



## Dear Parents/Carers

### Music Opportunities

As many of you may be aware, we have rolled out some new music opportunities this week for additional musical instrument tuition. We are pleased with the keen up-take, which has been higher than we expected. So not to disappoint, we have extended the one day initially planned for this tuition to two days to meet the demand.



Hopefully this period up to Christmas will enable children to get a flavour for an instrument that interests them. In the new year, we will then seek to streamline these lessons or deliver in blocks of learning throughout the year to ensure children can pursue their interest. We thank Miss Simmons for organising these tasting opportunities and look forward to building on the school music provision. Alongside this, Miss Simmons is also hard at work developing the music curriculum being delivered in classrooms across the school.



### Harvest Collection

We thank parents, carers and children for their generous donations to the local Food Bank. Our Harvest collection has been incredibly fruitful this year - thanks to you all. The display of food at the front of the hall today during the Harvest assembly delivered by Ben and Hannah from St Margarets Church today helped children understand the significance of the celebration of Harvest in the Christian calendar.

Children gave thanks today for the food they eat and reflected on other areas of their lives they are grateful for. We thank Ben and Hannah for their visit today. The food collected will be delivered to our local Food Bank where it will be distributed to families in the community.

### Boom Readathon

Many children have been participating in the Boom Readathon since the beginning of September. Mrs Norris is set to announce the winners of the reading competition next week with book token prizes at the ready. The purpose of this reading competition has been to encourage children to read regularly at home.



Reading at home really does support children's learning progress, and we can't stress enough the importance of this home / school partnership. Too few children across the school are reading regularly enough at home. We ask that parents and carers continue to engage with their children to read and support them with developing their skills and help foster a love of reading.

Wishing you all a wonderful weekend. *Mrs Donna Ellison - Headteacher*





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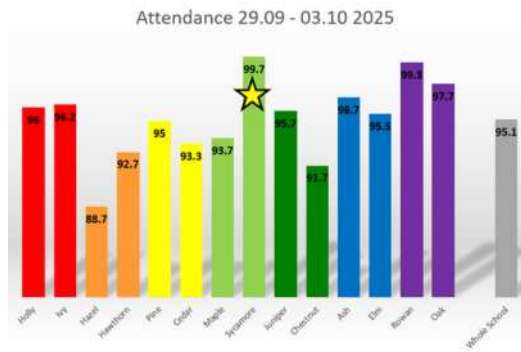
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# Attendance

## Well Done Sycamore



We want to remind parents and carers of the importance of getting children to school on time, so that they do not miss their learning.

We would also like to remind parents and carers that you need to call the absence line each morning that your child is absent, before 9am with their symptoms or reason for absence.

Thank you for your co-operation.

Miss Emma Lindon  
Attendance Champion



## Mrs Miller Says ...

### Reception

Please remember to activate your Parent Pay account. This will ensure you receive important information from the school and enable you to pay for any trips and clubs.

### Years 3 - 6

Please ask the school office for a form if you would like your child to take part in the Bikeability Learn2ride course. This will take place at school next June. This is for Children who **cannot** ride already.

### Year 5 & 6 Young Voices

Please remember that the Year 5/6 Young Voices choir rehearsals start on Monday 13th October - 3.15-4.15pm.

### All Classes

We remind parents and carers to please update the school office as soon as possible when any contact details change.

We ask that school meal balances are not left to get too high. We have a number of larger balances at the moment which puts a financial burden on the school.

Our next Rags2Riches collection just around the corner on Wednesday 26th November. Please feel free to pop in the school office if you require any collection bags.

There have been a number of cases of head lice throughout the school since our return. Please could we ask parents and carers to be extra vigilant and treat hair where necessary and ensure that long hair is always tied back.



## We are a NUT FREE school

As we have several pupils with severe nut allergies, please do not send your child in with ANY nuts, or products containing nuts. **This does include sesame seeds.**

Please clearly label all cardigans, jumpers, PE kit, hoodies and coats.





# This Week - KS2 Achievements

**Harry**

**Maple**

**Year 3**

**Marta**

**Maple**

Well done, Harry, on a fantastic start to Year 3! I'm so impressed with how well you've settled into your new class, and it's wonderful to see your confidence already growing. You're trying so hard, putting your hand up and I'm really proud of you — keep it up!

Marta, well done on a super start to Year 3! Every morning, you come in ready to learn and always try your best. Already, you've earned your pen licence for your beautiful handwriting—what an achievement! I'm not only proud of your efforts in your work, but also of how polite, kind, and genuinely lovely you are to everyone in our class. Keep being amazing!

**Tes**

**Sycamore**

**Year 3**

**Ela**

**Sycamore**

What a wonderful start to Year 3 Tes! You always try so hard and you are always doing the right thing. You have particularly impressed me with your reading and quizzing! Well done Tes!

