



PRESCHOOL MENU

*BREAKFAST & LUNCH ALWAYS SERVED WITH WHOLE or 1% WHITE MILK

	Monday 9/14/26	Tuesday 9/15/26	Wednesday 9/16/26	Thursday 9/17/26	Friday 9/18/26
Breakfast	WG Cereal Fruit Cup	WGR Pancake Bites Fresh Fruit	Trix Yogurt Fresh Fruit	WGR Homemade Banana Muffin Applesauce	WG Cereal 100% Juice
Lunch	Cheeseburger on a WGR Bun Creamy Corn Salad Cinnamon Applesauce Dill Pickle Spear	WGR BBQ Chicken Pizza Buttery Dill Carrots Diced Pears	WGR Chicken Tenders WGR Veggie Fried Rice Broccoli Florets Pineapple Tidbits	WGR Pasta w/ Meatballs in Sauce Italian Seasoned Green Beans Chilled Peaches	Cheddar Omelet WGR Buttermilk Biscuit Tater Tots Orange Wedges
PM Snack	WG Cheetos Puffs 100% Juice	WG Cinnamon Bug Bites Whole Milk	WG Goldfish Bell Pepper Strips w/ Ranch	Simply Chex Mix Snack Fresh Fruit	WG Funyuns String Cheese

WG = Whole Grain

*Turkey or Chicken Based Product

WGR = Whole Grain Rich

*Menu is subject to change *Menus may contain allergens

COMMON SUBSTITUTIONS:
LACTAID/LACTOSE FREE MILK



BOYS & GIRLS CLUB
OF GREATER WESTFIELD

AFTER SCHOOL MENU

*SUPPER ALWAYS SERVED WITH 1% WHITE MILK

	Monday 9/14/26	Tuesday 9/15/26	Wednesday 9/16/26	Thursday 9/17/26	Friday 9/18/26
Supper	Cheeseburger on a WGR Bun Creamy Corn Salad Cinnamon Applesauce Dill Pickle Spear	WGR BBQ Chicken Pizza Garden Salad w/ Italian Dressing Diced Pears	WGR Chicken Tenders WGR Veggie Fried Rice Broccoli Florets Pineapple Tidbits Sweet & Sour Sauce	WG Beef Taco Lasagna Seasoned Green Beans Chilled Peaches WG Cornbread	Cheddar Omelet WGR Buttermilk Biscuit Tater Tots Orange Wedges
PM Snack	WG Cheetos Puffs Fresh Fruit	WG Giant Goldfish 1% White Milk	Asst WG Snack Packs Fresh Fruit	WGR Homemade Banana Muffin Fresh Fruit	WG Funyuns 100% Juice

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COMMON SUBSTITUTIONS/ALTERNATES:

WGR PEANUT BUTTER & JELLY

WGR GRILLED CHEESE

STRING CHEESE (MEAT ALT)