's Life**



**Save a Baby's Life workshop (for parents with 0-11 months old babies)**

**Tuesday, 21st April 2026 – 6 to 8pm**

<https://www.eventbrite.co.uk/e/save-a-babys-life-workshop-kingsway-children-and-family-centre-tickets-1985580162717?aff=oddtcreator>

**Barnardo's Warwickshire  
Children and Family Centres**  
A coordination of services for families with  
children and young people aged 0-19 and up to  
age 25 with SEND

**First Aid Workshop**  
for parents/carers of children from 12 months to puberty

**FREE**



Please note: If you are ante-natal or your baby is under 11 months old, please book on Save a Baby's Life

If you are unable to attend a session, please remember to cancel your  
order to enable another parent to book onto the Workshop.

**Kingsway Children and Family Centre**  
Baker Avenue  
Leamington Spa  
CV31 3HB

**BARNARD'S**  
Changing children.  
Changing lives.

If you have any questions  
please call 01926 336793



**Save a Child's Life workshop (for parents with children 11 months old to puberty)**

**Thursday, 23rd April 2026 – 6 to 8:15pm**

<https://www.eventbrite.co.uk/e/save-a-childs-life-kingsway-cfc-tickets-1985580297119?aff=oddtcreator>





# PLACES WHERE KIDS EAT FREE (OR FOR £1) EASTER HOLIDAYS 2026

[moneysavingcentral.co.uk/kids-eat-free](https://moneysavingcentral.co.uk/kids-eat-free)



## ANGUS STEAKHOUSE

Kids under 8 eat FREE daily, 12pm to 5pm

## ASDA

Kids eat for £1 daily, with no adult spend

## ASK ITALIAN

2 Kids eat free from 27th March - 19th April 2026

## BELLA ITALIA

Children eat free Sunday - Thursday

## BEEFEATER & BREWERS FAYRE

2 Kids Eat Free Breakfast with one paying adult

## BILLS

Kids eat free Mon 30th March - Fri 10th April

## BREWDOG

Kids eat free 28th March - 12th April 2026

## CAFE ROUGE

Kids Eat FREE 12-4pm every day of the week

## COCONUT TREE

Kids eat free Mon 30th March - Sun 19th April

## CHIQUITO

Kids eat free during all school holidays

## DOBBIES GARDEN CENTRES

Kids eat for £1 with an adult breakfast or lunch

## FARMHOUSE INNS

Kids eat FREE weekdays 30th March - 17th April

## FRANKIE & BENNY'S

Kids eat FREE daily from 30th March - 17th April

## FUTURE INNS

Under 5s eat for free with any adult meal

## GORDON RAMSEY RESTAURANTS

Kids under 10 eat FREE all day, every day

## IKEA

Kids get a meal from 95p daily from 11am

## LAS IGUANAS

Kids under 12 eat FREE with 'My Las Iguanas' App

## MORRISONS

Kids Eat FREE all day, every day with a £5 spend

## MARCO PIERRE WHITE

Kids under 12 Eat FREE daily with an adult spend

## PAUSA CAFE @ DUNELM

Kids eat FREE with every £4 spend all day

## PIZZA HUT

Kids Eat Free Every Day after 3pm

## PREMIER INN

2 kids eat for free with 1 adult breakfast

## PRETO

Kids up to age 10 eat free with 1 paying adult

## PUREZZA

Kids under 10 get free pizza with every adult meal

## SA BRAINS PUBS

Kids eat for £1 on Wednesdays

## SUBWAY

Kids eat Free from the 6th - 13th April

## SIZZLING PUBS

Kids eat for £1, Every Monday to Friday, 3 - 7pm

## TABLE TABLE

2 Kids Eat free breakfast daily with 1 paying adult

## TGI FRIDAYS

Kids Eat Free with any adult meal (Via App)

