

Italian Delights

TOURS

8 Day Southern Treasures & Secret Delights of Basilicata & Puglia

Tour

DATES

2024 June 17th to 24th

2024 Sep 9th to 16th

2025 May 26th to June 2nd

2025 September 29th to October 6th

PRIVATE /TAILORED TOURS OF GROUPS OF 4 OR MORE AVAILABLE

Lombardy Delights Pty Ltd. (Trading as Italian Delights Tours) ABN – 82 886 161 696

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Postal Address: PO Box 95 Bentleigh, VIC 3204.

Italian Delights

TOURS

8 Day Southern Treasures & Secret Delights of Basilicata & Puglia Tour

TOUR PRICE - AUD \$4,450.00
p/p twin share (single supplement \$500)

Italian Delights Tours invites you to take part in a unique and immersive experience staying at a beautiful agriturismo farm with an Italian family, and experiencing a range of cultural and culinary experiences that take you deep into Lucanian and Southern Italian culture. This tour will let you discover an Italy Undisturbed, with opportunities to visit special places in Basilicata and Puglia, meet local artisans and musicians, and eat organic, zero kilometre, farm to table food.

TOUR HIGHLIGHTS:

Matera, Fresh mozzarella workshop, The stunning Trulli of Alberobello, Amazing Castelmezzano, Polignano a Mare and Fresh pasta workshop, 2 hour guided tour of the Sassi di Matera.

INCLUSIONS:

Transfers to/from designated pick up/drop off locations - 7 Breakfasts - Three lunches/Seven Dinners - All activities mentioned in itinerary.

Southern Treasures & Secret Delights of Basilicata & Puglia Tour

ITINERARY

PROVIDED MEALS LEGEND B-BREAKFAST L-LUNCH D-DINNER

Day One - (Welcome to Basilicata)

Arrival: Bari Airport to your accommodation

D

You will be met by your hosts at Bari Airport and travel for an hour to the traditional farmhouse, situated in gorgeous countryside near Matera. Here, you'll be warmly welcomed with an aperitivo and dinner in the evening, before settling into what will be your new Italian home for the next 7 nights!

Day Two - (A Day in Matera, Europe's 2019 European Capital of Culture)

Guided tour of the Sassi di Matera (Rock-cut dwellings thought to be continuously inhabited for at least 9,000 years!)

Matera

B D

We start the day with a fresh breakfast, including homemade Italian cakes and Marisa's homemade marmalade and jams. Other types of breakfasts will be available throughout the week - guests just need to ask! After breakfast we take the short trip to the ancient city of Matera, where you will meet your English speaking tour guide and spend the morning exploring the breathtaking Sassi di Matera. For lunch we will offer you some scrumptious recommendations in Matera, and after eating and relaxing, you'll have some free time to explore this unique city. In the late afternoon we'll return to the farmhouse for a traditional home-cooked dinner.

Day Three- (A Day with the Local Lucani!)

B L D

Fresh mozzarella workshop and a day on the farm.

After breakfast, we'll welcome our good friend Antonio to the farm who will demonstrate the fine art of making mozzarella and fresh Southern Italian cheeses. Antonio is a 'Casro' (cheese-maker), with over 40 years experience. He'll guide you through this special demonstration, learning all the secrets to creating this famous culinary delight. Then it will be time for a traditional family lunch and a siesta. The agriturismo offers one of the best places to do this in Southern Italy. Guests can take a snooze or enjoy the terrace with a glass of wine. You can join also join your hosts and their faithful canines on a leisurely walk around their WWF protected nature reserve. And if the weather's warm you can also take a dip in the property's amazing pool!



The Southern Treasure & Secret Delights of Basilicata & Puglia Tour costs AUD \$4,450.00 per person, twin share (AUD\$500.00 Single Supplement) and includes:

- ✓ An 8 Day stay
- ✓ 7 nights accommodation - Twin Share or Double
- ✓ Breakfast every day
- ✓ 7 evening meals and 3 lunches
- ✓ 2 hour guided tour of Sassi di Matera
- ✓ Fresh mozzarella workshop
- ✓ Fresh pasta workshop
- ✓ All land-based transport in a private vehicle, including transfers to Bari airport.

