

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Centennial Place		1 Calendar Visits 2:30- Prize Bingo 4:00- Manicures	2 9:30 Outdoor Walks and Morning music 2:30 Anglican Service - CH	Hairdressing by Appointment 3 9:45 Guess as many Words 3:15 - Sensory Pet Cart	4 10:45 Word in Word 3:00 1:1 Trivia Visits	5 10:45 Chair Exercises and Meditation 2:00 Musical Afternoon
6 10:45 Words that ends with "A" 2:00 Non-Denominational Church Service on TV	7 9:15 Low Impact Fitness w/Selena PTA 10:40- Trivia Labor day edition Five Clues: What Job Is It? 3:00- Patio time and walks Labor Day	8 10:30- Rosary with Diane 2:30 Beads and Beats	9 9:30 Categories Word Game 2:30 Alliance Service - CH	Hairdressing by Appointment 10 10:15 Roman Catholic Mass - CH 2:15-Elimination Card Game	11 10:40- Word in Word 3:00- 1:1 Visits Rosh Hashanah Begins	12 10:45 Outdoor strolls (weather permitting) 2:00 Wheel of Fortune
13 10:45 Old time advertisements and jingles 2:00 Non-Denominational Church Service on TV Grandparents Day	14 9:15 Low Impact Fitness w/Selena PTA 10:40- Hangman 2:30- Social Hour w/Adrien R - Heritage DR 4:00- 1:1 Visits and walks/ Patio time residents council week begins	15 10:30- Rosary with Diane 2:30 Cover up Dice Game	16 1:45-4:00 pm Corn Cookout & Classic Cars Asking Family & Friends to RSVP to reception by Sept 11th	Hairdressing by Appointment 17 10:15 Resident Council & Meal Committee Meeting - CH 2:30 Movie Matinee- Three Men and a Baby	18 10:45 Words that starts with "TE" 3:00 Outdoor Strolls Long Term Care Engagement Day	19 10:45 Ruthless Word Game 2:00 Travelogue- Meet me in Montreal Oktoberfest Begins
20 10:45 Non-Denominational Church Service on TV 2:00 1:1 Treat Cart Visits Yom Kippur Begins	21 9:15 Low Impact Fitness w/Selena PTA 10:40- Giant Crossword 2:30 BIG BINGO - CH	22 10:30- Rosary with Diane 2:00 Piano in the Hert Dining room H Autumn Begins	23 10:40- Air Hockey 2:30 United Service - CH 4:00- Mail Delivery	Hairdressing by Appointment 24 10:40- Red or Black card game 2:30 Birthday Party w/Bob Cook - CH	25 10:40- Fall Trivia 2:30- Elimination Card game 4:00- Treat Cart Sukkot Begins	26 10:45 Beads and Beats 3:00 Trivia Ball
27 10:30 Outdoor walks and talks 2:15 Non Denominational Church on TV	28 9:15 Low Impact Fitness w/Selena PTA 10:40- Patio and treats 2:30- Cash Bingo	29 10:30- Rosary with Diane 2:30 Oktoberfest Party- CH	30 10:40-Balloon Badminton 2:30 Karaoke - CH 4:00- 1:1 Visits Truth & Reconciliation Day Wear Orange	September 2026		

Programs are subject to changes. For current updated offerings please check the white board on the home area.