Ela impresses me every day. She always does her best, never gets distracted and has perfect manners! Thank you for being you Ela!

**Gyanada**

**Juniper**

**Year 4**

**Ansh**

**Juniper**

For a fantastic start to Whitnash Primary and Year 4. She has newly joined our school at the start of the year and has already easily incorporated herself into the rest of the class. She is kind, caring and hardworking individual who is a fantastic addition to Juniper class. Well done!

For an incredible start to Year 4! He has made huge progress in his learning behaviours both in the classroom and out on the playground and making real improvements to his attitude towards his learning. He is becoming a real pleasure to have in the classroom. Keep it up!

**Alex**

**Chestnut**

**Year 4**

**Farha**

**Chestnut**

Alex has had a fabulous start to Y4. He is a role model to all with his positive attitude to learning, friendships and school life in general.

You show a fabulous attitude to work, class and all of school life in general.

**Well Done**



# This Week - KS2 Achievements

**Penny**

**Ash**

**Year 5**

**George**

**Ash**

Well done, Penny! You have started Year 5 with a positive, can-do attitude. You are continually gaining confidence in your writing and have produced an excellent setting description, which you edited with maturity. Keep working hard and keep on smiling! You are a wonderful role model.

Well done George! You are such a hard worker. Every day you come to school with a positive attitude. You know different ways to help yourself learn, and you always use them to succeed. Keep up the great work!

**Mayon**

**Elm**

**Year 5**

**Odette**

**Elm**

For his fantastic enthusiasm and impressive knowledge during our Rivers topic. He has consistently used excellent vocabulary and applied his own understanding to explore the subject in greater depth. His natural curiosity is amazing - keep it up!

For her super effort in our Maths lessons on rounding. She has shown real perseverance and a growing confidence in tackling problems. It's been lovely to see her take on challenges with a positive attitude and make fantastic progress!

**Shreya**

**Oak**

**Year 6**

**Jackson**

**Oak**

Shreya has made an excellent start at Whitnash Primary School. She has fitted straight in with a fantastic work ethic and a desire to learn as much as possible! Everyone in Oak class wants to be her friend due to her kind and thoughtful nature. Welcome to Whitnash Shreya!

Jackson has produced some outstanding homework since we have been back at school. His effort is fantastic and what he is learning at home is helping him understand more in our Topic lessons. He should be very proud.

**Sofia-Rose**

**Rowan**

**Year 6**

**Joel**

**Rowan**

Sofia has had the most incredible start to Year 6! She is showing positive learning behaviours and making great progress, especially in English. Sofia is becoming increasingly more proud of her work and so she should be. Not only is Sofia working hard but she is always willing to help me with jobs and support other children if they need her. Keep up the great work Sofia!

Joel is working so incredibly hard. He is such a kind, hardworking, polite young boy, who is always willing to take on extra responsibility in the classroom. Joel has not only completed one homework task each week but he has also completed ALL of the MyMaths activities online. You should be so proud of everything you are achieving Joel. Keep being amazing!

**Well Done**







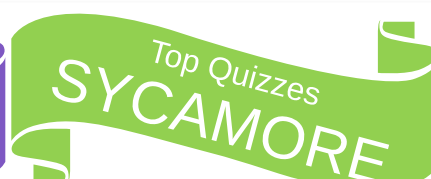
## Maths Challenge

The most accurate class	<b>CHESTNUT</b>	
The most active class	<b>JUNIPER</b>	
The most active pupils:	Class	Average minutes per day
Teresa	Sycamore	15:54
Arjun	Maple	12:46
Jackson	Oak	12:11

Number Bonds 5	Number Bonds 10	Number Bonds 20	10	20	30	40	50	60
Gyandev	Grace	Evelyn Carter Lily Harry	Isabella Elsie	Mia Sophie Arlow	Jordan Balraj Waslat Emeli	Adela Mila Malachi Shreya	Pranil Izak Medeea Max Immy Evelyn	Ayan Ruby Matilda Medeea Layla-Rose Jaxon Rose Amelia
70	80	90	Bronze	Silver	Gold	Platinum	Diamond	
Ella	Pradnya Koshan	Charlotte Logan	Gyanada Oliver Charlotte Swaradhya	Mahan Jonah	Ilinca Ethan Zyan	Doruk Atharv	Rufus	

## Word Count

Class	Words Read	Total	Quizzes passed this week	Total number of quizzes passed	Weekly Boom Reader Total
Hawthorn	N/A	N/A	N/A	N/A	34
Hazel	N/A	N/A	N/A	N/A	60
Cedar	0	0	0	0	16
Pine	21,417	21,417	4	4	44
Maple	95,887	249,388	49	130	19
Sycamore	38,541	158,782	56	178	39
Chestnut	39,236	339,132	16	54	44
Juniper	1,705	111,091	5	60	14
Ash	33,503	1,034,840	12	37	44
Elm	66,279	279,027	5	33	17
Rowan	628,426	1,655,436	43	127	20
Oak	753,887	2,529,552	38	134	200
Totals	1,678,881	6,378,665	228	757	551



Amazingly, we have more class Millionaires! Well done to OAK, who have achieved their 2 Million words - fantastic!