(See Terms and Conditions section at rear for list of tour exclusions)

Southern Treasures & Secret Delights of Basilicata & Puglia Tour

ITINERARY (CONT.)

In the evening, there will be the opportunity to head back into Matera to see the city at night. You can check out one of Matera's many beautiful cave bars, or you can take an evening stroll through the beautiful Sassi.

Day Four - (A Day in the Mountains)

B L D

Dolomiti Lucane (the Dolomites of the South), Castelmezzano

After breakfast we head off to the Dolomiti Lucane - the dolomite mountains of the South. Here we will visit one of the most beautiful mountain towns in all of Italy - Castelmezzano. You can have a leisurely morning passeggiata here and meet the locals and enjoy the stunning views. For lunch, we'll meet our good friend Daniele at his lovely mountain town restaurant, where he'll prepare a delicious treat of local products and wine for us. In the afternoon, we'll return back to the agriturismo and take a nice siesta, before enjoying more traditional food from the Mamma of the family, Marisa.

Day Five - (A Day in Puglia on the Adriatic Sea - The picturesque seaside town of Polignano a Mare)

Polignano a Mare

B D

After breakfast, we'll take a short trip over the border into Puglia to visit the famous and charming seaside town of Polignano a Mare. After a visit to the beach and a famous statue of a famous son of Polignano, we'll recommend a few special places where you can try some amazing fresh seafood lunches and local delicacies, with a glass or two of nice wine. In the afternoon, you'll have an opportunity to explore the old town of Polignano a Mare and perhaps do a spot of shopping and exploring, before returning to the farmhouse for a restful evening.

Day Six - (Return to Puglia - Alberobello's Trulli and the charming village of Locorotondo)

Trulli - Alberobello - Locorotondo

B D

After breakfast, we'll head back into the neighbouring region of Puglia and visit one of the region's most famous towns, Alberobello - the home of the famous Trulli houses! After exploring these strange conical-shaped homes, we'll recommend a few spots for a good traditional lunch. When we're ready, we'll then head off to another gorgeous hilltop Pugliese town called Locorotondo. The day will conclude with a dinner of even more culinary delights created by chef Marisa at the farmhouse!



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Southern Treasures & Secret Delights of Basilicata & Puglia Tour

ITINERARY (CONT.)

Day Seven - (A Day with the Lucani)
Fresh Pasta Workshop

B L D

After breakfast, you will get the chance to learn how to make typical Southern pasta like orecchiette and cavatelli. This fun-filled, hands-on lesson might be harder than it looks, but it's certainly a unique experience! Following our final traditional lunch together, you can enjoy your last Italian siesta amongst the tranquility of this beautiful Southern Italian setting and savour every last moment of your trip with us. A light dinner, or 'apericena', will be served in the evening and there will be one final opportunity to say 'goodbye' to the city of Matera for those who wish to venture out again.

Day Eight - (Farewell day)

B

After our final breakfast together, it will be time to say fond farewells to your tour hosts and family, and you will be taken back to Bari Airport with a host of very special memories of the real Italy. Memories that you will undoubtedly be able to treasure forever!



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Farmhouse Accommodation

Offering a seasonal outdoor pool and views of the lake, the Agriturismo is located in the Basilicata Region, 10 km from Matera. The agriturismo has a sun terrace and views of the pool, and guests can enjoy a meal at the restaurant each evening. Each room is air conditioned and comes with a TV. Some units have a seating area for your convenience. Every room has a private bathroom. The Agriturismo features free WiFi throughout the property.



Guest Testimonials

When you want a delightfully delicious and marvellous introduction to Italian living, this is it! Out of the way meandering through country lanes and unusual, historic towns provide adventure and surprises. Heartily, deliciously recommended. Lynn, Sydney, AUS.

