



Dear Parents/Carers

Online Safety

We have sent an important letter this week to parents of children in Year 5 and 6 about the use by some children of inappropriate language and behaviour online and how this sometimes leads to further fallouts in school.



We have shared many times the age recommendation for social media accounts is 13+. However, gaming companies, such as PlayStation, have introduced chat facilities which allow children to converse while playing. Unfortunately, in a similar way to the other social media platforms, children do not always have the maturity to manage this interaction.



Our school ensures the appropriate use of social media is included in our online safety curriculum, but continue to strongly recommend that children are not given access to social media until they are the right age - including online chat functions. If children and parents are not following our advice then we recommend devices and access are removed when children's behaviour and conversation is not age appropriate and/or unkind. We encourage parents to closely monitor their children's online behaviour and take the necessary steps to intervene as required. This remains a parenting matter.

We thank you for your cooperation in helping to keep our young people safe.

Mental Health In Schools Week

This week we have been celebrating Mental Health in Schools Week. Miss Brown has coordinated a range of curriculum opportunities for children to take part in. These will be included in next week's newsletter.

December/Christmas Events

Miss Hall has very helpfully included all the up-and-coming Christmas events on our newsletter back page and website. We have also sent various letters to the relevant classes about these events. We look forward to see as many of you as possible at the children's relevant performances on the run-up to Christmas.



Wishing you all a wonderful weekend.

Mrs Donna Ellison - Headteacher





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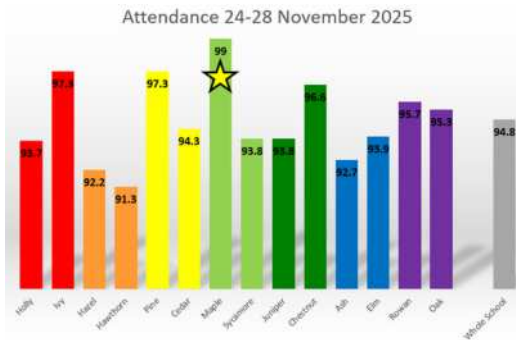
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Attendance

Well Done Maple



We want to remind parents and carers of the importance of getting children to school on time, so that they do not miss their learning.

We would also like to remind parents and carers that you need to call the absence line each morning that your child is absent, before 9am with their symptoms or reason for absence. You can also email

admin2324@welearn365.com

Thank you for your co-operation.

Miss Emma Lindon
Attendance Champion



Mrs Miller Says ...

Keep Long Hair Tied Back

As stated in our Uniform Policy, long hair **MUST** be tied back at all times. This applies to both boys and girls. If long hair is not tied back it poses a health and safety issue. As stated in previous correspondence, we do get a lot of cases of head lice. Head lice spread by crawling from one person's hair to another when heads are in close contact. They have six legs with claws that are adapted for clinging to hair, they cannot survive for long without a human host.

Therefore, if long hair is tied back this reduces the risk of head lice crawling onto your child's hair.

Treetops

Can we ask that you email or call the school office if your child is not going to be attending a session for any reason.

Please remember that all orders for Christmas lunch **MUST** be placed by **Friday 5th December**. After this date it will be too late to order and children will need to bring a packed lunch with them on the day.

Please make sure your Parent Pay balances are paid off regularly.

The Cool Kids Wear Their Coats

As the weather is getting very cold, children **must** have a named coat in school every day, as they will still be going outside for play.



We are a NUT FREE school

As we have several pupils with severe nut allergies, please do not send your child in with ANY nuts, or products containing nuts. **This does include sesame seeds.**

Please clearly label all cardigans, jumpers, PE kit, hoodies and coats.



This Week - KS2 Achievements

Year 3

Joshua
Maple

Joshua, you are simply fabulous! I am incredibly proud of you and all the hard work you've put in throughout Year 3 so far. I was so impressed with your artwork last week and the 3D cubes and cuboids you were practising! Not only have you been working incredibly hard, but you are always exceptionally kind and helpful to me and to everyone in the class. Thank you — you are a star!

Year 3

Keady
Maple

Keady, well done on all of your brilliant hard work in reading, writing, and maths. I am so proud of you and the resilience you have shown in your learning. Even when things feel a little tricky, you always keep trying and never give up — this is a fantastic learning behaviour to have, so keep it up!

Lucas
Sycamore

Well done for working very hard on your reading and Epatt words. Also, you have been trying really hard with your class work - keep it up! We want to see you working this hard each work!

Year 3

Oscar
Sycamore

Well done for working hard in all subjects! You have also been working really hard in your kindness missions and with learning the piano! We want to keep seeing you being fab! A great effort!



Year 4

Angel
Juniper

For a fantastic improvement to her attitude, confidence and work rate across all subjects. She is making huge improvements with her work across all subjects and she will now be one of the first to share her ideas and answer questions in the classroom. Keep up the great work Angell!

Year 4

Siyar
Juniper

For a huge improvement to his work rate and quality of the work that he is producing. He is making huge improvements with his work across all subjects and you can tell he is really trying his best. Keep up the great work Siyar!

Atharv
Chestnut

For consistently demonstrating brilliant learning behaviours across all subjects, showing focus, resilience and a positive attitude every day. This last week have also applied your news recount writing skills with excellence in English, producing clear, detailed and engaging paragraphs.

Year 4

Zyan
Chestnut

For consistently demonstrating brilliant learning behaviours across all subjects, showing focus, resilience and a positive attitude every day. This last week have also applied your news recount writing skills with excellence in English, producing clear, detailed and engaging paragraphs.



