



Dear Parents/Carers

PTA Meeting

Our PTA members met on Thursday for the first meeting of the new year. During the meeting they shared the annual reports and the tremendous success they have had with funding raising through great events for our children and families. The support for our school from this dedicated group of parents is so welcomed and valued. We are hopeful that more parents will join the PTA this year, as with so few members it is hard to provide the range and frequency of events we would all like for our school community.



We send our special thanks to Mrs Stanford who is stepping down from her role as Treasurer this term. She has done an incredible job of managing the funds raised and supporting the introduction of the card payment system for PTA events. With one member down, I know that the team would be very grateful of any expressions of interest to support them moving forward. Please let us know if you are interested in joining or supporting in any way.

Lateness & Punctuality



We just want to flag that lateness and punctuality is becoming really problematic at the moment. Not only do children miss settling into school with their friends, some morning messages, and their learning, pupil lateness also creates a considerable amount of additional work for the school office. This means that other work, such as getting dinner numbers promptly to the kitchen, managing calls, emails, and the answer phone are all delayed.

This has wider implications for us as a school and impacts our ability to provide an efficient service to everyone - not to mention adding some additional stress for our wonderful office team! It is also obvious that the entrance hall becomes far busier than is ideal, and on days when we have assemblies and additional planned visitors, this can certainly feel chaotic. Please can everyone help to ensure children are in school at the expected time. We appreciate your understanding and cooperation.

THANK YOU



Handwriting & Presentation Skills

This week we have begun an even greater focus on the development of children's handwriting and presentation skills. Mrs Crow is now our new Handwriting and Presentation Lead. She has provided recent training to staff on the revised school policy and approach to handwriting at Whitnash. This policy includes a more consistent use of language for all teaching staff to use to help children understand letter positioning - we will provide a summary and guide to these changes for parents through a letter and information for the website.



For any cake lovers among you, we know you are likely to appreciate the reference to the Victoria Sandwich with most letters sitting in the jam layer! Yum!

Mrs Crow will also be introducing a new reward system for children who are making good progress and improvement with their handwriting, despite not being quite ready for a pen. We are hopeful that this acts as an additional motivator for children striving for their 'Pen Licence'.

National Handwriting Day

Today children across the school have focused National Handwriting Day, learning and focusing through lots of fun activities on the fine and gross-motor skills needed for handwriting development. Huge thanks to Mrs Crow for driving these changes for our school.



Wishing you all a lovely weekend.

Mrs Donna Ellison - Headteacher





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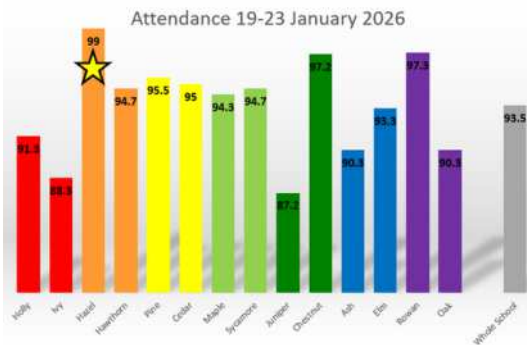
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Attendance

Well Done Hazel



We want to remind parents and carers of the importance of getting children to school on time, so that they do not miss their learning.

We would also like to remind parents and carers that you need to call the absence line each morning that your child is absent, before 9am with their symptoms or reason for absence. You can also email

admin2324@welearn365.com

Thank you for your co-operation.

Miss Emma Lindon
Attendance Champion



Children MUST be in the school building before 9.00am for registration. Doors will be closed at this time and if children have missed this, they will need to be brought to the office by parents/carers to ensure that we have them marked as present in school and to make sure they have their lunches ordered. If this does not happen, it runs the risk of the office not knowing children are in class and they will not be ordered a lunch.

LATE CHILDREN MUST BE ACCOMPANIED BY THEIR PARENT/CARER SO THEY CAN SIGN THEM IN AND NOT LEFT TO ENTER ON THEIR OWN.



Mrs Miller Says ...

All classes

Please ensure that all children have a named water bottle in school every day.

If you think that you may be eligible for free school meals, please email the council on <https://www.warwickshire.gov.uk/education-learning/apply-free-school-meals>

Our next Rags2Riches collection will be on Friday 6th March. Please ask at the office if you would like any collection bags. Reminder that if your child needs any medicine whilst they are at school, this must be brought to the office by an adult where there will also be paperwork to sign. Without this we will be unable to administer the medicine. Children must not be given any medicines to bring in on their own.

Years 3-6

Please can we ask parents to keep any balances for school lunches to a minimum. These put schools under huge financial pressure.

KS2

Reminder that as children transition from KS1 to KS2, they no longer receive a free piece of fruit each day at break time and so will need to bring a healthy snack such as a piece of fruit or vegetable to school with them.