Well done everyone!



# The Boomreadathon results are in.....

The totals are being collated and all will be  
revealed in classes and the newsletter next  
week!



Newsletter update by  
Irenonsen Okoduwa  
Sabin Ristici

Our 1st School Council Question of the year...  
What do we want to achieve this school year?

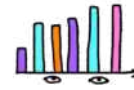
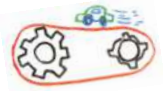
All children voted and the majority wanted ...  
Option 2, which was to achieve better behaviour

To achieve better behaviour is not by being told off, it's  
about all of us and how we think and manage ourselves

Santiago and Penny from the Coms Team are going to  
talk to Mrs Ellison about the vote.



# STEM Challenge

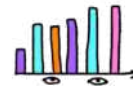


Science Technology Engineering Maths

Take on the challenge, test your skills, and have fun exploring the world of STEM. Don't forget to document your work—snap pictures, record your answers and add them to your learning log. You can also email them to the class email address to share your discoveries!







# Autumn 1 - 03.10.25



# Maths Challenge

# Key Stage 1

Blue	
Orange	
Green	
Purple	

He says, "Purple table got the most table points."

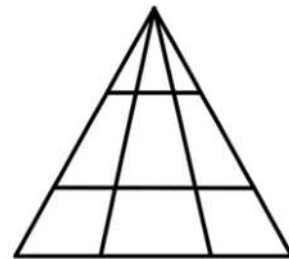
Do you agree with him? Why?



**Why not upload your STEM home learning challenge to our padlet?**  
**Scan code for access**

## Key Stage 2

Take your time – there are more than  
you'd first think.



## Eco Council

Thank you to all the children who have applied for a position on the Eco Council. We will be confirming the names of the successful candidates next week.





## Year 2 Make Passport Pouches

This week, year 2 have been designing and making some passport pouches. They designed them for themselves, investigated the best way to join materials, used a template to cut them out and they used the running stitch to join the two pieces together. Then, they decorated them with things that are of interest to them. They were really pleased of the results.



## Our Harvest Collection

Thank you to Ben and Hannah from St Margaret's Church who lead our Harvest Festival Celebrations. Thank you also to all parents and carers who donated a fantastic amount of food which will be donated to our local food bank.





# Raise funds by collecting reusable clothes



**Our school is raising money by collecting reusable clothes.**

Please help us by donating your unwanted reusable clothes and accessories.  
Donated items become affordable clothing and accessories.

## WE ACCEPT CLEAN, GOOD QUALITY, DRY, REUSABLE CLOTHING

- ☒ Adults, Childrens & Babies Clothing
- ☒ Jewellery and Accessories
- ☒ Paired Shoes and Footwear
- ☒ Belts and Handbags

A full list of reusable items is listed on our website  
[www.rags2riches4schools.co.uk](http://www.rags2riches4schools.co.uk)



## WE DO NOT ACCEPT

**POOR QUALITY ITEMS SUCH AS  
DIRTY, WET, RIPPED OR SOILED  
CLOTHES.  
PILLOWS, DUVETS, CURTAINS,  
BOOKS CDs OR ANY UNIFORM**

Please use the clothing bag provided.  
You can also use any additional bag if required.

Collection Date:

**Wednesday 26 November 2025**

**Please remember - NO UNIFORM**





# Friends of Whitnash PTA

## Bingo Night

# GET YOUR TICKETS NOW

The wait is over! Tickets are now available for our fantastically fun Mad Hatters  
Bingo Night!

To secure your spot, simply email us at [friendsofwhitnash@gmail.com](mailto:friendsofwhitnash@gmail.com) with the following details:



- Number of tickets required
- Number of adults and children attending
- Your child's name
- Any dietary requirements



We'll send you a payment link and once payment is received, your tickets will be sent home with your child.

**Don't miss out! We only have 50 tickets available, and they're going to go fast! Tickets will be allocated on a first-come, first-served basis, so book yours today!**

# GET READY TO WIN BIG

We've got an amazing line up of prizes to make your night even more unforgettable! Thanks to some fantastic local businesses you could win:

- 1:1 football coaching session with Matt at CC Football coaching – Kick-start your skills!
- A sparkling clean home courtesy of the fabulous Dreams Cleans
- Cut & blow dry for you and a cut for your mini-me from Simone at Pretty Hair Mobile
- A mobile reflexology session with Tracy at Souls Footprint – unwind and rejuvenate!
- 1:1 learn to ride bike session with Cycle Infinity
- Some fabulous hampers including toiletries or sweets

These incredible prizes are made possible by our wonderful local businesses. Come and support them and your PTA while having a fantastic time with us.

