



BOYS & GIRLS CLUB
OF GREATER WESTFIELD

PRESCHOOL MENU

*BREAKFAST & LUNCH ALWAYS SERVED WITH WHOLE or 1% WHITE MILK

	Monday 10/5/26	Tuesday 10/6/26	Wednesday 10/7/26	Thursday 10/8/26	Friday 10/9/26
Breakfast	WG Cereal 100% Juice	Blueberry Oatmeal Fresh Fruit	WGR Homemade Cranberry Muffin Applesauce	Yogurt Fresh Fruit	WG Cereal Fruit Cup
Lunch	Cheeseburger on a WGR Bun Buttery Basil Lime Corn Mandarin Oranges Dill Pickle Spear	WGR Cheesy Italian Pullapart Bread w/ Marinara on side Green Beans Pineapple Tidbits	Diced Chicken in Creamy Red Sauce Long Grain Basmati Rice Warm Spiced Carrots Mango/Blueberry/ Strawberry Salad Mini Naan Bread Dippers	WGR Chicken Tenders Mashed Potatoes Seasoned Peas Diced Pears WG Mini Cornbread Loaf	WGR French Toast Sticks *Sausage Patty String Cheese Hash Brown Watermelon Chunks
PM Snack	WG Sour Cream & Onion Goldfish String Cheese	Simply Chex Mix Snack Bell Pepper Strips w/ Ranch	WG Teddy Grahams Whole Milk	White Cheddar Popcorners Frozen Strawberry Froot Jooce	Ritz Bits Fresh Fruit

WG = Whole Grain

*Turkey or Chicken Based Product

WGR = Whole Grain Rich

*Menu is subject to change *Menus may contain allergens

COMMON SUBSTITUTIONS:
LACTAID/LACTOSE FREE MILK



BOYS & GIRLS CLUB
OF GREATER WESTFIELD

AFTER SCHOOL MENU

*SUPPER ALWAYS SERVED WITH 1% WHITE MILK

	Monday 10/5/26	Tuesday 10/6/26	Wednesday 10/7/26	Thursday 10/8/26	Friday 10/9/26
Supper	Cheeseburger on a WGR Bun Buttery Basil Lime Corn Mandarin Oranges Dill Pickle Spear	WGR Cheese Pizza Boli Green Beans Pineapple Tidbits	Butter Chicken (chicken in creamy red sauce) Long Grain Basmati Rice Warm Spiced Carrots Mango/Blueberry/ Strawberry Salad Mini Naan Bread Dippers	**3rd Grade Request** Make Your Own Spaghetti Tacos: 2 Corn Taco Shells Bowl of WGR Spaghetti w/ Sauce Sides of Parm & Mozzarella Cheeses Seasoned Peas Diced Pears	WGR French Toast Sticks *Sausage Patty String Cheese Hash Brown Tropical Fruit
PM Snack	WG Sour Cream & Onion Goldfish String Cheese	WG Munchies Mix Fresh Fruit	WGR Homemade Cranberry Muffin 1% White Milk	Smart Food Popcorn Fresh Fruit	Ritz Bits 100% Juice

WG = Whole Grain

*Turkey or Chicken Based Product

WGR = Whole Grain Rich

*Menu is subject to change *Menus may contain allergens

COMMON SUBSTITUTIONS/ALTERNATES:

WGR PEANUT BUTTER & JELLY

WGR GRILLED CHEESE

STRING CHEESE (MEAT ALT)