This Week - KS2 Achievements

Year 5

Amelia

Ash

Well done Amelia! You have been working so hard in your writing recently. A massive change in attitude towards your learning has had a really positive impact. You are actively listening and asking really valuable questions. Keep up the good work.



Year 5

Bowie

Ash

Well done Bowie, you are such a hard worker! Every subject we cover, you go above and beyond to complete neat and well thought-out work. You are a role model to others and your organisation and presentation is exemplary. Keep it up!

Alfie

Elm

Alfie, you have been working really hard in everything we do! He always shows a desire to learn and puts in 100% effort into every task. This attitude to learning has really helped you make great progress, particularly in our English lessons, where you take real pride in the way your work looks! Well done!

Year 5

Moises

Elm

Moises, I have been really impressed with your attention to detail in your lessons over the last few weeks. You have been taking more care and attention over your handwriting and making sure your writing is punctuated accurately. Keep it up because I am so proud of your work!

Year 6

Ewan

Oak



Ewan was our class leader for the school council assembly and he was fantastic! Ewan went round every group ensuring all the children were on task and that everyone's voice was heard. He supported groups that were struggling to come to an agreement and was fair and polite throughout. What a great role model!

Year 6

Raisa

Oak

Raisa has applied herself fantastically throughout the whole of year 6. She has completed all her homework weeks early to ensure nothing is late and is even doing extra! Raisa has also shown great dedication to learning her times tables and has surpassed the hour-a-day mark on TTRS! I can't wait to see all that she achieves this year!

Mya

Rowan

Mya has been working so hard during the last two weeks. She is applying a growth mindset towards her learning and experiencing some great success as a result. It is lovely to see Mya so proud of her work! Miss Kraak has also mentioned how hard Mya is working in her times table groups and how Mya is practising not only in school but at home as well. Well done Mya!

Year 6

Adrian

Rowan

Adrian has worked incredibly hard this week in the practise SATs tests we have been doing in class. Adrian has used every minute of his time wisely and been very successful as a result! Adrian is such a hardworking child and will do his best in everything he does. He really is a delight to have in the classroom! Well done Adrian.



WELL DONE!





Maths Challenge

The most accurate class	OAK	
The most active class	JUNIPER	
The most active pupils:	Class	Average minutes per day
Raisa	Oak	51:00
Salwa	Oak	43:50
Doruk	Chestnut	25:58
Others who spent over 10 minutes: Jackson from Oak (15:27) and Jayden from Juniper (10:07).		

10	20	50	70	80	90	Silver
Aarush	Esme	Yemin	Advita Siyar Harper Rory	Advita Ayan Brooke Angel	Akshat Ruby	Salwa

Word Count

Class	Words Read	Total	Quizzes passed this week	Total number of quizzes passed	Weekly Boom Reader Total
Hawthorn	N/A	N/A	N/A	N/A	22
Hazel	N/A	N/A	N/A	N/A	48
Cedar	9,493	39,188	7	56	19
Pine	2,399	106,993	4	58	31
Maple	106,844	794,233	32	330	23
Sycamore	39,394	410,612	13	409	17
Chestnut	87,828	1,377,450	27	229	5
Juniper	68,501	539,369	31	223	0
Ash	234,398	2,315,484	5	87	13
Elm	5,769	1,491,448	3	133	7
Rowan	292,114	4,243,986	24	330	20
Oak	326,301	4,949,221	14	267	88
Totals	1,173,041	16,267,984	160	2122	293



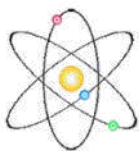
Word Count Winners
OAK

Top Quizzes
MAPLE

Boomreaders of the week
OAK

We also say congratulations to ROWAN class, for achieving their 4 million words - a great achievement. Well done!





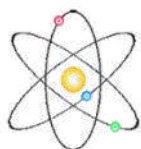
STEM Challenge



Science Technology Engineering Maths

Do you enjoy solving problems, spotting patterns, experimenting, or creating new things? This week's STEM challenge is designed to get you thinking like a scientist, technologist, engineer or mathematician!

Take on the challenge, test your skills, and have fun exploring the world of STEM. Don't forget to document your work—snap pictures, record your answers and add them to your learning log. You can also email them to the class email address to share your discoveries!



Autumn 2 - 21.11.25



Science Challenge

Key Stage 1

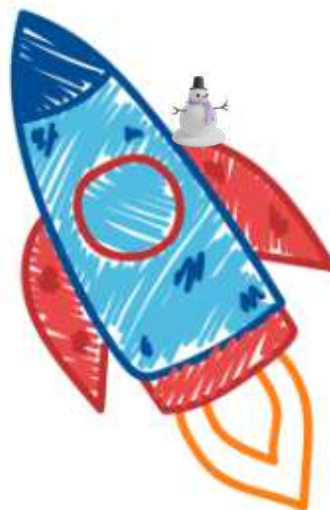
Key Stage 2

MINI BOTTLE ROCKET



You will Need:

- Small 500ml bottle - empty
- Cork which fits tightly inside the bottle neck
- Half a piece of kitchen roll
- 1 tablespoon baking soda - bicarbonate of soda
- Vinegar or lemon juice
- 3 straws
- Tape



Instructions

Use tape to attach 3 straws to the side of the bottle so it stands up.
Pour about 3cm of vinegar into the bottle.
Wrap the baking soda up in the kitchen roll to make a little parcel.
Choose a launch area outside. It needs to be a hard surface.
When you are ready to launch, drop the baking soda parcel into the bottle, quickly add the cork, put the rocket down and stand back!