"I can absolutely recommend Italian Delights tours! Every day of our tour was different, fun and interesting with full days exploring hidden delights. Sue - Sydney, AUS.

"Our Italian Delights tour was a great opportunity to have an "inside" look into local Italian life and really explore Italy. The tour was intimate, and the hosts were very caring, attentive, punctual and knowledgeable. They always went the extra mile to ensure that our tour was memorable. Great driving too!" Anthony - Canberra, AUS.

For the travellers who enjoy to experience good food wine and friendly people, this is the tour for you. Maree, Melbourne, AUS.

For my first experience as a single traveller in Europe your tour provided everything and more than my expectations. Locations- absolute delightful tour guide! -The weather (perfect), accommodation - and lengths of travel and free time were well planned. I have expressed to all my family and friends my recommendation for Italian Delights. Rosie, Vic, AUS.

"The best parts of my Italian Delights tour were the lovely countryside, wineries, and some very good food!" Barbara - NSW, AUS .

A wonderful experience and varied tour. Great hosts and a friendly small group. Ready to book next tour. Margaret, VIC. AUS.

We would say in all of our travels this must be the tour that offers the most diverse experiences! Tony and Sue, WA, AUS.

I would recommend Italian Delights Tours to anyone wanting to see the other parts of Italy unspoiled by tourists. Perfect! Leonie, Melbourne, AUS.

Our guide's attention to detail and desire to help out when we had a problem was exceptional. Graham, Melbourne, AUS.

Owners of Italian Delights Tours



Jim and Lynette Romagnesi

Jim and Lynette Romagnesi are passionate travellers, and both have proud Italian backgrounds. They have an extremely close affinity with Italy, after having lived there with their children for 2 years from 2005. Put simply Lynette and Jim love all things Italian! They have developed Italian Delights tours over the past 10 years or so, based on their sound knowledge of what intrepid small group mature-aged travellers (both singles and couples) are looking for in their guided Italian experiences. At the top of Jim and Lynette's priority list for prospective guests is ensuring that their small group tours are exactly that - genuine small group tours! Italian Delights Tours have a maximum group size of 14 guests and the average group size is between 5-7 guests. Within a small group guests are able to blend into local life better and as a result really feel immersed in the Italian life and culture. Also and most importantly, in our small groups guests are very well looked after from the first point of contact to our final goodbye. All guests really need to do whilst on tour is relax and enjoy their experiences!

Italian Delights Tours provide guests with a genuine, intimate and informal experience of Italy, covering its culture, food, wine, and stunning natural and man made landscapes. All accommodation and eateries are handpicked by Jim and Lynette and are nearly all family-run small businesses, where the proprietors take pride in their work, because their business is often a legacy that has been passed down over numerous generations. There is no packing and unpacking of bags every day, or even every second day. All of the stays on all tours are three nights or longer. There are very few early morning starts and we tend to take guests out to provided lunches, hence late evenings are rare on our tours also. Italian Delights Tours aren't like the usual tours where guests march around following the guide with the coloured flag at every stop they make. Our experiences allow guests to explore hidden places in their own time, and importantly also at their pace. We have developed itineraries for independent exploration of towns, and we offer optional guided tours on certain days of the tours for those seeking more detailed information about some of the fascinating places that we visit.

REGISTRATION FORM

I/We would like to participate in the Italian Delights Tour(s) below (Please insert both the name and date of the tour(s) you are interested in participating in below. For commencement dates please see front page of this brochure or our web site)

Tour Name(s):

Tour Start Date(s):

Please acknowledge that you have read and accepted the terms and conditions of our tours (found earlier in this document and at (<https://www.italiandelights.com.au/terms-and-conditions-for-our-italian->) by signing the acceptance below (one person can sign on behalf of all passengers listed in the guests details section. Dated / / .

*Payment details will be forwarded to guests upon receipt of this completed and signed registration form. Please Email completed forms to info@italiandelights.com.au , or post a printed copy to PO Box 95, Bentleigh, VIC 3204. Please note that due to the very small group sizes on our tours, allocations will be given to early bookings and deposits received.