[friendsofwhitnash@gmail.com](mailto:friendsofwhitnash@gmail.com)



JOIN US FOR A  
**MAD HATTER'S  
TEA PARTY**



**BINGO  
NIGHT**



23RD  
OCTOBER  
5 PM



# Little Sips BIG ADVENTURES

Dear parent/guardian,

As you may be aware your child's school has a milk scheme, administered by Cool Milk. Mid-morning milk provides a much-needed nutritional boost and keeps children hydrated between breakfast and lunch. Children receive free milk until the age of 5. After that, they can continue to reap the benefits of fresh mid-morning milk at a subsidised\* cost.

If you'd like to opt in and have not already done so, simply register your child at [www.coolmilk.com/register](http://www.coolmilk.com/register). Your child(ren) will continue to receive free milk whilst under the age of 5 and Cool Milk will get in touch with further information by email shortly before their 5<sup>th</sup> birthday.

For children who are already over 5, it's not too late – our scheme is flexible! As well as being able to register and make payment straight away, you can join and cancel the scheme at any time. We offer yearly, termly and half termly payment periods and a recurring payment option to give you one less thing to remember.

If you already have an online Cool Milk account for a sibling, you can manage your account, make payment and add extra children by logging in at [www.coolmilk.com/parents](http://www.coolmilk.com/parents).

Should you have any questions or need any help, send us a message at [www.coolmilk.com/contact](http://www.coolmilk.com/contact) or give us a call on the number listed below – we're here to help!

Kind regards,

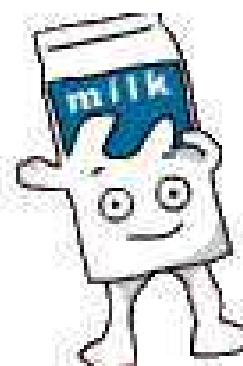
**Cool Milk**

☎: 0800 321 3248

💻: [www.coolmilk.com](http://www.coolmilk.com)



SCAN TO REGISTER



\*Milk for under-5s is fully funded by DHSC via the Nursery Milk Scheme. Milk for over-5s is subsidised by Defra via the School Milk Scheme.



## PE Days

Here are the days allocated to each class for PE.  
Please keep checking this list, as it can change, however, you will be notified via the class teacher if this happens.

Please ensure that children wear the correct PE kit, suitable for both indoor and outdoor lessons and playtimes.

White T-shirt with navy/black shorts. Navy/black tracksuit or joggers and sweatshirt/hoodie.

All PE kit should be plain or has the school badge on it. Brand logos are permitted but must be small. Other colours and football shirts may not be worn.

Please ensure that the correct swimming kit is brought into school on your child's allocated swimming day.



**Don't forget to put your child's name in their PE kit.**

Class	PE Day
Holly & Ivy	Wednesday
Hazel	Wednesday & Thursday
Hawthorn	Wednesday & Friday
Pine	Monday & Friday
Cedar	Monday & Friday
Maple	Monday & Wednesday
Sycamore	Wednesday & Thursday
Juniper	Tuesday & Friday
Chestnut	Tuesday (Swimming) & Friday
Ash	Monday & Tuesday
Elm	Monday & Tuesday
Oak	Tuesday & Thursday
Rowan	Tuesday & Thursday

## Do you qualify for FREE SCHOOL MEALS?

### Reasons to apply

Even if your child is currently receiving free school meals because they are in Reception, Year 1 or Year 2, you should still apply for benefits-related FSM if you think you may be eligible.



Doing so means that our school will be given extra funding for six years, which can help to fund valuable teaching and learning support for the school.

Applying for benefits-related FSM also means you will be eligible to receive funding for the holiday periods from the Warwickshire Local Welfare Scheme.

You can apply for benefits-related FSM at any time online  
[warwickshire.gov.uk/education-learning/apply-free-school-meals](http://warwickshire.gov.uk/education-learning/apply-free-school-meals)





# Children's Clubs and



The following pages are filled with information of things to do, things to see for you and your children in and around Warwickshire.



# Active Kids & Football

Fun, flexible childcare!

Half Term doesn't  
have to be hard work.