Why not upload your STEM home learning challenge to our padlet?

Scan code for access



Warning - Make sure you have a clear empty space and keep observers well back from the launch site as the rocket shoots up very quickly.





Sports Activities To Do At Home

7 Minute Workout



Get Set 4
Education

What you need: 1 clock or stopwatch

What to do: complete each exercise for 30 seconds:

- Jog on the spot
- Star jumps
- Lunges
- Tuck jumps
- Press ups
- High knees
- Squats
- Plank
- Burpees
- Side plank
- Mountain climbers
- Side plank on the other side
- Sit ups
- Heel flicks



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www.getset4education.co.uk



Message to Holly & Ivy Parents and Carers



Holly and Ivy classes will be walking to the Post Office on Monday 1st December 2025. Please ensure that you have given consent to this via Parent Pay.



Reception's 'Christmas Celebration'

Wednesday 3rd December 2025 @ 2.00 pm

You are invited to Reception's 'Christmas Celebration'.

Due to fire regulations, we ask that only a maximum of 2 family members to attend.

Please can all children come to school on in their school uniform on this day, as there will be no P.E.

If your child has been asked to provide a costume please can you ensure that this is sent into school by **Monday 1st December 2025** at the latest.



Thank you to everyone who donated their reusable clothes to Rags2Riches.



We collected 260.1 kg = £65.03



Our next collection is on Friday 6th March 2026



Eco-Council News

Project 1: Reduce The Amount of Plastic Waste

Eco-Council are collecting the items listed below for an upcoming arts day where they will be used to create topical art.

Collect Plastics!

Plastics are ending up in our ocean

What we need:

Bottle caps

Yogurt pots
(Clean)

Egg boxes

Clean bottles

Clean soft plastic

and turn into micro-plastics

No more Plastics in the ocean!





The Whitnash Whirlwinds Racing Team

Whitnash Primary School officially has a racing team!

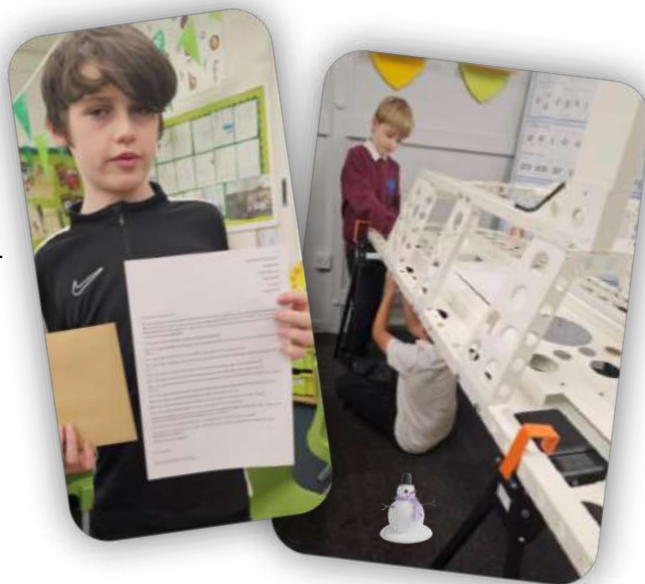
We are the Whitnash Whirlwinds and we are here to win! We have four different teams:

- Car Build
- Design
- Marketing
- Finance

All teams work on a Thursday after school to make a formula 1 car and spread the news about it. We have recently created our logo which is shown here. We are also organising a Christmas tombola on the 16th of December which you can take part in!

Here is what we have been doing in weeks 1 – 3

Our car build team have started to build the car!
Our marketing and finance departments have sent sponsorship letters to lots of different companies.
We have created the team logo!
We are deciding what materials to use for are car
We have organised a Christmas tombola for December 16th (if you have any prizes you could donate to this, please send them in with your child).



Christmas Tombola

Tuesday 16th December 2025

3.15pm



Join us on the playground/Oak classroom to take part in a Christmas tombola!

We are trying to raise money for the Whitnash Whirlwind F1 team so we can buy safety equipment for our driver and mechanics.

To take part in this exciting event, you will need to do two simple steps:

- Be on the playground after school on Tuesday 16th December (or Oak class if it's raining)
- Pay 50p for one ticket and £1 for three tickets to see if you win a prize!

We would greatly appreciate any donations towards the tombola. Any Christmas themed items (as long as they don't contain nuts) would be perfect for our tombola. If you can donate anything, please send it to school with your child and they can give it to their class teacher.



Thank you for your support and see you on 16th December 2025.

School Closures



At this time of year, schools begin to make plans for poor weather conditions and the potential of snow. Our number one priority is to keep the school open, but we have to also ensure the safety of all members of our school community. This can sometimes lead to unavoidable school closures whilst the school site is made safe. We may also opt to close due to it being deemed unsafe for staff to journey to school, or if travel delays are likely to impact safe pupil/staff ratios.

In the event of a closure, these are the procedures in place to let parents/carers know:

A text message will be sent to all parents/carers.

The message below will be placed on the website:



Desk Top View



Tablet View



Mobile View

- You can also check on the Warwickshire Council website:

www.warwickshire.gov.uk/schoolclosures

- Check on local radio stations.

In the event of the school being closed due to snow, we encourage children to look at the class pages on the website.

www.whitnashprimaryschool.com/Classes

Here they will find the homework activities that can be completed. MyMaths and Timetable Rockstars also provide ongoing learning for children to access from home.



