

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
				1 9:15 Low Impact Fitness w/PTA Selena 10:30 Fall/Winter Menu Meeting - CH 1:45 Video Call 2:30 Calendar Visits	2 Hairdressing by appointment 10:30 Manicures (1:1) 3:45 Autumn Photoshoot in the Patio Room	3 10:30 Canada Through the 60's 2:45 Roll Them Dice Game Simchat Torah Begins
4 10:30 Non-Denominational Church on T.V 2:45 Travelogue: London then and now	5 10:30 Rosary w/Bernadine - DFPR 10:45 Manicures (1:1) 3:45 Outdoor Strolls (1:1-weather permitting)	6 10:30 Music by Request 2:00 Video Call 2:00 Meet the Candidates - CH 4:00 Decorating for Fall	7 10:30 Walking Hour with Harbour 2:30 Anglican Service - CH 4:00 Friendly Visits	8 9:15 Low Impact Fitness w/PTA Selena 10:15 Roman Catholic Mass - CH 1:45 Video Call 2:30 Elimination Cards 4:00 Meaningful Moments 1:1	9 Hairdressing by appointment 10:30 Categories 2:30 Prize Bingo 3:45 Thanksgiving Cards	10 10:30 Comedy Hour: Red Skeleton 3:45 Trivia Snakes & Ladders
11 10:30 Non-Denominational Church on T.V 3:45 Short Stories & Discussions	12 10:30 History of the Canadian Thanksgiving 2:45 Wheel of Fortune Indigenous Peoples' Day Thanksgiving Day (Canada)	13 10:30 Categories 2:00 Video Call 2:30 Prize Bingo 4:00 1:1 Game Visits	14 10:15 Piano in the Front Lobby HB 2:30 Alliance Service - CH 4:00 Friendly Visits	15 9:15 Low Impact Fitness w/PTA Selena 10:30 Resident Council/M Meal Committee - CH 1:45 Video Call 2:30 Halloween Squeegie Art w/ Harbour	16 Hairdressing by appointment 10:30 Origins of Folklore Creatures 2:30 Elimination Cards	17 10:30 Musical memories of the 60's 2:45 A Day at the Races
18 10:30 Non-Denominational Church on T.V 2:45 Yahtzee!!	19 10:30 Travelogue on TV 2:30 Karaoke - CH	20 10:30 Giant Crossword 2:00 Video Call 2:30 Baking Club w/ Harbour	21 10:15 Piano in the Front Lobby LL 9:30-11:30 & 1:30-3:30 Voting Polls - CH 3:45 Table Golf	22 9:15 Low Impact Fitness w/PTA Selena 10:30 Pumpkin Decorating 1:45 Video Call 2:30 Birthday Party w/Helen Stewart - CH	23 Hairdressing by appointment 10:30 Uno Card Game 2:30 Halloween Slime Experiment w/ Harbour	24 10:30 Manicures (1:1) 3:45 Cover-Up Dice Game
25 10:30 Non-Denominational Church on T.V 2:15 Movie Beetlejuice & Pumpkin Treat Cart	26 10:30 Rosary w/Bernadine - DFPR 10:45 Who, what, where? 2:30 Prize Auction - CH	27 10:30 Finishing Touches on Pumpkin Decorating 2:00 Video Call 2:30 BIG BINGO - CH	28 10:15 Piano in the Front Lobby LL 2:30 United Service - CH 4:00 1:1 Visits	29 9:15 Low Impact Fitness w/PTA Selena 10:30 Would You Rather...? Halloween Edition 1:45 Video Call 2:30 Halloween Party w/Don Beaulieu - CH	30 Hairdressing by appointment 10:30 Retro Rewind: The Munsters 3:45 Short Stories & Discussions: Halloween Edition	31 10:30 Halloween Around The World 2:45 Happy Halloween Treat Cart Visits Halloween

Programs are subject to changes. For any changes please check the white board on the home area.