GUEST DETAILS

GUEST ONE:

GUEST TWO:

Title: Mr/Mrs/Ms/Miss/Dr,Other
Surname:
Given Names:
Date of Birth:
Special Dietary Requirements
Address No. Street
Suburb:
State: Postcode

Phone: B/H A/H
Mobile:
Email:

(Please print Clearly)

Emergency Contact Person:
Phone Contact: B/H A/H

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Are you celebrating Anything special during the tour?

Where did you find out about us?

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Italian Delights' Tours Terms and Conditions

EXCLUSIONS FROM ALL TOURS

Airfares

- Everything mentioned in specific tour itineraries as being an option/optional/excluded.
- Items of personal nature, phone calls, passport and Visas (if applicable), laundry or tips.
- Personal transport, excess baggage, security and government taxes, travel insurance.
- Meals not specifically mentioned in itinerary or which are referred to as "free lunches or dinners".
- Entry fees to all places either mentioned or not mentioned in itinerary.
- Optional excursions or activities that may be offered which are not included in the tour price.
- All personal expenditure

GROUP SIZES, PRICES, DEPOSITS, AND PAYMENTS

Maximum group size 14 guests - average size is 5-6 guests and tour groups rarely exceed 8 guests. This ensures that your comfort and enjoyment are our top priority. Tours and Tour Prices/Tariffs are subject to change.

These terms and conditions may also be revised by Italian Delights Tours from time to time. If you have booked on a tour with us we will notify you by email of the updated terms and conditions and we will publish the updated terms and conditions on our website.

ADVERTISED TOURS

Prices shown are per person, double occupancy. The deposit is 10% of the total tour costs, or as listed on the tour registration form. This deposit is required before a booking can be confirmed by us. Payment instructions will be sent after we have received the Booking Confirmation and Guest Details form. No booking will be reserved until the prescribed deposit is received. Balance of the payment will be due 3 calendar months prior to the commencement date of the first tour date booked (30 days after Booking Confirmation Date if the date of the tour you are hoping to participate in is less than 90 days after the Booking Confirmation Date, and upon booking if tour commences within 30 days of booking date). Payment instructions will be sent to you after we have received your Booking Confirmation and Guest Details form. After your deposit has been received, we will send you an invoice with the due date for the balance of payment. Should your final payment fail to reach us by the date specified on your invoice, we reserve the right to cancel your booking without refund.

PRIVATE TOURS

Italian Delights Tours reserves the right to develop specific Payment Terms and Conditions for each individual private tour. Private tour guests will be made aware of these specific conditions prior to paying their deposits. Prices for our Private Tours are always dependent upon the number of guests on tour. If guests in a private group withdraw from a tour at any stage prior to making their full payment, Italian Delights Tours reserves the right to increase the per person price of the tour for all remaining group members, to reflect the additional costs associated with conducting a tour with a smaller group than was initially agreed upon.

CANCELLATIONS AND TOUR CREDITS

CANCELLATION BY YOU

If you cancel your tour reservation for any reason at any stage, your deposit is non-refundable. If cancelling more than 60 days before the tour starting date 60% of your total tour cost will be refundable.

If cancelling more than 30 days, but less than 60 days before the tour starting date, 50% of your total tour cost is refundable for physician documented emergency medical reasons or for police documented cases of accident, flood, fire, or crime. If cancelling less than 30 days from the tour start date, a cancellation fee equal to 100% of the tour cost will apply. We do not provide refunds for: non-medical personal problems; air carrier delays or cancellations; inability to obtain passports; business problems or emergencies; etc. You are required to purchase your own travel insurance to cover cancellation coverage, airline tickets, trip delay, lost luggage, or any potential medical expenses.

If you cancel your tour reservation but wish to put any amounts paid towards a later tour, you will be offered a Tour Credit provided a minimum of 3 months' notice of the cancellation has been provided (for rebooking, see 'TOUR CREDITS' section below).

