


| Sunday  | Monday   | Tuesday   | Wednesday   | Thursday   | Friday  | Saturday  |
|---|--|---|---|--|---|---|
|                              |  |   |   |  |   |   |
| <p>9:30 Word Games: Famous Canadians born in January</p> <p>2:00 Non- Denominational Church Service on TV</p> | <p>10:30 Easy Art Time: Coloring and Fun</p> <p>10:30 Rosary on Georgian</p> <p>11:00 Video Call</p> <p>2:15 Bingo with Georgian</p> <p>3:45 Phone Call</p> <p>4:00 Manicure Visits</p>                | <p>9:00 Low Impact Fitness w/Selena PTA</p> <p>9:40 Elimination Card Game</p> <p>11:00 Indoor walks</p> <p><b>2:00 BIG BINGO - CH</b></p> | <p>Hairdressing by Appointment</p> <p>9:30 Balloon Badminton</p> <p>10:15 Bracelets</p> <p><b>2:30 Anglican Service - CH</b></p> <p>3:45 Video Call</p> | <p><b>Morning Calendar Visits</b></p> <p>3:00 Sing a Long</p> <p><b>10:15 Roman Catholic Mass - CH</b></p> <p>2:30 UNO Card Game</p> | <p>9:45 1:1 Indoor Strolls</p> <p>2:00 Dominoes</p> <p>3:45 Phone Call</p>                      | <p>9:30 "Things I Enjoy Doing" Group Discussion</p> <p>2:00 Balloon Badminton</p> |
| <p>9:30 Non-Denominational Church Service</p>   | <p>9:30 Artful Morning</p> <p>11:00 Video Call</p> <p>10:45 Friendly 1:1 visits</p> <p>2:15 Bingo with Geo</p> <p>3:45 Phone Call</p>  | <p>9:00 Low Impact Fitness w/Selena PTA</p> <p>9:40 Trivia: What Came First</p> <p>2:15 Movie Matinee</p>                                 | <p>Hairdressing by Appointment</p> <p>9:30 Table Golf</p> <p>10:15 Bracelets</p> <p><b>2:30 Alliance Service - CH</b></p> <p>3:45 Video Call</p>        | <p>9:30 Friendly 1:1 Visits</p> <p><b>10:15 Resident Council &amp; Meal Committee Meeting - CH</b></p> <p>2:15 Manicure Visits</p>   | <p>9:30 Snakes and Ladders</p> <p>2:30 January Word Searches</p> <p>3:45 Phone Call</p>         | <p>10:45 Keep up The Balloon</p> <p>3:00 Trivia</p>                               |
| <p>9:30 Non- Denominational Church Service on TV</p> <p>2:00 Winter Wellness walks (Indoors)</p>              | <p>10:30 Bracelets</p> <p>11:00 Video Call</p> <p>2:15 Bingo with Geo</p> <p>3:45 Phone Call</p> <p>4:00 1:1 Visits- Short stories</p> <p>Martin Luther King Jr. Day Activity Professionals Week !</p> | <p>9:00 Low Impact Fitness w/Selena PTA</p> <p><b>10-3 Clothing Rummage Sale - CH</b></p> <p><b>1:1 Visits for the Sale</b></p>           | <p>Hairdressing by Appointment</p> <p>9:30 Table Golf</p> <p>10:15 Elimination Cards</p> <p><b>2:30 Karaoke - CH</b></p> <p>3:45 Video Call</p>         | <p>9:30 Manicure Visits</p> <p>10:30 Coloring with Friends</p> <p><b>2:30 Disc Golf Challenge - CH</b></p>                           | <p>9:30 Trivia</p> <p>2:00 Zen Coloring &amp; Music</p> <p>3:45 Phone Call</p>                  | <p>9:30 UNO card game</p> <p>2:00 Hymn Sing</p>                                   |
| <p>10:45 1:1 Indoor Strolls</p> <p><b>2:00 Huronia Spiritual Community - CH</b></p>                           | <p>9:30 Bracelets</p> <p>11:00 Video Call</p> <p>10:30 Rosary on Georgian</p> <p>2:15 Bingo with Georgian</p> <p>3:45 Phone Call</p> <p>Australia Day (Observed)</p>                                   | <p>9:00 Low Impact Fitness w/Selena PTA</p> <p>9:40 Balloon Badminton</p> <p>2:30 Movie and treats!</p>                                   | <p>Hairdressing by Appointment</p> <p>9:30 Ring Toss and Music</p> <p>10:15 Manicures</p> <p><b>2:30 United Service - CH</b></p> <p>3:45 Video Call</p> | <p>9:30 Easy Art Time: Coloring and Fun</p> <p>10:30 Indoor Walks 1:1</p> <p><b>2:30 Birthday Party w/Bob Cook - CH</b></p>          | <p>9:30 Keep up the Balloon</p> <p>2:00 1:1 Short stories and Trivia</p> <p>3:45 Phone Call</p> | <p>10:30 Zen Coloring &amp; Music</p> <p>3:00 Friendly Walks and Talks</p>        |
| <p>10:45 1:1 Indoor Strolls</p> <p><b>2:00 Huronia Spiritual Community - CH</b></p>                           | <p>9:30 Bracelets</p> <p>11:00 Video Call</p> <p>10:30 Rosary on Georgian</p> <p>2:15 Bingo with Georgian</p> <p>3:45 Phone Call</p> <p>Australia Day (Observed)</p>                                   | <p>9:00 Low Impact Fitness w/Selena PTA</p> <p>9:40 Balloon Badminton</p> <p>2:30 Movie and treats!</p>                                   | <p>Hairdressing by Appointment</p> <p>9:30 Ring Toss and Music</p> <p>10:15 Manicures</p> <p><b>2:30 United Service - CH</b></p> <p>3:45 Video Call</p> | <p>9:30 Easy Art Time: Coloring and Fun</p> <p>10:30 Indoor Walks 1:1</p> <p><b>2:30 Birthday Party w/Bob Cook - CH</b></p>          | <p>9:30 Music by Request</p> <p>3:00 Travelogue: Anchorage, Alaska</p> <p>3:45 Phone Call</p>   | <p>9:30 Snakes and Ladders</p> <p>2:00 Movie Matinee</p>                          |

Programs are subject to changes - please check the white boards on the home area for current daily offerings