## THE REAL GREEK

Kids under 12 eat FREE Sundays with £10 spend

## TRAVELODGE

2 kids eat for free with 1 adult breakfast

## TURTLE BAY

Kids eat free with every £15 adult spend

## WHITBREAD INNS

2 kids eat for FREE with 1 adult breakfast

## YO! SUSHI

Kids eat free all day (weekdays) in school holidays





**let's talk: Speech and Language advice line for Warwickshire's 0-5 year olds**

Practical strategies and support for parents/carers and professionals from a Speech and Language therapist

Tailored signposting to ideas, resources and services

Service available Friday mornings  
**9:15am-1pm** (except Bank Holidays)

Contact us by telephone or text on: **07789 924245**  
E-mail us: [letstalk@swft.nhs.uk](mailto:letstalk@swft.nhs.uk) or use the QR code






Images created for 9497, Speech & Language Therapy department for Alice Goodale, creating.co | Lethbridge Art



# SEND PARENT/CARER SUPPORT GROUP

With the Brunswick Hub team members Laura and Georgia

## Group or one to one support

Supporting with but not limited to:

- DLA and benefits
- EHCP and education
- Housing Support
- Employment Support
- Health and Wellbeing
- SEND support

**Every Wednesday**  
**1pm-2:30pm**

At the Lillington Children's Centre  
3 Mason Avenue,  
Leamington Spa  
CV32 7QE

For more information contact:  
Laura - 07356123171 or Georgia - 07923230579



Improving physical, mental and economic health in the community.

# SEND Support Group

**Come and join us!**

If you have any worries or concerns surrounding SEND please come and have a chat with us!

Meet with other parents/carers in similar positions.

We can help with a wide range of concerns.

**Running on the third Thursday of every month 10am-12pm at the Brunswick Hub.**

Contact us:  
[Georgia.mansell@brunswickhlc.org.uk](mailto:Georgia.mansell@brunswickhlc.org.uk)  
[Megantownsend@brunswickhlc.org.uk](mailto:Megantownsend@brunswickhlc.org.uk)




## NHS Talking Therapies

### Living well with Long-term Physical Health Conditions

Talking Therapies offers support to patients who have been recently diagnosed or living with a physical health condition.

- Are you worried about your health?
- Does your health get you down?
- Do you feel embarrassed or frustrated by your health condition?
- Do you feel your health holds you back in life?

If yes, all of these are normal responses that can be difficult to manage, but Talking Therapies can help. We work with conditions that include, but are not limited to:

Diabetes, Respiratory conditions, Cardiac problems and Chronic pain

Register with us today for an initial appointment online, by phone or by speaking with your GP. Talking Therapies works with people aged 16-plus, who are registered with a GP, across the Coventry and Warwickshire area.

**for anxiety and depression**

**Telephone: 024 7667 1090**  
Lines are open from 9:00am to 4:30pm Monday to Friday

Visit [www.talkingtherapies.covwarkpt.nhs.uk](http://www.talkingtherapies.covwarkpt.nhs.uk) or scan the QR code for more information.




# HOLIDAY ACTIVITIES AND FOOD

## HAF



Any young person aged 4 - 16 years old (in full-time education) who receives benefits-related free school meals can request a HAF code



The programme offers free support to families on lower incomes, giving eligible young people access to enriching activities and healthy meals during the main school holidays.



You can attend up to 4 sessions during Christmas and Easter and up to 16 sessions over Summer

The activities available include sports, animal care, performing arts and so much more!

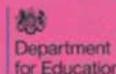


Contact the Family Information Service for more information.

Call 0800 408 1558 Email [fis@warwickshire.gov.uk](mailto:fis@warwickshire.gov.uk)



[www.warwickshire.gov.uk/haf](http://www.warwickshire.gov.uk/haf)



# FREE SCHOOL MEALS



School meals are free for lots of families, check if you are eligible to apply!

## So much more than lunch...

A free school meal:

- creates healthy eating habits
- improves learning and behaviour
- saves money and time
- helps schools get extra funding

Did you know that claiming free school meals means that your child will get access to free school holiday activities and food?



