BOYS & GIRLS CLUB
OF GREATER WESTFIELD

PRESCHOOL MENU

*BREAKFAST & LUNCH ALWAYS SERVED WITH WHOLE or 1% WHITE MILK

	Monday 11/9/26	Tuesday 11/10/26	Wednesday 11/11/26	Thursday 11/12/26	Friday 11/13/26
Breakfast	WG Cereal Fruit Cup	WGR Biscuit & *Sausage Sandwich Fresh Fruit	Trix Yogurt Fresh Fruit	WG Cereal 100% Juice	WGR Rainbow Bagel w/ Cream Cheese Applesauce
Lunch	WGR Chicken Nuggets Mashed Potatoes Glazed Carrots Applesauce	WGR Turkey Taco Nachos w/ Salsa & Cheese on the side Seasoned Corn Chilled Peaches	WGR *Meatball Sub w/ side of Mozzarella French Fries Diced Pears	Hot *Ham & Cheese on a WGR Crown Roll Sweet Peas Roasted Pineapple Salad	Cheddar Omelet Tater Tots Mandarin Oranges WGR Homemade Fruit Muffin
PM Snack	Simply Chex Cheddar Snack Mix 100% Juice	WG Scooby Snacks Whole Milk	WG Funyuns Cucumber Sticks w/ Ranch Dressing	Ritz Bits Fresh Fruit	WG Pringles Mingles String Cheese

WG = Whole Grain

WGR = Whole Grain Rich

*Turkey or Chicken Based Product

COMMON SUBSTITUTIONS:
LACTAID/LACTOSE FREE MILK

*Menu is subject to change *Menus may contain allergens

BOYS & GIRLS CLUB
OF GREATER WESTFIELD

AFTER SCHOOL MENU

*SUPPER ALWAYS SERVED WITH 1% WHITE MILK

	Monday 11/9/26	Tuesday 11/10/26	Wednesday 11/11/26 **LUNCH**	Thursday 11/12/26	Friday 11/13/26
Supper	*Hot Dog on a WGR Bun Cole Slaw Vegetarian Baked Beans Chips	WG Turkey Taco Lasagna Mexican Street Corn WGR Homemade Cornbread Grapes	Lunch 12-1 WGR *Meatball Sub w/ side of Mozzarella French Fries Diced Pears	Hot *Ham & Cheese on a WGR Crown Roll Glazed Carrots Roasted Pineapple Salad	Cheddar Omelet Tater Tots Mandarin Oranges WGR Homemade Fruit Muffin
PM Snack	Traditional Chex Mix Fresh Fruit	WG Scooby Snacks 1% White Milk	Snack 2:45-3:15 WG Funyuns Fresh Fruit	Ritz Bits Fresh Fruit	WG Chili Lime Pringles Mingles 100% Juice

WG = Whole Grain

WGR = Whole Grain Rich

***Turkey or Chicken Based Product**

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COMMON SUBSTITUTIONS/ALTERNATES:
WGR PEANUT BUTTER & JELLY
WGR GRILLED CHEESE
STRING CHEESE (MEAT ALT)