



PRESCHOOL MENU

*BREAKFAST & LUNCH ALWAYS SERVED WITH WHOLE or 1% WHITE MILK

	Monday 9/21/26	Tuesday 9/22/26	Wednesday 9/23/26	Thursday 9/24/26	Friday 9/25/26
Breakfast	WG Cereal Fruit Cup	WGR Biscuit & *Sausage Sandwich 100% Juice	Vanilla Greek Yogurt & Peach Parfait	WGR Homemade Pumpkin Muffin Applesauce	WG Cereal Fresh Fruit
Lunch	WGR Cheesy Italian Pullapart Bread w/ Marinara on side Seasoned Peas Diced Peaches	WGR Grilled Ham & Cheese Dill Carrots Watermelon Chunks	WGR Meatball Pizza Italian Seasoned Green Beans Pineapple Tidbits	WGR "Macadilla" (Mac & Chz Quesadilla) Broccoli Florets Chilled Pears	WGR Egg & Cheese "McGriddle" Hash Brown Mandarin Oranges
PM Snack	Ritz Bits Fresh Fruit	WG Scooby Snacks Whole Milk	WG Cheddar Sun Chips Fresh Fruit	WG Pretzel Goldfish Hummus	WG Cheez Its 100% Juice

WG = Whole Grain

*Turkey or Chicken Based Product

WGR = Whole Grain Rich

*Menu is subject to change *Menus may contain allergens

COMMON SUBSTITUTIONS:
LACTAID/LACTOSE FREE MILK



BOYS & GIRLS CLUB
OF GREATER WESTFIELD

AFTER SCHOOL MENU

*SUPPER ALWAYS SERVED WITH 1% WHITE MILK

	Monday 9/21/26	Tuesday 9/22/26	Wednesday 9/23/26	Thursday 9/24/26	Friday 9/25/26
Supper	*Hot Dog on a WGR Bun Vegetarian Baked Beans Diced Peaches	WGR Grilled Ham & Cheese Chicken Noodle Soup w/ oyster crackers Dill Carrot Slices Watermelon Chunks	WGR Meatball Pizza Italian Seasoned Green Beans Pineapple Tidbits	WGR "Macadilla" (Mac & Chz Quesadilla) Broccoli Florets Chilled Pears	WGR Egg & Cheese "McGriddle" Hash Brown Grapes
PM Snack	Ritz Bits Fresh Fruit	Asst WG Cereal 1% White Milk	WG Pretzels Fresh Fruit	WGR Homemade Pumpkin Muffin Fresh Fruit	WG/RF Doritos 100% Juice

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COMMON SUBSTITUTIONS/ALTERNATES:

WGR PEANUT BUTTER & JELLY

WGR GRILLED CHEESE

STRING CHEESE (MEAT ALT)