Reminder that if your child is late to school for any reason and require a school lunch, this must be emailed or called through to the school office before 9.30am

The Cool Kids Wear Their Coats

As the weather is very cold, children **must** have a named coat in school every day, as they will still be going outside for play.



We are a NUT FREE school

As we have several pupils with severe nut allergies, please do not send your child in with ANY nuts, or products containing nuts. **This does include sesame seeds.**

Please clearly label all cardigans, jumpers, PE kit, hoodies and coats.



This Week's Achievements - KS2

Artie

Artie, well done on a fantastic start to this term! Every day, you come into school ready to learn and give your best in all areas. You show a positive attitude to your work and always try hard to improve. I am really proud of the effort you put into everything you do, as well as how kind, polite, and thoughtful you are to everyone in our class. Keep up the brilliant work!

Maple

Mia

Mia, you have made a fantastic start to the term, and I have been especially impressed by the effort you are putting into your writing. You are trying really hard to improve your work, and the story you wrote independently this week about travelling to a different time was wonderful. You used your imagination brilliantly and made your writing exciting for the reader. Well done—keep up this fantastic effort!

Maya

Maya has been trying hard to work more independently. She is growing in confidence and has some fabulous ideas, especially in her writing! Super effort Maya.

Sycamore

Izak

Izak has worked particularly hard in English and History this week. He has produced a super adventure story and a interesting report about the Stone Age! Brilliant work Izak!

Erin

For fantastic effort in the classroom in all lessons. She always tries her best and has fantastic learning behaviours, happy to listen to others and share her ideas. She has really grown in confidence and resilience so far this year. Well done Erin! Keep it up

Juniper

Akshat

For hard work and a fantastic attitude to his work. He always tries hard and loves a challenge, really improving his focus and attention to his learning this year. Well done Akshat, keep up the great work!

Gaspar

Gaspar, you have shown excellent learning behaviours by asking for support when things feel challenging, acting on the advice given, and showing real resilience. You do not give up, you listen carefully, and you kept trying even when things are tricky. This is a fantastic example of how to learn, grow, and succeed. Keep up the brilliant effort! Well done—we are very proud of you!

Chestnut

Gabriella

You have produced some excellent creative writing, applying all of the skills that have been taught and combining them with your own imaginative ideas. Your writing is consistently engaging, capturing the reader's attention, and entertaining the audience throughout. This work shows excellent effort, creativity, and confidence as a writer. Very well done—keep up the fantastic work!



Shrinika

Ash

Jaxson

Well done Shrinika! I could give you this award every week for your hard work and dedication. This week, I have chosen you because you are such a positive role model to your peers. Not only do you work hard in every subject but you also go out of your way to demonstrate positive learning behaviours and show others the expectations of Year 5. Keep being a star!

Well done Jaxson. You have demonstrated such a positive attitude to your work since returning from the holidays. You are seeking support independently, pushing yourself in tasks by choosing medium challenges and checking back through written work for sense. Keep up the good work!

Grace

Elm

Logan

Grace has been a STEM superstar this week! She has blown me away with her passion and enthusiasm in everything she does, from her work in GraviTrax club to our Space topic in Science. Her knowledge of constellations is incredible and she was super in supporting everyone's learning at Space Camp. Keep up all of your hard work Grace!

For making exceptional strides this week! Logan has shown such a positive attitude in lessons, working hard and trying his best! This has shone in both Maths and English, where he has been settled and given his all to try and improve the standard of his work! Your hard work has not gone unnoticed - well done!

Lilly-Mae

Oak

Oz

Lilly-Mae is the most helpful child both inside the classroom and outside of it. She shone in P.E. this week, leading a warm-up and working hard on her dancing skills. Lilly-Mae has also made some big steps personally, choosing to put herself in situations that seem scary at first but pushing herself to be part of new experiences. Well done Lilly-Mae!

Oz astounded everyone with his amazing salsa motifs! He listened well and was able to successfully incorporate the movement of his hips to really show off the Latin style! His enthusiasm knows no bounds and both myself and Miss Stevens can't wait to see what he can produce next week!

Jonny

Rowan

Daniel

Jonny is an absolute delight to have in the classroom. His attitude towards learning is commendable and his success reflects this. In Maths, Jonny is applying his reasoning skills brilliantly. He regularly contributes to classroom discussions and can help his peers to understand and reach the correct answer. Jonny is also incredibly helpful as demonstrated at the recent SATs meeting, where he supported Mrs Minns with the PowerPoint slides. I have no doubt that Jonny will continue to shine throughout his final year at our school!

Daniel is making great progress in writing. It has been a pleasure to read his 'cold write' in the style of a journalist. He worked really hard to include the toolkit features. Daniel always tries his best in everything he attempts and I have enjoyed seeing how proud he is of his work in recent weeks! Daniel is also incredibly helpful as demonstrated at the recent SATs meeting, where he supported Mrs Minns with the PowerPoint slides. Well done Daniel!