Children can also read, play, and enjoy the snow!



Friends of Whitnash PTA



Hot Chocolate Shop

Seeing all those excited faces at our Hot Chocolate Tuck Shop was an absolute delight! We loved serving up steaming cups of cocoa – topped with fluffy cream and marshmallows and the donuts were an instant hit, disappearing faster than we could keep up with!

We're thrilled to have raised a fantastic £54, and we even have some tasty leftovers, so we might just be able to squeeze in an extra treat day later! Thanks to everyone who stopped by and made the dreary day feel so warm and lively.



Christmas Events



The next time you can catch the PTA in action will be at the upcoming Christmas events. We'll be popping up with mouth-watering refreshments to keep energised and festive. These celebrations are our favourite way to toast the children after their first term back and we can't wait to share the fun with you. See you there!

Helping Hands Shoeboxes

We have shared the Helping Hands Shoebox Appeal for the past few weeks but wanted to share some more information as this is a cause close to our hearts.



"Helping Hands Community Project is running its annual Shoebox Appeal and we have a huge volume of requests each year. Last year we gave out over 750 shoeboxes to local vulnerable adults, families facing hardship and poverty, refugees, hostels, supported accommodation and temporary accommodation and the homeless. Our requests for this year are nearer to the 1000 mark."

WE CANNOT DO IT WITHOUT YOU! If you can fill and wrap a shoebox brilliant! If you can donate a stack of empty shoeboxes, gift wrap and tape fabulous! If you have a hidden stock of sweet treats, you'd rather not be tempted by yourself we'll take them! If you're a company that would like to buy some of the items on the list for us to pack- we won't say no! We have about a week to push this and find approx 200 shoeboxes so we can really spread the Christmas love to all that need some this Christmas. You can also pick up a bag from Morrisons Leamington Spa Community room and fill to donate."



PLEASE DO NOT BRING THEM INTO SCHOOL - PLEASE DELIVER TO:
The Helping Hands Charity Shop, 39 Oxford Street, Leamington Spa, CV32 4RA. Or,
Helping Hands HQ, 9a Althorpe Street, Leamington Spa, CV31 2AU
Monday -Thursday 9.30am to 2.30pm





Christmas



SHOEBOX APPEAL 2025

Help us spread a little cheer this Christmas by donating a shoebox for homeless and vulnerably housed individuals/families in Leamington, Warwick, Kenilworth & surrounding areas..

YES PLEASE:

- Toothpaste
- Socks/Gloves
- Hats/Scarves
- Shampoo/Soap
- Body wash
- Creams/Facemask
- Hairbrush/comb
- Deodorant
- Chocolates
- Sweets
- Coffee & meal vouchers
- Notepad/pen
- Teenager Gifts

NO THANK YOU:

- Sanitary products
- Books
- Alcohol
- Diaries
- Flannels
- Handwarmers
- Games/cards
- Soft toys
- Toothbrushes
- Blades
- Aerosols

Last date to donate is Monday 1st December 2025

Please keep the lid separate and attached with an elastic band, clearly marked whether it is for a male or female.

To register your shoebox or donate to one please go to: bit.ly/4821mEa

Donation points The Helping Hands Charity Shop 39 Oxford Street, Leamington. OR Helping Hands HQ 9a Althorpe Street, Leamington Spa, CV31 2AU Mon-Thur 9.30-2.30pm



Little Sips BIG ADVENTURES



Dear parent/guardian,

As you may be aware your child's school has a milk scheme, administered by Cool Milk. Mid-morning milk provides a much-needed nutritional boost and keeps children hydrated between breakfast and lunch. Children receive free milk until the age of 5. After that, they can continue to reap the benefits of fresh mid-morning milk at a subsidised* cost.

If you'd like to opt in and have not already done so, simply register your child at www.coolmilk.com/register. Your child(ren) will continue to receive free milk whilst under the age of 5 and Cool Milk will get in touch with further information by email shortly before their 5th birthday.

For children who are already over 5, it's not too late – our scheme is flexible! As well as being able to register and make payment straight away, you can join and cancel the scheme at any time. We offer yearly, termly and half termly payment periods and a recurring payment option to give you one less thing to remember.

If you already have an online Cool Milk account for a sibling, you can manage your account, make payment and add extra children by logging in at www.coolmilk.com/parents.

Should you have any questions or need any help, send us a message at www.coolmilk.com/contact or give us a call on the number listed below – we're here to help!

Kind regards,

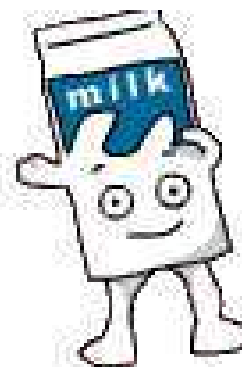
Cool Milk

☎: 0800 321 3248

💻: www.coolmilk.com



SCAN TO REGISTER



*Milk for under-5s is fully funded by DHSC via the Nursery Milk Scheme. Milk for over-5s is subsidised by Defra via the School Milk Scheme.



PE Days

Here are the days allocated to each class for PE.
Please keep checking this list, as it can change, however, you will be notified via the class teacher if this happens.

Please ensure that children wear the correct PE kit, suitable for both indoor and outdoor lessons and playtimes.



White T-shirt with navy/black shorts. Navy/black tracksuit or joggers and sweatshirt/hoodie.

