



BOYS & GIRLS CLUB
OF GREATER WESTFIELD

PRESCHOOL MENU

*BREAKFAST & LUNCH ALWAYS SERVED WITH WHOLE or 1% WHITE MILK

	Monday 9/7/26	Tuesday 9/8/26	Wednesday 9/9/26	Thursday 9/10/26	Friday 9/11/26
Breakfast	Club Closed	WG Cereal Applesauce	WGR Rainbow Bagel w/ Cream Cheese Fresh Fruit	Blueberry Oatmeal Apple Slices	Peach Yogurt Fruit Cup
Lunch	Club Closed	WGR Grilled Cheese w/ Marinara Sauce Seasoned Peas & Carrots Diced Pears	*Sloppy Joe on a WGR Bun Corn on the Cob Pineapple Tidbits Pirate's Booty	Chicken & WGR Penne Alfredo Broccoli Florets Chilled Peaches	WGR Pancakes Scrambled Eggs Smiley Fries Mandarin Oranges
PM Snack	Club Closed	Pretzel Goldfish 100% Juice	WG Scooby Snacks Whole Milk	Cheddar Sun Chips Cucumber Slices w/ Ranch	Ritz Bits String Cheese

WG = Whole Grain

*Turkey or Chicken Based Product

WGR = Whole Grain Rich

*Menu is subject to change *Menus may contain allergens

COMMON SUBSTITUTIONS:
LACTAID/LACTOSE FREE MILK



BOYS & GIRLS CLUB
OF GREATER WESTFIELD

AFTER SCHOOL MENU

*SUPPER ALWAYS SERVED WITH 1% WHITE MILK

	Monday 9/7/26	Tuesday 9/8/26	Wednesday 9/9/26	Thursday 9/10/26	Friday 9/11/26
Supper	Club Closed	*Italian Cold Cut Melt on WGR Garlic Texas Toast California Blend Veggies Diced Pears	*Sloppy Joe on a WGR Bun Corn on the Cob Pineapple Tidbits Fritos	Chicken & WGR Penne Alfredo Broccoli Florets Grapes	WGR Pancakes Scrambled Eggs Smiley Fries Mandarin Oranges
PM Snack	Club Closed	WG/RF Doritos Fresh Fruit	WG Scooby Snacks 1% White Milk	Cheddar Sun Chips Fresh Fruit	Cheddar Rice Cakes 100% Juice

WG = Whole Grain

*Turkey or Chicken Based Product

WGR = Whole Grain Rich

*Menu is subject to change *Menus may contain allergens

COMMON SUBSTITUTIONS/ALTERNATES:

WGR PEANUT BUTTER & JELLY

WGR GRILLED CHEESE

STRING CHEESE (MEAT ALT)