Maths Challenge

The most accurate class	OAK	
The most active class	JUNIPER	
The most active pupils:	Class	Average minutes per day
Jackson	Oak	50:18
Doruk	Chestnut	27:34
Ansh	Juniper	8:23

50	60	70	80	90	Silver	Gold
Roman	Vivienne	Omar Penny	Penny Rory	Siyar	Angel	Shrinika

Word Count



Class	Words Read	Total	Quizzes passed this week	Total number of quizzes passed	Weekly Boom Reader Total
Hawthorn	N/A	N/A	N/A	N/A	18
Hazel	N/A	N/A	N/A	N/A	46
Cedar	5,287	137,697	19	184	8
Pine	25,868	232,429	13	97	26
Maple	100,857	1,162,057	31	462	10
Sycamore	24,339	686,232	22	525	16
Chestnut	141,878	2,706,351	32	436	4
Juniper	88,088	1,032,527	18	340	4
Ash	180,738	3,228,390	9	159	2
Elm	40,987	2,794,322	8	226	7
Rowan	203,888	8,659,689	21	541	6
Oak	599,279	8,915,702	24	427	289
Totals	1,411,209	29,555,396	197	3397	438

Word Count Winners
OAK

Top Quizzes
CHESTNUT

Boomreaders of the week
OAK

We say congratulations to JUNIPER, for achieving their 1 million words.
We also say a very well done to Eduard for achieving his Bronze Raccoon award.
Certificates will be with you shortly.





Is my child too ill for school?

It can be tricky deciding whether or not to keep your child off school when they're unwell. Here is the NHS guidance to help parents/carers decide if they should send their child to school.

<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>



There are government guidelines for schools and nurseries about health protection and managing specific infectious diseases at [GOV.UK](https://www.gov.uk).

These say when children should be kept off school and when they shouldn't.



If you do keep your child at home, it is important to remember to phone the school on the first day and let us know that your child won't be in and give the reason.



SHOE BOXES FOR YEAR 3



Year 3 can you collect shoe boxes with removable lids please?

You will need these for a very exciting lesson!

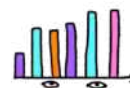
If anyone else has any shoe boxes they can donate, please bring them into school.



PLEASE NOTE THEY MUST HAVE REMOVABLE LIDS.



STEM Challenge



Science Technology Engineering Maths

Do you enjoy solving problems, spotting patterns, experimenting, or creating new things? This week's STEM challenge is designed to get you thinking like a scientist, technologist, engineer or mathematician!

Take on the challenge, test your skills, and have fun exploring the world of STEM. Don't forget to document your work—snap pictures, record your answers and add them to your learning log. You can also email them to the class email address to share your discoveries!

Key Stage 1

Spring 1 - 23.01.26
Science Challenge

Key Stage 2



LIFT ICE with string!

You'll need

Glass or jar
Water
Ice cube tray
Food colouring - optional
Ice cube
Salt
String or woollyarn



Instructions

Fill one or more jars with water to almost the top.

Carefully place an ice cube into each glass and top it up with water, so the glass is almost full.

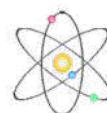
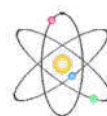
Place a small piece of string over the top of the ice cube and sprinkle salt over where the string sits on the ice cube.

Leave for 1 minute.

Carefully lift the string from both sides, the ice cube should be attached!

Why does the ice stick to the string?

The addition of salt lowers the freezing point of water, making some of the ice melt. The ice melts and refreezes a little around the string causing it to stick to the ice.



Why not upload your STEM home learning challenge to our padlet?
Scan code for access



Number Day 2026

Number Day is coming to Whitnash Primary School!

It's on **Friday 6th February** and the following events will be taking place:

- We will be having themed maths lessons throughout the day focused on number.
- We will be taking part in the Times Table Rock Stars number day challenge.
- We will be taking part in Dress up for Digits. Come to school in an item of clothing with a number on it (football shirt, cap, netball shirt or even a onesie!). Or get even more creative by dressing in a maths or numbers theme!
- With an aim of raising money for the NSPCC, we are asking for donations to support the day.