All PE kit should be plain or has the school badge on it. Brand logos are permitted but must be small. Other colours and football shirts may not be worn.

Please ensure that the correct swimming kit is brought into school on your child's allocated swimming day.



Don't forget to put your child's name in their PE kit.

Class	PE Day
Holly & Ivy	Wednesday
Hazel	Wednesday & Thursday
Hawthorn	Wednesday & Friday
Pine	Monday & Friday
Cedar	Monday & Friday
Maple	Monday
Sycamore	Wednesday & Thursday
Juniper	Tuesday & Friday
Chestnut	Tuesday (Swimming) & Friday
Ash	Tuesday & Wednesday
Elm	Tuesday & Wednesday
Oak	Tuesday & Thursday
Rowan	Tuesday & Thursday

Do you qualify for FREE SCHOOL MEALS?

Reasons to apply

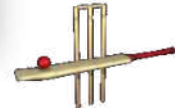
Even if your child is currently receiving free school meals because they are in Reception, Year 1 or Year 2, you should still apply for benefits-related FSM if you think you may be eligible.



Doing so means that our school will be given extra funding for six years, which can help to fund valuable teaching and learning support for the school.

Applying for benefits-related FSM also means you will be eligible to receive funding for the holiday periods from the Warwickshire Local Welfare Scheme.

You can apply for benefits-related FSM at any time online
warwickshire.gov.uk/education-learning/apply-free-school-meals



Children's Clubs and



The following pages are filled with information of things to do, things to see for you and your children in and around Warwickshire.

ALL SAINTS JUNIOR CHOIR PRESENTS

CHRISTMAS CAROL
COME & SING!

A Fun Workshop for CHILDREN

Ages 6-12

Join us during our magical Christmas tree festival to sing some festive favourite carols together!



When: Friday 5th December 2025

Time: 4:15pm - 6:00pm

Concert for Parents: 5:45pm

Sing favourite carols including:

★ I Saw Three Ships Come Sailing In

★ Jingle Bells

★ Ding Dong Merrily on High

★ Just turn up and join in! ★

All Saints Church
Priory Terrace, Leamington Spa
CV31 1AA



Butterflies day nursery **CHRISTMAS** Holiday Club

MONDAY 22ND TUESDAY & 23RD
DECEMBER 2025
AND FRIDAY 2ND JANUARY
2026

ARE YOU LOOKING FOR FUN AND FLEXIBLE CHILDCARE THIS CHRISTMAS HOLIDAY?
JOIN US FOR A MAGICAL EXPERIENCE AT OUR CHRISTMAS HOLIDAY CLUB, PERFECT
FOR CHILDREN AGED 18 MONTHS TO 11 YEARS!

PACKED WITH FESTIVE GAMES, CREATIVE CRAFTS, OUTDOOR PLAY, FOREST SCHOOL
ADVENTURES, AND PLENTY OF CHRISTMAS-THEMED ACTIVITIES, ALL DELIVERED IN A
SAFE, WARM, AND WELCOMING ENVIRONMENT BY OUR EXPERIENCED TEAM.

Scan the QR code, visit
<https://forms.office.com/e/63FuBaCs3b>, call us on 01926
426932, or email info@butterflies-daynursery.co.uk
We'd love to hear from you!

THIS HOLIDAY, WE'RE ALSO OFFERING HAF PLACES FOR CHILDREN FROM
RECEPTION TO YEAR 6. WE HAVE A LIMITED NUMBER OF SPACES, SO IF
YOU'D LIKE ONE, PLEASE GIVE US A CALL OR SEND AN EMAIL AND WE'LL
BE HAPPY TO HELP YOU GET BOOKED IN

HAF

KIDS CLUB BT Christmas Holiday Childcare Reception to Yr 6

JOIN THE **ADVENTURE!**
Festive Fun and Games this Holiday Season

Monday 22nd and
Tuesday 23rd
December

only
£20
per day

book now at btkidsclub.onsidelive.co.uk

Baking, Gymnastics, Small World,
Karaoke, Sports, Outdoor Play
and loads more!

There's something
for everyone at



When?

Monday 22nd and Tuesday 23rd December

Activity Times 9.30am to 3.30pm

Early Drop off 8:30 - 9:30am Late Pick up 3:30 - 4:30pm

Where?

Bishop's Tachbrook C of E Primary School

Kingsley Road, Bishop's Tachbrook, Leamington CV33 6RY

What to bring...

Waterproof shoes or wellies, a packed lunch
and a water bottle

Contact kidsclub@onsidecoaching.co.uk

Ofsted
Registered

CHILDCARE VOUCHERS &
TAX-FREE CHILDCARE ACCEPTED
Search for Onside Wraparound

Onside
Kids Club



Little Kickers®



#MoreThanJustFootball

BOOK YOUR FIRST CLASS NOW!

Contact 01926 967066
Email: Coventry@littlekickers.co.uk
Or visit: www.littlekickers.co.uk



KIDS CLUB BT Christmas Holiday Childcare Reception to Yr 6

JOIN THE ADVENTURE!
Festive Fun and Games this Holiday Season



only **£20** per day

Times 9.30am to 3.30pm
Monday 22nd and Tuesday 23rd December
Early Drop off 8.:30 - 9:30am
Late Pick up 3:30 - 4:30pm

WE ACCEPT CHILDCARE VOUCHERS & TAX-FREE CHILDCARE search 'Onside Wraparound'

Ofsted
Registered EY2657545

to book visit btkidsclub.onsidelive.co.uk

SHE KICKS ACADEMY
CHRISTMAS HOLIDAY CLUB



22ND & 23RD DECEMBER
@ NUNEATON ACADEMY- CV107PD
9-3:30PM AGES 5-13 YRS
FUNDED HAF SPACES AVAILABLE

FUN MULTI-SPORTS, CRAFTS,
CHRISTMAS GAMES AND MORE!

