

Sunday

Monday

Tuesday

Wednesday

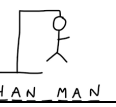
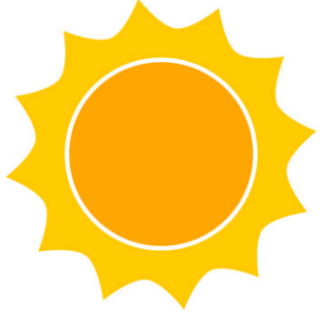
Thursday

Friday

Saturday

July 2026

Centennial Place

			Calendar Visits 3:15-Canada Day Special: Truth or Treat Challenge 	Hairdressing by appointment only 10:40-Air Hockey 2:30-Elimination Card Game 4:00-Manicures 	10:40- Guess as many words 2:30-Movie Matinee 3:30- Cotton Candy 	2:30 True or false trivia 3:30 Cops vs Robbers Independence Day (U.S.)
10:45 Magnetic Darts 2:30 Non Denominational Church Service	9:15 Low Impact Fitness w/Selena PTA 10:40-Giant Crossword 2:30- Prize Bingo 4:00-Outdoor Walks (Weather Permitting) 	10:40- Word starting with "HE" 2:30- "Great Canadian Get Together" Social with Heritage Residents 4:00- Garden check in 	RUMMAGE SALE 10:00-3:00 	Hairdressing by appointment only 10:15 Roman Catholic Mass - CH 2:30-Elimination Card Game 4:00- 1:1 Friendly Visits	10:45 Categories 3:45 Art Corner with Friends	10:45 Word in Word 3:00 Musical Sing Along
10:45 Non Denominational Church Service-TV 2:00 1:1 Trivia Visits	9:15 Low Impact Fitness w/Selena PTA 10:40- Balloon Badminton 2:30- Cash Bingo 2:30-Music On 4:00- Manicures 	10:30- Rosary with Diane 2:30 Minute to Win it Games 4:00 1:1 Visits Bastille Day	10:40- Hangman 2:30 Alliance Service - CH 4:00- 1:1 Treat Cart 	Hairdressing by appointment only 10:15 Resident Council & Meal Committee-CH 2:30-Elimination Card Game 2:30-Music On 4:00-Outdoor Walks (Weather permitting)	10:40-Penny Ante 2:30-Travelogue 	11:00 Walks and Talks 3:45 Balloon Badminton
10:45 Spin the Wheel Trivia 2:30 Non Denominational Church Service	9:15 Low Impact Fitness w/Selena PTA 10:40- Table Bowling 2:30- Cash Bingo 2:30-Music On 4:00- Manicures 	10:30- Rosary with Diane 2:30 BIG BINGO - CH	10:30- Red or Black Card Game 2:30-Music	Hairdressing by appointment only 10:40- Word in Word 2:30 Elimination Card Game 4:00- 1:1 Friendly Visits 	11:00 Manicure Visits 3:45 Snakes and Ladders	10:45 Ruthless Word Game 2:00 Charlie Chaplin-The Kid (Comedy movie)
10:45 Non Denominational Church Service-TV 3:00 Musical Treat Cart visit	9:15 Low Impact Fitness w/Selena PTA 11:20- Music on Radio 2:30- Cash Bingo 	10:30- Rosary with Diane 2:30 Cards and Games	10:40-Tabletop Golf 2:30 United Service - CH 4:00-Manicures 	Hairdressing by appointment only 10:40-Horseraces 2:30 July B'day Party w/J Nicole- CH	10:45 Giant Crosswords 3:00 Walks and Talks	

Programs are subject to changes please consult the activity white board on the home areas for updates and current program offerings.