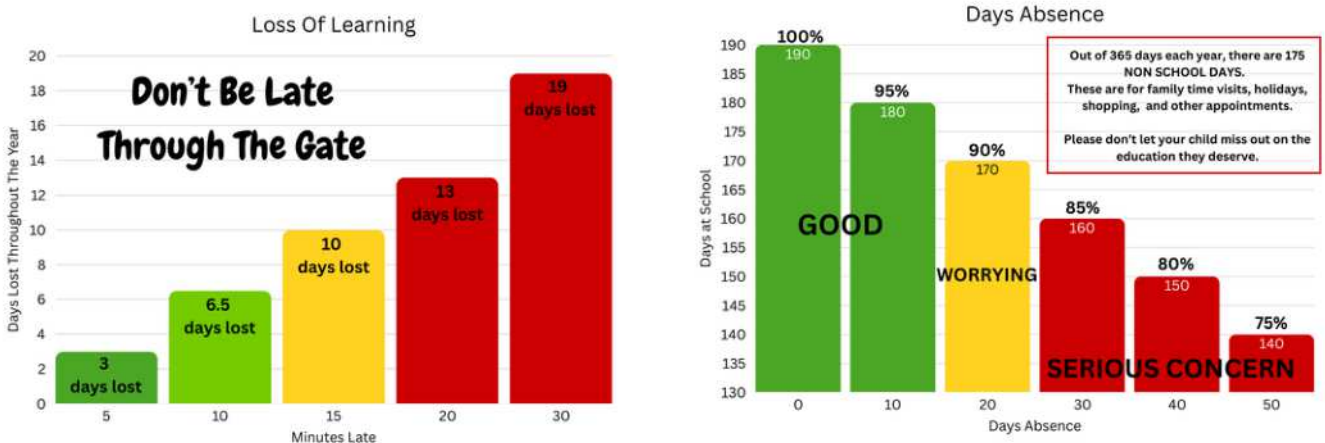
A letter will be sent out soon, so, give your times tables a tweak and get your digits dancing for Number Day 2026!



Focusing On Attendance

School attendance is crucial for academic success, social-emotional growth, and building essential life skills. This directly links to better grades, stronger peer relationships, improved confidence, and readiness for future work and adulthood.

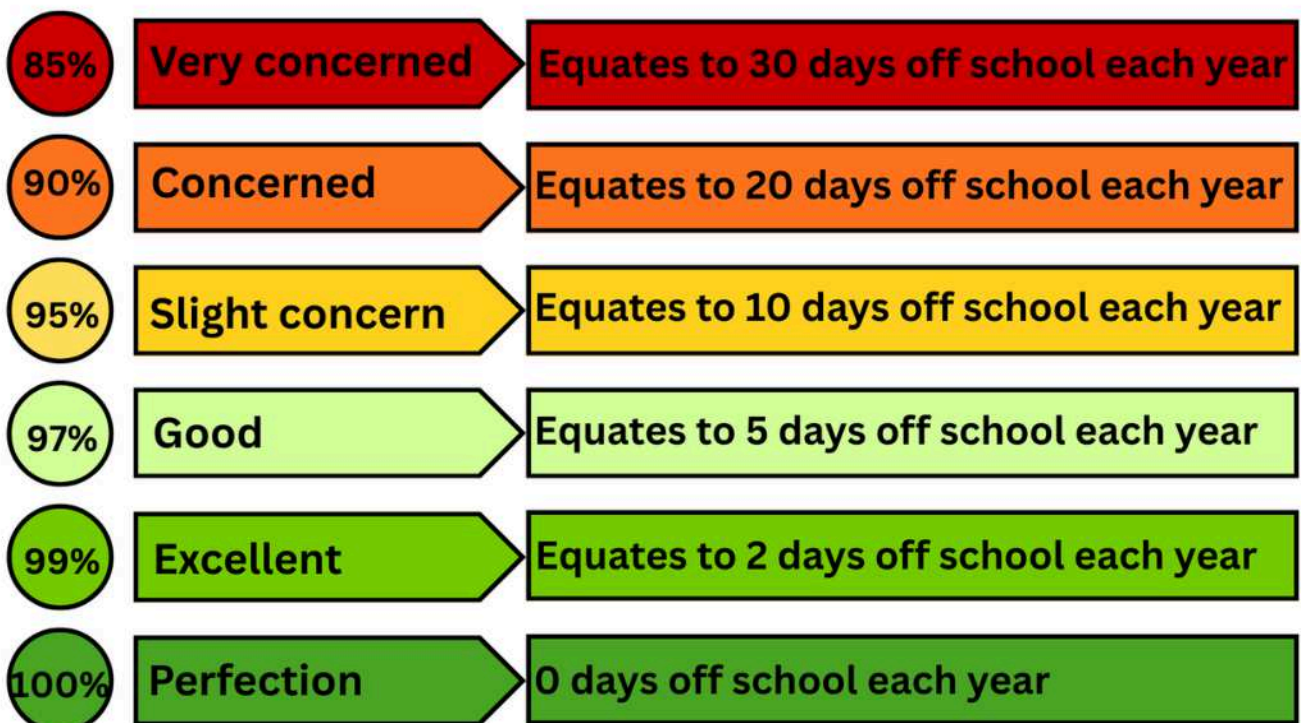
Missing school leads to falling behind, difficulty catching up, and can negatively impact long-term life outcomes.



Attendance



Children are required by law to attend school 190 days per year.
The Government states that every pupil's attendance should be at least 95%





YOUNG ARTISTS' SUMMER SHOW ART COMPETITION

We are delighted to share that our school is registered to take part in the Royal Academy of Arts Young Artists' Summer Show – a wonderful opportunity to celebrate the creativity and talent of our children here at Whitnash!


