



**2026 WOODSTOCK LONG COURSE SCHEDULE
STARTING ON **MAY 26****

All practices at the Cherokee Aquatic Center

GROUPS	DAYS	TIMES	MONTHLY <i>Monthly fees do not include registration fees</i>
Intro to Gold	M/W	12:00-12:45	\$126
TFL	T/F	4:00-5:00PM	\$138
Silver	M/W	12:00-1:00	\$203
Silver Advanced	M/T/W	12:00-1:00	\$225
Gold	M/W/F	5:30-7:00	\$281
Gold Advanced	M/W/F S	5:30-7:00 12:30-1:30	\$299
Sectional	M/W/F T S	7:00-8:45PM 7:00-9:00PM 12:30-2:30	\$325
Sectional Advanced	M/W/F T S	7:00-8:45PM 7:00-9:00PM 12:30-2:30	\$337
Senior 2	M/W/F	10:00-12:00PM	\$302
Senior	M-F T S	10:00AM-12:00PM 5:00-7:00 10:00AM-1:00PM	\$365
National	M-F T Th S	10:00AM-12:00PM 5:00-7:00 4:00-5:30PM 10:00AM-1:00PM	\$381
Dryland Breakdown	Silver: M/W 1:00-1:30 Silver Adv: M/W 1:00-1:30 Gold: M/W 5:00-5:30 Gold Adv: M/W 5:00-5:30 Sectional: M/W/F 6:30-7:00 Sectional Adv: M/W/F 6:30-7:00 Senior/National: M/T/Th/F 12:00-12:30PM		