To find out more and for help to apply for free school meals, please contact: [freemeals@warwickshire.gov.uk](mailto:freemeals@warwickshire.gov.uk) or call 01926 359189



## Can I apply?

Your child could be eligible for free school meals if you get any of the following:

- Income Support or Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support from National Asylum Support Service (NASS)
- Guarantee Pension Credit
- Child Tax Credit (with no Working Tax Credit) with an annual income of no more than £16,190
- Working Tax Credit run-on - paid for four weeks after you stop qualifying for Working Tax Credit
- Universal Credit - if you apply on or after 1 April 2018 your household income must be less than £7,400 a year (after tax and not including any benefits you get)

You should still apply if your child is aged 4-7 and receives a universal free school meal

Find out more and apply at [www.warwickshire.gov.uk/fsm](http://www.warwickshire.gov.uk/fsm)



# educaterers®

caring is our secret ingredient

FREE  
SCHOOL  
MEALS



## UNIVERSAL INFANT FREE SCHOOL MEALS - IS MY CHILD ELIGIBLE?

If you have a child in Reception or Key Stage 1, your child is entitled to a free lunch everyday. By offering so much great choice, we're confident your child will find a meal combination they enjoy from our menu to help them develop and excel during school time.

Please contact your child's school for more information.



## TOP 5 facts about our lunch.

### Fact 1

We are school meal specialists serving over 100,000 meals every week.

### Fact 2

At least 75% of our menu is freshly prepared everyday by our professional kitchen teams.

### Fact 3

All our staff are trained in allergy awareness to provide menu advice and support for customers with food allergies and intolerances.

### Fact 4

We work with NHS dietetics teams across the region to support customers with special dietary needs.

### Fact 5

Most importantly, we love what we do and we are always on a mission to create fun at lunchtime.

## OUR INGREDIENTS



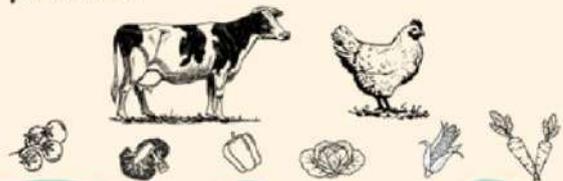
IT ALL BEGINS WITH OUR PASSION FOR  
FANTASTIC FOODS!

When we source our ingredients, we seek out trusted suppliers to provide the freshest, most nutritious and highest quality produce possible.

Our suppliers put sustainability, animal welfare and ethical trading at the heart of their businesses. As a result, we know with confidence, the food we serve is wholesome, safe and fully traceable.

Dairy - Yoghurt is made on site reducing plastic packaging going into landfill

Baked Goods - Bread is freshly baked on site everyday. All our cakes and biscuits are homemade, we don't use any packet mixes.



## Join Our TEAM

Are you passionate about food?

Could you help us serve healthy lunches to local school children?

Would you like to work school hours, term time only?

Then why not join one of our friendly school based teams? Full training package offered with opportunities for career progression.

Find us on Facebook at Educaterers Join Our Team or via the link on our website.



[Educaterers.co.uk](http://Educaterers.co.uk)



# Lunch Menu - 13 April 2026

## Week Three

### Allergy Key:

vg - Vegan	G - Gluten/Wheat	F - Fish
v - Vegetarian	C - Celery	M - Mustard
h - Homemade	S - Sesame	SU - Sulphates
D - Dairy	E - Egg	SB - Soya

### MONDAY

Choose a main meal ...

- (v)(h) Macaroni Cheese with Crusty Bread (D,G)
- (vg) Plant Power Burger in a Bun with Diced Potatoes (G)
- Jacket Potato - (v) Cheese (D), Tuna (F,E) or (v) B/ Beans
- Cheddar Cheese Bap (G,D)

On the side ...

- Fresh Salad Bar
- Vegetables of the Day
- For dessert ...
- (v) Strawberry Whip with Fruit (D)
- (v) Yoghurt (D,SB) or Fresh Fruit

### TUESDAY

Choose a main meal ...