Inspired by the Royal Academy's famous Summer Exhibition, this national project showcases artwork by young artists aged 4–18 years from across the UK. Entry is completely free, and selected pieces will be displayed online and at the Royal Academy in London!

There is no set theme, so children can explore any subject that inspires them - whether it's a landscape, portrait, abstract piece, or something entirely imaginative.

Please note the Royal Academy's key guidelines:

- AI-generated artwork cannot be accepted.
- Artwork must be original, not closely copying or reproducing another artist's work or ideas.
- Please avoid using known comic, book illustration, or animated characters.
- The same artwork cannot be submitted in multiple years.
- Submissions should not include content or text that might be unsuitable for and exhibition open to artists aged 4–18.

All entrants are to be brought into school for the attention of
Mrs Smith (Reception Teacher and Art Lead)
who will collect and submit all artworks by Friday 27th February 2026.



You can find out more about the competition on the Royal Academy's website:
Young Artists' Summer Show <https://youngartists.royalacademy.org.uk/>



FOOTBALL FESTIVAL



This week, a group of 10 Year 6 girls took part in a Football Festival. The children took part in a range of football activities, focusing on the skills of passing and dribbling. They also had the opportunity to compete against other local schools. Three individuals from the group achieved awards for football skill, engagement in the session and great teamwork. The children enjoyed taking part in this event and had a lot of fun! Well done girls.



Sports Activities To Do At Home

Animal Dance

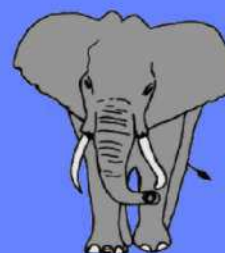
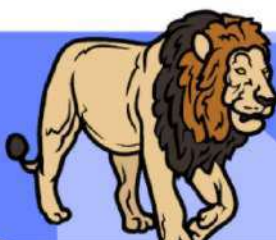


How to play:



- Create a short dance that uses the movements of an animal of your choice.
- Try not to just act like the animal, but use their movements e.g. the way they crawl, walk, sleep or jump.
- Think about how quickly or slowly they move.
- Think about how they move e.g. bouncy, smoothly.
- Choose some music that suits your animal too.

Show your dance to a family member or friend.



www.getset4education.co.uk





Collection Day!

Our School is raising money by collecting reusable clothes on:

06 March 2026

Please use the bags provided, and feel free to add extra bags if you need to!

Thank you!

By donating your unwanted, reusable clothes and accessories, you're helping turn them into affordable clothing for others around the world.



What can I recycle?



STOP and think would you wear it?



No Thank You!

- POOR QUALITY ITEMS SUCH AS DIRTY, WET, RIPPED OR SOILED CLOTHING.
- UNIFORM
- SOCKS
- PILLOWS
- DUVETS
- CURTAINS
- BOOKS OR CD'S

Yes Please!



- CLEAN, GOOD QUALITY, DRY REUSABLE CLOTHING
- ADULTS, CHILDREN'S & BABIES CLOTHING
- PAIRED SHOES AND FOOTWEAR
- JEWELLERY AND ACCESSORIES
- BELTS AND HANDBAGS



School Closures



At this time of year, schools begin to make plans for poor weather conditions and the potential of snow. Our number one priority is to keep the school open, but we have to also ensure the safety of all members of our school community. This can sometimes lead to unavoidable school closures whilst the school site is made safe. We may also opt to close due to it being deemed unsafe for staff to journey to school, or if travel delays are likely to impact safe pupil/staff ratios.

In the event of a closure, these are the procedures in place to let parents/carers know:

A text message will be sent to all parents/carers.

The message below will be placed on the website:



Desk Top View



Tablet View



Mobile View

- You can also check on the Warwickshire Council website:

www.warwickshire.gov.uk/schoolclosures

- Check on local radio stations.

In the event of the school being closed due to snow, we encourage children to look at the class pages on the website.

www.whitnashprimaryschool.com/Classes

Here they will find the homework activities that can be completed. MyMaths and Timetable Rockstars also provide ongoing learning for children to access from home.



Children can also read, play, and enjoy the snow!



Little Sips BIG ADVENTURES

Dear parent/guardian,

As you may be aware your child's school has a milk scheme, administered by Cool Milk. Mid-morning milk provides a much-needed nutritional boost and keeps children hydrated between breakfast and lunch. Children receive free milk until the age of 5. After that, they can continue to reap the benefits of fresh mid-morning milk at a subsidised* cost.

If you'd like to opt in and have not already done so, simply register your child at www.coolmilk.com/register. Your child(ren) will continue to receive free milk whilst under the age of 5 and Cool Milk will get in touch with further information by email shortly before their 5th birthday.

