PRACTICE WITH PURPOSE

2026–2027 CUMMING SHORT COURSE PRACTICE SCHEDULE

STARTING AUGUST 11

WHITE 3 M/W — $150

M/W: 3:45 - 4:30 pm

WHITE 3 T/TH — $150

T/TH: 3:45 - 4:30 pm

WHITE 2 — $203

T: 5:00 - 6:15 pm
TH: 5:00 - 6:30pm
S: 8:00 - 9:30 AM

DRYLAND
T/TH: 4:30-5:00PM

WHITE 1 — $225

M/W: 5:00 - 6:30 pm
F: 5:00 - 6:30 pm
S: 8:00 - 9:30 AM

DRYLAND
M/W: 4:30-5:00PM

YELLOW 3 Early — $215

T/TH: 7:00 - 8:00 pm
S: 10:00 - 11:00 AM

YELLOW 3 Late — $215

M/W/TH: 8:00 - 9:00 pm

YELLOW 2 — $281

T: 6:15 – 7:45 pm
W: 7:00 - 8:00 pm **
TH: 6:30 - 8:00 pm **
S: 9:30 – 11:00 AM

DRYLAND
W/TH: 8:00-8:30PM

YELLOW 1 — $299

M/W: 6:30 - 8:00 pm
T: 6:15 - 8:00 pm
F: 6:30 – 8:00 pm
S: 8:00 - 9:30 AM

DRYLAND
M/W/F: 8:00-8:30PM

BLACK 3 — $290

M/TH/F: 6:30 - 8:00 pm
S: 10:00- 11:00 AM

BLACK 2 — $325

M: 6:30 - 8:00 pm
T: 6:00 - 8:00 pm
F: 6:15 - 8:00 pm
S: 9:30 - 11:00 AM

DRYLAND
M/F: 8:00-8:30PM

BLACK 1 — $337

M/W/TH: 6:30 - 8:00pm
T: 6:00 - 8:00 pm
F: 5:30 – 7:00 AM +
F: 6:15 - 8:00 pm
S: 8:00 - 10:00 AM

DRYLAND
M/W/TH: 8:00-8:30PM

SENIOR 3 — $215

M/W/TH: 8:00 - 9:00 pm

SENIOR 2 — $302

M/W: 4:30 – 6:30 pm
F: 4:30 - 6:30 pm
S: 8:00 - 10:00 AM

SENIOR 1 — $365

M/TH: 4:30 - 6:45 pm
T: 4:30 – 6:15 pm
W: 5:30 - 7:00 AM+
W: 4:30 - 6:45 pm
F: 4:30 – 6:15 pm
S: 8:00 - 10:00 AM

DRYLAND
M/W/TH: 6:45-7:15 PM
T: 6:15-6:45 PM

NATIONAL — $381

M/W: 5:30 – 7:00 AM+
M/W: 4:30 – 6:45 pm
T: 4:30 – 6:15 pm
TH: 4:30 – 6:45 pm
F: 4:30 – 6:15 pm
S: 8:00 – 10:00 am

DRYLAND
M/W/TH: 6:45-7:15 PM
T: 6:15-6:45 PM

Practice schedules and group placement are subject to coach recommendation and seasonal adjustments.