- (h) Beef Lasagne with Garlic Bread (G,D)
- (vg) Country Garden Vegetable Fingers with Seasoned Wedges (G)
- Jacket Potato - (v) Cheese (D), Tuna (F,E) or (v) Baked Beans
- Tuna Mayonnaise Bap (F,E,G)

On the side ...

- Fresh Salad Bar
- Vegetables of the Day
- For dessert ...
- (v)(h) Apple Cookie (G,E)
- (v) Yoghurt (D,SB) or Fresh Fruit

### WEDNESDAY

Choose a main meal ...

- British Roast Chicken Fillet, Yorkshire Pudding, Gravy with Roast Potatoes (D,E,G)
- (v) Plant Power Toad in the Hole with Roast Potatoes (G,E,D)
- Jacket Potato - (v) Cheese (D), Tuna (F,E) or (v) B/ Beans
- Egg Mayonnaise Bap (G,E)

On the side ...

- Fresh Salad Bar
- Vegetables of the Day
- For dessert ...
- (v) Pancake with Fruit (G,E,D)
- (v) Yoghurt (D,SB) Fresh Fruit

### THURSDAY

Choose a main meal ...

- Pork Hot Dog with Herby Diced Potatoes (G,SU,SB)
- (v)(h) Vegetable Curry with Rice
- Jacket Potato - (v) Cheese (D), Tuna (F,E) or (v) Baked Beans
- British Ham Soft Bap (G)

On the side ...

- Fresh Salad Bar
- Vegetables of the Day
- For dessert ...
- (v)(h) Jim Jam Chocolate Brownie (G,E,D)
- (v) Yoghurt (D,SB) or Fresh Fruit

### FISH

### FRIDAY

Choose a main meal ...

- (msc) Salmon Fishcake with Chips (FG)
- (v) Cheese & Tomato Pizza Wedge with Chips (G,D)
- Jacket Potato - (v) Cheese (D), Tuna (F,E) or (v) Baked Beans
- British Roast Chicken Bap (G)

On the side ...

- Fresh Salad Bar
- Vegetables of the Day
- For dessert ...
- (v)(h) Carrot & Orange Cookie (G)
- (vg) Jelly with Fruit
- (v) Yoghurt (D,SB) or Fresh Fruit



# What's On ...

## April 2026

13	Monday	Day	Pupils Back To School
16	Thursday	Day	National Offer Day for Reception Places 2026
20	Monday	9.10am	KS1 Achievement Assembly
22	Wednesday	Lunch	Earth Day Menu 
27	Monday	9.10am	KS2 Achievement Assembly

## May 2026

4	Monday	Day	May Day - Public Bank Holiday
06	Wednesday	am	School Photographer - Group Photos
11-15	Week	Week	Year 6 SATs Week
11	Monday	9.10am	KS1 Achievement Assembly
18	Monday	9.10am	KS2 Achievement Assembly
19	Tuesday	1.30	Singing After SATS
22	Friday	3.15	Break up for Half-Term
25-29	Week	Week	Half-Term

## June 2026

01	Month	Month	Sports Month
04	Thursday	tbc	Whirlwinds Formula 1 Race
08	Monday	9.10am	KS1 Achievement Assembly
10	Wednesday	9.30am	Vision Screening - Reception
15	Monday	9.10am	KS2 Achievement Assembly
22	Week	Week	Healthy Schools Week
22	Monday	9.10am	KS1 Achievement Assembly
25	Thursday	tbc	Sports Day
29	Monday	9.10am	KS2 Achievement Assembly

## July 2026

03	Friday	9am	Rags 2 Riches Collection
06	Monday	9.10am	KS1 Achievement Assembly
08	Wednesday	Day	Shuffle Up Day!
14	Tuesday	9am	Year 6 Leavers Assembly

Please note that these dates are subject to change

[Download 2025/26 calendar here](#)



# HAPPY EASTER

FROM  
WHITNASH PRIMARY  
SCHOOL

