

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|--|---|---|---|
|  | <h1>January 2026</h1> <h2>Georgian Suites</h2> |  | Morning Calendar Visits 2:00 Giant Crossword New Year's Day | 1 9:00 Low Impact Fitness w/Selena PTA 10:30 Trivia 3:15 Word Game: Categories | 2 10:30 "Things I Enjoy Doing" Group Discussion 3:00 Balloon Badminton | 3 |
| 4 10:30 Music by Request 3:00 Word Games | 5 9:45 Morning Stretch 10:30 Rosary Group GEO 2:15 BINGO | 6 9:45 Music: By Request 10:30 Cards: 3 Piece Suit 2:00 BIG BINGO - CH | 7 Hairdressing by Appointment 9:45 Word Game: Word Scrambler 10:30 Table Bowling 2:30 Anglican Service - CH | 8 10:15 Roman Catholic Mass - CH 2:00 Cards: SkipBo 3:30 Let's Get Crafty! | 9 9:00 Low Impact Fitness w/Selena PTA 10:30 Snakes and Ladders 2:00 Movie Matinee | 10 9:30 Memory Game 2:00 Travelogue: Anchorage, Alaska |
| 11 10:30 Non-Denominational Service TV 3:00 Magnetic Darts | 12 9:45 Keep Up the Balloon 10:30 Trivia 2:15 BINGO | 13 10:30 Trivia: What Came First 2:15 Travelogue: | 14 Hairdressing by Appointment 9:45 Word Game: Word in a Word 10:30 Table Bowling 2:30 Alliance Service - CH | 15 10:15 Resident Council & Meal Committee Meeting - CH 2:00 Dominoes 3:30 Let's Get Crafty! | 16 9:00 Low Impact Fitness w/Selena PTA 10:30 Trivia 3:00 Zen Coloring & Music | 17 10:30 Hymn Sing 3:00 UNO card game |
| 18 10:15 Non- Denominational Service TV 3:00 Winter Wellness walks (Indoors) | 19 9:45 Morning Stretch 10:30 Dominoes 2:15 BINGO | 20 9:45 Music: DVD Concert 10-3 Clothing Rummage Sale - CH 3:30 Let's Get Crafty! Martin Luther King Jr. Day Activity Professionals Week ! | 21 Hairdressing by Appointment 9:45 Giant Crossword 10:30 Table Bowling 2:30 Karaoke - CH | 22 9:45 Morning Stretch 10:30 Yahtzee! 2:30 Disc Golf Challenge - CH | 23 9:00 Low Impact Fitness w/Selena PTA 10:30 Snakes and Ladders 2:00 Movie Matinee | 24 9:30 Zen Coloring & Music 2:00 Movie Matinee: |
| 25 9:30 Strategy Games 2:00 Huronia Spiritual Community - CH | 26 9:45 Keep Up the Balloon 10:30 Rosary Group GEO 2:15 BINGO | 27 10:30 Balloon Badminton 3:00 Friendly Visits | 28 Hairdressing by Appointment 9:45 Cards: Black Jack 10:30 Table Bowling 2:30 United Service - CH | 29 9:45 Keep Up the Balloon 10:30 Dominoes 2:30 Birthday Party w/Bob Cook - CH | 30 9:00 Low Impact Fitness w/Selena PTA 10:30 Trivia 2:00 Let's Get Crafty! | 31 10:30 Sing a long 2:30 January Travelogue colouring |

Programs are subject to changes - please check the white boards on the home area for current daily offerings