CANCELLATION BY US

Italian Delights Tours reserves the right to cancel tours at any time for any reason such as lack of guest numbers or a Force Majeure Event.

If we cancel your tour, you can choose to:

- receive a Tour Credit towards rebooking on another tour; or
- receive a full refund.

However, if we have had to cancel your tour due to a Force Majeure Event, your refund will be less any costs we are unable to recover.

TOUR CREDITS

If you receive a Tour Credit, you will be able to transfer the Tour Credit towards another tour conducted by Italian Delights Tours in the following 14 months from the start date of your original tour, provided the rebooked tour is a Confirmed Departure.

Please note that all tour prices are subject to a fluctuating AUD/EUR exchange rate, which may cause increases to the tour costs for the rebooked tour. If the rebooked tour is a more expensive tour, guests will need to pay the difference in price between the Tour Credit and the price of the rebooked tour.

If you decide to cancel your booking rather than use your Tour Credits towards another tour, standard cancellation fees (as set out in the 'CANCELLATION BY YOU' section) will apply.

IMPORTANT ARRIVALS/DEPARTURES INFORMATION

It is your responsibility to take note and enquire with us about the time we arrive at our arrival (pick up) and departure (drop off) points, prior to the beginning / after the end of our tours. This should be done prior to you making any flight or train bookings so that it is clearly understood that the arrangements will fit in with our times. Your train should arrive at least half an hour prior to the designated pick up time, and your flight should arrive at least two hours prior to the pick-up time. Upon your departure from the tour your train should leave no less than an hour after our intended arrival, and your international flight should leave no less than 3 hours after our arrival times (2 hours for Italian domestic flights and Europe-bound flights).

Italian Delights' Tours Terms and Conditions (Cont.)

LUGGAGE

Guests are allowed one medium-sized suitcase and one small carry-on bag per person. If you exceed this limit there may not be space in the vehicle(s) to transport your excess luggage and it will be at your own expense to have it transported throughout the tour. We suggest that you bring a day pack for carrying water, guidebooks, jacket, rain gear, etc.

HOW PHYSICALLY FIT DO YOU HAVE TO BE?

ESCORTED SMALL GROUP TOURS

Our escorted tours are not athletic events. To comfortably complete them you should be able to do some moderate walks over hills and be able to climb a number of stairs. We will also be doing a lot of walking in the towns we visit. If you are planning an escorted tour with us it wouldn't hurt to prepare yourself by starting a moderate walking program at least 2 months before the tour.

WALKING TOURS

Our walking tours are suitable for any active person, but there is no question that your enjoyment of the holiday will be hugely increased by some pre-trip preparation. Preparing yourself well will help ensure that you won't be distracted by physical or mental fatigue, and the risks of repetitive strains and injuries will also be greatly reduced.

Our Suggestions:

Go Walking - It seems obvious but to do some walks of similar length to those you will be doing on the tour, in the weeks leading up to it, is a big advantage. Build up gradually, so that you start with shorter ones and work up to longer distances.

Wear in your walking shoes - One of the biggest mistakes you can make is to arrive on the tour with a brand-new pair of boots.

Wear them in! Your feet are of utmost importance, so make sure you have professional advice about fitting your walking boots and buy good quality socks which wick away moisture. If necessary, wear two pairs of socks to reduce the risk of blistering and do a bit of toe-nail management too!

Aerobic Exercise - Not everyone is a gym member but any exercise which helps to build cardio strength is an advantage, such as cycling, swimming, squash or football. Think of a few simple lifestyle changes like using steps instead of the lift or escalators and walk up and down the stairs a few extra times each day.

Mix up the Terrain - Even though most of our walks are on quiet country paved roads, when you're out walking practise on different terrain if possible, and don't limit your preparation to hiking on pavements and flat tracks or trails. Including some steeper ascents and descents will start to build strength and stony or rocky surfaces will give your knees and ankles some practice and help to improve your balance. Practise with your day pack also. You will only be carrying a small day pack, but your neck and shoulders can feel stiff if those muscles are not accustomed to this activity. Once again build up gradually and start light, adding extra weight to the pack as you gain in strength.

