

Sunday

Monday

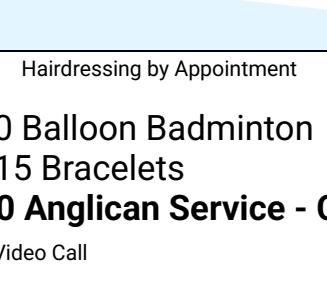
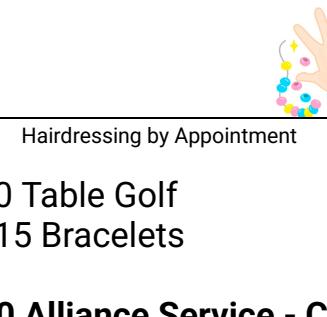
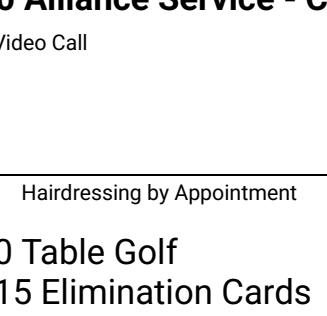
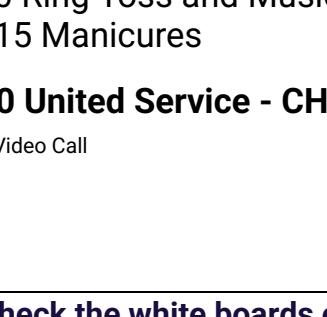
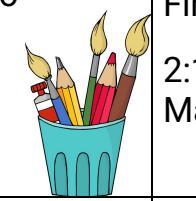
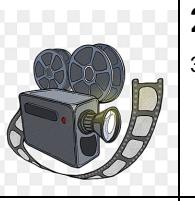
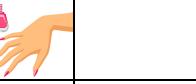
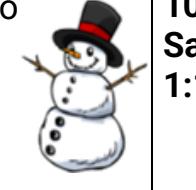
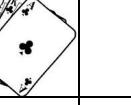
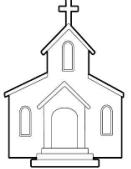
Tuesday

Wednesday

Thursday

Friday

Saturday

January 2026 Dominion Suites						
						
9:30 Word Games: Famous Canadians born in January 2:00 Non- Denominational Church Service on TV 	4 10:30 Easy Art Time: Coloring and Fun 10:30 Rosary on Georgian 11:00 Video Call 2:15 Bingo with Georgian 3:45 Phone Call 4:00 Manicure Visits 	5 9:00 Low Impact Fitness w/Selena PTA 9:40 Elimination Card Game 11:00 Indoor walks 2:00 BIG BINGO - CH 	6 Hairdressing by Appointment 9:30 Balloon Badminton 10:15 Bracelets 2:30 Anglican Service - CH 3:45 Video Call 	7 10:15 Roman Catholic Mass - CH 2:30 UNO Card Game 	8 9:30 Snakes and Ladders 2:30 January Word Searches 3:45 Phone Call 	9 10:45 Keep up The Balloon 3:00 Trivia 
9:30 Non- Denominational Church Service 	11 9:30 Artful Morning 11:00 Video Call 10:45 Friendly 1:1 visits 2:15 Bingo with Geo 3:45 Phone Call 	12 9:00 Low Impact Fitness w/Selena PTA 9:40 Trivia: What Came First 2:15 Movie Matinee 	13 Hairdressing by Appointment 9:30 Table Golf 10:15 Bracelets 2:30 Alliance Service - CH 3:45 Video Call 	14 9:30 Friendly 1:1 Visits 10:15 Resident Council & Meal Committee Meeting - CH 2:15 Manicure Visits 	15 9:30 Trivia 2:00 Zen Coloring & Music 3:45 Phone Call 	16 9:30 UNO card game 2:00 Hymn Sing 
9:30 Non- Denominational Church Service on TV 2:00 Winter Wellness walks (Indoors) 	18 10:30 Bracelets 11:00 Video Call 2:15 Bingo with Geo 3:45 Phone Call 4:00 1:1 Visits- Short stories  Martin Luther King Jr. Day Activity Professionals Week !	19 9:00 Low Impact Fitness w/Selena PTA 10-3 Clothing Rummage Sale - CH 1:1 Visits for the Sale 	20 Hairdressing by Appointment 9:30 Table Golf 10:15 Elimination Cards 2:30 Karaoke - CH 3:45 Video Call 	21 9:30 Manicure Visits 10:30 Coloring with Friends 2:30 Disc Golf Challenge - CH	22 9:30 Keep up the Balloon 2:00 1:1 Short stories and Trivia 3:45 Phone Call 	23 10:30 Zen Coloring & Music 3:00 Friendly Walks and Talks
10:45 1:1 Indoor Strolls 2:00 Huronia Spiritual Community - CH 	25 9:30 Bracelets 11:00 Video Call 10:30 Rosary on Georgian 2:15 Bingo with Georgian 3:45 Phone Call  Australia Day (Observed)	26 9:00 Low Impact Fitness w/Selena PTA 9:40 Balloon Badminton 2:30 Movie and treats! 	27 Hairdressing by Appointment 9:30 Ring Toss and Music 10:15 Manicures 2:30 United Service - CH 3:45 Video Call	28 9:30 Easy Art Time: Coloring and Fun 10:30 Indoor Walks 1:1 2:30 Birthday Party w/Bob Cook - CH	29 9:30 Music by Request 3:00 Travelogue: Anchorage, Alaska 3:45 Phone Call 	30 9:30 Snakes and Ladders 2:00 Movie Matinee
						31 9:30 "Things I Enjoy Doing" Group Discussion 2:00 Balloon Badminton

Programs are subject to changes - please check the white boards on the home area for current daily offerings