At **Aylesford School** and  
**Thomas Jolyffe Primary**

**COURSE TIMES** 9.30am to 3.30pm  
Early Drop off and Late Pick up available +£3.50 each

**£20**  
per day

5 days for **£84**

WE ACCEPT CHILDCARE VOUCHERS & TAX-FREE CHILDCARE

To book now visit [onsidecoaching.co.uk](https://onsidecoaching.co.uk)

## FREE ONLINE SAFETY WORKSHOP FOR PARENTS OF SCHOOL AGED CHILDREN

Get practical hints and tips to support your children and keep them safe online, and learn how to keep up to date in the ever changing online world.

Mon 10th  
NOVEMBER 7pm-8pm



Speaker  
**LYNDSEY VAUGHTON**  
Education & Wellbeing Training Lead (UK)  
Smoothwall



Access the event here:

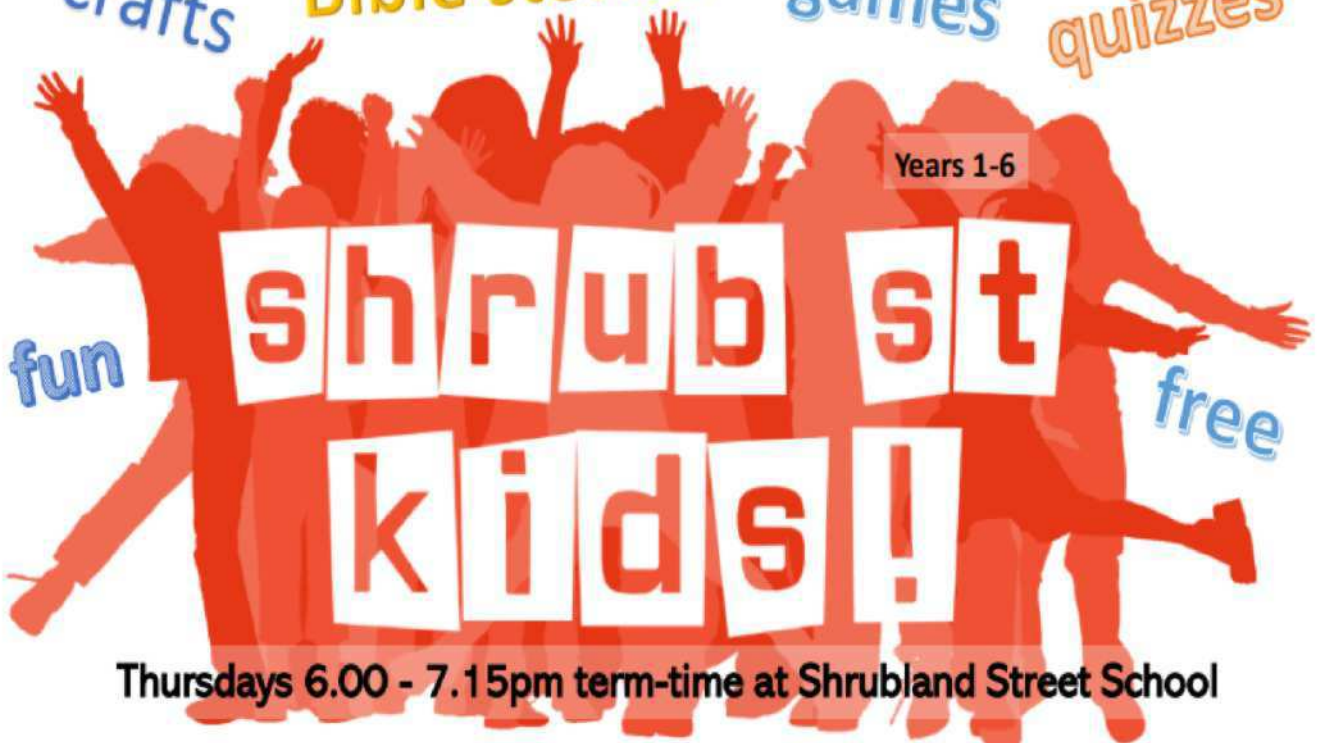
<https://meet.google.com/cze-sgju-fbj>

With a background in law enforcement, Lyndsey is a seasoned child protection advocate with extensive expertise in safeguarding education. She is passionate about fostering safe student environments, offering support in policy implementation, training, and committee establishment, as well as furthering her commitment to student wellbeing through her PhD research on the effects of domestic abuse on children.

For more information on online safety, visit <https://warwickshire.onlinesafetyhub.org.uk/>

crafts Bible stories games quizzes

Years 1-6



Thursdays 6.00 - 7.15pm term-time at Shrubland Street School

For more information, contact: [shrubstreetkids@emmanuel-church.org.uk](mailto:shrubstreetkids@emmanuel-church.org.uk) or Ruth: 07814125461

**EMMANUEL CHURCH**





## Events for Families

Box Office: 0333 666 3366  
or online at [stratlitfest.co.uk](http://stratlitfest.co.uk)

All ticket prices include  
a booking fee

### Please note:

Adults are also expected to buy a ticket  
to events unless otherwise stated.