For children who are already over 5, it's not too late – our scheme is flexible! As well as being able to register and make payment straight away, you can join and cancel the scheme at any time. We offer yearly, termly and half termly payment periods and a recurring payment option to give you one less thing to remember.

If you already have an online Cool Milk account for a sibling, you can manage your account, make payment and add extra children by logging in at www.coolmilk.com/parents.

Should you have any questions or need any help, send us a message at www.coolmilk.com/contact or give us a call on the number listed below – we're here to help!

Kind regards,

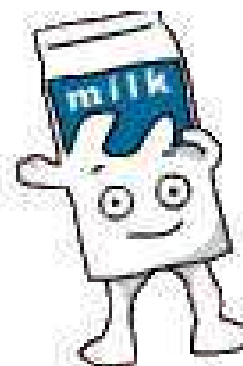
Cool Milk

☎: 0800 321 3248

💻: www.coolmilk.com



SCAN TO REGISTER



*Milk for under-5s is fully funded by DHSC via the Nursery Milk Scheme. Milk for over-5s is subsidised by Defra via the School Milk Scheme.



PE Days

Here are the days allocated to each class for PE.
Please keep checking this list, as it can change, however, you will be notified via the class teacher if this happens.

Please ensure that children wear the correct PE kit, suitable for both indoor and outdoor lessons and playtimes.

White T-shirt with navy/black shorts. Navy/black tracksuit or joggers and sweatshirt/hoodie.

All PE kit should be plain or has the school badge on it. Brand logos are permitted but must be small. Other colours and football shirts may not be worn.

Please ensure that the correct swimming kit is brought into school on your child's allocated swimming day.



Don't forget to put your child's name in their PE kit.

Class	PE Day
Holly & Ivy	Wednesday
Hazel	Wednesday & Thursday
Hawthorn	Wednesday & Friday
Pine	Monday & Friday
Cedar	Monday & Friday
Maple	Monday & Wednesday
Sycamore	Wednesday & Thursday
Juniper	Tuesday & Friday
Chestnut	Tuesday (Swimming) & Friday
Ash	Tuesday & Wednesday
Elm	Tuesday & Wednesday
Oak	Wednesday & Thursday
Rowan	Wednesday & Thursday

Do you qualify for FREE SCHOOL MEALS?

Reasons to apply

Even if your child is currently receiving free school meals because they are in Reception, Year 1 or Year 2, you should still apply for benefits-related FSM if you think you may be eligible.



Doing so means that our school will be given extra funding for six years, which can help to fund valuable teaching and learning support for the school.

Applying for benefits-related FSM also means you will be eligible to receive funding for the holiday periods from the Warwickshire Local Welfare Scheme.

You can apply for benefits-related FSM at any time online
warwickshire.gov.uk/education-learning/apply-free-school-meals





Children's Clubs and



The following pages are filled with information of things to do, things to see for you and your children in and around Warwickshire.

KIDS CLUB BT February Half Term **Childcare**
Reception to Yr 6

JOIN THE ADVENTURE!
Schools out, but we've got you covered

from only £24 per day

4 days **£86**
5 days **£95**

Monday 16th to Friday 20th February

Times 9.30am to 3.30pm
Early Drop off 8.30 - 9.30am +£3.50 each
Late Pick up 3.30 - 4.30pm

WE ACCEPT CHILDCARE VOUCHERS & TAX-FREE CHILDCARE search 'Onside Wraparound'

Ofsted
Registered EY2657545

to book visit btkidsclub.onsidelive.co.uk

Onside Coaching Monday 16th to Friday 20th February

Schools Out? We've got you covered!

Fun, active & flexible holiday childcare for ages 5-11

NOW ONLY £18 per day
Childcare vouchers accepted

At **Stratford and Warwick**
COURSE TIMES 9.30am to 3.30pm
Early Drop off and Late Pick up available +£3.50 each

BOOK NOW AT onsidecoaching.co.uk

GOGO XTRA! **Free TRIAL**

FLIP FOR MORE INFO

PARKOUR
CODING
BADMINTON
BASKETBALL
DANCE

*Activities may vary

THE BOLD NEW HOLIDAY CAMP Xperience

It's the camp for sports lovers, coders, gamers, thinkers and movers!!!

FOR 7-12 YEARS

Ofsted
★★★★★
RATED 5 STARS ON GOOGLE

TRIAL US FOR FREE!

JANUARY 31st
NORTH LEAMINGTON SCHOOL
1:00-3:00pm

BOOK A TRIAL

FIND OUT MORE ABOUT US
www.gogomakers.co.uk | 01926 350024



Family Support

The following pages contain lots of information
for parent/family support.





SAFELINE PARENT WORKSHOP INTERNET SAFETY

Date: 29th January 2026
Time 5pm-6pm
Location: Join Zoom meeting ID 765 294 7590

This workshop highlights the sexual abuse risk online; provides key knowledge around apps our children use and support available. If you would like to attend, please confirm by emailing PEI@safeline.org.uk. Please reference the school your child attends.