TO BOOK A SPACE PLEASE EMAIL
INFO@SHEKICKSACADEMY.COM

HAF **#HER GAME TOO**



Christmas Holiday Club



VISION VFA FOOTBALL ACADEMY

22ND & 23RD DECEMBER
9.00AM UNTIL 3.30PM
AGES 5-13
£20 PER DAY

"FUN FOOTBALL AND CHRISTMAS ACTIVITIES"
FREE SELECTION BOX

IN PARTNERSHIP WITH BCFC ACADEMY
NUNEATON ACADEMY CV10 7PD
INFO@VISION-FOOTBALL-ACADEMY.COM





Family Support

The following pages contain lots of information
for parent/family support.



PAPAYA

Let's talk about our kids and their tech

PARENT TALK WITH DR IBBS:

HEATHCOTE PRIMARY SCHOOL

DATE & TIME

THURSDAY 11TH DECEMBER 2025 — 7:00 PM to 8:30 PM

EVENTBRITE TICKETS

Scan QR code or use the link to book your FREE tickets. Limited entry due to capacity. Free refreshments provided to all attendees.



LINK TO BOOK TICKETS

[EVENTBRITE BOOKING LINK](#)



Dr Sam Ibbs

Dr Sam Ibbs is a consultant Paediatrician with a special interest in dermatology. She works in Birmingham Children's Hospital, and is committed to improving the health of the region's children.

She has long been concerned by the impact of screen time on children's development and behaviour. As the evidence grew, demonstrating the harms of social media and smartphone use on children's mental health, coupled with her own children reaching an age when smartphones were becoming a reality, she was galvanized to join the movement.

PAPAYA

Helping families to thrive in a digital age

Parenting in the **digital age** has never been more complex, with issues surrounding screen time, social media use, and gaming.

Many parents are concerned about their children's mental health, especially the impact of screens on it.

In this interactive talk, Hannah unpacks some of the **complex issues** surrounding smartphone use and, in a **non-judgmental** manner, aims to help you find solutions that work for your family.

Topics

- The link between mental health and wellbeing and spending too much time online
- Strategies for delaying the smartphone
- Strategies for families to achieve a healthy balance with technology
- Question and discussion time

"The talk is so relevant, full of insight and eye-opening. You will walk away inspired to connect, reflect, and find out more. I highly recommend it."

— Claire Curtis, parent and SFC volunteer.



[Evenbrite Booking Link](#)



LET'S CREATE A CHILD FRIENDLY CHRISTMAS

Warwickshire County Council and partners are collecting gifts for children and young people supported by the Children & Families service in Warwickshire.

Please drop off your donations by Monday 1 December at:

Nuneaton

Eliot Park
Innovation Centre
CV10 7RH

Kenilworth

Kenilworth Library and
Information Centre,
Smalley Place, CV8 1QG

Drop off centres are open Mon-Fri
from 9am - 5pm

For more information email at:
childfriendly@warwickshire.gov.uk



We support children and young people of all ages and have a suggested list of gifts that might support you with ideas:

0-3 years

Soft toys, dolls, teddy bears, puzzles, bath toys



3-5 years

Dolls and action figures, cars, tractors, lorries, story books, DVDs and CDs, arts and crafts, puzzles



5-9 years

Board games, age related toys and dolls/action figures, arts and crafts, CDs & family friendly DVDs, books, puzzles, hair accessories, wordsearch, clothing



9-12 years

Games and toys, arts and crafts, DVDs, books, clothing, hair accessories, gloves, scarves, hats, puzzles



13-18 (& up to 25) years

Gift vouchers (Amazon), books, make-up, perfume, aftershave, toiletries (please try to ensure non-allergic ingredients if possible), clothing and hair accessories



Donations of items such as boxes of chocolates, selection boxes, biscuits, wrapping paper, sellotape and giftbags would be more than welcome at the drop-off locations.

New and unused gifts only please.



SEND DROP IN

COME ALONG TO OUR SEND DROP IN FOR
ANY ADVICE AND SUPPORT!



THE PARENTING PROJECT WILL ALSO BE
ATTENDING TO PROVIDE INFORMATION AND
SUPPORT TO FAMILIES

PLEASE NOTE, THIS WILL BE OUR FINAL DROP IN BEFORE
THE CHRISTMAS BREAK
14TH JANUARY 2026 WILL BE THE FIRST IN THE NEW YEAR

WEDNESDAY 10TH DECEMBER 2025
13:00-14:30

AT LILLINGTON CHILDREN'S CENTRE, MASON AVENUE,
CV32 7QE

FOR ANY QUESTIONS CALL 01926 422123



WINTER FAYRE

11.00AM - 2.00PM



THE SYDNI CENTRE
COTTAGE SQUARE, SYDENHAM CV31 1PT

29
NOVEMBER

- Stalls
- SYDNI Café
- Santa
- Craft workshop for kids





AUTUMN TERM WORKSHOPS & PROGRAMMES WARWICK / LEAMINGTON

Understanding Children's Behaviour	18th November 09:30 - 11:30	Virtual
Understanding Children's Behaviour	19th November 9:30 - 11:30	Cubbington C of E Primary School
Boundaries and Rues	21st November 09:30 - 11:30	Virtual
Routines	25th November 10:00 - 12:00	All Saints Church Emscote
Understanding your teenager	27th November 10:00-12:00	Virtual
Sleep and Routines	28th November 09:30 - 11: 30	virtual
Parenting Together	1st December 17:30 - 19:30	virtual
Sleep	2nd December 10:00 - 12:00	Lillington Children & Family Centre
Bundaries and Rules	9th December 10:00 - 12:00	Lillington Children & Family Centre
Understanding Children's Behaviour	9th December 10:00- 12:00	virtual



**Book your
free place**

For Warwickshire
parents only.