Thursday 30<sup>th</sup> Oct

**Maz Evans**  
**The Last Bard**  
£8.55 | 10.30am | Age 8+



Will is the last descendant of William Shakespeare, and he's accidentally summoned his characters to help with some neighbourly troubles. Comedy, tragedy, history: Will's world has it all... the superstar author Maz Evans is back with a new standalone story. Join her and find out more!

**The Last Bard**  
**Get Writing Workshop!**  
£10.69 | 2pm | Age 8+

Join Maz – the bestselling author of *Who Let the Gods Out* and new book *The Last Bard* – in an inspiring workshop for young writers. Dive into Shakespeare's wacky world and find out how to tell your story in five easy acts. Plus hear Maz read a snippet from her brand new story.

Thursday 30<sup>th</sup> Oct

**Cat Weatherill**  
**A Visit from Mother Goose**  
FREE | 2pm | Age 3+



Fire imaginations and get creative with a joyous introduction to the traditional fairy tale character of Mother Goose. Presented by storyteller Cat Weatherill, this hugely entertaining session will feature stories, nursery rhymes and puppets.

Please note  
that this  
event is at  
Stratford  
Library!



Friday 31<sup>st</sup> Oct

**Ursula Jeakins**  
**Craft Workshop:**  
**Stationery and Bookmaking**  
£16.04 | 2-4pm | Age 11+\*

Make your own stunning notebooks and stationery using bookbinding techniques under the expert guidance of Ursula Jeakins. There'll be take-home kits available for purchase. Please note: sharp craft knives are used at this workshop. Instruction will be given but participants use them at their own risk.

Ticket prices includes all materials



\*Young people under 14 years can attend alone but a contact number for a responsible adult must be left. The Festival cannot be responsible for their care.

Saturday 1<sup>st</sup> November

**Sammie Horton and**  
**Playbox**  
**Spooky Halloween**  
**Theatre Workshop**  
£8.55 | 10.30am-12pm | Age 7+



Join the brilliant Playbox Theatre for an imaginative and action-packed workshop! Dive into spooky stories and ghostly tales through a blend of mime, movement, role play, and improvisation. This 90-minute session is perfect for boosting imagination, confidence, and creative energy.

Saturday 1<sup>st</sup> November

**Spooky Drop In and Do**  
**Spooooky Halloween**  
FREE | 11am-12.30pm | Age 4-11



Join Becci Smith and get crafty with us this Halloween! With malevolent masks, petrifying puppets and creepy colouring to choose from. Drop in... if you dare!



Saturday 1<sup>st</sup> November

**Thiago de Moraes**  
**Comic Workshop**  
£10.69 | 12.30pm OR 2.30pm | Age 7+

In partnership with *The Phoenix* comic, join the brilliant comic illustrator as he shows you how to create your own characters so you can start to make your own characters and stories for your own comic.



In partnership with  
*The Phoenix* comic

Saturday 1<sup>st</sup> November

**Sara Johnson**  
**Children's Facepainting**  
FREE | 11am-12.30pm | Age 3+

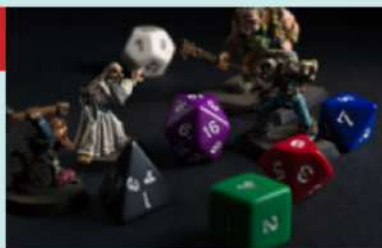


Sara Johnson will transform you into something ghoulish and ghostly to terrify friends and family!

Saturday 1<sup>st</sup> November

**Gaming Event**  
£10.69 | 5pm-6.30pm | Age 11-16\*

Are you a budding young adventurer ready to slay? Come and play Dungeons & Dragons with our talented team of Dungeon Masters. Borrow some dice and a ready-made character from us and get stuck in! No experience necessary - we'll help you all the way.



Box Office: 0333 666 3366 or online at [stratlitfest.co.uk](http://stratlitfest.co.uk)





# Family Support

The following pages contain lots of information  
for parent/family support.







