BOYS & GIRLS CLUB
OF GREATER WESTFIELD

PRESCHOOL MENU

*BREAKFAST & LUNCH ALWAYS SERVED WITH WHOLE or 1% WHITE MILK

	Monday 11/30/26	Tuesday 12/1/26	Wednesday 12/2/26	Thursday 12/3/26	Friday 12/4/26
Breakfast	WG Cereal Applesauce	WGR Egg & Cheese "McGriddle" Fresh Fruit	WGR Homemade Fruit Muffin	WG Cereal Fresh Fruit	Trix Yogurt Fruit Cup
Lunch	WGR Grilled Cheese Chicken Pastina Soup w/ Oyster Crackers Mixed Veggies Mandarin Oranges	WG Mini Meatball Quesadilla w/ marinara Broccoli Florets Pineapple Tidbits	WGR Chicken Tenders French Fries Buttered Corn Cinnamon Applesauce	WGR Macaroni *Goulash Italian Green Beans Chilled Peaches WGR Garlic Breadstick	WGR Waffles Scrambled Eggs *Sausage Patty Hash Brown Orange Wedges
PM Snack	Cheddar Popcorners Fresh Fruit	WG Chortle Grahams Whole Milk	WG Cheez Its Bell Pepper Strips w/ Ranch	Savory Wheat Crackers String Cheese	WG Pretzel Goldfish 100% Juice

WG = Whole Grain

WGR = Whole Grain Rich

*Turkey or Chicken Based Product

COMMON SUBSTITUTIONS:
LACTAID/LACTOSE FREE MILK

*Menu is subject to change *Menus may contain allergens

BOYS & GIRLS CLUB
OF GREATER WESTFIELD

AFTER SCHOOL MENU

*SUPPER ALWAYS SERVED WITH 1% WHITE MILK

	Monday 11/30/26	Tuesday 12/1/26	Wednesday 12/2/26	Thursday 12/3/26	Friday 12/4/26
Supper	WGR Grilled Cheese Chicken Noodle Soup w/ Oyster Crackers Mixed Veggies Mandarin Oranges	WGR *Mini Corn Dogs Vegetarian Baked Beans Red Grapes Fritos	WGR Chicken Tenders French Fries Buttered Corn Cinnamon Applesauce	WGR Macaroni *Goulash Italian Green Beans Chilled Peaches WGR Garlic Breadstick	WGR Waffles Scrambled Eggs *Sausage Patty Hash Brown Orange Wedges
PM Snack	Smart Food Popcorn Fresh Fruit	WG Tostitos Scoops Salsa	WGR Homemade Fruit Muffin Fresh Fruit	WG Pretzels String Cheese	Asst WG Snack Packs 100% Juice

WG = Whole Grain

WGR = Whole Grain Rich

*Turkey or Chicken Based Product

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COMMON SUBSTITUTIONS/ALTERNATES:
WGR PEANUT BUTTER & JELLY
WGR GRILLED CHEESE
STRING CHEESE (MEAT ALT)