Safeline
Preventing & Responding
Sexual Abuse




Warwickshire Family and Relationship Support

2-HOUR **FREE** WORKSHOPS FOR PARENTS AND CARERS

9th February	2 nd March	16 th March
Understanding Children's Behaviour  Monday's  09:30 - 11:30  ST JOSEPH'S CATHOLIC PRIMARY SCHOOL ROWLEY ROAD LEAMINGTON SPA CV31 2LJ For further information email: ehparenttrainers@warwickshire.gov.uk	Sleep and Routines Children are rewarding, stimulating and fun, but looking after them can sometimes be stressful and challenging. These Workshops will enable parents to meet other parents, to share own experiences in a safe space and to find out about the topics covered. You will also learn about the Parenting offer in Warwickshire County Council and other support that is available to families.	Boundaries and Rules

Book your **FREE** place



Longer programmes also available

Please note we are unable to accommodate children during these sessions.




Tuesday 20 January 2026

This week's Family Information Service newsletter includes information about:

Kidz to Adultz exhibition
Energy Savers Week
Communication workshop
and much more!

[Download newsletter here](#)





let's talk: Speech and Language advice line for Warwickshire's 0-5 year olds

Practical strategies and support for parents/carers and professionals from a Speech and Language therapist

Tailored signposting to ideas, resources and services

Service available Friday mornings
9:15am-1pm (except Bank Holidays)



Contact us by telephone or text on: 07789 924245
E-mail us: letstalk@swft.nhs.uk or use the QR code



Images created for 08007. Speech & Language Therapy department for Alice Goodie, creating for: Lethbridge Art.



SEND PARENT/CARER SUPPORT GROUP

With the Brunswick Hub team members Laura and Georgia

Group or one to one support

Supporting with but not limited to:

- DLA and benefits
- EHCP and education
- Housing Support
- Employment Support
- Health and Wellbeing
- SEND support

Every Wednesday
1pm-2:30pm

At the Lillington Children's Centre
3 Mason Avenue,
Leamington Spa
CV32 7QE



For more information contact:

Laura - 07356123171 or Georgia - 07923230579



Improving physical, mental and economic health in the community.

SEND Support Group

Come and join us!

If you have any worries or concerns surrounding SEND please come and have a chat with us!

Meet with other parents/carers in similar positions.

We can help with a wide range of concerns.

Running on the third
Thursday of every
month 10am-12pm at
the Brunswick Hub.

Contact us:

Georgia.mansell@brunswickhlc.org.uk

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NHS Talking Therapies

Living well with Long-term Physical Health Conditions

Talking Therapies offers support to patients who have been recently diagnosed or living with a physical health condition.

- Are you worried about your health?
- Does your health get you down?
- Do you feel embarrassed or frustrated by your health condition?
- Do you feel your health holds you back in life?



If yes, all of these are normal responses that can be difficult to manage, but Talking Therapies can help. We work with conditions that include, but are not limited to:

Diabetes, Respiratory conditions, Cardiac problems and Chronic pain

Register with us today for an initial appointment online, by phone or by speaking with your GP. Talking Therapies works with people aged 16-plus, who are registered with a GP, across the Coventry and Warwickshire area.



for anxiety and depression

Telephone: 024 7667 1090

Lines are open from 9:00am to 4:30pm Monday to Friday

Visit www.talkingtherapies.covwarkpt.nhs.uk or scan the QR code for more information.



HOLIDAY ACTIVITIES AND FOOD



Any young person aged 4 - 16 years old (in full-time education) who receives benefits-related free school meals can request a HAF code



The programme offers free support to families on lower incomes, giving eligible young people access to enriching activities and healthy meals during the main school holidays.

You can attend up to 4 sessions during Christmas and Easter and up to 16 sessions over Summer



The activities available include sports, animal care, performing arts and so much more!

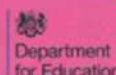


Contact the Family Information Service for more information.

Call 0800 408 1558 Email fis@warwickshire.gov.uk



www.warwickshire.gov.uk/haf



FREE SCHOOL MEALS



School meals are free for lots of families, check if you are eligible to apply!

So much more than lunch...

A free school meal:

- creates healthy eating habits
- improves learning and behaviour
- saves money and time
- helps schools get extra funding

Did you know that claiming free school meals means that your child will get access to free school holiday activities and food?



To find out more and for help to apply for free school meals, please contact: freemeals@warwickshire.gov.uk or call 01926 359189



Can I apply?

