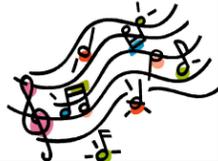


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:30 Calendar Visits <sup>1</sup> 2:00 Sing a long</p> 	<p>9:30 Table Golf <sup>2</sup> 10:30 Bracelets 11:00 Video Call 2:15 BINGO with Friends 3:45 Phone Call</p> 	<p>9:00 Low Impact Fitness w/Selena PTA <sup>3</sup> 9:45 Wellness walks and mail deliveries 10:15 Sensory sorting - Dishes 2:30 Karaoke - CH</p> 	<p>Hairdressing by appointment only <sup>4</sup> 9:30 Elimination Cards 10:15 Morning Gentle Moves 2:30 Anglican Service - CH 3:45 Video Call</p> 	<p>10:30 Stations of the Cross - CH <sup>5</sup> 3:30 Art: Mandala Coloring</p> 	<p>9:30 Snakes and Ladders <sup>6</sup> 2:00 Manicures and hand massages 3:45 Phone Call</p> 	<p>10:45 1:1 Game Visits <sup>7</sup> 2:00 Movie Matinee:</p> 
<p>9:30 Balloon Badminton <sup>8</sup> 2:00 Non- Denominational Church Service on TV</p>  <p>Daylight Saving Time Begins</p>	<p>9:30 Friendly 1:1 visits <sup>9</sup> 10:15 Lets get Crafty: St. Patrick's day 11:00 Video Call 2:30 BINGO with Friends 3:45 Phone Call</p> 	<p>9:00 Low Impact Fitness w/Selena PTA <sup>10</sup> 9:45 Trivia 1:1's 2:00 Sweet-Treats!</p> 	<p>Hairdressing by appointment only <sup>11</sup> 9:30 Elimination Card Game 10:15 Wellness walks: Indoors - Piano in the lobby 2:30 Alliance Service - CH 3:45 Video Call</p> 	<p>9:30 Friendly 1:1 visits <sup>12</sup> 10:15 Roman Catholic Mass - CH 2:30 Sing a long</p> 	<p>9:30 Music By Request <sup>13</sup> 2:00 Trivia: EZ Does it</p> 	<p>9:30 Snakes and Ladders <sup>14</sup> 2:00 Movie Matinee and treats</p> 
<p>9:30 Non Denominational Church Service on TV <sup>15</sup> 3:00 St. Patrick's Day Colouring</p> 	<p>9:30 Table Bowling <sup>16</sup> 10:30 Bracelets 11:00 Video Call 2:15 BINGO with Friends 3:45 Phone Call</p> 	<p>9:00 Low Impact Fitness w/Selena PTA <sup>17</sup> 9:45 Coloring &amp; Jokes 10:30 St. Patrick's Day Rhyme-Time 2:30 St. Patrick's Day Party w/Adrien Robitaille St. Patrick's Day Wear Green</p> 	<p>Hairdressing by appointment only <sup>18</sup> 2:30 DrumFit with Geo 3:45 Video Call 4:00 Music By Request 6:30 Memorial Service - CH</p> 	<p>10:30 Resident Council &amp; Meal Committee - CH <sup>19</sup> 3:30 Sensory Pet Cart Visits</p>	<p>9:30 Trivia: Guess the animal <sup>20</sup> 2:00 1:1 Sensory Visits Spring Begins</p>	<p>10:45 Game: Roll into Spring <sup>21</sup> 3:05 Travelogue: London then, and now</p>
<p>2:00 Huronia Spiritual Community - CH <sup>22</sup></p>	<p>9:30 UNO Card Game <sup>23</sup> 11:00 Video Call 2:00 Manicures and Hand Massages 3:45 Phone Call</p> 	<p>9:00 Low Impact Fitness w/Selena PTA <sup>24</sup> 9:45 Balloon Badminton 10:30 Hymn Sing 2:00 BIG BINGO - CH</p> 	<p>Hairdressing by appointment only <sup>25</sup> 9:30 Trivia Balloon 10:15 Piano in the lobby 2:30 United Service - CH 3:45 Video Call</p>	<p>9:30 Morning Gentle Moves <sup>26</sup> 10:30 Elimination Card Game 2:30 Birthday Party w/Down Home Revival - CH</p> 	<p>9:45 Table Golf <sup>27</sup> 3:30 Categories</p>	<p>9:30 Balloon Badminton <sup>28</sup> 2:00 Travelogue: Wonders of Turkey</p> 
<p>9:30 Non- Denominational Church service on TV <sup>29</sup> 2:00 Reading Circle</p>  <p>Palm Sunday</p>	<p>10:30 Rosary Group on GEO <sup>30</sup> 2:30 Quilting Queens - CH</p> 	<p>9:00 Low Impact Fitness w/Selena PTA <sup>31</sup> 9:30 Hymn Sing 10:30 Bracelets 2:00 Casino Royale - CH</p>	 <p style="text-align: center;"><i>March 2026</i> <b>Dominion Suites</b></p>			

Programs are subject to changes - please check the white board on the home area for current daily offerings.