



BOYS & GIRLS CLUB
OF GREATER WESTFIELD

PRESCHOOL MENU

*BREAKFAST & LUNCH ALWAYS SERVED WITH WHOLE or 1% WHITE MILK

	Monday 10/26/26	Tuesday 10/27/26	Wednesday 10/28/26	Thursday 10/29/26	Friday 10/30/26
Breakfast	WG Cereal 100% Juice	WGR Egg & Cheese "McGriddle" Fresh Fruit	Greek Strawberry Yogurt & Fresh Banana Parfait	WG Cereal Fresh Fruit	WGR Rainbow Bagel w/ Cream Cheese Blue Raspberry Applesauce
Lunch	WGR Macadilla (Mac & Cheese Quesadilla) Green Beans Diced Peaches	WGR Meatball Pizza Broccoli Florets Chilled Pears	Slow Roasted PERNIL (Pulled Pork) Yellow Rice & Beans Buttered Corn Pineapple Tidbits Homemade WGR Cornbread	WGR Chicken Patty on a WGR Bun French Fries Dill Carrots Cinnamon Applesauce	WGR Waffles w/ a side of Strawberry Topping *Sausage Patty String Cheese Home Fries Orange Wedges
PM Snack	Savory Wheat Crackers Fruit Cup	WG Cinnamon Bug Bites Whole Milk	WG Baked Cheetos Bell Pepper Strips w/ Ranch	WG Pretzel Goldfish String Cheese	WG Cheez Its 100% Juice

WG = Whole Grain

*Turkey or Chicken Based Product

WGR = Whole Grain Rich

*Menu is subject to change *Menus may contain allergens

COMMON SUBSTITUTIONS:
LACTAID/LACTOSE FREE MILK



BOYS & GIRLS CLUB
OF GREATER WESTFIELD

AFTER SCHOOL MENU

*SUPPER ALWAYS SERVED WITH 1% WHITE MILK

	Monday	Tuesday	Wednesday	Thursday	Friday
	10/26/26	10/27/26	10/28/26	10/29/26	10/30/26
	Supper				
	WGR Macadilla (Mac & Cheese Quesadilla) Green Beans Tropical Fruit	*Italian Cold Cut Melt on WGR Garlic Texas Toast Garden Salad w/ Italian Dressing Chilled Pears	Slow Roasted Pernil (Pulled Pork) Yellow Rice & Beans Buttered Corn Pineapple Tidbits Homemade WGR Cornbread	Homemade Individual Chicken Pot Pie Mashed Potatoes Diced Peaches WGR Roll w/ Butter	WGR Waffles w/ a side of Strawberry Topping *Sausage Patty String Cheese Home Fries Orange Wedges
PM Snack	Savory Wheat Crackers Fresh Fruit	Assorted WG Cereal 1% White Milk	WG Sour Cream & Onion Goldfish Fresh Fruit	Salsa Sun Chips Fresh Fruit	Smart Food Popcorn 100% Juice

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WGR = Whole Grain Rich

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COMMON SUBSTITUTIONS/ALTERNATES:
WGR PEANUT BUTTER & JELLY
WGR GRILLED CHEESE
STRING CHEESE (MEAT ALT)