Your child could be eligible for free school meals if you get any of the following:

- Income Support or Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support from National Asylum Support Service (NASS)
- Guarantee Pension Credit
- Child Tax Credit (with no Working Tax Credit) with an annual income of no more than £16,190
- Working Tax Credit run-on - paid for four weeks after you stop qualifying for Working Tax Credit
- Universal Credit - if you apply on or after 1 April 2018 your household income must be less than £7,400 a year (after tax and not including any benefits you get)

You should still apply if your child is aged 4-7 and receives a universal free school meal

Find out more and apply at www.warwickshire.gov.uk/fsm



Lunch Menu - 26 January 2026

Week One

Allergy Key:

vg - Vegan	G - Gluten/Wheat	F - Fish
v - Vegetarian	C - Celery	M - Mustard
h - Homemade	S - Sesame	SU - Sulphates
D - Dairy	E - Egg	SB - Soya

MONDAY

Choose a main meal ...

(v)(h) Tomato Pasta Bake with Malted Wheat Baguette

(vg) Plant Power Burger in a Bun & Diced Potatoes (G)

Jacket Potato - (v) Cheese (D), Tuna (F,E) or (v) Baked Beans

(v) Cheddar Cheese Bap (G,D)

On the side ...

Fresh Salad Bar

Vegetables of the Day

For dessert ...

((v)(h) Chocolate Cracknel (G)

(v) Yoghurt (D,SB) or Fresh Fruit

TUESDAY

Choose a main meal ...

Chicken Fajita Wrap with Cous Cous (G)

(v) (h) Hearty Roots Chilli with Rice

Jacket Potato - (v) Cheese (D), Tuna (F,E) or (v) Baked Beans

Tuna Mayonnaise Bap (F,E,G)

On the side ...

Fresh Salad Bar

Vegetables of the Day

For dessert ...

(v) Jelly with Fruit

(v)(h) Banana & Raisin Cookie (G)

(v) Yoghurt (D,SB) or Fresh Fruit

WEDNESDAY

Choose a main meal ...

British Roast Chicken Fillet, Yorkshire Pudding, Gravy with Roast Potatoes (D,E,G)

(v)(h) Plant Power Toad in the Hole with Roast Potatoes (G,E,D)

Jacket Potato - (v) Cheese (D), Tuna (F,E) or (v) B/Beans

Egg Mayonnaise Bap (G,E)

On the side ...

Fresh Salad Bar

Vegetables of the Day

For dessert ...

(v)(h) Caramel Apple Crumble with Custard (D,G)

(v) Ice Cream (D)

(v) Yoghurt (D,SB) Fresh Fruit

THURSDAY

Choose a main meal ...

British Pork Sausages & Gravy with Mashed Potato (GD,SB,SU)

(h)(v) Cheese & Potato Pie with Vegetables (D,E)

Jacket Potato - (v) Cheese (D), Tuna (F,E) or (v) Baked Beans

British Roast Chicken Bap (G)

On the side ...

Fresh Salad Bar

Vegetables of the Day

For dessert ...

(v) Strawberry Whip with Fruit (D)

(vg)(h) Flapjack (G)

(v) Yoghurt (D,SB) or Fresh Fruit

FISH

FRIDAY

Choose a main meal ...

(msc) Salmon Fishcake with Chipped Potatoes (FG)

(v) Cheese & Tomato Pizza Wedge with Chipped Potatoes (GD)

Jacket Potato - (v) Cheese (D), Tuna (F,E) or (v) Baked Beans

British Ham Soft Bap (G)

On the side ...

Fresh Salad Bar

Vegetables of the Day

For dessert ...

(v) Frosted Carrot Cake (GE)

(v) Yoghurt (D,SB) or Fresh Fruit



What's On ...

January 2026

26	Monday	9.10	KS1 Achievement Assembly
27	Tuesday	Day	Ricky's Dancing Workshop

February 2026

02	Monday	9.10	KS2 Achievement Assembly
05	Thursday	12.30	Year 3 Gymnastics
06	Friday	Day	Number Day - Dress Up For Digits
06	Friday	Lunch	Winter Olympics Menu
11	Wednesday	12.00	Years 5/6 Sportshall Athletics
12	Thursday	Lunch	Lunar Menu
13	Friday	3.15pm	Break Up For Half-Term
16-20	Week	Week	Half-Term
23	Monday	Day	INSET - School Closed to Pupils
24	Tuesday	Day	Pupils Back To School
24	Tuesday	3.30-5.30pm	Parents' Evening
26	Thursday	3.30-6.00pm	Parents' Evening

March 2026

02	Monday	Day	National Offer Day for Secondary School Places 2026
05	Thursday	Lunch	World Book Day Menu
06	Friday	am	Rags 2 Riches Collection
09-13	Week	Week	Year 6 Residential Visit to Arete
16	Monday	Day	Years 3&4 Scooterbility
20	Friday	Lunch	Red Nose Day Menu
27	Friday	Lunch	Easter Lunch Menu
27	Friday	3.15pm	Break Up For Easter Holidays

Please note that these dates are subject to change

[Download 2025/26 calendar here](#)