## AUTUMN TERM WORKSHOPS & PROGRAMMES WARWICK/ LEAMINGTON

Workshop/ Programme	Date and Time	Venue
Sleep Tight 5-week programme	11th September 10:00 – 12:00	Virtual
Understanding Children's Behaviour	16th September 13:15 – 15:15	Sydenham Primary School
Understanding Children's Behaviour	23rd September 10:00 – 12:00	All Saints Church Emscote
Talking Teens 5-week programme	23rd September 17:30-19:30	Virtual
Solihull Approach 10 – week programme	24th September 10:00 – 12:00	Brookhurst Primary School
Sleep and Routines	30th September 13:15 – 15:15	Sydenham Primary School
Boundaries and Rules	8th October 09:30 – 11:30	Cubbington C of E Primary School
Boundaries and Rules	14th October 13:15 – 15:15	Sydenham Primary School
Understanding Your Teenager	15th October 13:00 – 15:00	Myton School
Keeping Your Child in Mind 4 – week programme	16th October 17:30 – 19:30	Virtual
Boundaries and Rules	21st October 10:00 – 12:00	All Saints Church Emscote
Parenting Together	22nd October 09:30 – 11:30	Cubbington C of E Primary School



**Book your  
free place**

For Warwickshire  
parents only.

For further information about this  
programme please email  
[ehparenttrainers@warwickshire.gov.uk](mailto:ehparenttrainers@warwickshire.gov.uk)







30 September 2025

This week's Family Information Service newsletter includes information about:

Communication workshop  
Freshers tips for university students  
Support for fathers of young children with SEND  
and much more!

[Click here to view Newsletter.](#)



02 October 2025

Inside, you'll find updates on the energy price cap, the breakdown of energy costs, different payment types and tariffs, practical energy-saving tips, and details of the help available to households.

[Click here to view Newsletter.](#)



## SEND PARENT/CARER SUPPORT GROUP

With the Brunswick Hub team members Laura and Georgia

### Group or one to one support

Supporting with but  
not limited to:

- DLA and benefits
- EHCP and education
- Housing Support
- Employment Support
- Health and Wellbeing
- SEND support

Every Wednesday

1pm-2:30pm

At the Lillington Children's Centre  
3 Mason Avenue,  
Leamington Spa  
CV32 7QE



For more information contact:

Laura - 07356123171 or Georgia - 07923230579



## SEND Support Group

### Come and join us!

If you have any worries or  
concerns surrounding SEND  
please come and have a chat  
with us!

Meet with other  
parents/carers in similar  
positions.

We can help with a wide  
range of concerns.

Running on the third  
Thursday of every  
month 10am-12pm at  
the Brunswick Hub.

Contact us:

Georgia.mansell@brunswickhlc.org.uk

Megantownsend@brunswickhlc.org.uk



Coventry and Warwickshire  
Talking Therapies

## NHS Talking Therapies

### Living well with Long-term Physical Health Conditions

Talking Therapies offers support to patients who have been recently  
diagnosed or living with a physical health condition.

- Are you worried about your health?
- Does your health get you down?
- Do you feel embarrassed or frustrated by your health condition?
- Do you feel your health holds you back in life?



If yes, all of these are normal responses that can be difficult to manage, but  
Talking Therapies can help. We work with conditions that include, but are not  
limited to:

Diabetes, Respiratory conditions, Cardiac problems and Chronic pain

Register with us today for an initial appointment online, by phone or by  
speaking with your GP. Talking Therapies works with people aged 16-plus,  
who are registered with a GP, across the Coventry and Warwickshire area.



for anxiety and depression

Telephone: 024 7667 1090

Lines are open from 9:00am to 4:30pm Monday to Friday

Visit [www.talkingtherapies.covwarkpt.nhs.uk](http://www.talkingtherapies.covwarkpt.nhs.uk)  
or scan the QR code for more information.





# HOLIDAY ACTIVITIES AND FOOD



Any young person aged 4 - 16 years old (in full-time education) who receives benefits-related free school meals can request a HAF code



The programme offers free support to families on lower incomes, giving eligible young people access to enriching activities and healthy meals during the main school holidays.

You can attend up to 4 sessions during Christmas and Easter and up to 16 sessions over Summer



The activities available include sports, animal care, performing arts and so much more!



Contact the Family Information Service for more information.

Call 0800 408 1558 Email [fis@warwickshire.gov.uk](mailto:fis@warwickshire.gov.uk)



[www.warwickshire.gov.uk/haf](http://www.warwickshire.gov.uk/haf)



# FREE SCHOOL MEALS



School meals are free for lots of families, check if you are eligible to apply!

## So much more than lunch...

A free school meal:

- creates healthy eating habits
- improves learning and behaviour
- saves money and time
- helps schools get extra funding

Did you know that claiming free school meals means that your child will get access to free school holiday activities and food?



