

Whitnash Primary School

Year 6 Residential

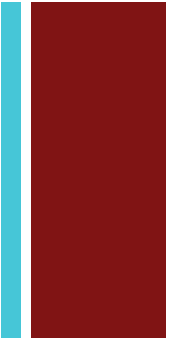
Arete Outdoor Centre, Llanrug

2026





Thank you!

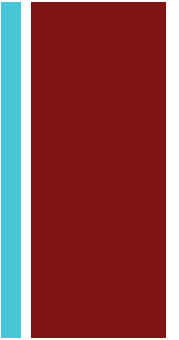


<https://www.youtube.com/watch?v=jev-5Qjyv0s&t=6s>



Party Size

- 51 Pupils (22 Girls and 29 Boys)
 - Mr D. Hitchins– Party Leader
- Mrs D. Ellison (Mon. evening – Thurs. evening)
 - Mrs R. Ford
 - Mr J. Atkin
 - Miss N. Goddard
- Mr G. Collins (First Aid/Medicine)







Why Arete Outdoor Centre?

- AALA licensed, hold Learning Outside the Classroom (LOtC) badge and Adventuremark.
- Range of activities on offer
- Highly Qualified Instructors and Leaders (Association of Mountain Instructors (AMI), Mine Leader (LCMLA) and British Canoe Union (BCU) representatives plus a Mountain Training (MT) provider for Mountain Leader and Rock Climbing Instructor qualifications.)
- Location
- Fabulous time last four years.



+ Accommodation



- Separate rooms and areas for Boys/Girls and separate building from the other schools (room sizes vary)
- Dormitories
- Bunk Beds
- Shared bathrooms
- Teachers close by

+ Meals

- Breakfast – cereal, toast, hot selection, toast, tea, juice.
- Lunch – sandwiches (to be made by the children!), fruit, crisps, flapjack/cake
- Dinner – range of meals (roast dinner, fish and chips, spag bol, pizza, curry), pudding or fruit/yoghurt.
- All dietary requirements can be catered for.





Monday



- Bring your child to school as normal. No uniform.
- Drop luggage in the hall (neatly!)
- Go to class as normal. Class teachers will register you and wait for the coach to arrive at approx 9:15am
- Leave at 9:15am by coach from Brunswick St
- Stop for lunch about 12.00noon at services (**you need to bring packed lunch and a drink!**)
- Arrive Arete approx 1:30pm for kit issue and unpack.



Medicine



- All forms are now online. Please ensure that medical forms are completed by Friday 13th February.
- <https://www.aretecentre.co.uk/pupil-medical-consent-form/>
- On the day of travel, please hand all medicine to Mr Collins in a named box with details of required dosage. You will also need to sign a medical consent form.
- Only essential medicines.



A Typical Day



7:00am Wake Up – wash (!) and dress

7:30am Sandwich making and lunch preparation

8:00 am Breakfast

8:45am Staff Meeting and staff weather analysis

9:20am Pupil's own weather report

9:30am Split. Groups meet up with instructors for briefing

9:45am Activities start

Lunch



5:00pm Activities end – return to centre

5:45pm Dinner

7:00pm Evening Activities

9:00pm Prepare for bed

9:30pm Bed

‘Duties’ will be undertaken throughout the day.



Activities

- Canoeing
- Gorge scramble
- Bushcraft
- Weaseling
- Slate Mine Exploration
- Sea Level Traversing
- Night Line
- Climbing/Abseiling
- Campfire





- The John Muir Award encourages awareness and responsibility for the natural environment in a spirit of fun, adventure and exploration.
- All children will be aiming to achieve the award through the week



Kit

- Kit list provided
- Soft Bag rather than rigid suitcase
- Single duvet cover, fitted sheet and pillow case
- Old clothes – tracksuit bottoms, t-shirts, fleeces and sweatshirts etc (layers) Please name EVERYTHING! (twice)
- Please do not bring expensive clothes
- No electronic devices
- Money -£10 max
- Water Bottle 0.5l
- Lunch Box (Hard)
- Bin Bag!





Contact and Coming Home



- If there is an emergency at Arete, we will contact you.
- We will not be contacting you for home sickness!
- If you need to contact your child for any reason, please contact the school and they will contact Mr Hitchins at Arete.
- Updates will be on Facebook although not much signal in North Wales. Please sign the photo permission form.
- Aim to be home at 5:00pm on Friday keep an eye out for Facebook updates and texts from school.



Enjoy the week



- Make the most of every opportunity
- Challenge yourself
- Try new things
- Make new friends
- Be independent
- Be reflective, resilient, collaborate and resourceful.
- Enjoy



Memories for Life

