

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Dominion Suites		1 9:15 Low Impact Fitness w/PTA Selena 10:30 Calendar visits 2:45 Patio visits	2 Hairdressing by appointment 10:15 Piano in the lobby LL 2:30 Anglican Service - CH 	3 10:40- Balloon Badminton 2:30- Travelogue – Destination: Meet Me in Montreal 	4 9:30 Manicures and hand massages 2:45 Penny ante game	5 10:30- Guess in 10 and have fun 3:30- Movie and Treats 
6 11:00- 1:1 Reminiscing 2:30-Non Denominational Church Service on TV 	7 10:30 Rosary w/Bernadine - FPR 10:45 Fall crafts 2:45 UNO card game Labor Day	8 9:15 Low Impact Fitness w/PTA Selena 10:40- Table Bowling 3:00- Music Hour 	9 Hairdressing by appointment 10:00 1:1 visits 10:15 Piano in the lobby LL 2:30 Alliance Service - CH	10 10:15 Roman Catholic Mass - CH 2:45 Knock the Cups	11 9:30 Dominoes 2:30 Prize Bingo Rosh Hashanah Begins	12 10:45 Table golf 2:45 Travelogue: South Africa
13 10:30 Non denominational church on TV 2:45 Beads and beats Grandparents Day	14 10:30 Arts and Crafts 3:15 Music hour residents council week begins	15 9:15 Low Impact Fitness w/PTA Selena 10:40- Balloon Badminton 2:00- Trivia Time 	16 Hairdressing by appointment 10:15 Piano in the lobby LL 1:45-4:00 pm Corn Cookout & Classic Cars Asking Family & Friends to RSVP to reception by Sept 11th	17 10:15 Resident Council & Meal Committee Meeting - CH 3:00- 1:1 Walks and friendly Visits	18 9:30 Manicures and hand massages 2:45 Guess the items Long Term Care Engagement Day	19 10:40- Red or Black Card Game 2:00- Manicures  Oktoberfest Begins
20 10:30-Non Denominational Church Service on TV 3:00- 1:1 Reminiscing Yom Kippur Begins 	21 10:45 Beads and Beats 2:30 BIG BINGO - CH	22 9:15 Low Impact Fitness w/PTA Selena 10:45 Giant crossword 2:45 Leaf Decor Autumn Begins	23 Hairdressing by appointment 10:15 Piano in the lobby LL 2:30 United Service - CH	24 9:30 Elimination card game 2:30 Birthday Party w/Bob Cook - CH	25 9:15 Giant snakes and ladders 2:45 Movie matinee Sukkot Begins	26 10:30 Follow your nose 1:1 2:45 Stencils Painting
27 10:45 Ping pong toss 2:45 1:1 friendly visits	28 10:30 Rosary w/Bernadine - FPR 10:45 Beads and Beats 2:45 Dominoes	29 9:15 Low Impact Fitness w/PTA Selena 10:15 Cash Bingo w/Geo 2:30 Oktoberfest Party-CH	30 Hairdressing by appointment 10:15 Piano in the lobby HB 2:30 Karaoke - CH Truth & Reconciliation Day Wear Orange	September 2026 		