



QUESTIONS?

Please email Kayla Gurney
kgurney@bgcwestfield.org

AMERICAN RED CROSS LIFEGUARDING CLASS



BOYS & GIRLS CLUB
OF GREATER WESTFIELD

This is a blended learning course- part online (online portion will be emailed once you sign up), part in person

In person days and times:

Friday, September 12 5:30-9:30PM

Saturday, September 13 8AM-6PM

Sunday, September 14 8AM-6PM



Requirements:

- **MUST be 15 years of age on or before the last scheduled session of the course**
- **MUST attend all sessions**
- **Have completed the online session before the first in person session**
- **Be able to swim 200 yards of the pool, tread water for 2 minutes, and retrieve a 10lb brick off the bottom of the pool**
- **Have own copy of the Lifeguarding Manual and CPR mask**



**American
Red Cross**

**SIGN UP BY
CALLING THE
FRONT DESK AT
413-562-2301**

COST: \$425
***NO REFUNDS AFTER THE FIRST
CLASS***

