




PRESCHOOL MENU

*BREAKFAST & LUNCH ALWAYS SERVED WITH 1% WHITE MILK

	Monday 9/15/25	Tuesday 9/16/25	Wednesday 9/17/25	Thursday 9/18/25	Friday 9/19/25
Breakfast	WG Cereal Applesauce	WGR Waffle & Chicken Sausage Sandwich Fresh Fruit	Trix Yogurt Fresh Fruit	WG Cereal Fruit Cup	Cinnamon Oatmeal 100% Juice
Lunch	WGR Chicken Patty on a WGR Bun Corn on the Cob Mandarin Oranges	WGR Cheese Pizza Seasoned Green Beans Chilled Peaches	WG Chicken Quesadilla WGR Seasoned Brown Rice Buttery Dill Carrots Diced Pears	WGR Taco Mac & Cheese Broccoli Fruit Cocktail WGR Roll w/ Butter	Cheddar Omelet WGR Homemade Pumpkin Muffin Tater Tots Watermelon Chunks
PM Snack	Rice Cakes String Cheese	WG Scooby Snacks 1% White Milk	WG Cheez Its 100% Juice	WGR Soft Pretzel Rods Cucumber Slices w/ Ranch	WG Goldfish Fresh Fruit

WG = Whole Grain

WGR = Whole Grain Rich

*Menu is subject to change *Menus may contain allergens

COMMON SUBSTITUTIONS:
LACTAID/LACTOSE FREE MILK



BOYS & GIRLS CLUB
OF GREATER WESTFIELD

AFTER SCHOOL MENU

*SUPPER ALWAYS SERVED WITH 1% WHITE MILK

	Monday 9/15/25	Tuesday 9/16/25	Wednesday 9/17/25	Thursday 9/18/25	Friday 9/19/25
Supper	WGR Chicken Patty on a WGR Bun Corn on the Cob Mandarin Oranges	WGR Cheese Pizza Seasoned Green Beans Chilled Peaches	WGR Mini Chicken Corn Dogs WGR Seasoned Brown Rice Buttery Dill Carrots Diced Pears	WGR Taco Mac & Cheese Broccoli Fruit Cocktail WGR Roll w/ Butter	Cheddar Omelet WGR Homemade Pumpkin Muffin Tater Tots Watermelon Chunks
PM Snack	Rice Cakes String Cheese	WG Scooby Snacks 1% White Milk	WG Cheez Its 100% Juice	WGR Soft Pretzel w/ Ranch Craisins	WG Chili Cheese Cheetos Fantastix Fresh Fruit

WG = Whole Grain

WGR = Whole Grain Rich

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COMMON SUBSTITUTIONS/ALTERNATES:
PEANUT BUTTER & JELLY
STRING CHEESE (MEAT ALT)