To find out more and for help to apply for free school meals, please contact: [freemeals@warwickshire.gov.uk](mailto:freemeals@warwickshire.gov.uk) or call 01926 359189



## Can I apply?

Your child could be eligible for free school meals if you get any of the following:

- Income Support or Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support from National Asylum Support Service (NASS)
- Guarantee Pension Credit
- Child Tax Credit (with no Working Tax Credit) with an annual income of no more than £16,190
- Working Tax Credit run-on - paid for four weeks after you stop qualifying for Working Tax Credit
- Universal Credit - if you apply on or after 1 April 2018 your household income must be less than £7,400 a year (after tax and not including any benefits you get)

You should still apply if your child is aged 4-7 and receives a universal free school meal

Find out more and apply at [www.warwickshire.gov.uk/fsm](http://www.warwickshire.gov.uk/fsm)





# Lunch Menu - 06 October 2025

## Allergy Key:

vg - Vegan  
v - Vegetarian  
h - Homemade  
D - Dairy  
G - Gluten/Wheat  
C - Celery  
S - Sesame  
E - Egg  
F - Fish  
M - Mustard  
SU - Sulphates  
SB - Soya



## Choose a main meal...

### Monday

(h) Moroccan Chicken Pasta (Mildly Spiced) with Freshly Baked Malted Wheat Baguette (G)

(h)(v) Cheese & Potato Pie served with Vegetables of the day (D E)

Jacket Potato - (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

Tuna Mayonnaise Bap (F,E,G)

(v) Cheddar Cheese Bap (G,D)

## On the side...

Fresh Salad Bar  
Vegetables of the Day

## For dessert...

(vg)(h) Flapjack  
(v) Yoghurt (D,SB) or Fresh Fruit

## Choose a main meal...

### Tuesday

(v)(h) Rustic Pizza Wedge served with Crispy Diced Potatoes (G,D.SB)

(v)(h) Roasted Vegetable Frittata (omelette) served with Crispy Diced Potatoes (D,E)

Jacket Potato - (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

(v) Cheddar Cheese Bap (G,D)

## On the side...

Fresh Salad Bar  
Vegetables of the Day

## For dessert...

(vg)(h) Shortbread (G)  
(v) Yoghurt (D,SB) or Fresh Fruit

## Choose a main meal...

### Wednesday

British Roast Chicken Fillet, Sage & Onion Stuffing and Gravy (G)

(vg) Quorn Roast in Gravy with Sage & Onion Stuffing (G)

Crispy Roast Potatoes

Jacket Potato - (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

Egg Mayonnaise Bap (E,G)

(v) Cheddar Cheese Bap (G,D)

## On the side...

Fresh Salad Bar  
Vegetables of the Day

## For dessert...

(v) Ice Cream (D)  
(v) Yoghurt (D,SB) Fresh Fruit

## Choose a main meal...

### Thursday

British Pork Sausages served with Mashed Potatoes (G.SU.SB.D)

(v) Sweet 'n' Sour Quorn served with Rice (E)

Jacket Potato - (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

Roast Chicken Bap (G)

(v) Cheddar Cheese Bap (G,D)

## On the side...

Fresh Salad Bar  
Vegetables of the Day

## For dessert...

(v)(h) Peach Melba Sponge (G,E)  
(v) Yoghurt (D,SB) or Fresh Fruit

## Choose a main meal... FISHY FRIDAY

### Friday

(msc) Salmon Fish Cake with Chipped Potatoes (F G)

(vg) Plant power Burger in a Bun served with Chipped Potatoes (G)

Jacket Potato - (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

Ham Bap (G)

(v) Cheddar Cheese Bap (G,D)

## On the side...

Fresh Salad Bar  
Vegetables of the Day

## For dessert...



(vg) Jelly with Fruit  
(v) Yoghurt (D,SB) or Fresh Fruit





# What's On ...

Please note that these dates are subject to change

## October 2025

06	Monday	9.10am	KS1 Achievement Assembly
07	Tuesday	5.00pm	Reception Parents Reading & Writing Meeting
13	Monday	9.10am	KS2 Achievement Assembly
15	Wednesday	am	Flu Vaccinations
16	Thursday	5.00pm	26/27 Reception Open Day/Show Around
20	Monday	9.10am	KS1 Achievement Assembly
21	Tuesday	Lunch	Apple Day 
22	Wednesday	Day	 Individual Photos
23	Thursday	5.00pm	PTA Mad Hatter's Bingo
24	Friday	Day	INSET - School Closed to Pupils
27-31	Week	Week	Half-Term
31	Friday	Day	Closing Date For Secondary Applications

## November 2025

1	Saturday	Day	Application Opens For Reception 2026/27
03	Monday	Day	Autumn 2 Term Starts
03	Monday	Day	 Bikeability
04	Tuesday	tbc	Parent's Evening
05	Wednesday	Day	Year 5 Anglo Saxon Workshop
05	Wednesday	Lunch	Bonfire Menu 
06	Thursday	Day	Year 2 - Transport Museum
06	Thursday	tbc	Parent's Evening
11	Tuesday	Day	Year 3 - Compton Verney
26	Wednesday	AM	Rays to Riches Collection

[Download 2025/26 calendar here](#)