For further information about this
programme please email
ehparenttrainers@warwickshire.gov.uk



25 November 2025

This week's Family Information Service newsletter includes information about:

Cost of living support
Carers Rights Day
Communication workshop

and much more!

[Click here to view Newsletter.](#)



SEND PARENT/CARER SUPPORT GROUP

With the Brunswick Hub team members Laura and Georgia

Group or one to one support

Supporting with but not limited to:

- DLA and benefits
- EHCP and education
- Housing Support
- Employment Support
- Health and Wellbeing
- SEND support

Every Wednesday

1pm-2:30pm

At the Lillington Children's Centre
3 Mason Avenue,
Leamington Spa
CV32 7QE



For more information contact:

Laura - 07356123171 or Georgia - 07923230579



SEND Support Group

Come and join us!

If you have any worries or concerns surrounding SEND please come and have a chat with us!

Meet with other parents/carers in similar positions.

We can help with a wide range of concerns.

Running on the third
Thursday of every
month 10am-12pm at
the Brunswick Hub.

Contact us:

Georgia.mansell@brunswickhlc.org.uk

Megantownsend@brunswickhlc.org.uk



Coventry and Warwickshire
Talking Therapies

NHS Talking Therapies

Living well with Long-term Physical Health Conditions

Talking Therapies offers support to patients who have been recently diagnosed or living with a physical health condition.

- Are you worried about your health?
- Does your health get you down?
- Do you feel embarrassed or frustrated by your health condition?
- Do you feel your health holds you back in life?

If yes, all of these are normal responses that can be difficult to manage, but Talking Therapies can help. We work with conditions that include, but are not limited to:

Diabetes, Respiratory conditions, Cardiac problems and Chronic pain

Register with us today for an initial appointment online, by phone or by speaking with your GP. Talking Therapies works with people aged 16-plus, who are registered with a GP, across the Coventry and Warwickshire area.



for anxiety and depression

Telephone: 024 7667 1090

Lines are open from 9:00am to 4:30pm Monday to Friday

Visit www.talkingtherapies.covwarkpt.nhs.uk
or scan the QR code for more information.



TOGETHERNESS

Bringing the Solihull Approach to the world

SOLIHULL APPROACH 'UNDERSTANDING YOUR CHILD' 10 WEEK PROGRAMME



13TH JANUARY 2026



09:15 - 11:15



WHITNASH PRIMARY

SCHOOL

Langley Road
Leamington Spa
CV31 2EX

For further information email:
ehparenttrainers@warwickshire.gov.uk

Book your **FREE**
place



The programme is intended for parents and carers who want to know more about sensitive and effective parenting. It aims to develop a framework of thinking about parent/child relationships that can be developed into a lifelong skill.

What is covered:

- Tuning into children
- Exploring feelings
- Parenting styles
- Communication and what may be being communicated through behaviour
- Temper tantrums and anger
- Behavioural difficulties



Please note we are unable to accommodate children during these sessions.



Warwickshire's New Child and Family Wellbeing Service

From 1 December, your local Health Visiting and School Nursing services will come together under a new name - **Warwickshire Child and Family Wellbeing**, provided by HCRG Care Group.

This new, joined-up service will support children, young people and families from birth, through school, and up to age 19 (or 25 for those with special educational needs or disabilities).

Please use these new details for any advice or support from 1 December onwards:

0300 247 0072 | wcfw.contact@hcrgrcaregroup.com

1 Allerton Road, Rugby, CV23 0PA

warkschildandfamily.co.uk



Parent Carer Feedback

Warwickshire County Council is working with Warwickshire Parent Carer Voice and local parent carers to create an eLearning awareness programme designed to support parent carers.

To make sure the content truly reflects the experiences and needs of local parent carers, we're asking for your feedback on how you access support.

If this applies to you, please complete the short form linked below and/or share it with others who may be interested:

Complete the form here:
forms.office.com/e/15eLQ3UtW4

**Extended Deadline:
Friday 5th December**

Thank you for helping us shape this important resource!



WARWICKSHIRE
PARENT CARER VOICE



Christmas opening times

We are closed from Wednesday 24th December and will re-open on Friday 2nd January 2026.

However we are running an emergency session at Heathcote Parish Church, Cressida Close, Warwick, CV34 6DZ on Tuesday 30th December 12.30—2.30pm.



Providing emergency food and practical support for people left without enough money to live on.

warwickdistrict.foodbank.org.uk

Registered Charity in England & Wales 1180706



HOLIDAY ACTIVITIES AND FOOD



Any young person aged 4 - 16 years old (in full-time education) who receives benefits-related free school meals can request a HAF code



FREE SCHOOL MEALS



School meals are free for lots of families, check if you are eligible to apply!

So much more than lunch...

A free school meal:

- creates healthy eating habits
- improves learning and behaviour
- saves money and time
- helps schools get extra funding

Did you know that claiming free school meals means that your child will get access to free school holiday activities and food?