Water and snacks - In your training preparation for our walking tours remember water and hydration when walking and fuel up on nutrient-rich snacks such as nuts, dried fruits, oat bars or plain chocolate. We will be carrying spare snacks for the group on our walks, and we also remind guests to fill up with water at every opportunity.

Health niggles - If you are aware of any strains or pains during your preparation period it is sensible to see a physiotherapist before you leave home, as early intervention is the key to getting better. They can assess your posture and movement and give specific activities to meet your needs.

SPECIAL REQUIREMENTS

Please advise us of any special requirements such as Special Meals, Medical Requirements etc, as soon as possible.

If you get motion sickness easily, it is advisable to bring with you motion sickness pills, as we will be travelling along hilly and mountainous roads at times.

LIMITATION OF LIABILITY

To the maximum extent permitted by law (including the Australian Consumer Law), we will not be liable for any loss (whether direct, indirect or consequential), delay or deferment, or death, injury, or damage to any person or property arising from a Force Majeure Event or due to an act or omission of any person (whether negligent or otherwise), including third party providers over whom we have no direct control.

Where an applicable law provides that our liability cannot be excluded (including the consumer guarantees under the Australian Consumer Law) our liability is limited to the remedies required of us under the applicable law.

PERMISSION FOR PHOTOS AND VIDEOS OF GUESTS

You agree that our Tour Directors or Representatives may take photographs and films of you while you are on holiday and that these may be used in our Group brochures and/or advertising or publicity material without obtaining any further consent or payment in respect of such photographs and/or films.

GUEST CONDUCT

Italian Delights Tours reserves the right to accept, reject, or not retain any person as a guest whose condition or general deportment impedes the operation of the tour or, in the opinion of the tour manager, affects the rights and enjoyment of other guests. A guest not retained on tour shall have no cause for complaint or refund and shall bear any and all extra expenses that ensue.

Each guest indemnifies and holds harmless Italian Delights Tours from any claim, cost, demand, liability or damage (including legal costs, professional costs and other expenses on an indemnity basis) incurred by Italian Delights Tours arising out of or in connection with (but not limited to):

- a. any breach of these terms and conditions by the guest;
- b. any breach of the terms and conditions of any third party providers to Italian Delights Tours; or
- c. any injury, death, damage or loss sustained due to any act or omission of the guest.

Italian Delights' Tours Terms and Conditions (Cont.)

TOUR CHANGES

All information contained in this document is, to the best of our knowledge, correct. However, we reserve the right to make changes in accommodations, group composition, visits, and itineraries at any time, should it become necessary or desirable. Delays or itinerary changes caused by a Force Majeure Event are beyond our control and we are not obliged to pay guests compensation.

DEFINITIONS

"Australian Consumer Law" means the uniform consumer protection law set out in Schedule 2 of the Competition and Consumer Act 2010 (Cth).

"Confirmed Departure" means a tour departure that has been confirmed by Italian Delights Tours at its discretion, subject to confirmation of guest numbers.

"guest", "you" and "your" means guests who have booked a tour with Italian Delights Tours.

"Force Majeure Event" means anything affecting a party outside of that party's reasonable control, including but not limited to fire, storm or other extreme weather event, flood, earthquake, epidemic, war, invasion, terrorism, civil commotion, blockade or embargo, labour dispute, labour shortage, failure or delay in transportation or supply, or any law, order, proclamation, regulation, ordinance, demand, requisition or requirement or any other act of any government authority.

"Italian Delights Tours", "we" or "us" means Lombardy Delights Pty Ltd (ACN 122 218 400) in its own capacity and as trustee for the Lombardy Delights Trust (trading as Italian Delights Tours), and its officers, employees, agents and contractors.

"Tour Credit" means an amount of credit equal to the dollar (\$) value of the amount you have paid to Italian Delights Tours.



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