

Sunday

Monday

Tuesday

Wednesday

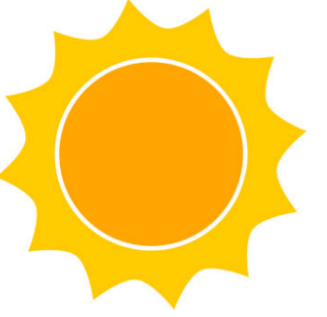
Thursday

Friday

Saturday

July 2026

Bayview Suites

			1 Morning Calendar Visits 2:30 Canada Day Social on the Harbour patio Canada Day	2 9:00 Low Impact Fitness w/PTA Selena 10:30 Word Game- Categories 2:30 Anglican Church-CH 4:00 Plant Care	3 Hairdressing by appointment 10:30 Outdoor strolls (weather permitting) 2:45 Youtube music by request	4 10:15 Friendly Visits (1:1) 3:30 Trivia Snakes & Ladders Independence Day (U.S.)
5 10:30 Non-Denominational Church Service on T.V 2:15 Movie Matinee 4:00 Plant Care	6 10:30 Colourful creations 10:30 Rosary w/Bernadine on Dominion 2:45 Jeopardy trivia	7 10:30 Summer Trivia 2:30 Prize Bingo 4:00 Friendly Visits (1:1)	8 RUMMAGE SALE 10:00-3:30 10:15 Piano Front Lobby LL 10:30 Rummage Sale Visits (1:1) 2:30 Table Bowling	9 9:00 Low Impact Fitness w/PTA Selena 10:15 Roman Catholic Mass -CH 2:30 Elimination Cards 4:00 Plant Care	10 Hairdressing by appointment 10:30 Music by Request Sing-a-Long 2:30 Favourite Colour Meaning & Group Art	11 10:30 Outdoor strolls (weather permitting) 2:45 Canada or the US?
12 morning plant care 10:30 Non-Denominational Church Service on T.V 2:45 Wheel of Fortune	13 10:30 Manicures (1:1) 3:45 Short Stories & Discussions: Chicken Soup for the Dog's Soul	14 10:30 Memory Bracelets/ Keychains 2:30 Prize Bingo 4:00 Friendly Visits (1:1)	15 10:15 Piano Front Lobby LL 10:15 Walking Hour with Harbour 2:30 Alliance Church- CH 4:00 Plant Care	16 9:00 Low Impact Fitness w/PTA Selena 10:15 Resident Council & Meal Committee - CH 2:30 Disc Golf with Harbour	17 Hairdressing by appointment 10:30 Sensory visits 1:1 2:45 Singing through the decades	18 10:15 Outdoor Strolls (weather permitting) 3:30 Giant Crossword 4:30 Plant Care
19 10:30 Non-Denominational Church Service on T.V 2:15 National Ice Cream Day- Treat Cart 4:00 Plant Care	20 10:30 Odd-One-Out Word Game 2:30 Rock Painting- Let's Make a Rock Garden!	21 10:30 Walks & Talks (1:1) 2:30 BIG BINGO!- CH 4:00 Plant Care	22 10:15 Piano Front Lobby- LL 2:30 Elimination Card Game 4:00 Sensory Visits	23 9:00 Low Impact Fitness w/PTA Selena 10:30 UNO Card Game 2:30 Baking with Harbour	24 Hairdressing by appointment 10:30 Travel Vlog: Newfoundland 2:30 Table Golf 4:30 Plant Care	25 9:30 Walks & Talks (1:1) 10:15 Music Concert: Nat King Cole TV Show 3:00 Colouring with Friends
26 9:30 Non-Denominational Church Service on T.V 3:00 What Am I? 5 Clue Riddles	27 10:30 Rosary w/Bernadine on Dominion 10:45 Outdoor Walks 2:30 Horseraces 4:00 Plant Care	28 10:30 Travelogue In TV 2:15 Prize Bingo	29 10:15 Piano Front Lobby LL 2:30 United Church- CH 4:00 Friendly Visits (1:1)	30 9:00 Low Impact Fitness w/PTA Selena 10:30 Manicures (1:1) 2:30 Birthday Party w/ J Nicole- CH Plant Care	31 Hairdressing by appointment 10:15 1:1 Visits 2: 30 Movie Matinee	

Programs are subject to changes please consult the activity white board on the home areas for updates and current program offerings.