



BOYS & GIRLS CLUB
OF GREATER WESTFIELD

PRESCHOOL MENU

*BREAKFAST & LUNCH ALWAYS SERVED WITH WHOLE or 1% WHITE MILK

	Monday 10/12/26	Tuesday 10/13/26	Wednesday 10/14/26	Thursday 10/15/26	Friday 10/16/26
Breakfast	Club Closed	WG Cereal 100% Juice	WGR Biscuit & *Sausage Sandwich Fresh Fruit	WGR Rainbow Bagel w/ Cream Cheese Applesauce	Yogurt Fruit Cup
Lunch	Club Closed	WGR Chicken Nuggets French Fries Wax Beans Applesauce	WGR Grilled *Ham & Cheese Roasted Tomato Basil Soup w/ Mini Star Pasta Diced Pears	*WGR Macaroni Goulash Italian Seasoned Green Beans Chilled Peaches WGR Garlic Breadstick	Cheddar Omelet WGR Homemade Pumpkin Muffin Tater Tots Orange Wedges
PM Snack	Club Closed	WG Cheetos Puffs Fresh Fruit	Savory Wheat Crackers Hummus	WG Scooby Snacks Whole Milk	WG Apple Cinnamon Crunch Burrito 100% Juice

WG = Whole Grain

*Turkey or Chicken Based Product

WGR = Whole Grain Rich

*Menu is subject to change *Menus may contain allergens

COMMON SUBSTITUTIONS:
LACTAID/LACTOSE FREE MILK



BOYS & GIRLS CLUB
OF GREATER WESTFIELD

AFTER SCHOOL MENU

*SUPPER ALWAYS SERVED WITH 1% WHITE MILK

	Monday 10/12/26	Tuesday 10/13/26	Wednesday 10/14/26	Thursday 10/15/26	Friday 10/16/26
Supper	Club Closed	WGR Chicken Nuggets French Fries Wax Beans Applesauce	WGR Grilled *Ham & Cheese Roasted Tomato Basil Soup Grapes Oyster Crackers	*Cheesy Cowboy Pasta: Pasta Shells, Ground Turkey, Corn, *Bacon, Peppers, Tomatoes Mixed Veggies Chilled Peaches WGR Garlic Breadstick	Cheddar Omelet WGR Homemade Pumpkin Muffin Tater Tots Orange Wedges
PM Snack	Club Closed	WG Chortle Grahams 1% White Milk	Savory Wheat Crackers w/ Peanut Butter (opt) Apple	WG Cheetos Puffs Fresh Fruit	WG Funyuns 100% Juice

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COMMON SUBSTITUTIONS/ALTERNATES:

WGR PEANUT BUTTER & JELLY

WGR GRILLED CHEESE

STRING CHEESE (MEAT ALT)