To find out more and for help to apply for free school meals, please contact: freemeals@warwickshire.gov.uk or call 01926 359189



The programme offers free support to families on lower incomes, giving eligible young people access to enriching activities and healthy meals during the main school holidays.



You can attend up to 4 sessions during Christmas and Easter and up to 16 sessions over Summer

The activities available include sports, animal care, performing arts and so much more!



Contact the Family Information Service for more information.

Call 0800 408 1558 Email fis@warwickshire.gov.uk



www.warwickshire.gov.uk/haf



Can I apply?

Your child could be eligible for free school meals if you get any of the following:

- Income Support or Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support from National Asylum Support Service (NASS)
- Guarantee Pension Credit
- Child Tax Credit (with no Working Tax Credit) with an annual income of no more than £16,190
- Working Tax Credit run-on - paid for four weeks after you stop qualifying for Working Tax Credit
- Universal Credit - if you apply on or after 1 April 2018 your household income must be less than £7,400 a year (after tax and not including any benefits you get)

You should still apply if your child is aged 4-7 and receives a universal free school meal

Find out more and apply at www.warwickshire.gov.uk/fsm



Lunch Menu - 01 December 2025

Allergy Key:

vg - Vegan

v - Vegetarian

h - Homemade

D - Dairy

G - Gluten/Wheat

C - Celery

S - Sesame

E - Egg

F - Fish

M - Mustard

SU - Sulphates

SB - Soya

Week One

Choose a main meal...

(v)(h) Tomato Pasta Bake with Malted Wheat Baguette

(vg) Plant Power Burger in a Bun with Diced Potatoes (G)

Jacket Potato - (v) Cheese (D), Tuna (F E) or (v) Baked Beans

(v) Cheddar Cheese Bap (G,D)

Monday

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(v)(h) Chocolate Cracknel (G)
(v) Yoghurt (D,SB) or Fresh Fruit

Choose a main meal...

Chicken Fajita Wrap with Cous Cous (G)

(v) (h) Hearty Roots Chilli with Rice

Jacket Potato - (v) Cheese (D), Tuna (F,E) or (v) Baked Beans

Tuna Mayonnaise Bap (F,E,G)

Tuesday

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(v) Jelly with Fruit
(v)(h) Banana & Raisin Cookie (G)
(v) Yoghurt (D,SB) or Fresh Fruit

Choose a main meal...

British Roast Chicken Fillet, Yorkshire Pudding, Gravy with Roast Potatoes (D E G)

(v)(h) Plant Power Toad in the Hole with Roast Potatoes (G,E,D)

Crispy Roast Potatoes

Jacket Potato - (v) Cheese (D), Tuna (F,E) or (v) Baked Beans

Egg Mayonnaise Bap (G,E)

Wednesday

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(v)(h) Caramel Apple Crumble with Custard (D,G)
(v) Ice Cream (D)
(v) Yoghurt (D,SB) Fresh Fruit

Choose a main meal...

British Pork Sausages & Gravy with Mashed Potato (GD,SB,SU)

(h)(v) Cheese & Potato Pie served with Vegetables (D,E)

Jacket Potato - (v) Cheese (D), Tuna (F,E) or (v) Baked Beans

British Roast Chicken Bap (G)

Thursday

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(v) Strawberry Whip with Fruit (D)
(vg)(h) Flapjack (G)
(v) Yoghurt (D,SB) or Fresh Fruit

Choose a main meal... FISHY FRIDAY

(msc) Salmon Fishcake with Chipped Potatoes (FG)

(v) Cheese & Tomato Pizza Wedge with Chipped Potatoes (GD)

Jacket Potato - (v) Cheese (D), Tuna (F,E) or (v) Baked Beans

British Ham Soft Bap (G)

Friday

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(v) Frosted Carrot Cake (GE)
(v) Yoghurt (D,SB) or Fresh Fruit



What's On ...

Please note that these dates are subject to change



DECEMBER EVENTS



PLEASE NOTE THAT THESE DATES AND TIMES ARE SUBJECT TO CHANGE

Monday	Tuesday	Wednesday	Thursday	Friday
1 KS1 Achievement Assembly Reception Walk To The Post Office Christmas Starts At Whitnash	2 Reception Dress Rehearsal to School 	3 Reception Afternoon Performance to Parents/Carers 2.00pm	4 Cookie Day Road Safety Workshops Reception 1.30-2.30pm Year 1 - 2.30-3.00pm 	5 14 sleeps until end of term 20 sleeps until Santa!
8 KS2 Achievement Assembly 	9 Whole School Christmas Visit To St Margaret's Church Music Concert Year 4, Music Bands & Guitar 5.30pm	10 Year 1 Hawthorn Craft Afternoon 	11 	12 Year 1 Hazel Craft Afternoon
15 KS1 Term Achievement Assembly Year 3 Afternoon Concert to Parents/Carers 2.00pm	16 Year 3 Evening Concert to Parents/Carers 6.00pm	17 KS2 Term Achievement Assembly Christmas Lunch 	18 Christmas Disco 	19 Christmas Sing-A-Long Break-Up for Christmas Holidays
22 Sleeps to go	23 Sleeps to go	24 Christmas Eve 	25 Have A Very MERRY CHRISTMAS 	26
29 	30 	31 	HAPPY NEW YEAR! 	Children back to school on Tuesday 6 th January 2026

[Download 2025/26 calendar here](#)

